

What are Pick-Up Walks?

Pick-Up Walks are simple! Participants keep active by caring for an area within the community by picking up and properly disposing of litter.

This is a stewardship program of self-organized walks that can be done by any group, family, or class. With these walks, you will be provided with conversation cards, that will ask different questions about how we can all have a positive impact on our community and the planet.

The goal of these walks are to encourage people to be active outdoors, reduce the amount of harmful litter that goes into our surrounding environment, to, and also to facilitate conversation to help people understand their impact and how they can decrease it.

All groups are provided with the necessary pick-up supplies, safety material, as well as conversation cards to get started!

Monthly walks

- Select roughly one kilometre of road or pathway and to tidy up once a month
- Receive an acknowledgement sign, to be posted in the area, and recognition in the monthly “Sustainability Tips” newsletter, and on the Sustainability page of the UNA website

One-time walks

- Not ready to commit? Do a one-time walk!
- Select roughly one kilometre of road or pathway and clean the area once
- Receive recognition in the monthly “Sustainability Tips” newsletter, and on the Sustainability page of the UNA website

CONTACT INFORMATION

Group Contact

Name

Address

Phone Number

Mobile Number

Email Address

Emergency Contact

Name

Relationship

Contact Information

ORGANIZATION INFORMATION

Name of Group, Family, or Organization

Number of Participants within the following age categories

10 and under	_____
10 – 18	_____
18 – 30	_____
30 – 60	_____
60 – 80	_____
80 and over	_____

PICK-UP WALK TYPE AND LOCATION

☐ Monthly walks

☐ One-time walks

For monthly walks: What name would you like your recognition sign to read?

Description of preferred adoption location (be as detailed as possible)

Example:

- 1 km from Binning Rd and 16th Ave, along Binning Rd., across Gray Ave, and down Wesbrook Mall to Nobel Park.
- 1.2 km loop starting at Old Barn Community Centre, down Main Mall Greenway, up West Mall and along Hawthorn Lane back to Old Barn Community Centre.

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PROGRAM RESPONSIBILITIES

Individuals/Families/Groups agree to:

1. Remove litter from a designated area within decided dates, as agrees with the Sustainability Coordinator
2. After pick-up, submit a *Pick-up Report* form detailing your efforts. Forms are available at myuna.ca/walks

Use appropriate tools and equipment during pick-up and avoid potentially hazardous or injurious objects. Items such as syringes, condoms, and animals parts/waste are not to be touches. Hazardous litter and exceptionally heavy or unyielding objects are to be reported to the Sustainability Coordinator

3. Report participant injuries incurred during pick-ups activities to the Sustainability Coordinator within two working days of the incident, and include:
 - name of injured person
 - time and date of incident
 - nature of injury
 - incident details

☐ By checking this box, I, the applicant, verify that I have read, understand, and agree to the above statements, on behalf of the entire group/family.

Name (Please Print)	Signature
Date	

PARENT OR GUARDIAN's AUTHORIZATION (if under the age of 18)

Name of underage volunteer	Name of Parent/Guardian	Signature	Date

Please email application to Emily.lomax@myuna.ca