Holy Hand Numbers

The below is an excerpt from Armaments, lines 27-68

- 27. And Saint Abacus did pour over his mathematics, and he did say "O Lord, blesseth thee these
- 28. mathematics, and with thy blessing, do telleth upon myseld how thy numbers might be in thy
- 29. blessings, thus that we might feast upon the lambs, the stoats, the sardines, the orangutans, the
- 30. breakfast cereals...".
 - -----Some of the original text has been lost-----
- 41. And the Lord did spake, saying "Frometh this day forwardesth, only shall thy use thy Holy Hand
- 42. Numbers in thy calculations, and in doing so, blessethed be thy mathematics." And the Lord did
- 43. continue: "Be thy number of the Holy Hand ifeth and only ifeth thy number meeteth the
- 44. criterium followth:"
- 45. 1 thou shalt number without restriction.
- 46. 2 not shall thy number, lest thee proceed directly to 3.
- 47. 3 shall be the number at which thou shalt cease thy number.
- 48. 4 shalt thou not number, lest 3 it does not proceed.
- 49. 5 is right out.
- 50. Thou shalt use thy numbers We hath not listeth baring no restrictions.
- 51. Never shalt a number negative be of the Holy Hand. Thee who useth a negative
- 52. number shall not be in my sight, and shall snuff it.
- 53. And the Lord did know that it was good, and the peoples did feast upon the lambs, the sloths,
- 54. the sardines, the orangutans, the breakfast cereals, the coconuts, the finite state automatons,
- 55. the zebras
 - -----There is another break in the text-----
- 66. But despair did Saint Abacus, for whist did he know what was blessethed by He, thy hath
- 67. suffered in the beingth restrictith in thy numbers thou shalt use in thy mathematics. Henceforth,
- 68. Saint Abacus did seek to findeth more numbers that he may use in his calculations.

End	of	text
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Your task is to help Saint Abacus count how many Holy Hand Numbers exist below a given number. To reiterate, a number is a Holy Hand Number if:

- The number 2 may only appear if the following digit is a 3.
- The final digit must be a 3 (note: The number 3 may appear before the last digit, it simply must also be the last digit).
- 4 may only appear if the immediately previous digit is not a 3.
- 5 may not appear anywhere in the number.
- The number CANNOT be negative.
- 0, 1, 6, 7, 8, and 9 have no restrictions.

As input, you will receive a single integer. Your output should be a single number representing how many Holy Hand Numbers exist between 0 and that number.

For reference, the first 25 Holy Hand Numbers are given below:

3, 13, 23, 33, 43, 63, 73, 83, 93, 103, 113, 123, 133, 143, 163, 173, 183, 193, 233, 303, 313, 323, 333, 363, 373

You should expect numbers up to _____ and reply in time under 2s. //1 second instead?

(I'm thinking something like 2e8, but would like higher. We'll check execution time on Domjudge and select something fair. I have a fairly smart Java solution).

Sample runs:

Input	Output
450	31
99999	4517
123456789	2889054