

# Resources



## Medical Support Services

County Hospitals and Clinics	(800) 427-8700
Denti-Cal	(800) 322-6384
Genetically Handicapped Persons Program (GHPP)	(916) 552-9105
Health Consumer Center of LA	(800) 896-3203
In-Home Operations	(213) 897-6774
LA Care Health Plan	(888) 452-2273
Medi-Cal Assistance	(800) 541-5555
Shriners Hospital	(800) 237-5055

## Technology

EmpowerTech	(310) 338-1597
Center for Applied Rehabilitation Technology (CART)	(562) 401-6800
Center of Assistive Technology (CAT)	(323) 539-2128
Community Rehabilitation Services	(323) 266-0453
Disabled Resources Center, Inc.	(562) 427-1000
Team of Advocates for Special Kids (TASK)	(626) 300-1043

## Transportation

Access Services, Inc.	(800) 827-0829
Commute (Transportation Information Line)	(800) 266-6883
Health Link Medi-Van, Inc.	(800) 794-4633
MTA Services	(213) 922-6919
ONEgeneration Transportation Program	(800) 431-7882

## Housing

Alpha Property Management, Inc.	(323) 231-4174 (ext. 129)
Baldwin Park Housing	(626) 813-5285
Fair Housing Foundation	(800) 446-3247
LA County "Section 8"	(800) 731-4663
LA Housing Authority	(213) 252-5313
LA Housing Dept (Renter's Rights, Landlord)	(866) 557-7368
Norwalk Housing	(562) 929-5588
Pasadena Housing	(626) 744-8300
Pomona Housing	(909) 620-2368

## Regional Centers

*Provide a local resource to help find and access the many services available to individuals with developmental disabilities and their families*

Eastern Los Angeles Regional Center	(626) 299-4700
Frank D. Lanterman Regional Center	(213) 383-1300
Harbor Regional Center	(310) 540-1711
North Los Angeles Regional Center	(818) 778-1900
San Gabriel/Pomona Regional Center	(909) 620-7722
South Central LA Regional Center	(213) 744-7000
Westside Regional Center	(310) 258-4000

## Department of Social Services

Dept of Public Social Services Helpline	(866) 613-3777
Cal-Works	(818) 701-8200
Cal-Learn (for Teen Moms)	(310) 258-7400
Cash Assistance Program for Immigrants (CAPI)	Dial 211
General Relief Opportunities for Work (GROW)	Dial 211
In-Home Supportive Services (IHSS)	(888) 944-4477
Medi-Cal Assistance	(877) 597-4777
Supplemental Security Income (SSI)	(800) 772-1213

## Vocational / Rehabilitation

211 LA County (Previously Info Line)	Dial 211
Ability First	(626) 396-1010
All County Areas	(800) 339-6993
Braille Institute Youth Center	(323) 663-1111
California Department of Rehabilitation	Dial 211
Casa Colina Centers for Rehabilitation	(800) 926-5462
Community Rehabilitation Services	(323) 266-0453
Disabled Resources Center, Inc.	(562) 427-1000
Employment Development Department	Dial 211
Exceptional Children's Foundation	(310) 204-3300
Foundation for the Junior Blind (Davidson Program)	(800) 352-2290
Independent Living Center	Dial 211
Regional Occupational Program (ROP)	(562) 922-6850

## Education

*These phone numbers connect you to the college's disabled student program and services*

Antelope Valley College	(661) 722-6360	Los Angeles City College	(323) 953-4000 (ext. 2270)
College of the Canyons	(661) 362-3341	Los Angeles Harbor College	(310) 233-4629
Cerritos College	(562) 860-2451 (ext. 2335)	Los Angeles Pierce College	(818) 719-6430
Chaffey College	(909) 652-6379 (909) 652-6393 (TTY)	Los Angeles Southwest College	(323) 241-5480
Citrus College	(626) 914-8675	Los Angeles Trade-Tech College	(213) 763-3773
Compton College	(310) 900-1600 (ext. 2402)	Los Angeles Valley College	(818) 947-2681 (818) 947-2680 (TTY)
El Camino College	(310) 660-3296	Mt. San Antonio College	(909) 274-4290
East Los Angeles College	(323) 265-8681	Pasadena City College	(626) 585-7127
Fullerton College	(714) 992-7099	Rio Hondo College	(562) 908-3420
Glendale Community College	(818) 240-1000 (ext.5905)	Santa Monica College	(310) 434-4684
Literacy Program	(562) 940-8511	West Los Angeles College	(310) 287-4450
Long Beach City College	(562) 938-4558		

## Important Websites

*These websites provide information on various programs such as education, employment, housing, financial assistance*

