

# NICCU Transition Welcome Letter



Congratulations! You are or will be leaving the NICCU and moving on to the next steps to go home. Things are different on other units and we want to answer commonly asked questions. Always remember, your baby's safety and your comfort are our priority!



In the medical-surgical units, you will work on your independence. You will have the chance to do more hands-on practice with feeding, diaper changes, and baths during the day and night. You will continue to learn about safe sleep and how to care for your baby at home. We love when you can spend time with your baby because a parent's and caregiver's loving touch is the best medicine.

## Medical-Surgical Units

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org

Approved by PFE 11/14/24

## What to Expect



This is what a typical room might look like.

### Some things you should expect:

- There are single and double rooms. We assign single rooms based on patient diagnosis.
- There is a bathroom and shower in most rooms and use varies from unit to unit.
- You may eat in your baby's room. You can continue to order the breastfeeding mother's meal tray with drinks.
- There is no family lounge or central area where you can store food or personal belongings. There are no refrigerators available to store food or drinks. Home appliances are not allowed, such as toasters, microwave, tea kettles, etc.
- Each room has a touchscreen TV with videos, movies, and educational videos.
- Playrooms are available. Please ask your child life specialist for more details.
- Doctor rounding times are different by unit. They are usually on weekday mornings before 12 p.m.
- Nursing stations are more spaced out. Nurses may be caring for 2 to 4 patients. There is no primary nursing. This means that you might have a different nurse each day. This is so that many nurses can be familiar with your baby's specific care needs.
- There are also care partners who are nursing assistants who help care for your baby.
- We take vital signs and assessments every 4 hours which allows for a regular sleep routine. Your baby is still under the close care of your health care team.
- Isolation precautions will stay the same. Both you and your health care team should continue to wash your hands.
- We encourage you to pick up and engage with your baby. Do not be afraid to ask for help.

### Medical-Surgical Units

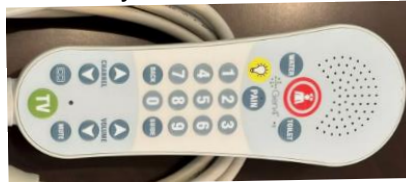
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## Frequently Asked Questions

- What is allowed in the room?
  - Feel free to bring personal baby clothes and toys
  - You may store personal belongings in the cabinets in the patient rooms. Take anything of value home. We are not responsible for lost items.
- How many visitors can I have?
  - Visitation rules change throughout the year. Check with your bedside nurse or social worker for the most updated visitation rules.
- What happens if I have concerns?
  - Please let a member of the health care team know right away.
- Who will respond to the alarms and call lights?
  - The unit secretary will answer the alarm or call light. They will let your care partner or nurse know about your needs.
- How can I reach my nurse or care partner?

Each room has a call button which you can use to reach your nurse or care partner



### Notes/Questions:

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