

Children's Hospital Los Angeles (CHLA) is a health care facility that must follow different rules and regulations than other public spaces. Our visitor guidelines and safety precautions create a safe care environment. Visitor guidelines may change when there is an increase in rates of viral respiratory infections like flu and COVID-19. Starting November 1, 2024 through April 30, 2025, CHLA will follow "viral respiratory season" (also called "flu season") precautions. Please review the guidelines for the area of the hospital you plan to visit.

**NOTE: All visitors to the inpatient units, including siblings, must be 12 years old or older.**

Infants under 12 months of age will be allowed.

Thank you for helping us keep our CHLA community safe and healthy!

### Hospital Admissions (Inpatients)

Visiting hours are from 8 a.m. to 9 p.m. Parents, legal guardians and designated caregivers are welcome 24 hours per day.

<b>Visits to:</b>	CTICU	PICU	Duque Med Surg	4 East & 4 West	5 East & 5 West
	CV Acute	Page PICU	Duque 6 Rehab	6 East & 6 West	

- Up to three (3) individuals can visit at the bedside at any given time.

**Example:**

2 legal guardians + 1 visitor

**Visits to:** NICCU      BMT

- Up to 2 individuals at the bedside at any given time.

**Example:**

1 legal guardian + 1 visitor, OR 2 parents

### Emergency Department

- Up to 2 individuals can go with the patient to waiting areas and patient rooms.

Please note: Space in our ED is limited due to a high demand for services. Please seek treatment in our ED **only for serious illnesses and injuries.**

## **Clinic Appointments (Outpatients)**

- 3 individuals who do not have symptoms of illness can go with the patient to the clinic.
- Siblings are only allowed for caregivers who do not have childcare.

## **Radiology Appointments**

- Up to 2 individuals can go with the patient to the testing area.

Please note: some clinics have smaller waiting areas. Additional visitors may be asked to wait on the first floor of the hospital.

## **Surgery**

- 2 individuals are allowed to enter the hospital with the patient on the day of a procedure.

## **Ambulatory Surgical Center (ASC)**

- 1 individual can go with the patient to the ASC.
- The second individual must wait in a designated area until the post-operative conference.

## **Main Operating Room and Post Anesthesia Care Unit (PACU)**

- 2 individuals can go with the patient to Surgical Admitting for check-in.
- 1 individual can go with the patient to Pre-Op/PACU.
- The second individual must wait in a designated area until the post-operative conference.

## **Symptoms Check**

- Visitors at all CHLA locations will be screened for:
  - Fever or chills
  - Headache
  - New loss of taste or smell
  - Nausea, vomiting or diarrhea
  - Cough or sore throat
  - Congestion or runny nose
  - Shortness of breath or difficulty breathing
  - Fatigue, or muscle or body aches
- Caregivers who are sick are highly encouraged to stay home. Parents and legal guardians may designate another individual as an alternate caregiver for their child.
- Other visitors who have symptoms of any illness will not be allowed to visit.
- Visitors diagnosed as COVID-positive within the last 10 days will not be allowed to visit.

## Masking Guidelines

Masks are **required** in specific areas of our campus and in specific situations.

NOTE: Masking recommendations do not apply to visitors with a disability who cannot wear a mask or to children under 2 years old.

Masks are required in:	Generally, masks are required when:
<ul style="list-style-type: none"><li>• Patient Rooms</li><li>• Clinic/exam rooms</li><li>• Waiting rooms</li><li>• Family Resource Center</li><li>• Check-in desks in or near waiting areas</li><li>• Playrooms/Teen Lounge</li><li>• Hallways when groups gather for Family Centered Rounds</li><li>• Spaces in or near treatment service areas, including:<ul style="list-style-type: none"><li>○ Dialysis</li><li>○ PACU</li><li>○ Radiology</li><li>○ Dentistry</li></ul></li></ul>	<ul style="list-style-type: none"><li>• You are in the same location for 15 minutes or more.</li><li>• There is contact between:<ul style="list-style-type: none"><li>○ Patients</li><li>○ Visitors</li><li>○ Research participants</li><li>○ CHLA team members</li></ul></li><li>• An arm's-length distance is not possible, including in:<ul style="list-style-type: none"><li>○ Meeting rooms</li><li>○ Indoor patient events</li><li>○ Hallways</li></ul></li></ul>

Masks are **recommended, but not required** in all other areas of the hospital including:

- Nursing stations
- Bathrooms
- Gift shop
- Patient/visitor elevators
- Lobby/First floor of health care buildings
- Hallways within a unit or clinic
- Cafeteria and dining area

*Updated: October 30, 2024*