

A background image of laboratory glassware, including a large Erlenmeyer flask, a graduated cylinder, and a beaker, all containing liquids. The image is slightly blurred and has a warm, yellowish tint.

#02

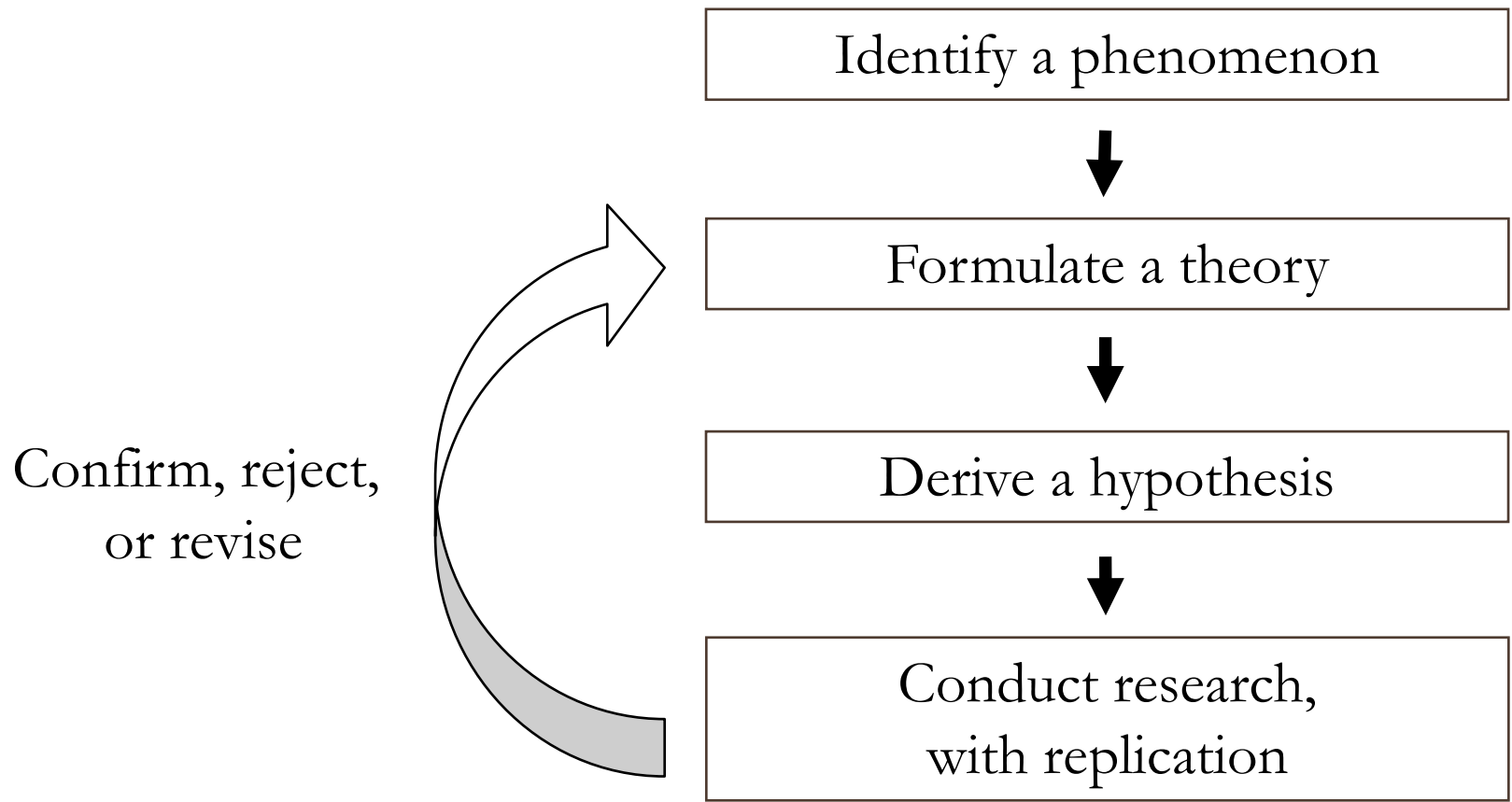
scientific method

Scientists use a variety of tools to study human mind and behavior.

