

Heart Function Medications

Angiotensin Converting Enzyme (ACE) Inhibitors



- ☐ Lisinopril (Prinivil, Zestril) is usually taken 1 time a day
- ☐ Enalapril (Epaned; Vasotec) is usually taken 2 times a day
- ☐ Captopril is usually taken 3 times a day

What does an ACE inhibitor do?

ACE inhibitors help relax the veins and arteries to lower blood pressure. Lowering blood pressure makes it easier for your heart to pump blood.

What are the most common side effects?

- Dizziness or passing out
- Low blood pressure
- Feeling tired
- Dry cough that doesn't go away
- Upset stomach or throwing up

If you are worried about any symptoms after starting this new medication (even if they are not listed here) please call and let us know so that we can help you.

Who do I call if I have questions or concerns?

Cardiology Clinic	Nurse Care Managers		Cardiologist On-Call
323-361-2461 Office Hours: Monday to Friday 8:00 a.m. to 5:30 p.m.	Ani Yeremian 323-361-4622 ayeremian@chla.usc.edu	Kristen Ray 323-361-3355 kray@chla.usc.edu	323-660-2450 Dial "0" for the Operator, ask for the Cardiologist On-Call; Use this number if it is after the clinic closes, on weekends and holidays

Heart Institute

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Approved by PFE 05/13/25