

"A Friend Is Writing..."

This website definitely offered an interesting experience! Considering the topic of discussion, I feel like the website did a great job of translating that feeling of anxiety you can get when you are online. Although I do not use many social media platforms, I can understand this feeling of sensory overload. I think this overbearing feeling of anxiety is why I never have my phone sound on. My phone is always on vibrate. When you hear that notification sound, it is so hard to ignore it; if I had my sound on, I don't think I would be able to step away from my phone as easily. Everything nowadays wants to send you notifications: phone games, stores, streaming services, and even your phone provider. It can become too much very quickly.