

# IMPACTS OF THE COVID-19 PANDEMIC ON LIFE OF HIGHER EDUCATION STUDENTS

Dear Student,

University of Ljubljana from Slovenia (with international academic partners) is carrying out the global survey Impacts of the COVID-19 Pandemic on Life of Higher Education Students. The questionnaire is based on and extending The European Students' Union survey (2020) and targets higher education students - on what student life looks like during the COVID-19 pandemic, including teaching and learning, social contacts, as well as how students are coping with the situation emotionally.

Please, fill in this survey to help us understand the above aspects of your life. The participation in the study is completely voluntary and will also help us to create recommendations for policymakers and higher education institutions on how students can be supported in such crisis situations in different environments, such as economic, social, cultural, political and institutional. It should take about 15 minutes to fill in the questionnaire divided to 7 sections. The answers submitted will be anonymous. The collected data will be used just for purposes of the survey.

If you have any further questions please feel free to contact Professor Aleksander Aristovnik, PhD, from University of Ljubljana: aleksander.aristovnik@fu.uni-lj.si.

By clicking on the **Next page** I hereby certificate that:

I was informed on the voluntary and anonymous participation in this study;

I am at least 18 years old;

I am presently enrolled in a Higher Education Institution.

Thank you in advance for participating in this study!



## **S1 - SOCIO-DEMOGRAPHIC AND ACADEMIC CHARACTERISTICS**

In this part of the questionnaire, we are interested in your socio-demographic and academic characteristics.

#### Q1 - In which country do you study (in this semester)?

OAfghanistan	Republic of	Israel	Nauru	O South Sudan
Albania	Costa Rica	ltaly	○ Nepal	Spain
Algeria	Ocote d'Ivoire	Jamaica	The Netherlands	O Sri Lanka
Andorra	Croatia	Japan	New Zealand	Sudan
Angola	Cuba	Jordan	O Nicaragua	Suriname
O Antigua & Barbuda	Cyprus	○ Kazakhstan	Niger	Swaziland
Argentina	Czech Republic	○ Kenya	Nigeria	Sweden
Armenia	O Denmark	Kiribati	Norway	Switzerland
Australia	Ojibouti	O Korea North	Oman	Syria
Austria	Opominica	O Korea South	OPakistan	O Taiwan
Azerbaijan	O Dominican Republic	Kosovo	O Palau	○ Tajikistan
Bahamas	○ Ecuador	○ Kuwait	O Palestinian State*	Tanzania
Bahrain	East Timor	○ Kyrgyzstan	O Panama	Thailand
Bangladesh	○ Egypt	Laos	O Papua New Guinea	Togo
Barbados	○ El Salvador	○ Latvia	Paraguay	OTonga
Belarus	Equatorial Guinea	Lebanon	Peru	O Trinidad & Tobago
Belgium	○ Eritrea	Lesotho	O The Philippines	○ Tunisia
Belize	Estonia	Liberia	OPoland	Turkey
Benin	<b>Ethiopia</b>	Libya	OPortugal	Turkmenistan
Bhutan	○Fiji	Liechtenstein	Qatar	○ Tuvalu
○ Bolivia	Finland	Lithuania	Romania	Uganda
O Bosnia &	France	Luxembourg	Russia	Ukraine
Herzegovina	Gabon	Macedonia	Rwanda	Ounited Arab
OBotswana	Gambia	○ Madagascar	St. Kitts & Nevis	Emirates
○ Brazil	Georgia	○ Malawi	OSt. Lucia	Ounited Kingdom
Brunei	Germany	O Malaysia	Ost. Vincent & The	Ounited States of
O Bulgaria	Ghana	Maldives	Grenadines	America
O Burkina Faso	Greece	○ Mali	Samoa	Uruguay
Burundi	Grenada	○ Malta	San Marino	Uzbekistan
Cambodia	Guatemala	Marshall Islands	O Sao Tome &	○ Vanuatu
Cameroon	Guinea	○ Mauritania	Principe	OVatican City (Holy
Canada	Guinea-Bissau	○ Mauritius	Saudi Arabia	See)
Cape Verde	Guyana	Mexico	Senegal	Venezuela
Central African	Haiti	Micronesia	Serbia	Vietnam
Republic	Honduras	○ Moldova	Seychelles	Yemen
Chad	Hungary	Monaco	◯ Sierra Leone	Zambia
Chile	Clceland	O Mongolia	Singapore	Zimbabwe
China	OIndia	Montenegro	Slovakia	Other:
Colombia	Indonesia	Morocco	Slovenia	
Comoros	Iran	○ Mozambique	Solomon Islands	
Congo	◯ Iraq	O Myanmar (Burma)	Somalia	
Congo Democratic	Ireland	Namibia	O South Africa	



