

Heart Function Medications

Angiotensin Receptor Blockers



- ☐ Losartan (Cozaar) is usually taken 1 time a day
- ☐ Valsartan (Diovan) is usually taken 2 times a day

Angiotensin Receptor Blocker in combination with Neprilysin Inhibitor (ARNi)

- ☐ Sacubitril-valsartan (Entresto) is usually taken 2 times a day

What does this medication do?

Angiotensin Receptor Blockers relax your veins and arteries to lower your blood pressure. Lowering blood pressure makes it easier for your heart to pump blood.

What are the most common side effects?

- Dizziness or passing out
- Low blood pressure
- Feeling tired
- Dry cough

If you are worried about any symptoms after starting this new medication (even if they are not listed here) please call and let us know so that we can help you.

****Your doctor may monitor blood tests***

Who do I call if I have questions or concerns?

| Cardiology Clinic | Nurse Care Managers | | Cardiologist On-Call |
|--|---|---|---|
| 323-361-2461 Office Hours: Monday to Friday 8:00 a.m. to 5:30 p.m. | Ani Yeremian 323-361-4622 ayeremian@chla.usc.edu | Kristen Ray 323-361-3355 kray@chla.usc.edu | 323-660-2450 Dial "0" for the Operator, ask for the Cardiologist On-Call; Use this number if it is after the clinic closes, on weekends and holidays |

Heart Institute

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org

Approved by PFE 05/12/25