SCIENTISTS' TOOLBOX

■ Science

- A process of constructing best possible models about the world through observations and analyses
- Objective, self-correcting



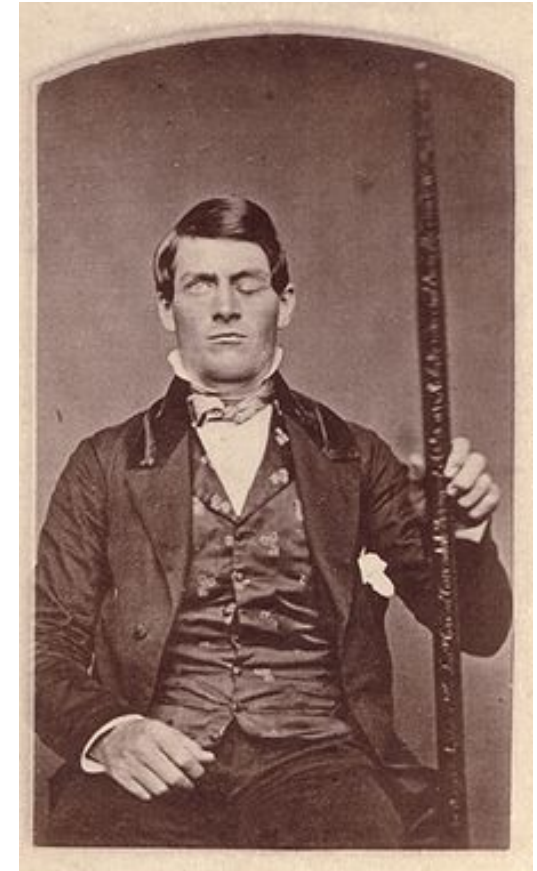
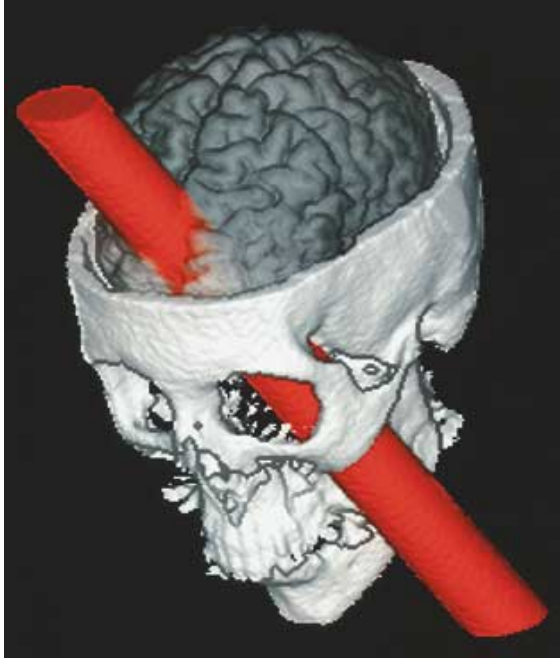
Theory: an explanation or set of principles that organizes isolated observations (e.g., sleep facilitates memory formation)

Hypothesis: a testable prediction that is derived from a theory (e.g., when sleep deprived, people remember less from the day before)

Replication: repeating the essence of a research, usually with different participants and different procedures

■ Descriptive research

- To create a snapshot of the thoughts, feelings, or behavior of an individual or a group
- Useful for generating questions for further research
- Data sources: e.g., case study, interviews, naturalistic observations, surveys, archival data



In 1848, Phineas Gage (1823-1861) survived an accident in which an iron rod was driven completely through his head, damaging both his left and right frontal cortices. His friends witnessed changes in him: from a mild-mannered, friendly, efficient worker, to a foul-mouthed, ill-tempered, undependable person (Damasio et al., 1994).