Q2 - Please write the name of your institution (where you study in this semester). (e.g. University of Ljubljana, Faculty of Public Administration)
Q3 - Are you a citizen of the country in which you study?
○ Yes ○ No
Q4 - What is your student status?
○ Full-time ○ Part-time
Q5 - What level of study you are enrolled in?
<ul><li>○ Bachelor's degree (1st level)</li><li>○ Master's degree (2nd level)</li><li>○ Doctoral degree (3rd level)</li></ul>
Q6 - Please indicate your main field of study.
Arts and Humanities (History and Archaeology, Languages and Literature, Philosophy, Ethics and Religion)  Social Sciences (Business, Law, Educational Science, Sociology)  Applied Sciences (Civil Engineering and Geodesy, Mechanical Engineering, Sport, Medicine, Health)  Natural and Life Sciences (Electrical Engineering, Biotechnical, Pharmacy, Chemistry, Mathematics and Physics)  Other(please specify)
Q7 - How old are you (in years)?
Q8 - What is your gender?
<ul><li>✓ Male</li><li>✓ Female</li><li>✓ Gender diverse</li><li>✓ I prefer not to say</li></ul>



#### **S2 - ACADEMIC LIFE**

In this part of the questionnaire we are interested in finding out how the COVID-19 pandemic has affected your experiences with teaching and administrative support as well as your performance and expectations.

Q9 - Have your on-site classes (those taking place in the location/campus of your study institution) been cancelled due to the COVID-19 pandemic?  No, my on-site classes have not been cancelled.									
Yes, my on-site classes have been cancelled.  Not applicable (e.g. I do not have classes this semester/term).									
IF (1) Q9 = [2] THEN co	ntinue Q10 -	Q22 ELSE go	to S4						
S21 - LECTURES									
Q10 – Since on-site cla different forms of onli you have no experience	ne lectures a	re listed. Ple	ase assess y	our level of sa	tisfaction with				
	Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied	Not applicable			
Online in real-time (videoconference)	0	0	0	0	0	0			
Online with a video recording (not in realtime)	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$			
Online with an audio recording (not in real-time)	0	0	0	0	0	0			
Online by sending presentations to students	$\circ$	0	0	0	$\circ$	$\circ$			
Written communication (forums, chat, etc.)	$\circ$	$\circ$	0	$\circ$	$\circ$	$\circ$			
Other (please specify):	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$			
Q11 - Which of these f Please select only one	orms of onli	ne lectures h	as been the	most dominar	nt?				
Online in real-time ( Online with a video Online with an audic Online by sending p Written communica Other:	recording (no precording (in resentations tion (forums)	ot in real-time not in real-tin to students							



#### **S22 - TUTORIALS/SEMINARS AND PRACTICAL CLASSES**

Q12 – Since on-site classes were cancelled, the organization of tutorials/seminars and practical classes has changed. Below, several different forms of online tutorials/seminars and practical classes are listed. Please assess your level of satisfaction with each form. If you have no experience with particular form, please select "Not applicable".

	Very dissatisfied	Dissatisfied	Neutral	Satisfied	N Very satisfied ap	ot oplicable
Online in real-time (videoconference)	0	$\circ$	0	$\bigcirc$	0	0
Online with a video recording (not in real-time)	$\circ$	0	$\circ$	$\circ$	0	$\circ$
Online with an audio recording (not in real-time)	0	0	$\circ$	0	0	0
Online by sending presentations to students	$\circ$	$\circ$	$\bigcirc$	$\circ$	0	$\bigcirc$
Written communication (forums, chat, etc.)	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Other (please specify):	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$
Online in real-time ( Online with a video Online with an audic Online by sending pr Written communication Other:	recording (no recording (resentations	ot in real-time not in real-tim to students	-			
S23 - SUPERVISIONS,	/MENTORSI	HIPS				
Q14 - Since on-site classes were cancelled, my supervisions/mentorship has been organized (please select ALL the answers that are true for you).  Multiple answers are possible						
Via video-call Via voice-call Via e-mail communic Via texting on social Not applicable (I had	networks (Fa			<sup>-</sup> , WhatsApp, V	VeChat, etc.)	



