

Video HealthSheets™



Step-by-Step: Sitting with Crutches (Weight Bearing)

Here are the steps for sitting with crutches, when you are able to bear weight on your foot.

To watch the video:

Scan the QR code

Using your mobile device, scan the following code:



OR

Go to the website:

www.kramesvideo.com

Enter the prescription code:

UQV

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