

## Video HealthSheets™



### How to Know You Are in Labor

Most women start to go into labor around the baby's due date. This is typically around 40 weeks of pregnancy.

### To watch the video:

#### Scan the QR code

Using your mobile device, scan the following code:



### OR

Go to the website:

[www.kramesvideo.com](http://www.kramesvideo.com)

Enter the prescription code:

**OY6**

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