

Discharge Instructions for Renal Angiography



You had a procedure called a renal angiography. This imaging test checks the blood vessels in your kidneys. This procedure used a thin, flexible tube called a catheter. The catheter is inserted into one of your blood vessels through a small cut or incision. A dye is injected to make your blood vessels show up better on X-ray images. Then X-ray pictures are taken. Here's what to do at home following this procedure.

Home care

- Don't drive until the day after your procedure.
- Do only light and easy activities for 2 to 3 days after the procedure.
- Don't do any strenuous activity for 2 weeks after the procedure.
- Exercise according to your healthcare provider's recommendations.
- Ask your healthcare provider when you can return to work.
- You can shower the day after your procedure. But don't swim or sit in a bath or hot tub until your incision has healed.
- Take your medicines exactly as directed.
- Unless told otherwise, drink 6 to 8 glasses of water a day. This will prevent fluid loss or dehydration. It will also help flush the X-ray dye out of your body.
- Take your temperature and check your incision for signs of infection every day for a week. Check for redness, swelling, or warmth at the incision site.

Follow-up care

Make a follow-up appointment with your healthcare provider, or as directed.

When to call your healthcare provider

Call your healthcare provider right away if any of the following occur:

- Steady or increasing pain or any numbness in your leg
- Fever of 100.4° F (38°C) or higher, or as directed by your healthcare provider
- Chills
- Signs of infection, such as redness, swelling, or warmth at the incision site
- A leg that feels cold or looks blue
- Bleeding, bruising, or lots of swelling where the catheter was inserted
- Blood in your urine
- Black or tarry stools
- Any unusual bleeding

- Having more or less urine than normal (a change in urine output)

Call 911

Call 911 if any of the following occur:

- Trouble breathing
- Large amount of bleeding or bleeding that can't be stopped

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