

Managing Dizziness (Vertigo) with Medicines



Although medicines can't cure all of your problems, they can help control your symptoms. Your healthcare provider may prescribe medicines for a few weeks and then taper them off. Always take your medicine as prescribed. Never share your medicine with others.



When to contact your healthcare provider

Contact your healthcare provider right away if you have side effects from your medicines. Before using a new over-the-counter medicine, check with your healthcare provider or the pharmacist to be certain there won't be an interaction with other medicines you are taking.

How medicines can help

- Treat infection or inflammation. If you have an infection caused by bacteria, your healthcare provider can prescribe antibiotics.
- Limit conflicting balance signals. These medicines are often in pill form.
- Ease nausea. Suppositories, pills, or shots can reduce vomiting.
- Reduce pressure in the canals. Diuretics can be used to treat Ménière's disease. These medicines help your body get rid of extra fluid.
- Ease other symptoms. Other medicines can help ease depression and anxiety caused by living with dizziness or fainting.

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