

Room Service Menu



Room Service Hours: 6:30 a.m.-7:00p.m.

To place your order, call x16368 from the hospital phone

To speak with the patient services Foodservice Manager, call x14912

IDDSI Diet Level 5 (Minced & Moist) Menu

Entrees:

Sunrise Breakfast Bowl (turkey sausage Links, rice, and gravy)
Scrambled Eggs, Minced
Scrambled Eggs with Salsa
Puree Pancake
Shaped Waffle Puree
Shaped French Toast Puree
BBQ Chicken Breast
Ground Beef with Marinara
Turkey Meatballs & Gravy
Spaghetti w/ Ground Beef & Marinara
Beef Ravioli
Mac & Cheese
Baked Chicken Leg, Off bone

Side Options:

Vegetables: Minced Broccoli, Minced Carrots, Puree Peas, Puree Green Beans, Puree Corn, Mashed Potatoes

***Broth:** Chicken, Beef, Vegetable

***Soup:** Tomato

Other: Steamed white or brown rice, refried beans, Spanish Rice

Cereals: Oatmeal, or Cream of Wheat, Rice Krispies (moist & Drained)

Fruit: Puree Mixed Berries, Puree Peaches, Applesauce, Banana

Yogurt: Strawberry or Vanilla Greek Yogurt

Side Salads: Plain Tuna Scoop w/ Mayo, Egg Salad

Desserts:

Banana Crumble
Oreo Crumble

***Ice Cream:** Chocolate, Vanilla, or Strawberry

***Jell-O:** Sugar Free Strawberry or Orange

Pudding: Chocolate or Vanilla

***Sugar Free Popsicles:** Orange, Red, Grape

***Milkshakes:** Chocolate, Vanilla, Strawberry

*Please note:

Ice Cream: Allowed for patients cleared for Level 0 & Level 1 Liquids only.

Gelatin, Milkshakes & Popsicles are cleared for Level 0 Thin Liquid only

Beverages:

Juice: Apple, Orange, Cranberry, Grape, Tomato, Prune, Pineapple

Crystal Light: Lemonade, Punch, Raspberry

Milk: Fat Free, 2%, Whole, Low-Fat Chocolate, Lactose Free, Soy, Almond

Gatorade: Low Sugar Blue or Red

Water or Tea (Sweetened or Unsweet)

Warm Beverages: Chocolate Milk (Regular or No Added Sugar), Assorted Teas

Thickened Beverages:

Apple Juice (Mild or Moderately Thick)

Orange Juice (Mild or Moderately Thick)

Cranberry Juice (Mild or Moderately Thick)

Dairy Thick (Mild or Moderately Thick)

Water (Mildly Thick)

Condiments: Don't forget to ask!

Salt, Pepper, Gravy, Splenda/Sugar,

Brown Sugar, Butter or Margarine,

Honey, Ketchup, Mustard, Mayonnaise

(light available), Sour Cream, Salsa,

Syrup (Regular or Sugar Free), Cream

cheese (Light Available), Hot Sauce,

BBQ Sauce & more!

Baby Food Available:

Fruit: Banana, Peaches, Pear, Applesauce

Vegetables: Sweet Potato, Green Beans, Peas, Carrots

Meats: Turkey, Chicken or Beef

Food and Nutrition Services

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org

Approved by PFE 11/18/21