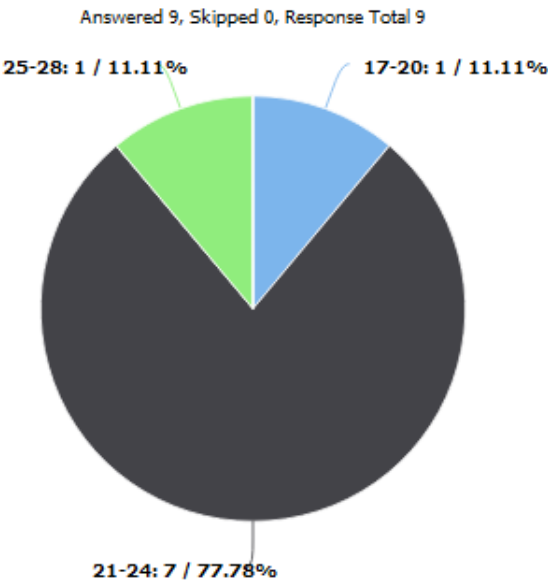


Summary

Response Total 9

Page 1

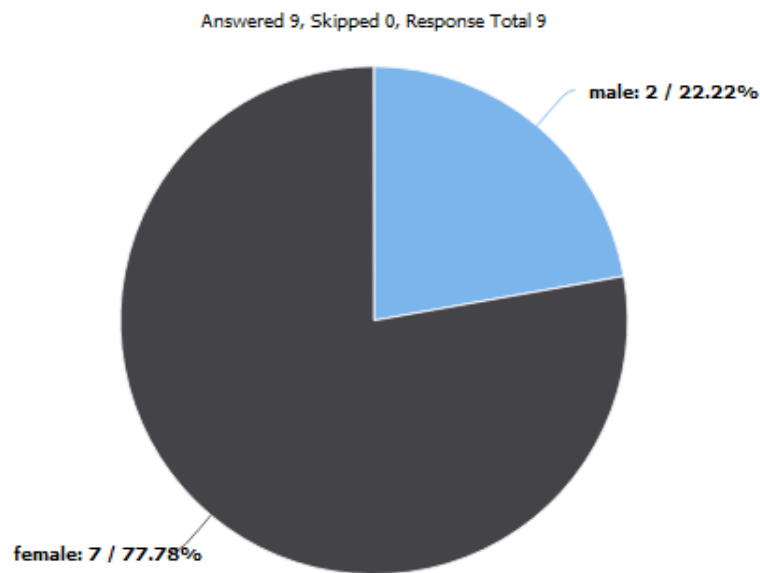
Age of respondent



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
17-20	1	11.11%	11.11%
21-24	7	77.78%	77.78%
25-28	1	11.11%	11.11%
28 and above			

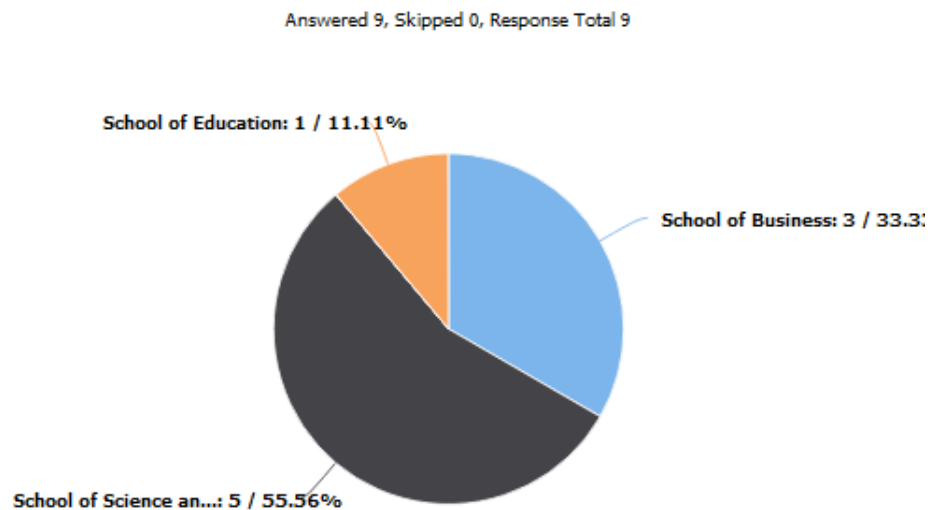
What is your gender



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
male	2	22.22%	22.22%
female	7	77.78%	77.78%

School of study

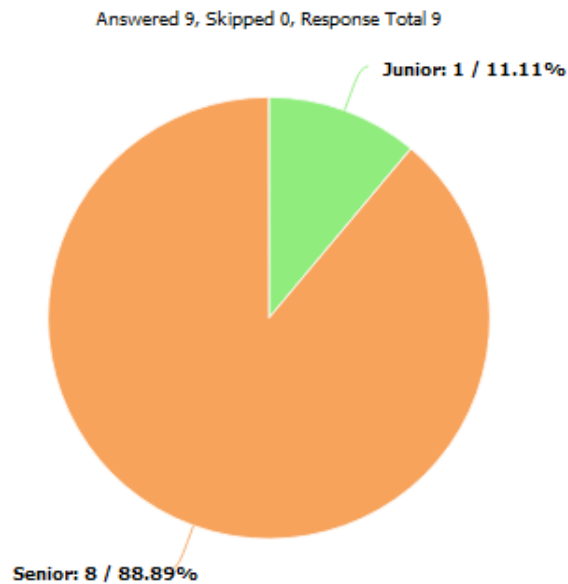


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
School of Business	3	33.33%	33.33%

School of Science and technology	5	55.56%	55.56%
School of Nursing			
School of Education	1	11.11%	11.11%

