

# Nephrostomy Tube

## What is a Nephrostomy Tube?

A nephrostomy tube is placed into the kidney to drain urine (pee).

## After the Surgery:

- You/your child can return to school one day after surgery.
- Sponge baths and showers only. Cover dressing to prevent it from getting wet.
- Do not submerge the tube or dressing in water.
- If the patient is in pain, check temperature first. If there is no fever, you may give over-the-counter pain medicine as needed.

## Tube and Dressing Care:

### Dressing Change

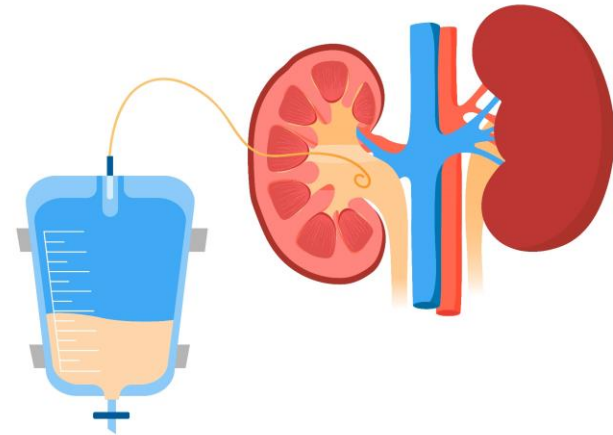
1. Wash your hands with soap and water for 20 seconds. Dry with a paper towel. Use the paper towel to turn off the faucet.
2. Remove the old dressing.
3. Use hand sanitizer after removing the old dressing.
4. Clean the area:
  - Chloraprep™ is recommended for cleaning.
  - Clean the area for 30 seconds.
  - Allow to dry completely.
5. Cover with 2 split gauzes
6. Secure with Hypafix and/or Tegaderm.
7. Change the dressing every 7 days or as needed when soiled (dirty).

## Interventional Radiology

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## Bag Change

- Change the leg bag every 7 days or as needed.
- Connector tubing does not need to be changed routinely.



## Notify the Doctor and Return to the Emergency Department (ED) if:

- There are any signs of infection (fever, chills, redness, pain, pus, foul smelling urine, bleeding)
- There is no urine draining into bag for over 4 hours (after position change)
- Leaking at the site or along the tubing

## For non-urgent issues:

- Call (323) 361-2436, 8:00 a.m. - 4:00 p.m. (Monday-Friday)