TABLE 1
Means^a and Ranks on Pace Measures by Country

<i>Country</i>	<i>Overall Pace Index</i>		<i>Walking Speed</i>		<i>Postal Speed</i>		<i>Clock Accuracy</i>	
	<i>M</i>	<i>Rank</i>	<i>M</i>	<i>Rank</i>	<i>M</i>	<i>Rank</i>	<i>M</i>	<i>Rank</i>
Switzerland	-3.43	1	11.80	3	16.91	2	19.29	1
Ireland	-3.02	2	11.13	1	17.49	3	51.42	11
Germany	-3.00	3	12.01	5	13.46	1	43.00	8
Japan	-2.68	4	12.11	7	18.61	4	35.00	6
Italy	-2.13	5	12.75	10	23.00	12	24.17	2
England	-2.09	6	12.00	4	20.78	9	53.72	13
Sweden	-1.96	7	12.92	13	19.10	5	40.20	7
Austria	-1.43	8	14.08	23	20.60	8	25.00	3
Netherlands	-1.42	9	11.45	2	24.42	14	82.33	25
Hong Kong	-1.39	10	13.10	14	20.10	6	54.83	14
France	-1.36	11	12.34	8	27.84	18	49.00	10
Poland	-1.32	12	12.90	12	25.83	15	43.00	8
Costa Rica	-1.13	13	13.33	16	21.13	10	55.38	15
Taiwan	-0.73	14	13.58	18	20.22	7	68.00	21
Singapore	-0.65	15	14.75	25	22.42	11	32.00	4
United States	-0.30	16	12.03	6	36.99	23	67.87	20
Canada	-0.26	17	12.86	11	30.50	21	70.00	22
S. Korea	-0.02	18	13.76	20	29.75	20	58.00	16
Hungary	0.01	19	13.75	19	28.45	19	64.17	18
Czech Republic	0.28	20	13.80	21	27.73	17	76.07	23
Greece	0.54	21	13.10	14	24.33	13	117.0	29
Kenya	0.78	22	12.58	9	42.50	30	77.14	24
China	1.03	23	14.26	24	39.63	25	51.82	12
Bulgaria	1.59	24	15.57	27	33.67	22	60.00	17
Romania	2.42	25	16.72	30	42.25	29	32.46	5
Jordan	2.44	26	15.79	28	39.92	27	66.16	19
Syria	3.26	27	15.95	29	40.02	28	94.52	27
El Salvador	3.63	28	14.04	22	25.88	16	210.0	31
Brazil	3.98	29	16.76	31	38.17	24	108.0	28
Indonesia	4.14	30	14.82	26	39.64	26	161.5	30
Mexico	4.23	31	13.56	17	70.00	31	92.31	26

Walking speed, speed with which postal clerks complete a simple request, and accuracy of public clocks were observed in 31 countries (Levine & Norenzayan, 1999).

A light gray world map is centered in the background of the slide. The text and other elements are overlaid on this map.

