

Positive Reinforcement

Positive reinforcement is a technique that helps your child match a desired action with a reward. The goal is to see the child do the desired action more.

Example:

Dad claps every time Lucy cleans up her toys

Steps for Parents/Caregivers:

1. Have clear expectations.
2. Find a reward that works for your child.

Examples of rewards for your child:



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3. Give the reward after the desired action.
 4. Be consistent. Every time your child performs a desired action, you provide positive reinforcement.