

## Video HealthSheets™



### The Importance of Healthy Eating When You Have Diabetes

Learn how making a variety of healthy food choices can help bring your blood glucose into a healthy range.

#### To watch the video:

##### Scan the QR code

Using your mobile device, scan the following code:



#### OR

Go to the website:

**[healthsheets.healthclips.com](https://healthsheets.healthclips.com)**

Enter the prescription code:

**1583E**

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