

Sugammadex (Bridion®) and Birth Control



You are getting this handout because you had a procedure or surgery with us where we gave you a medicine that can affect birth control. You need to know this if you are on any hormonal contraceptive (birth control).

Sugammadex (Bridion®) is a medicine that is given during surgery to help absorb other medicines used during surgery to help your muscles relax. Sugammadex lowers how well hormonal birth control works for up to 7 days.

What should you do after you take Sugammadex?

- Continue to take the hormonal birth control you have been taking.
- Use another birth control method for up to 7 days after your procedure or surgery (see below)

What are the types of hormonal birth control that Sugammadex can affect?

- Oral (pills you take by mouth)
- Injectable (shot you get through your skin)
- Implantable (small plastic rod or device put under your skin or inside the uterus)
- Patches (small patch you wear on the skin)
- Vaginal rings (flexible plastic ring put into the vagina)

What are some types of backup birth control methods?

- Male condom (cover on male's penis)
- Female condom (cover put inside the vagina)
- Female diaphragm (a small device put inside the vagina)
- Female cervical cap (cup put inside the vagina)
- The sponge (small sponge put inside the vagina)
- Abstinence (not having sex)