

## Video HealthSheets™



### Step-by-Step: Stoma Care: Emptying the Pouch

Here are the steps for emptying the pouch for your stoma.

### To watch the video:

#### Scan the QR code

Using your mobile device, scan the following code:



### OR

Go to the website:

[www.kramesvideo.com](http://www.kramesvideo.com)

Enter the prescription code:

**CRK**

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