		HEIGHTS ABOVE CHART DATUM High Water					
Date		Sunrise	Time	Height	Time	Height	Sunset
Thursday	01	06:26	12:15	4.635m			20:06
Friday	02	06:28	00:32	4.679m	12:55	4.384m	20:03
Saturday	03	06:30	01:15	4.366m	13:42	4.062m	20:01
Sunday	04	06:31	02:09	3.979m	14:46	3.719m	19:59
Monday	05	06:33	03:26	3.603m	16:19	3.513m	19:56
Tuesday	06	06:35	05:06	3.470m	17:53	3.682m	19:54
Wednesday	07	06:37	06:36	3.751m	19:09	4.171m	19:52
Thursday	08	06:38	07:42	4.253m	20:05	4.731m	19:49
Friday	09	06:40	08:32	4.741m	20:51	5.197m	19:47
Saturday	10	06:42	09:16	5.100m	21:33	5.495m	19:44
Sunday	11	06:43	09:55	5.293m	22:12	5.605m	19:42
Monday	12	06:45	10:31	5.319m	22:48	5.535m	19:40
Tuesday	13	06:47	11:05	5.195m	23:24	5.308m	19:37
Wednesday	14	06:48	11:41	4.948m			19:35
Thursday	15	06:50	00:02	4.959m	12:17	4.611m	19:32
Friday	16	06:52	00:37	4.527m	12:51	4.219m	19:30
Saturday	17	06:54	01:15	4.052m	13:30	3.801m	19:28
Sunday	18	06:55	01:59	3.566m	14:21	3.386m	19:25
Monday	19	06:57	03:02	3.127m	15:46	3.073m	19:23
Tuesday	20	06:59	04:55	2.926m	17:47	3.149m	19:20
Wednesday	21	07:00	06:29	3.185m	18:57	3.562m	19:18
Thursday	22	07:02	07:24	3.629m	19:41	4.024m	19:15
Friday	23	07:04	08:02	4.069m	20:16	4.434m	19:13
Saturday	24	07:05	08:35	4.448m	20:48	4.765m	19:11
Sunday	25	07:07	09:06	4.751m	21:19	5.016m	19:08
Monday	26	07:09	09:36	4.977m	21:50	5.188m	19:06
Tuesday	27	07:11	10:07	5.116m	22:21	5.269m	19:03
Wednesday	28	07:12	10:38	5.154m	22:53	5.239m	19:01
Thursday	29	07:14	11:10	5.072m	23:27	5.078m	18:59
Friday	30	07:16	11:47	4.865m			18:56

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Table provided by port-tides.com