

Isolation Instructions for COVID-Positive Caregivers



Thank you for letting us know of your positive test results for COVID-19. This information helps us keep our patients, their families, and our team members safe.

We understand you wish to be with your child during their stay in the hospital. Due to your positive test results, it is best if you can go home and isolate for 10 days. We recommend that another caregiver stays with your child while in the hospital.

If this is not possible, please follow the instructions below while you and your child are here in the hospital:

- Always wear a mask while inside CHLA buildings. This includes when you are in your child's hospital room.
- Stay 6 feet away from others when you need to travel between the Front Desk and your child's room.
- Do not visit the HBO café or coffee carts. Please use the Room Service option to order a Guest Tray (\$5 each).
 - Please contact Social Worker if you need financial assistance.

NOTE: Due to your positive test, the doctor may need to order another COVID-19 test for your child. If the test is positive your child will also be placed into "isolation precautions". This means your child cannot leave the room. Anyone who enters the room will need to wear extra protection.

Please follow these instructions each time you leave the hospital:

- Wash your hands for at least 20 seconds or use hand sanitizer before leaving your child's room.
- Make sure your mask is on properly. Masks must cover your nose and mouth.
- Walk **directly** from your child's room to the front desk.
- Do not stop in hallways or common areas such as public bathrooms, HBO Café, or the Healing Garden

If you have any questions, please ask your child's nurse or doctor.