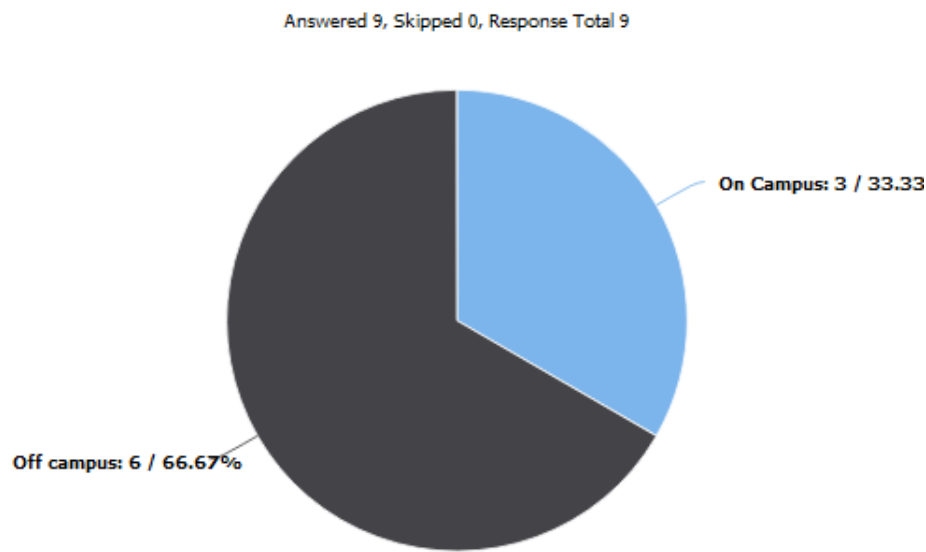
Year of study



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Freshman			
Sophomore			
Junior	1	11.11%	11.11%
Senior	8	88.89%	88.89%

Area of residence

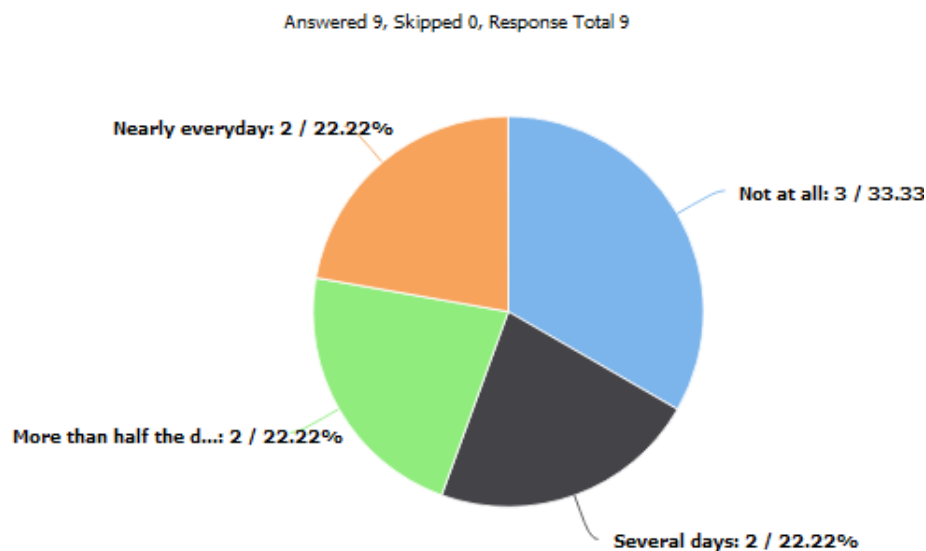


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
On Campus	3	33.33%	33.33%
Off campus	6	66.67%	66.67%

Page 2

Do you have little interest or pressure in doing things

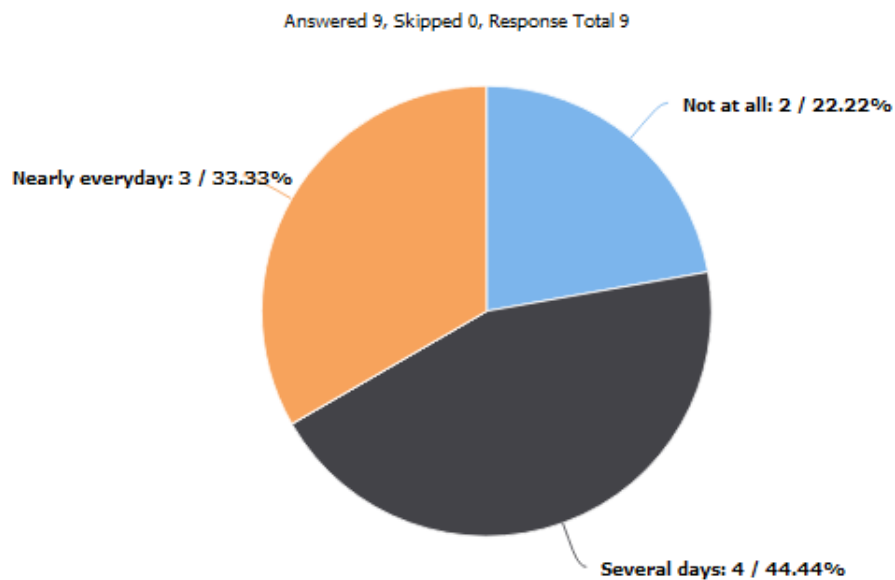


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	3	33.33%	33.33%
Nearly everyday	2	22.22%	22.22%
More than half the d...	2	22.22%	22.22%
Several days	2	22.22%	22.22%

Not at all	3	33.33%	33.33%
Several days	2	22.22%	22.22%
More than half the days	2	22.22%	22.22%
Nearly everyday	2	22.22%	22.22%

