Clamp Circumcision Post Operative (Post-Op) Instructions



Your child is going home today. They will need your help to get better after their surgery. Here are some tips to help you take care of them:

Pain

Your child got pain medicine before and during their procedure. They also got some medicine to the area. It's normal to have a small amount of pain from the procedure. Sometimes, if the baby won't calm down, they might need medicine at home.

• You can give Acetaminophen (Tylenol) every 4 hours as needed for pain. Follow the instructions on the medicine box based on your child's weight.

Dressing

- Usually, there is no bandage. If there is one, you'll get special instructions.
- For the first 2 days, put Bacitracin ointment on the penis with each diaper change.
- After 2 days, use Vaseline or Aquaphor with each diaper change until your child's follow-up visit with the doctor.

Appearance

 It's normal for the head of the penis to be red and swollen. You might also see some yellow, soft material (scab). The swelling will take a few weeks to go down to normal, but you should see a big improvement after 10 days.

Bleeding

• It's normal to see spots of blood on the diaper or underwear. If there's bleeding or oozing, press gently with a clean washcloth for 5 minutes to help stop it.

Call our office if the bleeding doesn't stop after 5 minutes of pressure.

Urine Output

• Your child's urine (pee) output should be normal, but they might feel experience some discomfort when peeing on the first day.

Call our office if your child hasn't peed in 8-12 hours.

Fever

• A low-grade fever is normal in the first 24 hours after the procedure. Give fluids.

Call our office if your child has a high fever (above 101°F or 38°C).

Activity

- Hold your child in your arms (cradle them) and don't let them sit with their legs apart for the first 2 weeks.
- Avoid activities where they sit with their legs apart, like straddle bouncers, for 2 weeks.
- Use the car seat as you were instructed.
- Try to limit car rides and using stroller straps for the first week.

Bathing

• Give your child sponge baths for the first 2 days. After that, they can have regular quick baths.

Diet

Your child can eat normally once they can drink fluids without vomiting.

After Surgery Visit

Your child will have a follow-up appointment in the clinic in 4 to 6 weeks. Call (323) 361-2247 to schedule the appointment.

Important Phone Numbers

Urology Clinic	
 During Regular Business Hours Call (323) 361-2247 Monday to Friday, 8 a.m. to 4:30 p.m: 	 During Evenings, Weekends or Holidays: Call (323) 660-2450 Ask the Operator to page Pediatric Urology on call.