<b>Q15 - Which is your preferr</b> Please select only one	ed method	of online su	pervisions/	mentorship?		
Via video-call Via voice-call Via e-mail communication Via texting on social network Not applicable (I had no social other (please specify):	vorks (Facel supervision	s/mentorship		WhatsApp, W	eChat, etc.)	
S24 - ASSESSMENT AND V	WORKLOA	D				
Q16 - Please rate your agre my lecturers:	ement witl	n the followi	ng stateme	nts. Since on-	site classes w	vere cancelled,
	Stron <sub>į</sub> disagi		ee Neutr	al Agree	Strongly agree	Not applicable
have provided course assignm (e.g. readings, homework, quizon a regular basis.			) (		0	$\circ$
have provided feedback on my performance on given assignm	. (				$\bigcirc$	$\bigcirc$
have responded to my question a timely manner.			) (		0	$\circ$
have been open to students' suggestions and adjustments of online classes.	of (		) (		$\bigcirc$	$\circ$
have informed me on what exwill look like in this new situation	(		) (		0	0
Q17 - On average, compare that your study workload o				lasses were c	ancelled, wo	uld you say
<ul><li>significantly smaller.</li><li>smaller.</li><li>the same.</li><li>larger.</li><li>significantly larger.</li></ul>						
S25 - SATISFACTION WITI	H TEACHIN	IG AND ADI	MINISTRAT	TIVE SUPPOR	RT	
Q18 - Since on-site classes v	were cance	lled, how sat	tisfied have	you been wit	th the organi	zation of:
	/ery dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfie	Not ed applicable
lectures.	$\circ$	0	$\bigcirc$	$\circ$		
tutorials/seminars and practical classes.	0	0	0	0	0	0
supervisions (mentorships).						



## Q19 - Since on-site classes were cancelled, how satisfied have you been with support of:

	Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied	Not applicable
teaching staff.	0		0			
technical support or IT services.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
student affairs office.						$\bigcirc$
finance and accounting.						$\bigcirc$
international office.						
library.	$\bigcirc$	$\bigcirc$		$\bigcirc$		
public relations (websites						
and social media information).	0	0	$\circ$	$\circ$	$\bigcirc$	$\circ$
tutors.		$\bigcirc$		$\bigcirc$		
student counselling services.	. 🔘					$\bigcirc$

#### **S26 - STUDENT PERFORMANCE AND EXPECTATIONS**

Q20 - In view of the new teaching and learning environment, to what extent do you agree with the following statements.

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Not applicable
It is more difficult for me to focus during online teaching in comparison to on-site teaching.	0	0	0	0	0	0
My performance as a student has improved since on-site classes were cancelled.	0	0	0	0	0	0
My performance as a student has worsen since on-site classes were cancelled.	0	0	0	0	0	0
I have adapted well to the new teaching and learning experience.	$\circ$	0	0	0	0	0
I can master the skills taught in class this year even on- site classes were cancelled.		0	$\circ$	0	$\circ$	$\circ$
I can figure out how to do the most difficult classwork since on-site classes were cancelled.	0	0	0	0	$\bigcirc$	0

#### **S3 - INFRASTRUCTURE AND SKILLS FOR STUDYING FROM HOME**

In this part of the questionnaire, we are interested in whether you have the conditions to study from home.

#### Q21 - In your home, do you have access to the following?

	Never	Rarely	Sometimes	Often	Always
A quiet place to study					
A desk	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$
A computer	0				
Required software and programmes	0		$\bigcirc$	$\circ$	
A printer	0				
Headphones and microphone	0		$\bigcirc$	$\circ$	$\bigcirc$
Webcam					
Office supplies (notebooks, pens, etc.)					
A good internet connection					
Course study material (e.g. compulsory and recommended literature)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Other (please specify):	$\circ$		$\bigcirc$		

