

# Home Formula Recipe Sheet



Date:

Name:

Formula:

MRN:

Recipe:

Rate:

## Important:

1. Wash your hands with soap and water before preparing the formula.
2. Clean the area you will be preparing the formula.
3. Wash all utensils with soap and water.
4. Prepare the mixture using the formula.
5. Keep the mixture in the refrigerator in a closed container.
  - With a lid or plastic wrap
6. Mark with date and time mixed.
7. The mixture is only good for 24 hours. After 24 hours, it cannot be used.
8. Wash the container with soap and water before mixing up a new batch.
9. Only place 4 hours' worth of formula in the bag at a time.
  - \_\_\_\_ ml/hr. x 4 hours = \_\_\_\_ **ml formula mixture** to be placed in the bag each time.
10. Refill the bag every 4 hours.
11. It is okay to warm formula using a warm water bath.
  - Do not heat in the microwave or over the stove.
12. Test formula temperature before feeding.
13. Throw away leftover formula after 24 hours.

Notes: