# Video HealthSheets™



Step-by-Step: Using a Cane

Here is how to use a cane.

# To watch the video:

### Scan the QR code

Using your mobile device, scan the following code:



## **OR**

Go to the website:

### www.kramesvideo.com

Enter the prescription code:

#### **VDR**

© 2000-2027 The StayWell Company, LLC. All rights reserved. This information is not intended as a substitute for professional medical care. Always follow your healthcare professional's instructions

This information is not intended as a substitute for professional medical care. Always follow your Healthcare professional's instructions. Copyright Krames LLC.