

Resources for People with Cancer



You do not have to fight cancer alone. Reach out. Get support from family, friends, and others who care about you. Let other people help you. It can help you feel better both during and after your treatment.

Support groups

When you have cancer, support groups can be a great help. Talking with others with cancer lets you know you are not alone. There are also support groups for families of people with cancer. To find a support group, talk to your healthcare team. Or talk to someone at your hospital's patient education department. You can also do a search for "cancer support groups" online for your type of cancer. Some support groups meet in person. Others meet online.



To learn more

Contact the sources below for more information about cancer and cancer support groups:

- [American Cancer Society at www.cancer.org](http://www.cancer.org) or 800-227-2345
- [National Cancer Institute at www.cancer.gov](http://www.cancer.gov) or 800-422-6237
- [CancerCare at www.cancercare.org/support_groups](http://www.cancercare.org/support_groups) or 800-813-4673

Local resources

Ask your healthcare provider about your local American Cancer Society support group. Or about any other local support groups. Write the information here to keep it handy:

© 2000-2027 The StayWell Company, LLC. All rights reserved. This information is not intended as a substitute for professional medical care. Always follow your healthcare professional's instructions
This information is not intended as a substitute for professional medical care. Always follow your Healthcare professional's instructions. Copyright Krames LLC.