Asked adults in

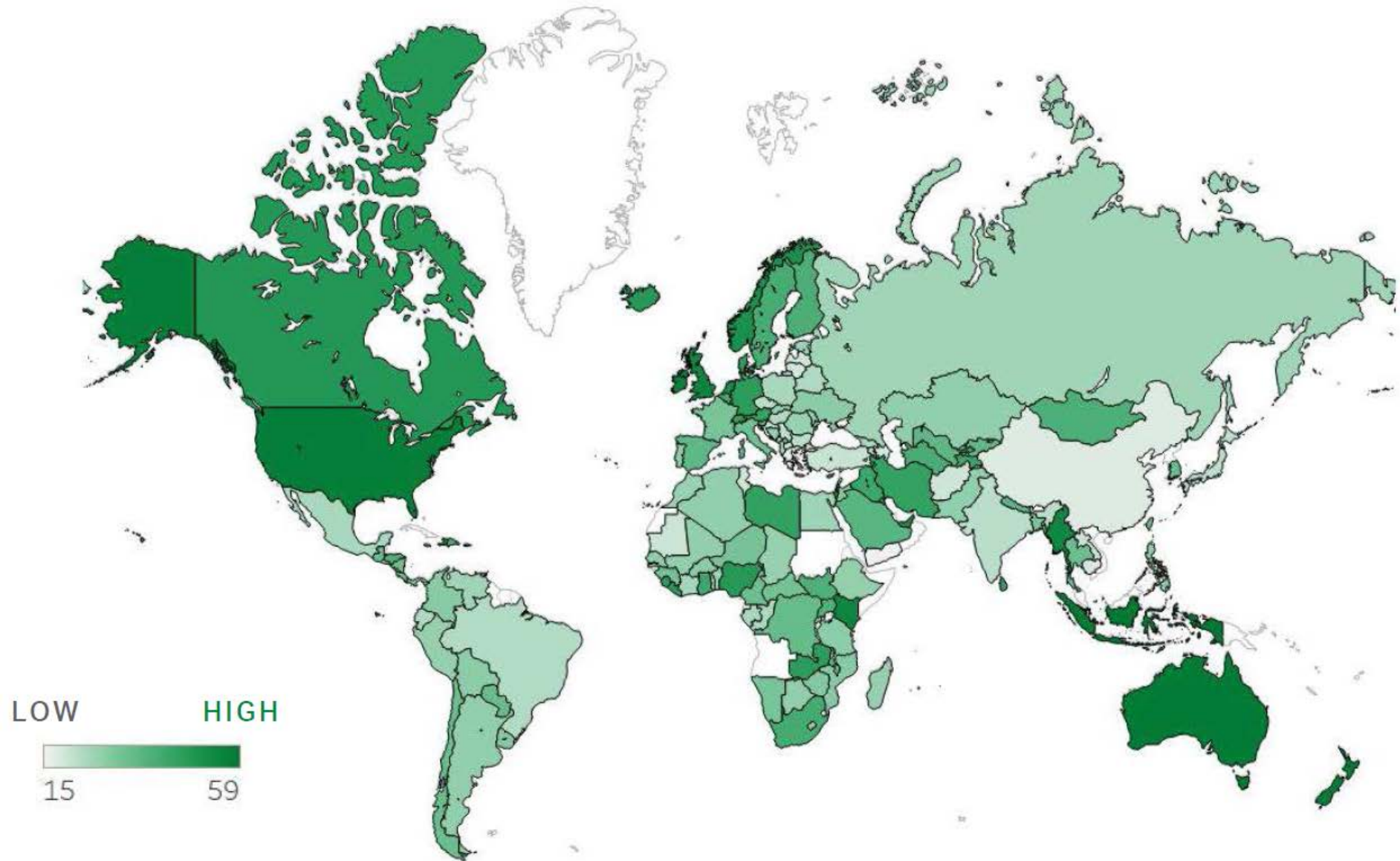
146 countries

Have you done any of the following in the past month? How about:

- donated money to a charity?
- volunteered your time to an organization?
- helped a stranger or someone you didn't know who needed help?

A survey study based on more than 153,000 surveys with adults in 146 countries in 2017 (Gallup, 2018)

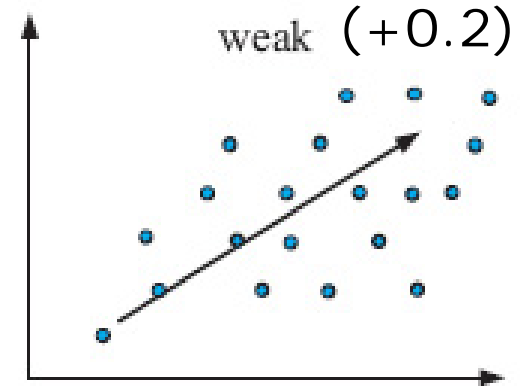
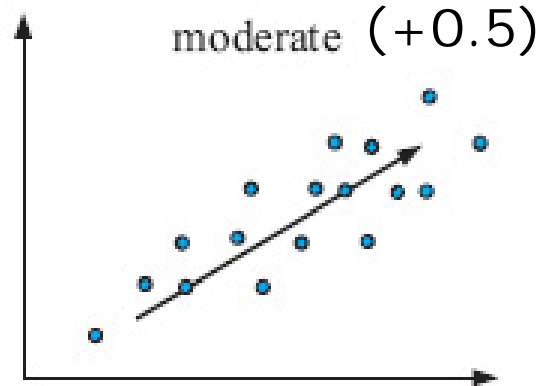
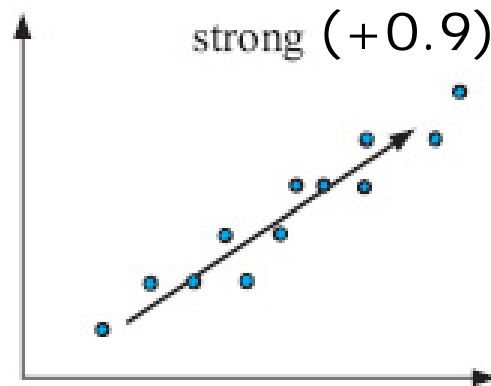
Civic Engagement Worldwide in 2017



