

Heart Function Medications

Beta Blockers



- ☐ Metoprolol (Lopressor, Toprol XL) is usually taken 1 or 2 times a day
- ☐ Carvedilol (Coreg) is usually taken 2 times a day
- ☐ Propranolol (Inderal) is usually taken 3 or 4 times a day
- ☐ Atenolol (Tenormin) is usually taken 1 or 2 times a day
- ☐ Nadolol (Corgard) is usually taken 1 time a day

What does a beta blocker do?

Beta Blockers cause the heart to beat more slowly, with less force, and can lower blood pressure. These effects can help to decrease strain on your heart.

What are the most common side effects?

- Slower heartbeat
- Low blood pressure
- Cold feet and hands
- Feeling tired
- Upset stomach or throwing up
- Weakness and dizziness
- Mood changes (depression)

If you are worried about any symptoms after starting this new medication (even if they are not listed here) please call and let us know so that we can help you.

Who do I call if I have questions or concerns?

Cardiology Clinic	Nurse Care Managers		Cardiologist On-Call
323-361-2461 Office Hours: Monday to Friday 8:00 a.m. to 5:30 p.m.	Ani Yeremian 323-361-4622 ayeremian@chla.usc.edu	Kristen Ray 323-361-3355 kray@chla.usc.edu	323-660-2450 Dial "0" for the Operator, ask for the Cardiologist On-Call; Use this number if it is after the clinic closes, on weekends and holidays

Heart Institute

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