

Important Hotline Numbers

Mental Health and Crisis Services - Los Angeles County

Name	Number	Additional Information
Suicide Prevention		
Didi Hirsch Suicide Prevention Center	877-727-4747	
L.A. Suicide Prevention Hotline	310-391-1253	
National Suicide Prevention Hotline	800-273-8255	
Crisis Counseling and Emergency Services		
Mental Health Crisis Lifeline	988	Provides direct services for those having a suicidal, mental health crisis, substance use crisis, or any other kind of emotional distress
Crisis Hotline – ACCESS Center (24 hours)	800-854-7771	Mental health resources such as: <ul style="list-style-type: none"> – Crisis evaluation teams – Information and referrals – Inpatient psychiatric care – Interpreter services – Client transport
Crisis Text Line	Text “LA” to 741741	Connect with a trained crisis counselor to receive free crisis support via text message
Harbor UCLA Hospital Emergency Services	310-222-3144	
Mental Health & Crisis Services / L.A. County Dept. of Mental Health	800-700-9996 213-738-4888	Patient line Services include: <ul style="list-style-type: none"> – Support for people exercising their rights - voice concerns, access information, resolve issues or to identify available support options – Mental health facility complaints – Missing persons assistance – Patients’ rights assistance
New Hope Crisis Counseling (Roman Catholic Diocese of Orange)	714-639-4673	
Abuse and Domestic Violence		
Child Abuse Hotline	800-540-4000	
L.A. County Domestic Violence Hotline	800-978-3600	

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General Mental Health		
211 L.A. County	Dial 211 within L.A. County	Hub for all types of health, human, and social services in Los Angeles Provides information and referrals to services
Asian Pacific Counseling and Treatment Centers	213-252-2100	Multilingual
Didi Hirsch Mental Health Services	310 390-8896	
Edelman Westside Mental Health Center	310-966-6500	Police officer responds with mental health worker
UCLA Neuropsychiatric Hospital	800-825-9989	
Systemwide Mental Assessment Response Team - S.M.A.R.T.	213-996-1300	Monday-Friday only
Wright Institute Los Angeles	424-371-5191	Provides individual and group counseling, women's sexual trauma groups, and psychoeducational groups regarding sexual trauma

Other Helpful Resources

Family Urgent Response System (FURS)	Call or text 1-833-939-FURS	Visit cal-furs.org FURS is free, available 24 hours a day, 7 days a week, 365 days of the year for current or former foster youth (up to age 21) and their caregivers
Los Angeles Gay and Lesbian Center	323-993-7400	
Los Angeles Homeless Services Authority	213-683-3333	
Los Angeles Regional Food Bank	714-639-4673	
National Sexual Assault Hotline	800-854-7771 (ALWAYS OPEN) 800-656-4673 (HOPE)	Support, information, advice, or referral is provided by trained specialists
St. Joseph Center – Homelessness Assistance	310-399-6878	
Strengths United	818-772-9981	Provides individual counseling, group counseling, crime victim assistance advocacy, legal/criminal justice system advocacy
Substance Abuse Services Hotline	844-804-7500	Operated by L.A. County Department of Public Health. Provides eligibility screenings for treatments and services, resources and referrals
Trevor Project Lifeline	800-788-7386	Provides support to LGBTQ+ youth and allies in crisis or in need of a safe space to talk