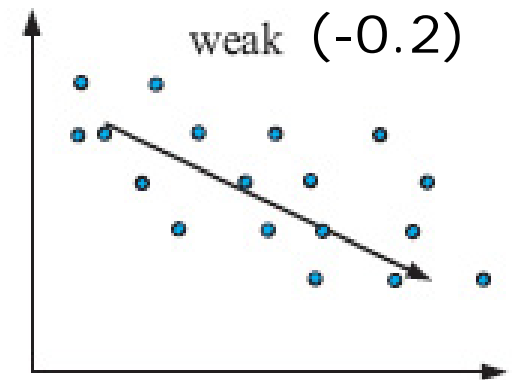
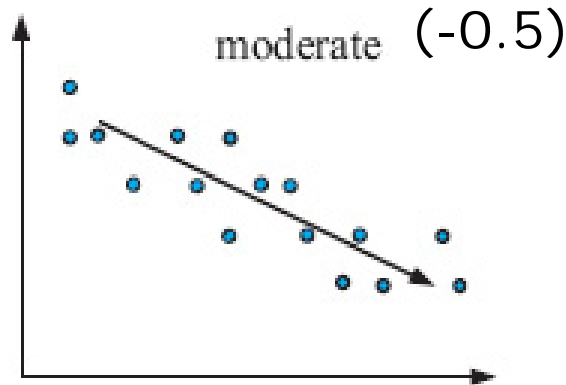
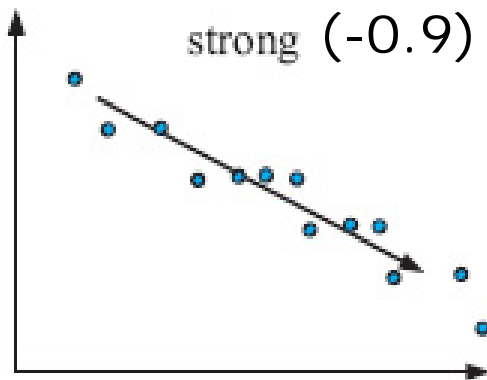
■ Correlational research

- Determines the relationship between variables
- Allows hypothesis or theory testing
- Data sources: e.g., naturalistic observations, surveys, archival data

For **positive relationships** we would classify the following scatterplots as:



Similarly there are strength classifications for **negative relationships**:



Correlations can be quantified by **correlation coefficients**, which can be positive or negative, and weak or strong (from 0 to 1).

Possible explanations



(1)



(2)



(3)

Correlation \neq Causation. Note these possible explanations for an observed correlation. Note the possible influence of a third variable (Z).

■ Experiment

- Manipulates one variable (**independent variable**) and observe its effect on another variable (**dependent variable**)
- Allows hypothesis or theory testing
- Establishes causal relationships

