

# Laparoscopic Hysterectomy: Your Experience



Talk with your healthcare provider about how to get ready for your surgery. Your healthcare providers will talk with you about what to expect as surgery draws near. Keep in mind that your experience may differ from that of other women you know.

## Before the day of surgery

Your directions may include:

- Stop taking certain medicines (including aspirin) before surgery, as directed.
- If you smoke, stop as long as possible before surgery.
- Follow any directions you are given for not eating or drinking before surgery.
- Arrange ahead of time for a ride home from the hospital or surgery center.
- If it is prescribed, take medicine to empty your bowels the day before surgery. Your healthcare provider can give you more details about this.

## On the day of surgery

You'll change into a gown. You'll then be prepped for your procedure:

- The anesthesiologist or nurse anesthetist will discuss anesthesia with you and answer any questions you have.
- Some pubic hair may be shaved.
- An IV (intravenous) line will be put into your arm or hand. This line will give you medicines and fluids before, during, and after surgery.
- You may be given medicine that helps you relax. You will then be given general anesthesia to make you sleep and keep you pain-free during surgery.

## Risks of laparoscopic hysterectomy

Risks and possible complications include:

- Side effects from anesthesia
- Infection
- Bleeding with a possible need for a transfusion
- Blood clots
- Damage to the bladder, bowel, ureters, or nearby nerves or blood vessels
- Scar tissue may form that may cause pain or bowel blockage in the future (more common with abdominal approach)
- Need for a second surgery

© 2000-2027 The StayWell Company, LLC. All rights reserved. This information is not intended as a substitute for professional medical care. Always follow your healthcare professional's instructions  
This information is not intended as a substitute for professional medical care. Always follow your Healthcare professional's instructions. Copyright Krames LLC.