# Q22 - To what extent do you agree with the following statements about your computer skills. I am confident in:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
browsing online information.		0			0
sharing digital content.		$\bigcirc$			$\bigcirc$
using online teaching platforms (BigBlueButton, Moodle, Blackboard, GoToMeeting, etc.).		$\circ$	$\bigcirc$	$\circ$	$\circ$
using online collaboration platforms (Zoom, MS Teams, Skype, etc.).	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
using online communication platforms (e-mail, messaging, etc.).	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$
using software and programmes required for my studies.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
applying advanced settings to some software and programmes.	$\circ$	0	$\circ$	$\circ$	$\circ$

#### **S4 - SOCIAL LIFE**

In this part of the questionnaire we are interested in finding out about your support network during the COVID-19 crisis.

# Q23 - How often have you communicated with the following people online since the COVID-19 pandemic online?

	Not at all	Two or three times a month	Once a week	Several times a week	Once a day	Several times a day
Close family member			()	()		
More distant family member	Ŏ	Ŏ	Õ	Ŏ	Ŏ	Ö
Close friend	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
Someone I live with (e.g. roommate)	0	$\circ$	$\bigcirc$	0	$\circ$	$\circ$
Neighbours				0	0	
Colleague from my course	Ō			Ō	Ō	Ō
Lecturer				0		
Administrative staff						
Voluntary organizations						
Social networks					$\bigcirc$	
Someone else (please specify)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	

# Q24 - For each of the following situations, please select who you would turn to first. If there are several people you are equally likely to turn to, please select the one you feel closest to. Who would you turn to first to?

	Close family member	More distant family member	Close friend	Someone I live with (e.g. roommate)	Neighbours	Colleague from my course	Lecturer	Administrativ e staff	Voluntary organizations	Social networks	Someone else	No one
Help you around your home if you were sick and had to stay in bed for a few days.	0	0	0	0	0	0	0	0	$\bigcirc$	0	$\bigcirc$	0
Be there for you if you felt a bit down or depressed and wanted to talk about it.	$\circ$	$\circ$	0	$\circ$	$\circ$	0	$\circ$	$\circ$	0	0	$\circ$	0
Talk about problems related to studying issues (lectures, seminars, practical work).	0	0	0	0	0	0	0	0	0	0	0	0
Talk about problems related to future education.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\circ$	0	$\circ$	$\circ$
Talk about problems related to personal finances.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	0	$\bigcirc$	0	0	0	0	$\circ$
Talk about problems related to family and relationships.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	0
Talk about problems related to professional career in the future.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
Be there for you if you would like to talk about the COVID-19 crisis.	$\bigcirc$	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0

#### **S5 - EMOTIONAL LIFE**

In this part of the questionnaire we are interested in finding out how you have been feeling since the onset of the COVID-19 pandemic.

Q25 - Please rate to what extent have you felt the following emotions while attending your classes and studying and preparing for them since the outbreak of COVID-19 in your country.

	Never	Rarely	Sometimes	Often	Always
Joyful					
Hopeful	$\bigcirc$		$\circ$	$\circ$	
Proud					
Frustrated	$\bigcirc$		$\circ$	$\circ$	
Angry			$\bigcirc$	$\circ$	
Anxious	$\circ$	$\bigcirc$		$\circ$	
Ashamed			$\bigcirc$	$\circ$	
Relieved				$\circ$	
Hopeless			0	$\circ$	$\bigcirc$
Bored	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

#### **S6 - LIFE CIRCUMSTANCES**

In this part of the questionnaire we are interested in finding out whether you have some life circumstances (general and financial) that you are worried about in the context of your student life and what is your opinion regarding the support measures and changes made in behaviour since the onset of the COVID-19 pandemic.

#### **S61 - GENERAL CIRCUMSTANCES**

#### Q26 - How often you have worries about the following personal circumstances?

	A little of the time	Some of the time	A good part of the time	Most of the time	All of the time
Personal physical health					
Personal mental health	$\bigcirc$		$\bigcirc$	$\circ$	
Studying issues (lectures, seminars, practical work)					
Future education			$\bigcirc$		
Personal finances				0	
Family and relationship			$\bigcirc$		
Professional career in the future				0	
COVID-19 or similar pandemic crisis in the future			$\bigcirc$		
Leisure activities (sports and cultural activities, parties, hanging out with friends, etc.)	0	0	0	0	
Traveling abroad	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$



