## Health Management Apps



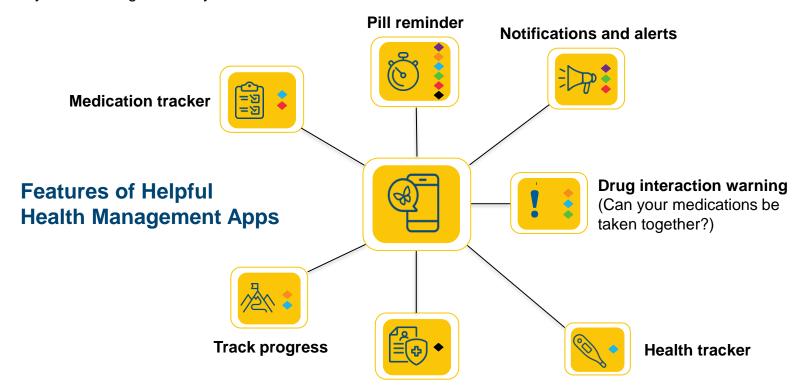


Target Age: 17-

Medication and health management applications (apps) can help you keep organized and on track with your care routine. There are many benefits to using these apps on a regular basis.



Try downloading one today!



## Manage medical records

Examples of health management apps can be found in the table below.

NAME	DESCRIPTION
Apps for Apple and Android Products	
DoseCast •	Sends pill reminders, notifications, and expiration date tracking.
EveryDose •	Daily pill reminders, answers medication and health questions.  Shares progress with caregivers.  Warning alerts for drug interactions!
Mango Health	Medication reminder that tracks daily medications and overall health.  Warning alerts for drug interactions!
Medisafe	Custom reminders for your medications and important drug interaction warnings.
Medication Reminder – Care (iPhone only)	Manages medications, medical records, and other health-related information.
MyTherapy •	Pill reminder and medication tracker app.



The app store on your device includes apps for pharmacies such as Walgreens, Rite Aid, and CVS. These apps allow you to order refills, set medication reminders, and more.

Need to view your lab results? Your local lab may have an app available. Try searching for Lab Corp or Quest in your device's app store today!