Alliance for Technology Access	<a href="https://www.cetfund.org/grantee/alliance-for-technology-access/">https://www.cetfund.org/grantee/alliance-for-technology-access/</a>
California Independent Living Centers	<a href="http://www.cfilc.org">www.cfilc.org</a>
Dept of Health Services Program	<a href="http://www.dhs.ca.gov">www.dhs.ca.gov</a>
Family Empowerment Center	<a href="https://www.seedsofpartnership.org/fec/index.cfm">https://www.seedsofpartnership.org/fec/index.cfm</a>
Government Benefit Program Information	<a href="http://www.benefits.gov">www.benefits.gov</a>
Online Health & Human Services Information	<a href="http://www.lacountyhelps.org">www.lacountyhelps.org</a>
Online Resource Information	<a href="https://www.usa.gov/disability-services">https://www.usa.gov/disability-services</a>
Rancho Los Amigos National Rehab Center	<a href="http://www.rancho.org">www.rancho.org</a>

## Financial Resources

California Coronavirus Get Financial Help	<a href="http://www.covid19.ca.gov/get-financial-help/">www.covid19.ca.gov/get-financial-help/</a>
California Employment Development Department	<a href="http://www.edd.ca.gov/about_edd/coronavirus-2019.htm">www.edd.ca.gov/about_edd/coronavirus-2019.htm</a>
California Immigrant Resilience Fund	<a href="https://www.immigrantfundca.org/">https://www.immigrantfundca.org/</a>
Catholic Charities (Financial assistance for rent or utility bills)	(213) 251-3400
Jewish Free Loan Association – Interest-Free Loans	<a href="https://www.jfla.org/">https://www.jfla.org/</a>   (323) 761-8830

## Homelessness/Housing

Door of Hope	<a href="http://www.doorofhope.us">www.doorofhope.us</a>
Los Angeles Homeless Services Authority	<a href="http://www.lahsa.org/get-help?ref=ces">www.lahsa.org/get-help?ref=ces</a>
Veterans Affairs Services	<a href="http://www.va.gov/homeless/housing.asp">www.va.gov/homeless/housing.asp</a>   (877) 424-3838

Credit Reporting Agencies	
Equifax Credit Reporting	<a href="http://www.equifax.com">www.equifax.com</a>   (800) 685-1111
Experian Credit Reporting	<a href="http://www.experian.com">www.experian.com</a>   (888) 397-3742
Free Credit Report	<a href="http://www.annualcreditreport.com">www.annualcreditreport.com</a>
TransUnion Credit Reporting	<a href="http://www.transunion.com">www.transunion.com</a>   (833) 395-6938

Legal and Advocacy			
<i>These agencies may offer legal advice/guidance for conservatorship, disabled people's rights, and legal representation</i>			
Bet Tzedek Legal Services	<a href="http://www.bettzedek.org">www.bettzedek.org</a> (323) 939-0506	Levitt & Quinn	(213) 482-1800
Catholic Charities Legal Immigration	(213) 251-3411	Office of the Public Guardian	(213) 974-0515
Disability Rights California	<a href="http://www.disabilityrightsca.org">www.disabilityrightsca.org</a> (800) 776-5746 (800) 719-5798 (TTY)	Protection and Advocacy	(800) 776-5746
Disability Rights Legal Center	<a href="http://www.thedrlc.org">www.thedrlc.org</a> (213) 736-1031	Public Counsel	(213) 385-2977
Housing Rights Center	<a href="http://www.housingrightscenter.org">www.housingrightscenter.org</a> (800) 477-5977 (213) 201-0867 (TTY)	Regional Center Client Only	(800) 390-7032
International Institute of LA / Refugee Services	(323) 224-3800	Single Parents United 'n' Kids (SPUNK)	(562) 432-8802
Legal Aid Foundation of LA	(323) 801-7989	Team of Advocates for Special Kids (TASK)	(626) 300-1043
Legal Protection for Women	(323) 721-9882	Victim of Violent Crimes	(800) 777-9229

Resources for Persons with Disabilities	
Braille Institute	<a href="http://www.brailleinstitute.org">www.brailleinstitute.org</a>   (800) 272-4553
California Independent Living Centers	<a href="http://www.cfilc.org">www.cfilc.org</a> (916) 325-1690   (916) 325-1695 (TTY)
CHIRP/LA (Services for Persons with AIDS & HIV)	<a href="http://www.chirpla.org">www.chirpla.org</a>   (213) 741-1951
Communities Actively Living Independent Living Centers (Serving Central and South LA)	<a href="http://www.califilc1.wixsite.com/califnew">www.califilc1.wixsite.com/califnew</a> (213) 627-0477
Disability Community Resource Center (DCRC)	<a href="http://www.dcrc.co">www.dcrc.co</a>   (310) 390-3611
Greater Los Angeles Agency on Deafness, Inc.	<a href="http://www.gladinc.org">www.gladinc.org</a>   (323) 478-8000 (V/TTY)
Independent Living Center of Southern California (Serving Los Angeles Valley)	<a href="http://www.ilcsc.org">www.ilcsc.org</a>   (818) 988-9525
In-Home Supportive Services (IHSS)	(877) 565-4477   (626) 737-7512 (TTY)
Southern California Resource Services for Independent Living	<a href="http://www.scrs-ilc.org">www.scrs-ilc.org</a> (323) 482-0734 (East Los Angeles) (562) 862-6531 (Downey)
TDD (hearing impaired)	(800) 660-4026
Wayfinder Families Services	<a href="http://www.wayfinderfamily.org">www.wayfinderfamily.org</a>