

## Video HealthSheets™



### How to Get Out of Bed After Hip Replacement Surgery

Follow the steps in this video when you need to get out of bed after a hip replacement.

### To watch the video:

#### Scan the QR code

Using your mobile device, scan the following code:



### OR

Go to the website:

**[www.kramesvideo.com](http://www.kramesvideo.com)**

Enter the prescription code:

**3T3**

© 2000-2027 The StayWell Company, LLC. All rights reserved. This information is not intended as a substitute for professional medical care. Always follow your healthcare professional's instructions.  
This information is not intended as a substitute for professional medical care. Always follow your Healthcare professional's instructions. Copyright Krames LLC.