How often do you feel down depressed or hopeless

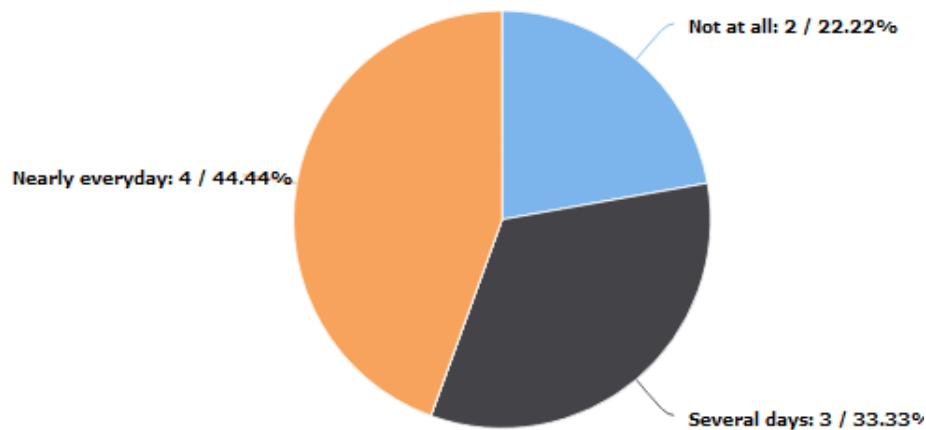


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	2	22.22%	22.22%
Several days	4	44.44%	44.44%
More than half the days			
Nearly everyday	3	33.33%	33.33%

Do you have trouble falling or staying asleep, or sleeping too much?

Answered 9, Skipped 0, Response Total 9

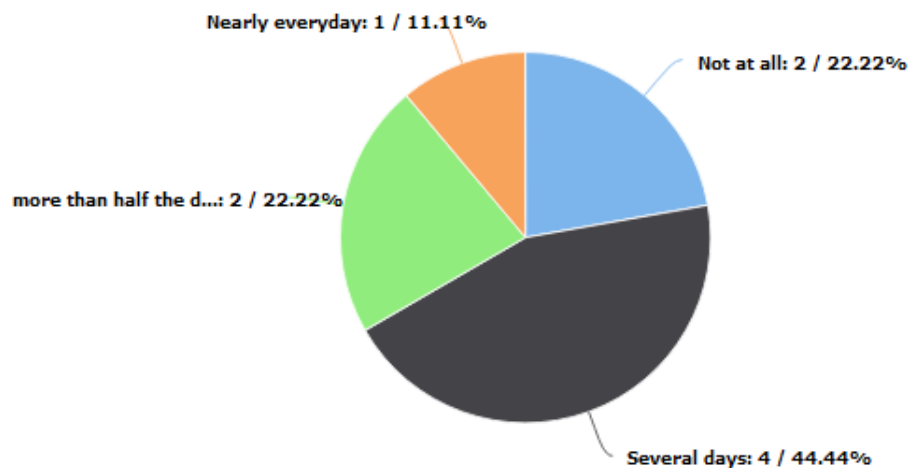


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	2	22.22%	22.22%
Several days	3	33.33%	33.33%
more than half the days			
Nearly everyday	4	44.44%	44.44%

Feeling tired or having little energy

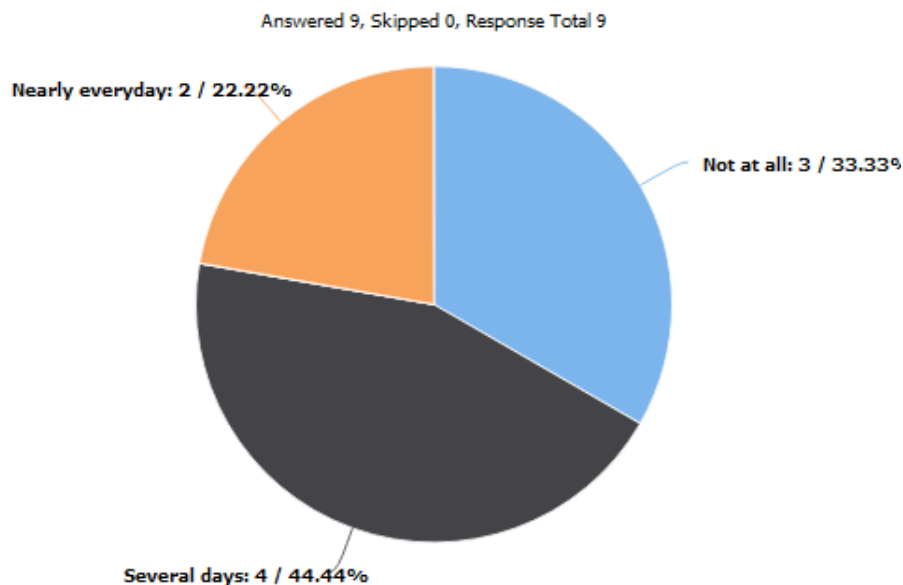
Answered 9, Skipped 0, Response Total 9



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	2	22.22%	22.22%
Several days	4	44.44%	44.44%
more than half the days	2	22.22%	22.22%
Nearly everyday	1	11.11%	11.11%