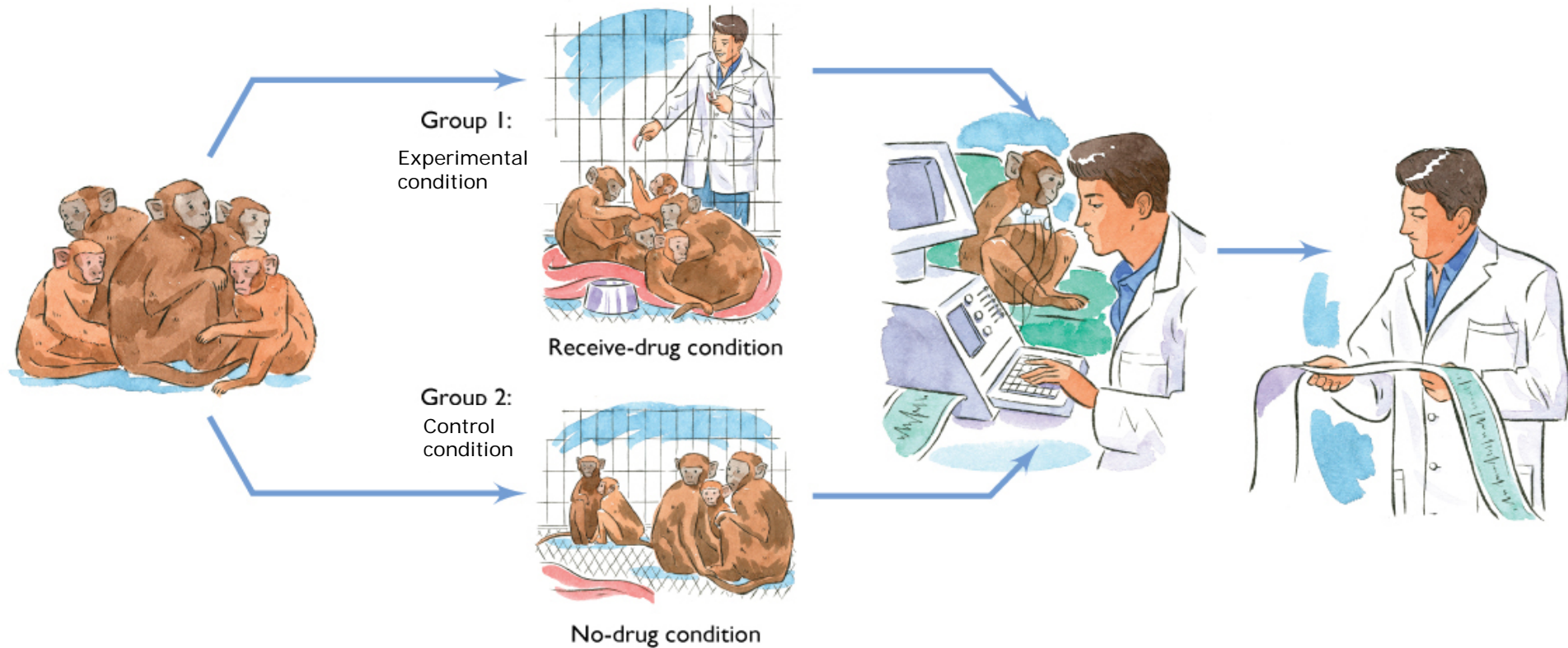
a. Identify participants

b. Randomly assign participants to a condition

c. Manipulate the independent variable

d. Measure the dependent variable

e. Compare the results of the two groups



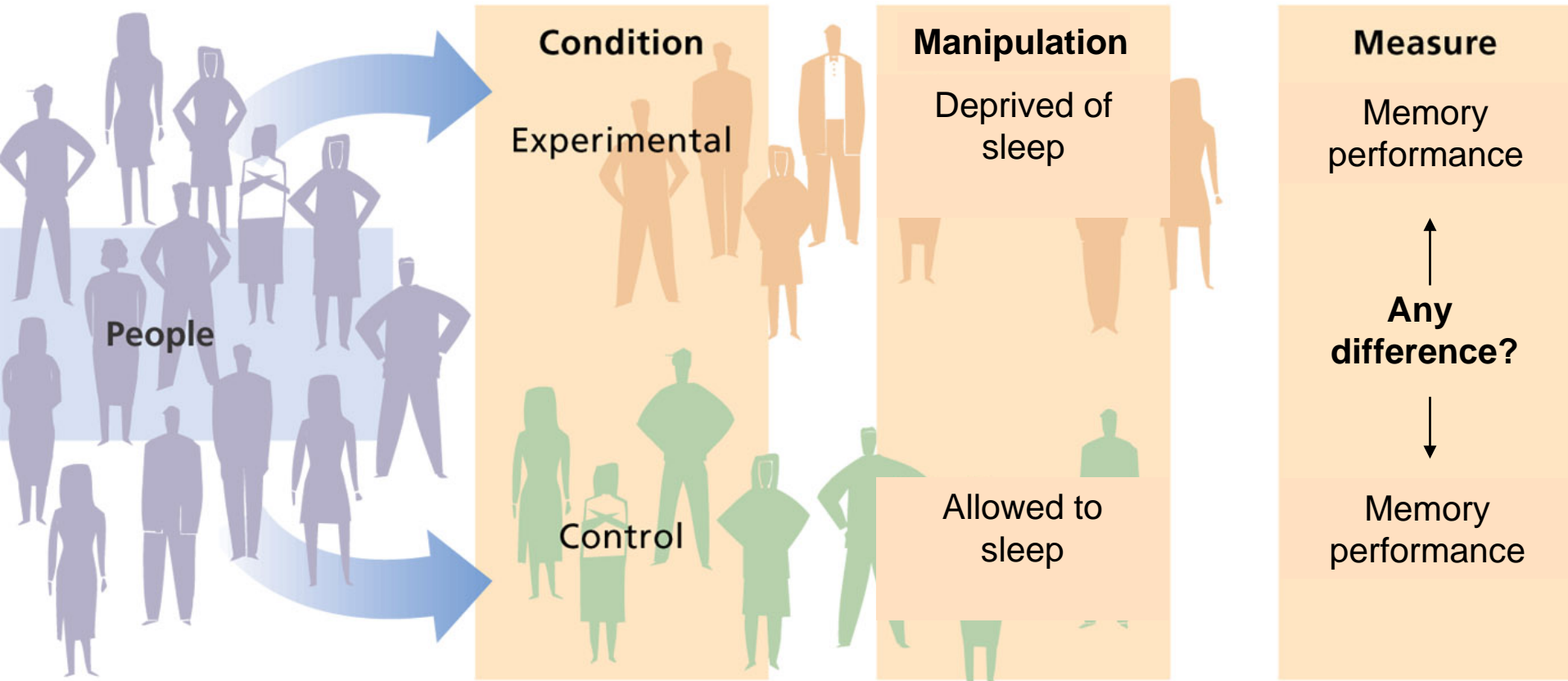
■ Experiment

- Important to assure initial equivalence between the **experimental condition** and the **control condition**
- **Confounding variables:** variables that are irrelevant to the hypothesis that can give rise to alternative explanations for the results

- Experiment
