

Thinking About Hysterectomy



Before advising a hysterectomy, your healthcare provider will evaluate your health problem. You and your provider will go over the results of your exams and tests. Together, you can talk about choices and make a treatment plan.



Planning your treatment

Treatment choices may include medicine, nonsurgical procedures, hysterectomy, or a mix of treatments. While looking at your choices, think about these questions:

- **What other treatments are available?** Are there medicines or other types of surgery that might ease your symptoms?
- **How severe is your problem?** Is your health problem getting in the way of your daily life? Is the problem getting worse? If the answer to these questions is no, you may not need a hysterectomy.
- **Do you want to have children?** If you do, then take time to explore choices that may help you not need a hysterectomy.
- **Are you at risk for ovarian cancer?** If so, your healthcare provider may advise removing the ovaries and fallopian tubes along with the uterus.

Consider getting a second opinion if you are not comfortable with the advice given to you.

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