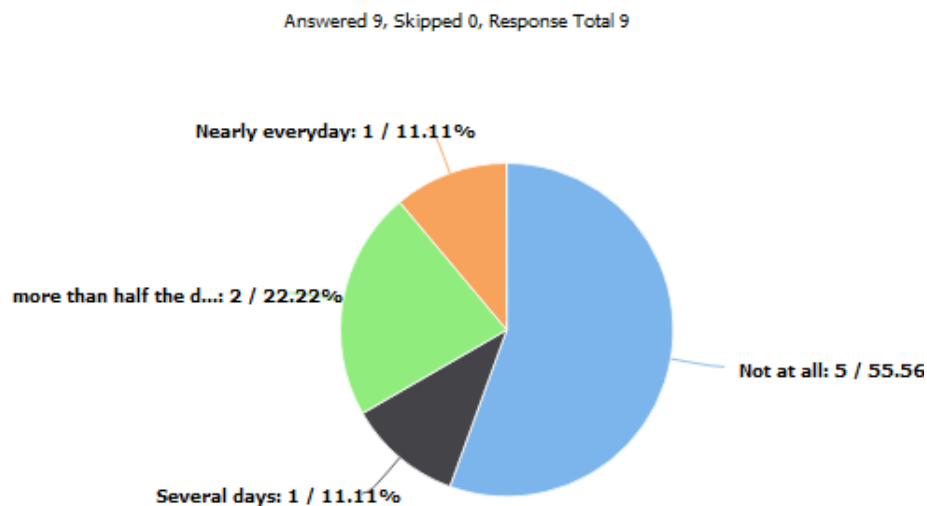
Poor appetite or overeating



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	3	33.33%	33.33%
Several days	4	44.44%	44.44%
more than half the days			
Nearly everyday	2	22.22%	22.22%

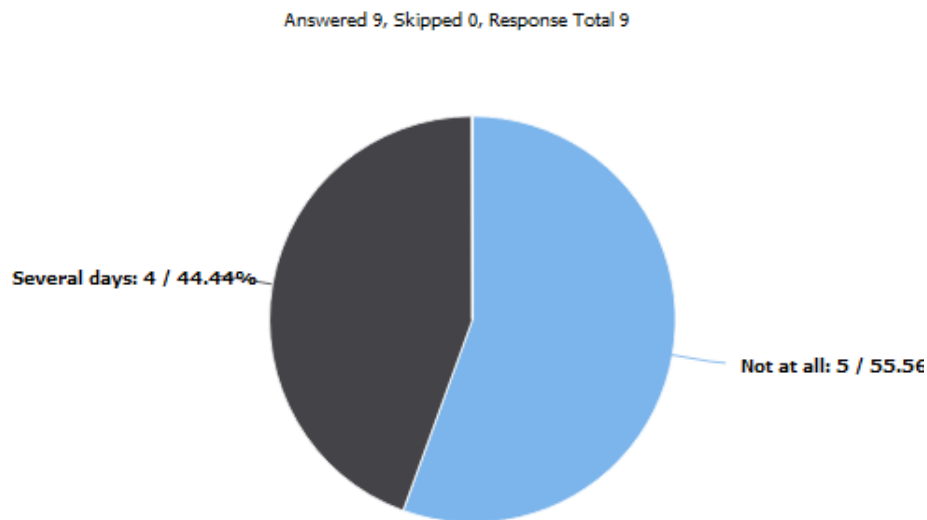
Feeling bad about yourself that you are a failure



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	5	55.56%	55.56%
Several days	1	11.11%	11.11%
more than half the days	2	22.22%	22.22%
Nearly everyday	1	11.11%	11.11%

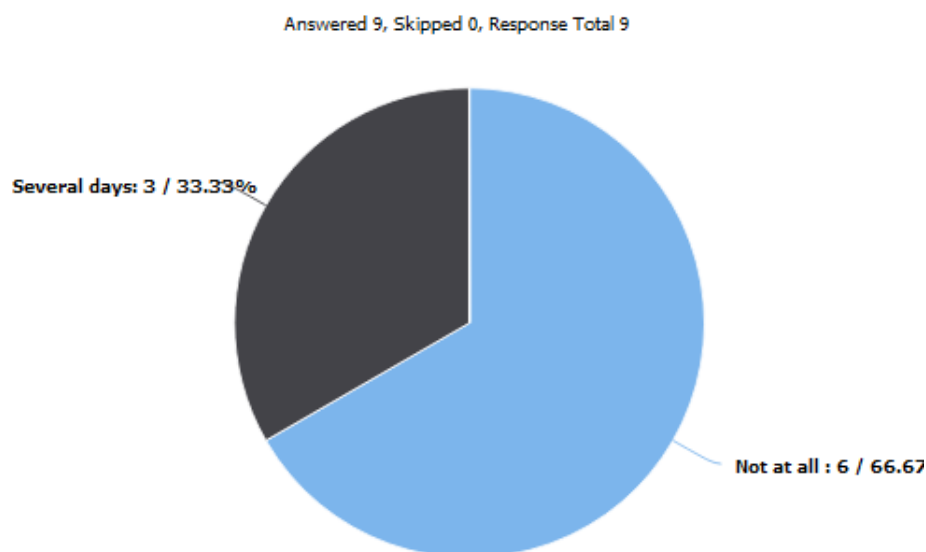
Trouble concentrating on things such as reading news papers or watching television



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	5	55.56%	55.56%
Several days	4	44.44%	44.44%
more than half the days			
Nearly everyday			

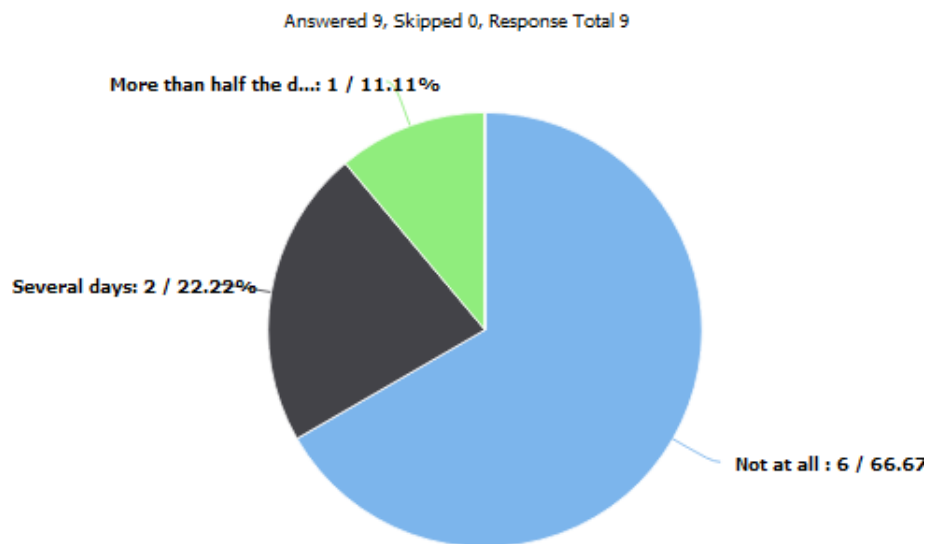
Moving or speaking so slowly that other people could have noticed Or so fidgety or restless that you have been moving a lot more than usual



