

Supprelin Implant/Removal Directions for Home Care



A Supprelin LA (histrelin acetate) implant goes under-the-skin (subcutaneous). It has the medicine histrelin, a gonadotropin releasing hormone (GnRH).

A Supprelin / Vantas Implant was put in your child on _____ by ☐ Dr. Gayer ☐ Kristi Rose Chavoya, PA-C

Under the skin of the upper arm on the ☐ Right ☐ Left

How do I Care for my Child's Dressing?

We have put a dressing over the implant site.

- The top part you see is Tegaderm which is a clear thin film that protects the site. There is a piece of gauze under it. You can take the Tegaderm and gauze off after three (3) days.
- Take off Tegaderm by gently peeling the dressing off (start at a corner and peel it until it all comes off)
- Under the Tegaderm and gauze are Steri-strips bandages. These are little white strips that hold the skin together. Please don't pick or pull them off. They will fall off on their own.
- Under the Steri-strip bandages are sutures (stitches). These will go away within 3 to 4 weeks. If these sutures have not gone on their own in 3 to 4 weeks, contact your child's doctor to take them out.

How can my Child Bathe with the Dressing?

Your child can shower after they get the Supprelin Implant. But please keep the implant area above water for at least two (2) weeks. This includes tub baths, swimming, or any type of activity where the implant site would be underwater.

What Activities Should my Child Avoid?

Avoid any straining such as lifting, pulling, or stretching activities in the arm where the implant is for one week after it was put in.

What Should I Check for?

Check the implant site every day and look for signs of infection such as redness, swelling, pain, warm to touch and drainage (any fluid that comes out).

Who can I Call for Help?

Call the Pediatric Surgery Clinic at (323)361-2322 if:

- You see any signs of infection or a problem.
- Your child gets a fever above 101 degrees Fahrenheit or 38.5 degrees Celsius.
- You have any other concerns about the site.

For any questions about the medicine in the Supprelin implant, call the doctor who ordered it for you.

Department of Pediatric Surgery

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