

## Pressure Injuries: Common Sites



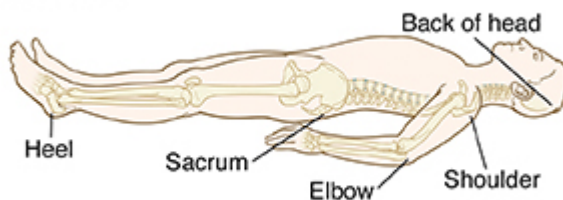
Bony prominences are the areas of bone that are close to the skin's surface. These areas are most susceptible to pressure injuries because they have the least amount of cushioning. They are also more vulnerable to friction and shear injuries. Which pressure points are vulnerable for a particular patient depends on the position in which most of that patient's time is spent. Also check for pressure injuries on the skin over implanted medical devices, such as pacemakers.

Overall, the sacrum is the most common site for pressure injuries. Pressure injuries are also commonly seen on the:

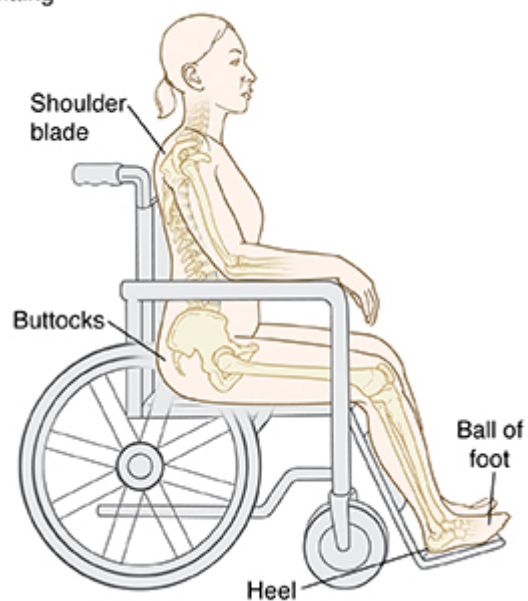
- Heels
- Ischial tuberosity
- Greater trochanter
- Back of the head
- Shoulders
- Ears
- Elbows
- Inner knees
- Malleoli (particularly the lateral malleolus)

### Pressure points to remember

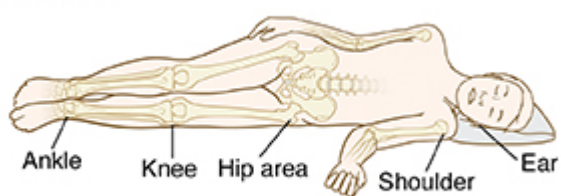
On the back



### Sitting



### On the side



© 2000-2027 The StayWell Company, LLC. All rights reserved. This information is not intended as a substitute for professional medical care. Always follow your healthcare professional's instructions.  
This information is not intended as a substitute for professional medical care. Always follow your Healthcare professional's instructions. Copyright Krames LLC.