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	6	66.67%	66.67%
Several days	3	33.33%	33.33%
More than half the days			
Nearly everyday			

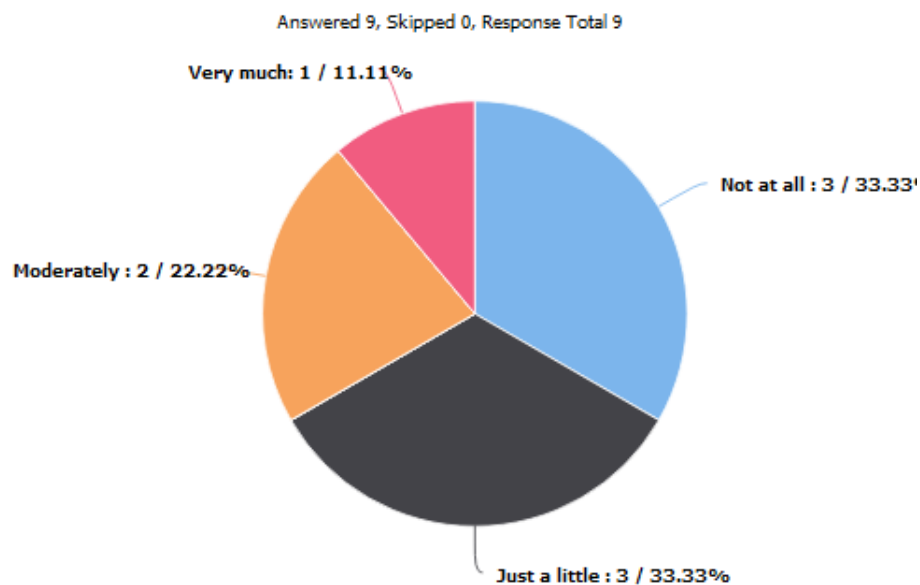
Thoughts that you would be better of dead, or thoughts of hurting yourself in someway



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	6	66.67%	66.67%
Several days	2	22.22%	22.22%
More than half the days	1	11.11%	11.11%
Nearly everyday			

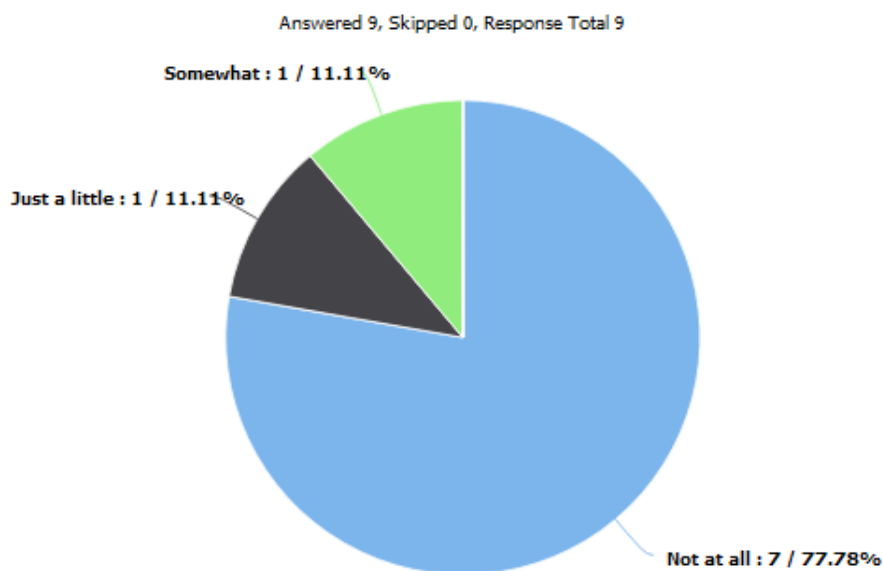
It takes great effort for me to do simple things



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	3	33.33%	33.33%
Just a little	3	33.33%	33.33%
Somewhat			
Moderately	2	22.22%	22.22%
Quite a lot			
Very much	1	11.11%	11.11%

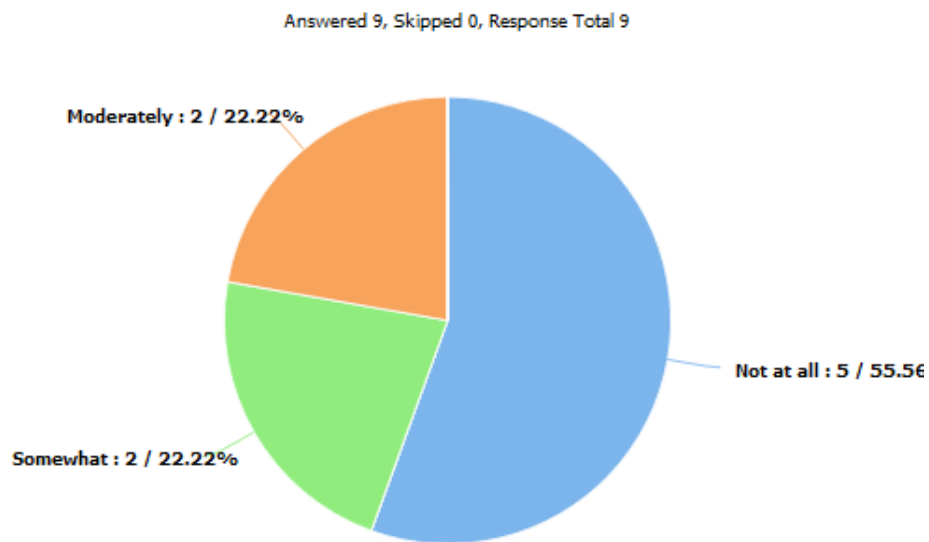
I feel that I am a guilty person who deserves to be punished



