

# Heart Function Medications

## Diuretics



- ☐ Furosemide (Lasix) is usually taken 1 to 3 times a day
- ☐ Chlorothiazide (Diuril) is usually taken 1 to 2 times a day
- ☐ Metolazone (Zaroxolyn) is usually taken 1 to 2 times a day; sometimes taken 3 times a week

### What does a diuretic do?

Diuretics help to get rid of extra fluid in the body by increasing how much and how often you urinate (go pee). This may make it easier for you to breathe. It can sometimes lower the blood pressure.

### What are the most common side effects?

- Headaches
- Feeling thirsty
- Feeling dizzy, tired, or weak
- Fast heartbeat

**\*Your doctor may monitor blood tests**

*If you are worried about any symptoms after starting this new medication (even if they are not listed here) please call and let us know so that we can help you.*

### Who do I call if I have questions or concerns?

Cardiology Clinic	Nurse Care Managers		Cardiologist On-Call
323-361-2461 <b>Office Hours:</b> Monday to Friday 8:00 a.m. to 5:30 p.m.	<b>Ani Yeremian</b> 323-361-4622 ayeremian@chla.usc.edu	<b>Kristen Ray</b> 323-361-3355 kray@chla.usc.edu	323-660-2450  Dial "0" for the Operator, ask for the Cardiologist On-Call; Use this number if it is after the clinic closes, on weekends and holidays

### Heart Institute

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