

Fidget Toys are the latest craze among tweens and some adults looking to **improve focus** and **reduce anxiety**. (Some proponents even say that it can help with those with ADHD and autism.) These new generation stress toys have become so popular, they're even sold in gas stations. But while there are thousands of design options for these hand spinner toys, sometimes you want one that's truly unique. **PDF Pro** has created an easy-to-follow guide to creating a fidget spinner that you can put your own spin on (pun intended!)

How to Make A Fidget Toy:

You'll Need:

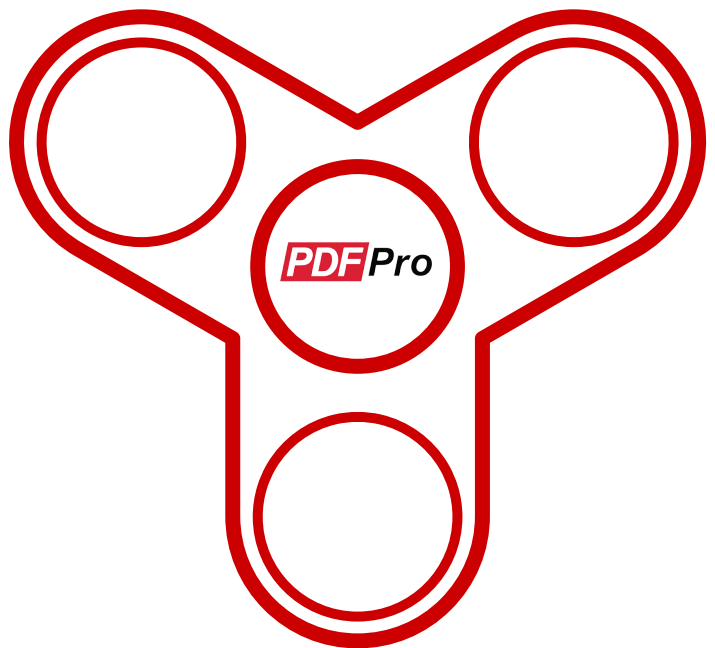
- Heavier stock paper
- Thick, non-corrugated, cardboard paper
- Toothpick or thick sewing needle
- Craft glue
- Pennies
- Ball-point pen
- Small metal or plastic ring (optional)

Instructions for Customizing Your Fidget Spinner:

You'll need to create your custom image first, using the Lunapic editor and then adding it to the spinner template using the PDF Pro 'Edit PDF' tool.

First, create a circle image using the [Lunapic editor](#) by uploading the image you'd like to add. Choose the photo you'd like to upload, then click 'Edit', and choose the circle icon from the options above your photo. Save the resulting photo to your desktop.

Save the spinner template below to your desktop, then drag it to the upload box on [PDF Pro edit tool](#). Click 'image' to add and correctly size your circle image onto the template. Save the template back to your desktop.

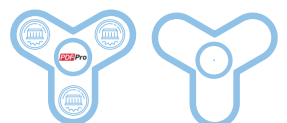
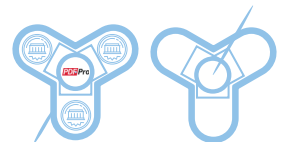
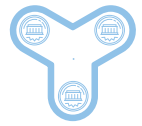


Instructions for creating fidget toy:

1. Print out your customized fidget toy template below onto heavier stock paper
2. Cut out spinner template & circle
3. Trace spinner template onto cardboard.
4. Trace two pennies onto cardboard
5. Cut out the three shapes
6. Place your customized template on top of the cardboard, then use needle to poke a hole in the dot in the center of the template, into the cardboard
7. Repeat with two small circles. Glue the circle that you customized onto one of the small circles.
8. Use needle to poke hole through cardboard, and once the hole is created, use toothpick to enlargen the hole. (If the paper pushes out the other side, use the tip of a ballpoint pen to poke the paper back in to the other side. Repeat until paper is flat. Once done, it should spin on the toothpick easily.)
9. Use the needle and toothpick to poke holes in the small circles - but don't enlargen the hole too much. Unlike the spinner, it should be snug on the toothpick.
10. Stick toothpick into hole in the customized circle, perpendicular and dot some glue on the paper around the toothpick. Put aside to dry.



11. Glue 3 pennies onto the outer arms of the fidget spinner.
12. Use scissor to cut the top of the toothpick off of the small circle.
13. Put metal ring on top of middle hole in spinner (you don't have to do this part, if you don't have a metal ring, but it helps the spinner to work better).
14. Using the rest of the toothpick still in the small circle, poke it through the center hole of your spinner.
15. Flip over your spinner, with the toothpick poking up, and pin the second circle (the blank one) onto the toothpick. (So, you'll now have circles on both sides of your spinner.)
16. Try spinning it. If it's not moving as smoothly as you like, use a few small extra pieces of paper as 'spacers' to create some additional space between the spinner and the circles.
17. Now dot glue on the second circle, around the base of the toothpick
18. Once dry, use scissors to cut off the remaining section of toothpick, and remove any 'spacers' you used.
19. You can use a small piece of felt or foam to cover the toothpick ends, so it's easier to hold while spinning. Make sure that the felt or foam isn't larger than the tip of your toothpick, let your customizable image shine!



FIDGET TOY TEMPLATE

