		HEIGHTS ABOVE CHART DATUM High Water					
Date		Sunrise	Time	Height	Time	Height	Sunset
Tuesday	01	07:17	08:43	4.583m	20:56	4.843m	18:54
Wednesday	02	07:18	09:12	4.765m	21:25	4.950m	18:52
Thursday	03	07:20	09:40	4.865m	21:52	4.986m	18:50
Friday	04	07:22	10:06	4.898m	22:18	4.959m	18:47
Saturday	05	07:24	10:32	4.866m	22:43	4.865m	18:45
Sunday	06	07:25	10:57	4.763m	23:09	4.699m	18:42
Monday	07	07:27	11:25	4.585m	23:40	4.456m	18:40
Tuesday	08	07:29	11:57	4.335m			18:38
Wednesday	09	07:31	00:15	4.144m	12:36	4.022m	18:36
Thursday	10	07:33	00:58	3.773m	13:27	3.670m	18:33
Friday	11	07:34	02:01	3.388m	14:49	3.377m	18:31
Saturday	12	07:36	03:43	3.167m	16:43	3.418m	18:29
Sunday	13	07:38	05:32	3.405m	18:06	3.881m	18:26
Monday	14	07:40	06:41	3.961m	19:02	4.488m	18:24
Tuesday	15	07:41	07:30	4.553m	19:49	5.055m	18:22
Wednesday	16	07:43	08:14	5.056m	20:31	5.488m	18:20
Thursday	17	07:45	08:54	5.409m	21:13	5.741m	18:17
Friday	18	07:47	09:35	5.590m	21:54	5.791m	18:15
Saturday	19	07:49	10:13	5.588m	22:34	5.635m	18:13
Sunday	20	07:51	10:51	5.410m	23:14	5.292m	18:11
Monday	21	07:52	11:33	5.075m			18:09
Tuesday	22	07:54	00:00	4.803m	12:19	4.628m	18:07
Wednesday	23	07:56	00:50	4.235m	13:12	4.130m	18:05
Thursday	24	07:58	01:48	3.678m	14:18	3.673m	18:02
Friday	25	08:00	03:07	3.258m	15:52	3.414m	18:00
Saturday	26	08:02	04:49	3.167m	17:26	3.518m	17:58
Sunday	27	08:03	06:07	3.433m	18:30	3.846m	17:56
Monday	28	07:05	05:59	3.820m	18:15	4.196m	16:54
Tuesday	29	07:07	06:38	4.181m	18:52	4.482m	16:52
Wednesday	30	07:09	07:11	4.468m	19:24	4.684m	16:50
Thursday	31	07:11	07:41	4.676m	19:54	4.810m	16:48

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Table provided by port-tides.com