		HEIGHTS ABOVE CHART DATUM High Water					
Date		Sunrise	Time	Height	Time	Height	Sunset
Sunday	01	07:14	08:40	4.911m	20:55	4.974m	16:45
Monday	02	07:16	09:07	4.920m	21:22	4.907m	16:43
Tuesday	03	07:18	09:34	4.863m	21:51	4.772m	16:41
Wednesday	04	07:20	10:02	4.735m	22:21	4.568m	16:39
Thursday	05	07:22	10:34	4.538m	22:57	4.300m	16:37
Friday	06	07:24	11:13	4.279m	23:41	3.984m	16:36
Saturday	07	07:26	12:00	3.982m			16:34
Sunday	08	07:27	00:37	3.660m	13:06	3.707m	16:32
Monday	09	07:29	01:57	3.433m	14:38	3.605m	16:30
Tuesday	10	07:31	03:35	3.490m	16:08	3.825m	16:29
Wednesday	11	07:33	04:51	3.865m	17:14	4.281m	16:27
Thursday	12	07:35	05:48	4.376m	18:08	4.785m	16:26
Friday	13	07:37	06:36	4.869m	18:56	5.218m	16:24
Saturday	14	07:39	07:21	5.262m	19:40	5.515m	16:23
Sunday	15	07:40	08:03	5.513m	20:24	5.642m	16:21
Monday	16	07:42	08:46	5.606m	21:06	5.592m	16:20
Tuesday	17	07:44	09:28	5.535m	21:50	5.370m	16:18
Wednesday	18	07:46	10:10	5.311m	22:36	5.004m	16:17
Thursday	19	07:47	10:58	4.965m	23:25	4.545m	16:16
Friday	20	07:49	11:50	4.548m			16:14
Saturday	21	07:51	00:18	4.065m	12:48	4.131m	16:13
Sunday	22	07:53	01:21	3.645m	13:58	3.803m	16:12
Monday	23	07:54	02:39	3.388m	15:20	3.670m	16:11
Tuesday	24	07:56	04:03	3.393m	16:32	3.767m	16:10
Wednesday	25	07:58	05:08	3.617m	17:28	3.998m	16:09
Thursday	26	07:59	05:57	3.920m	18:14	4.251m	16:08
Friday	27	08:01	06:38	4.213m	18:53	4.470m	16:07
Saturday	28	08:02	07:13	4.459m	19:28	4.636m	16:06
Sunday	29	08:04	07:45	4.647m	20:00	4.745m	16:05
Monday	30	08:05	08:15	4.777m	20:31	4.795m	16:04

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Table provided by port-tides.com