# Forecasting Depression

*Center for Disease Control*

Johnnybruemmer@gmail.com
Github.com/Jbruemmer

# Presenter

Emory University,
BBA in Finance

Data Science Student,
FlatIron School

# Agenda

- Stakeholder
- Business Problem
- Data
- Analysis
- Recommendations
- Next Steps

# Bottom Line

Modeling Error
Reduced by 10%

# Stakeholder

Stakeholder

Business Problem

Data

Analysis

Recommendations

Next Steps

# Saving Lives, Protecting People

# Tracking Depression

## DIAGNOSTIC CRITERIA

*1980*

## COST

*$326 Billion*

## MENTAL ILLNESS IS RISING

*20%*

PharmacoEconomics, 2018

# Data

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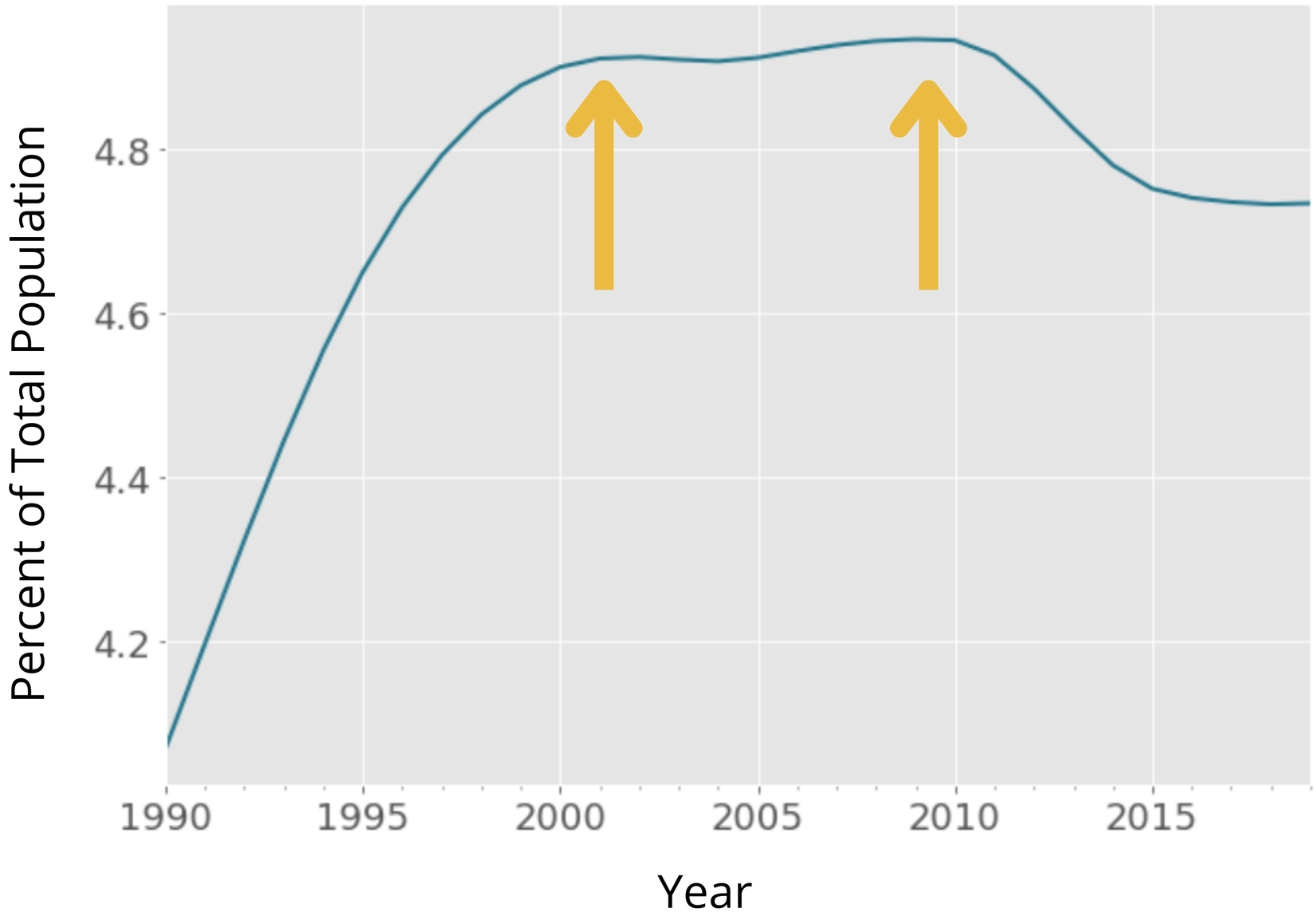
# World Health Organization (WHO)

*GLOBAL BURDEN OF DISEASE*

1990-2019

# Depression Rates in the U.S. Since 1990



# Analysis

- Stakeholder
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# SARIMA,
# Predicting the Future

Past Values (2 Years)

Trend (1 Year)

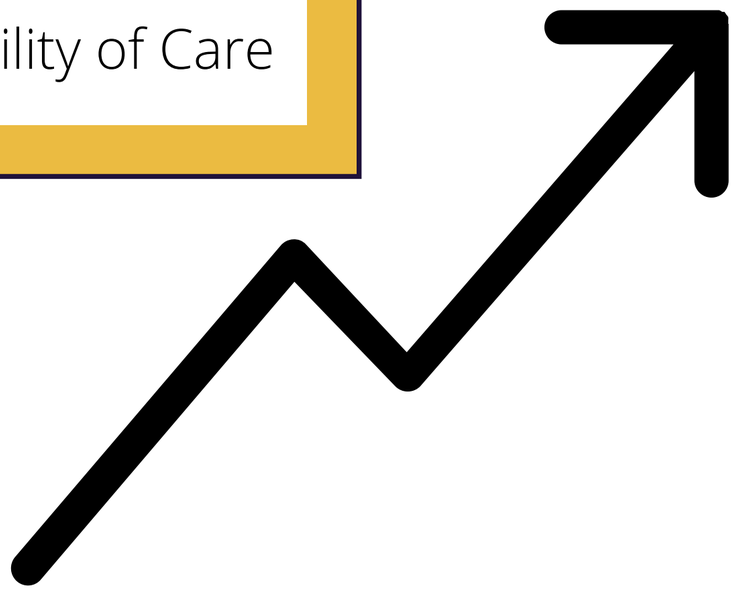
Seasonality (4 Years)

# Recommendations

Problem Is Growing

Increase Availability of Care

Election Year Stress



# Next Steps

1. Add Predictive Variables
2. Differences Between Age Groups and Gender
3. Analyze Disability Adjusted Life Years (DALY)

# Questions

*Thank You*

Email: Johnnybruemmer@gmail.com
Github: Github.com/JBruemmer
LinkedIn: LinkedIn.com/in/John-Bruemmer