#### **S62 - FINANCIAL CIRCUMSTANCES**

Q27 - When you take into account your total monthly disposable income (before COVID-19 pandemic) would you say that you can pay the overall costs of your study (including living costs such as accommodation etc.)?
○ Very easily
○ Easily
O Quite easily
○ With small difficulty
○ With difficulty
Q28 - Have you had a paid job during the current academic year or were you planning on having a paid job during the current academic year?
Yes, I worked regularly this academic year.
○ Yes, I worked occasionally this academic year.
○ No, I have not worked this academic year but was planning to.
○ No, I have not worked this academic year and was not planning to work.
O None of the above (please specify):
Q29 - If you have been working or were planning to work, has this paid job been affected by the COVID-19 pandemic:
○ Yes, I have lost the job permanently.
Yes, I have lost the job temporarily.
○ Yes, I have had a salary cut.
○ No, the job ended before the COVID-19 crisis.
O No, I am still working.
O None of the above (please specify):
Q30 - What are your plans for September/October 2020?
Returning to full-time studies.
○ Already accepted a full-time job.
○ Still seeking a full-time job.
Other (please specify):
Q31 - Do you pay tuition fees?
○Yes
○ No



#### IF (2) Q31 = [1] THEN continue Q32

## 

#### **S63 - SUPPORT MEASURES AND BEHAVIOUR**

O none of the above (please specify): \_\_\_\_\_\_

## Q35 - Please assess the satisfaction in dealing with the COVID-19 pandemic of the following institutions.

	Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied	Not applicable
Government			0	0		
University					$\bigcirc$	$\circ$
Banks						
Hospitals		$\bigcirc$		$\bigcirc$	$\bigcirc$	
Other (please specify):				$\circ$		



# Q36 - How important are/will/would be the following actions or support measures by your government, university or by your bank to you?

	Not Important	Slightly Important	Moderately Important	Important	Very Important	Not applicable
Transport fares and passes are not required.		$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$
Freezing rents.						
Financial assistance for renters.	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
Deferred or reduced mortgage payments.		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Emergency supports for people on income assistance, disability assistance, and low-income seniors.	$\circ$	0	0	$\circ$	0	0
Monthly payments can be deferred up to 90 days and insurance renewals can now be done by phone or email.	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Delayed tax filing deadline and due date for taxes owed.		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Deferred student loan payments.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Emergency childcare for essential workers.	0	0	$\bigcirc$	0	$\circ$	$\circ$
Delayed taxes.	$\bigcirc$			$\bigcirc$		
Other (please specify):	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	

Q37 - Have you moved due to the COVID-19 pandemic (for examp	ole from student dorm to family
home, etc.)?	

$\bigcirc$	Yes
$\bigcirc$	No



## Q38 - Please assess the frequency of your habits before and during the COVID-19 pandemic.

	Before the COVID-19 pandemic				During the COVID-19 pandemic					
	Never	Rarely	Some times	Often	Always	Never	Rarely	Some times	Often	Always
Washing your hands	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$	0	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Leaving the house for unnecessary reasons	0	0	0	0	0	0	0	0	0	$\circ$
Avoided crowds and large gatherings Avoided	0	0	0	0	0	0	0	0	0	0
touching your face	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	0	$\circ$	$\circ$	$\bigcirc$	$\circ$
Shaking hands	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Stocked up on essentials at pharmacy and grocery store Made a plan for	0	0	0	0	0	0	0	0	$\circ$	0
communicating with family friends and neighbours	0	0	0	0	0	0	0	0	0	0
Cancelled travel	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Filled prescriptions	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Worked from home	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$
Avoiding public transport	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Wearing a mask outside	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Offering help to people	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
Online grocery shopping	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Recreation or workout Visiting family	$\circ$	0	0	$\circ$	0	0	$\circ$	$\circ$	$\circ$	$\circ$
members or friends	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Other (please specify):	$\circ$	0	$\circ$	0	0	0	0	$\circ$	$\circ$	$\circ$



## **S7 - GENERAL REFLECTIONS**

In this part of the questionnaire we are interested in your general reflections on the COVID-19 pandemic.

Q39 - Can you share some general views/words of your reflection on Covid-19?						
email - If you would like to receive the results of the survey, please leave your e-mail: (e.g. john@gmail.com)						