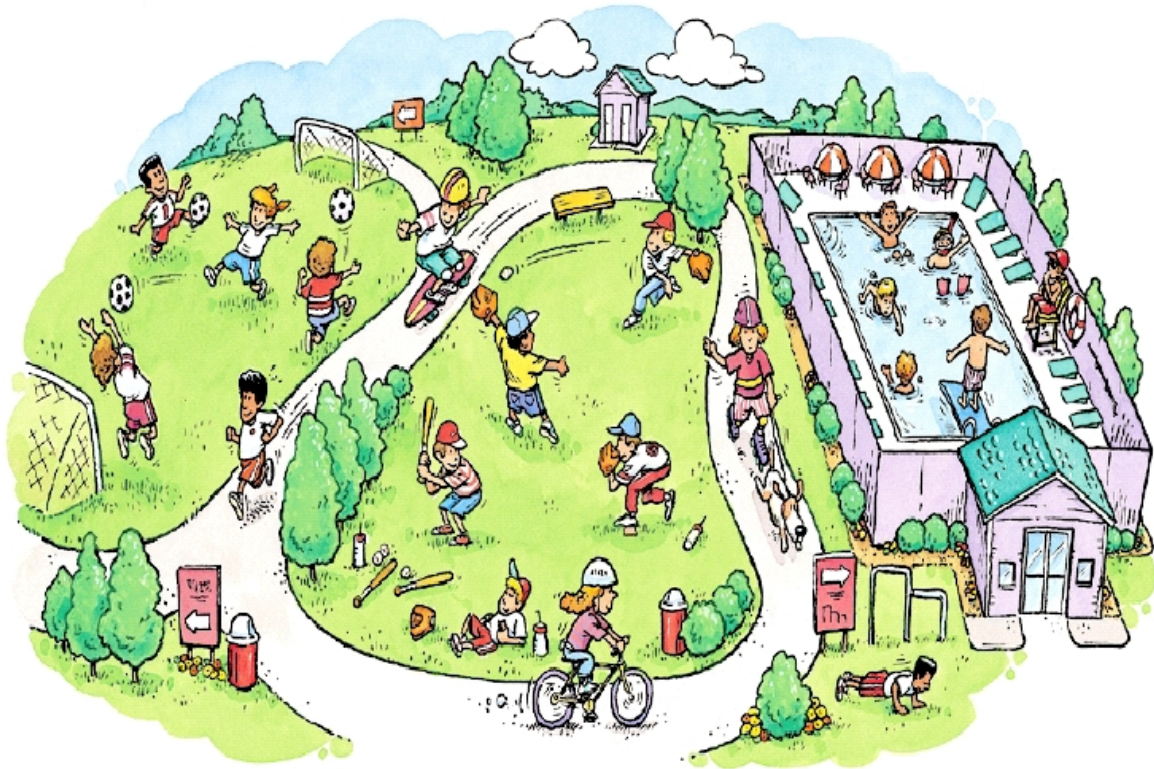


For Kids: Asthma and Exercise Fun Sheet



Ask your healthcare provider which sports and exercises are best for you. The picture below shows many fun activities. Circle the sports you enjoy or would like to try. Take this sheet with you to your next appointment.



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