		HEIGHTS ABOVE CHART DATUM High Water					
Date		Sunrise	Time	Height	Time	Height	Sunset
Monday	01	05:33	08:05	4.528m	20:30	4.768m	21:12
Tuesday	02	05:35	08:54	4.784m	21:15	5.018m	21:10
Wednesday	03	05:36	09:37	4.949m	21:55	5.151m	21:08
Thursday	04	05:38	10:16	5.005m	22:33	5.166m	21:06
Friday	05	05:40	10:52	4.957m	23:08	5.074m	21:04
Saturday	06	05:41	11:28	4.820m	23:44	4.897m	21:02
Sunday	07	05:43	12:05	4.612m			21:01
Monday	08	05:45	00:21	4.655m	12:41	4.353m	20:59
Tuesday	09	05:46	00:57	4.365m	13:18	4.061m	20:57
Wednesday	10	05:48	01:37	4.042m	14:02	3.752m	20:55
Thursday	11	05:50	02:23	3.707m	14:56	3.466m	20:53
Friday	12	05:51	03:24	3.412m	16:11	3.288m	20:51
Saturday	13	05:53	04:46	3.272m	17:34	3.357m	20:49
Sunday	14	05:55	06:05	3.409m	18:41	3.672m	20:46
Monday	15	05:56	07:05	3.747m	19:31	4.091m	20:44
Tuesday	16	05:58	07:53	4.151m	20:14	4.514m	20:42
Wednesday	17	06:00	08:34	4.540m	20:53	4.890m	20:40
Thursday	18	06:02	09:13	4.872m	21:32	5.193m	20:38
Friday	19	06:03	09:52	5.121m	22:11	5.399m	20:36
Saturday	20	06:05	10:31	5.261m	22:50	5.486m	20:34
Sunday	21	06:07	11:10	5.272m	23:32	5.432m	20:31
Monday	22	06:08	11:54	5.144m			20:29
Tuesday	23	06:10	00:19	5.231m	12:41	4.887m	20:27
Wednesday	24	06:12	01:08	4.900m	13:31	4.535m	20:25
Thursday	25	06:14	02:03	4.482m	14:31	4.148m	20:22
Friday	26	06:15	03:09	4.060m	15:45	3.831m	20:20
Saturday	27	06:17	04:30	3.776m	17:10	3.745m	20:18
Sunday	28	06:19	05:51	3.780m	18:27	3.965m	20:16
Monday	29	06:20	07:02	4.054m	19:31	4.353m	20:13
Tuesday	30	06:22	07:58	4.418m	20:20	4.725m	20:11
Wednesday	31	06:24	08:43	4.726m	21:02	4.990m	20:09

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Table provided by port-tides.com