

Room Service Menu

Room Service Hours: 6:30 a.m.-7:00 p.m.

To place your order, call x16368 from the hospital phone

To speak with the patient services Foodservice Manager, call x14912



IDDSI Diet Level 4 (Puree) Menu

Entrees:

Puree Pancake
Shaped Waffle Puree
Shaped Maple French Toast Puree
Shaped Eggs Puree
Ravioli
Mac & Cheese
Spaghetti w/ Marinara
Shaped Southern Style Chicken Puree
Shaped Roasted Turkey Puree
Shaped Herbed Fish Fillet Puree
Shaped Country Style Pork Puree
Shaped Roast Beef Puree

Side Options:

Shaped Bacon Puree
Shaped Sausage Links Puree
Oatmeal
Cream of Wheat
Tomato Soup
Chicken Noodle Soup
Broth: Chicken, Vegetable, Beef
Shaped White Rice Puree
Shaped Bow-tie Pasta Puree
Mashed Potatoes with Gravy
Refried Beans Pureed

Vegetables: Sweet Potato, Carrots, Broccoli, Peas, Green Beans, Corn

Pureed Fruit: Mixed Berries, Peaches
Applesauce

Baby Food Available:

Fruit: Banana, Peaches, Pear, Applesauce
Vegetables: Sweet Potato, Green Beans, Peas, Carrots
Meats: Turkey, Chicken or Beef

Beverages:

Juice: Apple, Orange, Cranberry, Grape, Tomato, Prune, Pineapple

Crystal Light: Lemonade, Punch, Raspberry

Milk: Fat Free, 2%, Whole, Low-Fat Chocolate, Lactose Free, Soy, Almond

Gatorade: Low Sugar Blue or Red

Water or Tea (Sweetened or Unsweet)

Warm Beverages: Chocolate Milk (Regular or No Added Sugar), Assorted Teas

Thickened Beverages:

Apple Juice (Mild or Moderately Thick)

Orange Juice (Mild or Moderately Thick)

Cranberry Juice (Mild or Moderately Thick)

Dairy Thick (Mild or Moderately Thick)

Water (Mildly Thick)

Desserts:

Pudding: Vanilla or Chocolate,

***Sugar Free Jell-O:** Strawberry or Orange*,

***Ice Cream:** Chocolate, Vanilla, Strawberry or Orange Sherbet

***Sugar Free Popsicles:** Grape, Orange, or Cherry

Assorted Puree Desserts

***Milkshakes:** Chocolate, Vanilla, Strawberry

*Please note:

Ice Cream: Allowed for patients cleared for Level 0 & Level 1 Liquids only.

Gelatin, Milkshakes & Popsicles are cleared for Level 0 Thin Liquid only

Condiments: Don't forget to ask!

Salt, Pepper, Gravy, Splenda/Sugar, Brown Sugar, Butter or Margarine, Honey, Ketchup, Mustard, Mayonnaise (light available), Sour Cream, Syrup (Regular or Sugar Free), Cream cheese (Light Available), Hot Sauce

Please note, some items may or may not be allowed depending on your Child's age or diet order prescribed by your doctor. Items with an * may not be allowed for infants & toddlers.

Food and Nutrition Services

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org

Approved by PFE 11/18/21