 - **Random assignment:** A procedure in which participants are assigned to the conditions based on chance alone

**Equivalence of conditions
(e.g., same physical settings,
same food intake)**

Random assignment



TWO MORE ISSUES

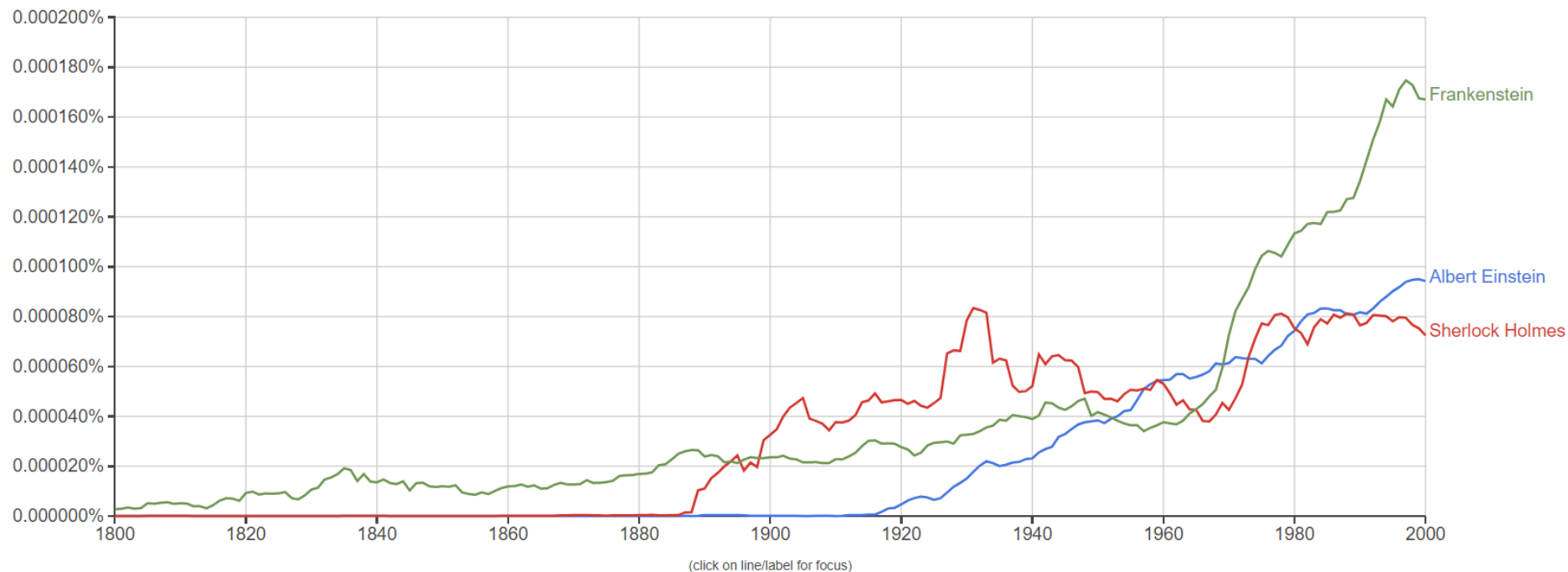
■ Digital traces

- With the increase in computing power and global connectedness, enormous records of human behavior emerge (e.g., social media posts, credit card transactions)

Google Books Ngram Viewer

Graph these comma-separated phrases: ☐ case-insensitive

between and from the corpus with smoothing of [Search lots of books](#)