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	7	77.78%	77.78%
Just a little	1	11.11%	11.11%
Somewhat	1	11.11%	11.11%
Moderately			
Quite a lot			
Very much			

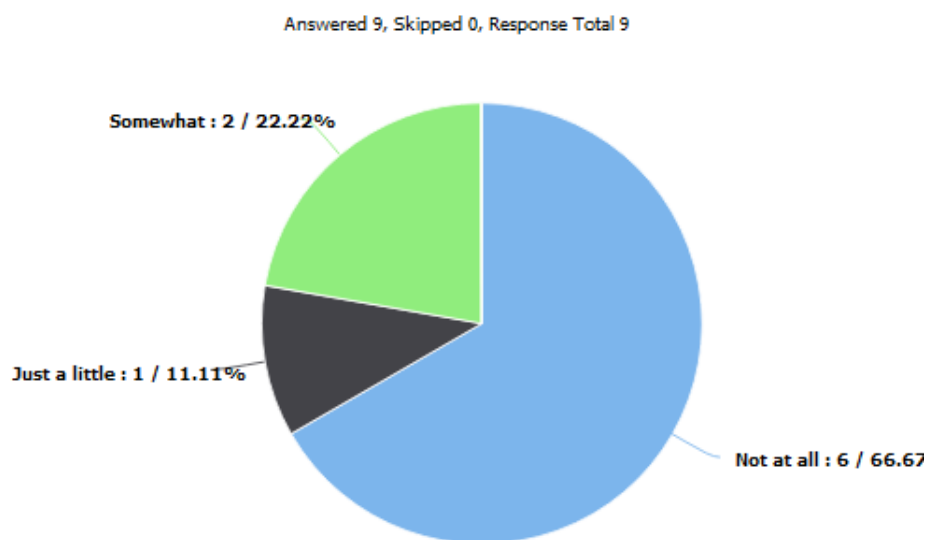
I feel like a failure



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	5	55.56%	55.56%
Just a little			
Somewhat	2	22.22%	22.22%
Moderately	2	22.22%	22.22%
Quite a lot			
Very much			

I feel life lessmore dead than alive

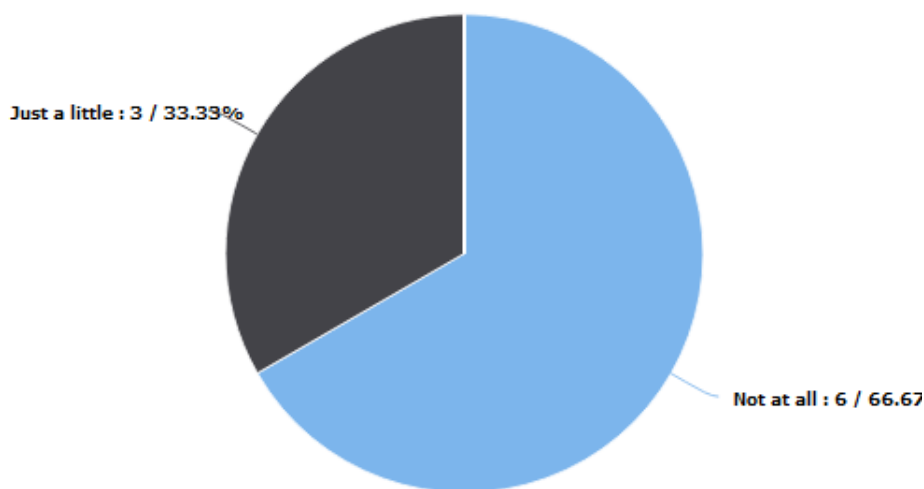


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	6	66.67%	66.67%
Just a little	1	11.11%	11.11%
Somewhat	2	22.22%	22.22%
Moderately			
Quite a lot			
Very much			

I feel depressed even when good things happen to me

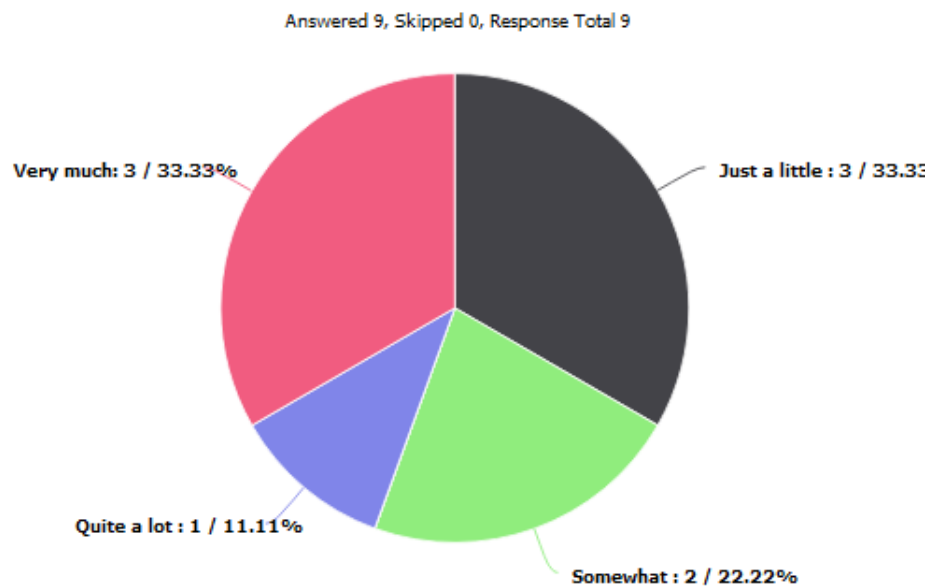
Answered 9, Skipped 0, Response Total 9



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all	6	66.67%	66.67%
Just a little	3	33.33%	33.33%
Somewhat			
Quite a lot			
Moderately			
Very much			

