

Home Safety

HOME SAFETY TIPS

About 4.5 million children are injured in the home every year. Children ages 4 and under are most at risk because they spend most of their time at home. Even some very common items can hurt or cause fatal injury to children if left within their reach. You can reduce the risk of injury by checking every room in your house and following these simple tips. Please share them with grandparents and babysitters as well.

Kitchen

Keep the kitchen off-limits and child-proofed:

- Keep hot foods and liquids away from the edges of counters and tables and out of reach.
- Turn handles of pots and pans toward the back of the stove.
- Secure oven doors and knobs with safety locks.
- Store sharp objects safely out of reach.
- Use refrigerator locks.
- Install cabinet locks.
- Store household cleaning products in locked cabinets.
- Keep a fire extinguisher in an adjacent room or space.



Bathroom

Keep bathrooms off-limits and child-proofed:

- Install locks on your toilet lid.
- Use safety treads or a non-skid mat in the bathtub.
- Store medicines and household products in locked cabinets.
- Install doorknob locks.

Family Room

- Keep space heaters at least three feet away from flammable materials.
- Secure television sets with safety straps if they are not wall mounted.
- Secure heavy, decorative items.
- Do not leave candles or hot items unattended.
- Secure tall furniture with brackets or safety straps.

Bedrooms

- Check for small items or parts that may be choking hazards.
- Remove extra toys, blankets, pillows, etc., from cribs.
- Keep toys and furniture out of the way in case of an emergency.

General

- Keep sharp objects out of reach.
- Keep electrical cords out of reach.
- Move furniture that children can climb on away from windows.
- Secure all windows with locks. Screens are not designed to keep children in; they are meant to keep bugs out.
- Use outlet covers when outlets are not in use.
- Secure tall and heavy furniture to walls.
- Use furniture corner cushions for sharp corners.
- Install and maintain smoke and carbon monoxide alarms.
- Install cabinet locks as needed.
- Use gates to restrict access to stairs to prevent falls.



SAFETY MATTERS

Household injuries are one of the top reasons children under age 3 visit the emergency room. Nearly 70 percent of children who die from unintentional injuries at home are 4 years old and under.

Unintentional injury is the leading cause of death in kids 14 and under. More than a third of these injuries happen at home.

Source: Centers for Disease Control and Prevention

TEACH SAFETY

Children's minds are always growing, so why not provide helpful information to keep them safe? An easy way to help your children learn about safety is to make it fun. Have them try to spot danger, such as a hot stove, items on the stairs, or hazardous objects placed within their reach. Practice an earthquake or a fire drill to make sure everyone knows what to do and where to meet after an evacuation. Starting safety lessons early will help protect your children throughout their whole lives.



Home safety products such as window locks, oven locks, doorknob covers, cabinet locks, gun locks, TV straps and furniture straps can be found in one of the home-safety vending machines located throughout the hospital.

For more information or if you have any questions, please contact the Injury Prevention team at 323-203-7688 or fax 323-361-7305.

Injury Prevention Program

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org/InjuryPrevention

Approved by PFE 05/24/22