<https://books.google.com/ngrams>

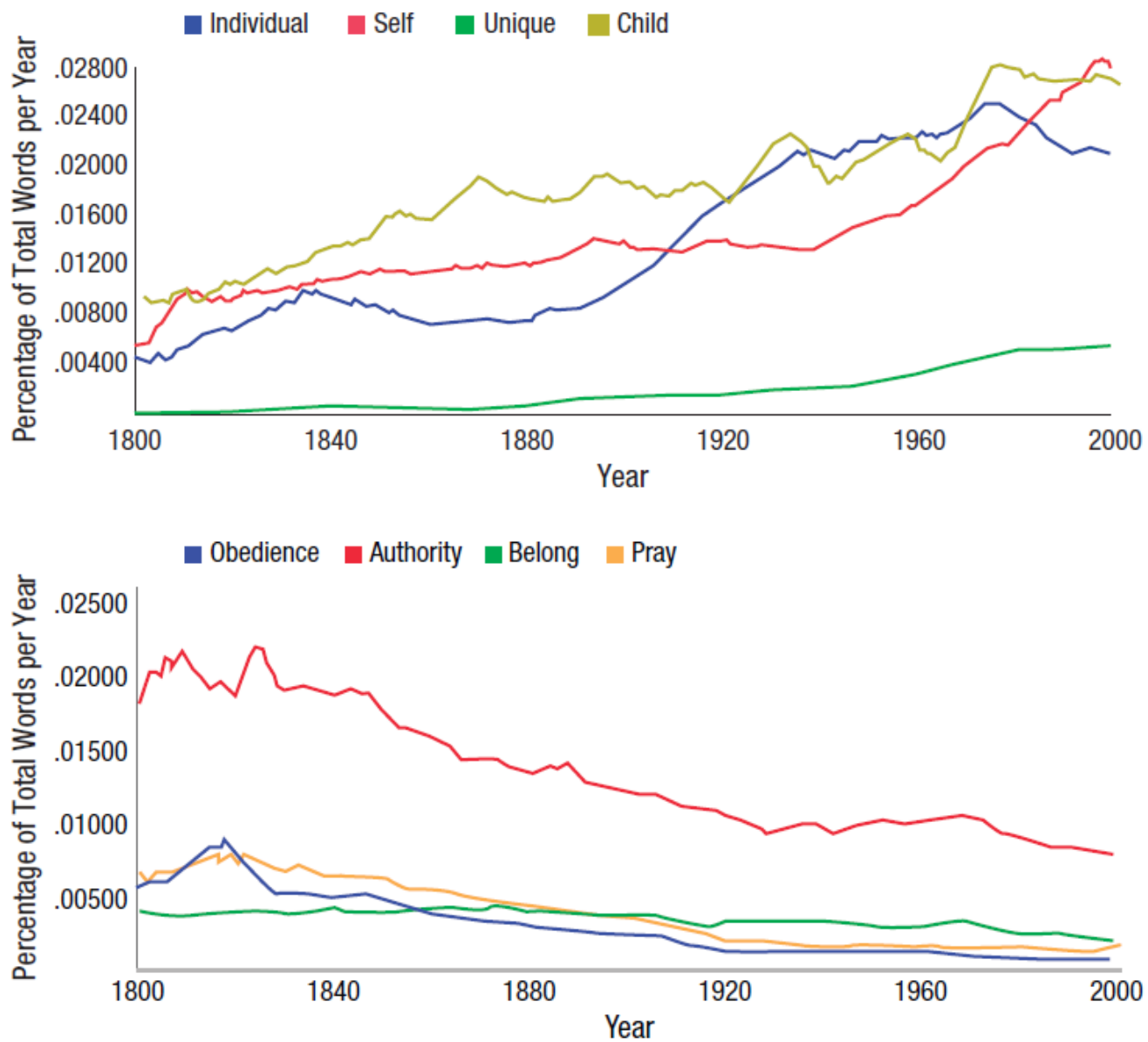


Fig. 5. Frequency of words indexing gesellschaft-adapted values (top panel) and words indexing gemeinschaft-adapted values (bottom panel) from the years 1800 through 2000. The graph was made with the Google Books Ngram Viewer (Michel et al., 2011), with a smoothing of 3.

Greenfield (2013)

- Research ethics
 - Protection of participants from physical and mental harm

■ Research ethics

- Protection of participants from harm
- Institutional approval
- Informed consent
(e.g., research purpose, procedures, benefits and risks, privacy and confidentiality, rights to withdraw)
- Debriefing