Without trying to diet, I have lost, or gained weight

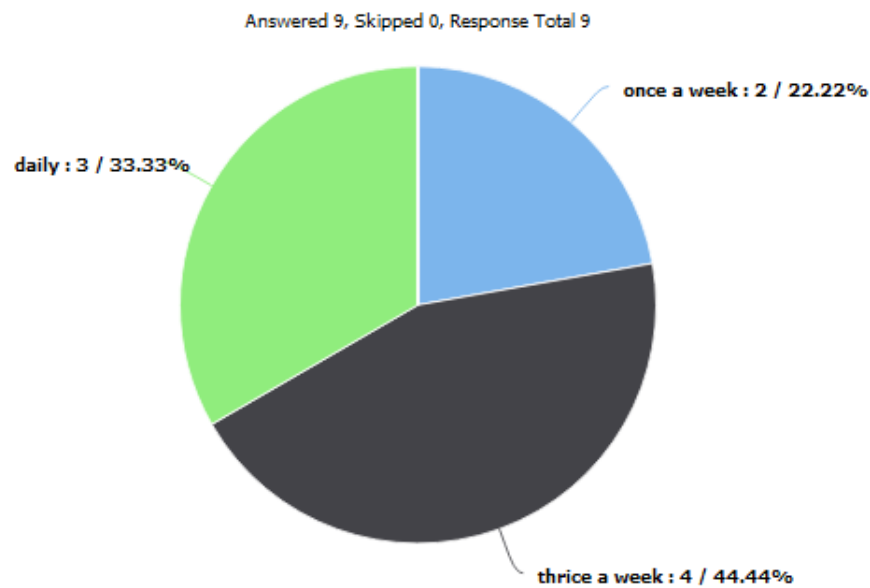


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Not at all			
Just a little	3	33.33%	33.33%
Somewhat	2	22.22%	22.22%
Moderately			
Quite a lot	1	11.11%	11.11%
Very much	3	33.33%	33.33%

Page 3

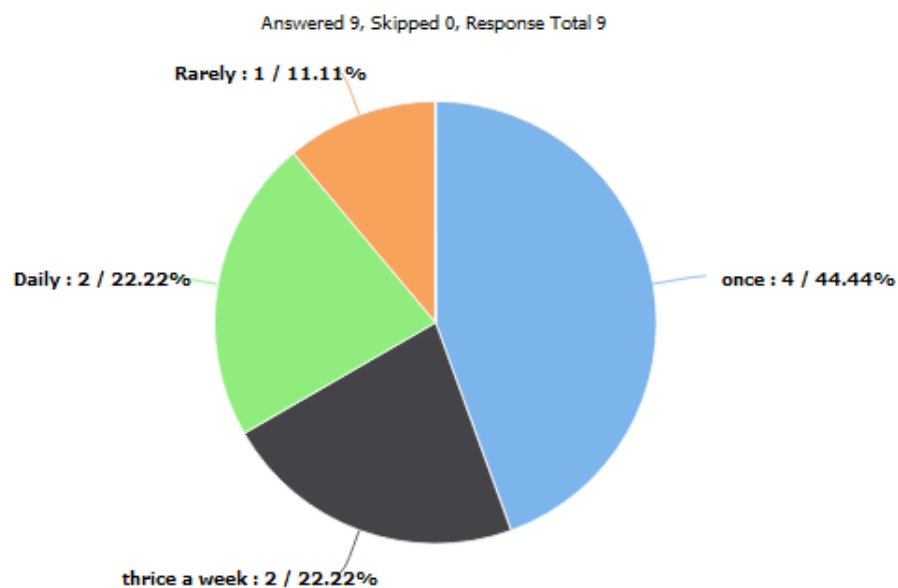
.In the past month how often have you consumed vegetables and fruits (an estimate)



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
once a week	2	22.22%	22.22%
thrice a week	4	44.44%	44.44%
daily	3	33.33%	33.33%
rarely			
Never			

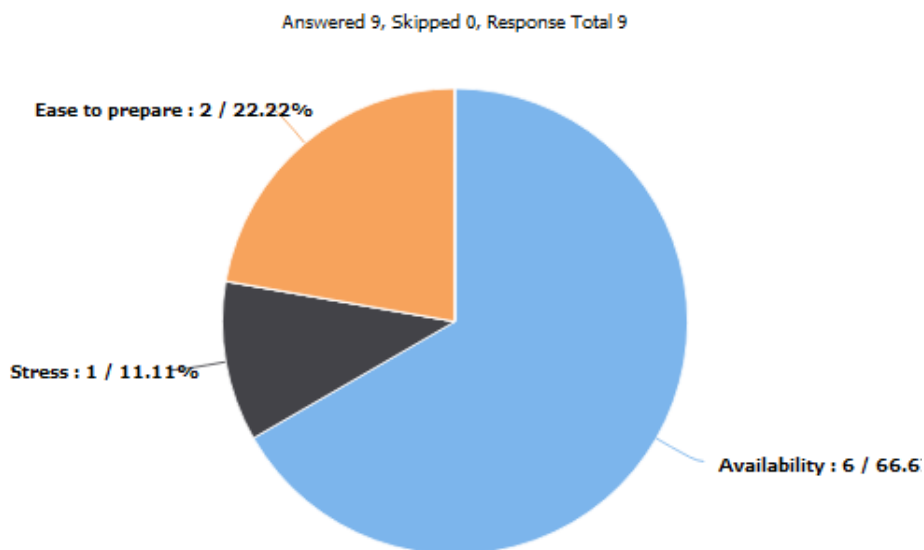
How often do you eat fast food /junk food in a week



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
once	4	44.44%	44.44%
thrice a week	2	22.22%	22.22%
Daily	2	22.22%	22.22%
Rarely	1	11.11%	11.11%
Never			

What is the trigger to eating fast food .

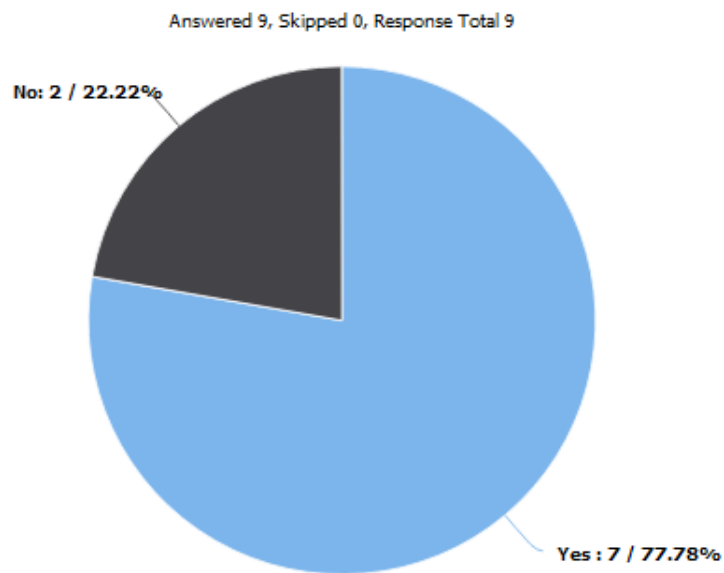


Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Availability	6	66.67%	66.67%
Stress	1	11.11%	11.11%
Cost			
Ease to prepare	2	22.22%	22.22%
Friends			

Page 4

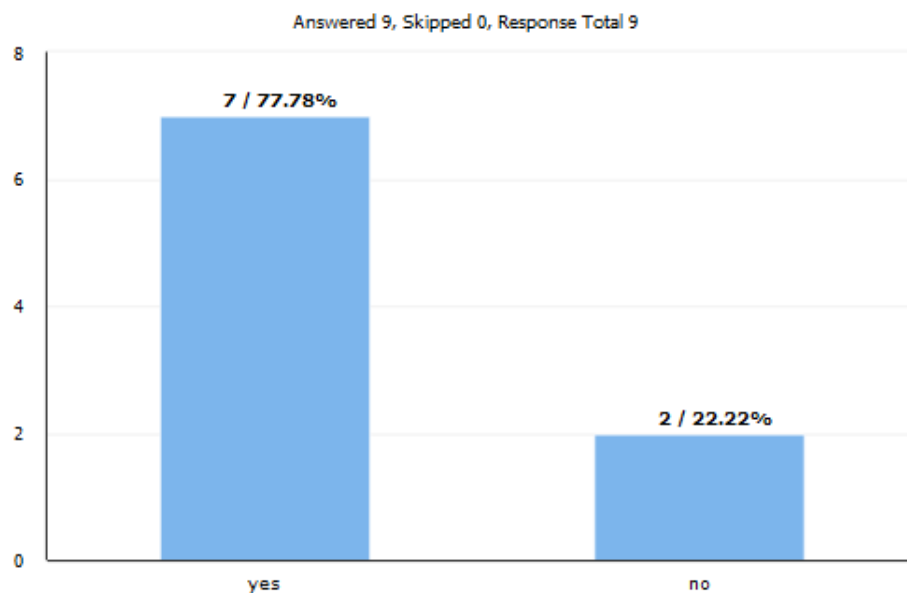
.Are you aware of any benefits of a good diet to your mental health



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
Yes	7	77.78%	77.78%
No	2	22.22%	22.22%

Do you think affects your mental health



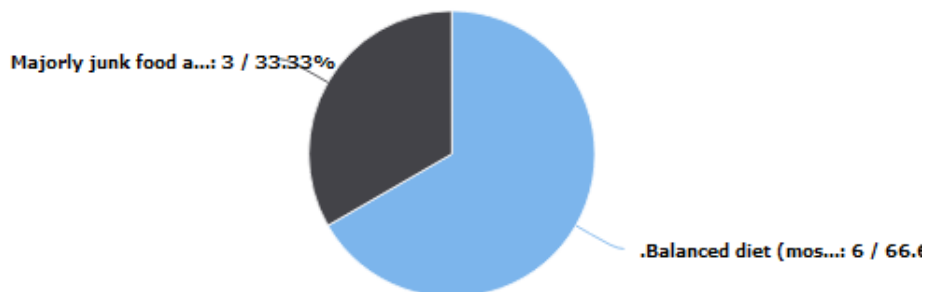
Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
yes	7	77.78%	77.78%

no	2	22.22%	22.22%
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How would you describe your diet in the past month

Answered 9, Skipped 0, Response Total 9



Answered 9, Skipped 0, Response Total 9

Answer Choice	Selections	% All Question Responses	% All Survey Responses
.Balanced diet (mostly fruits and vegetables ,meat)	6	66.67%	66.67%
Majorly junk food and fast food	3	33.33%	33.33%