

Male Breast Cancer: Symptoms



When we think of breast cancer, we often think of women. But in rare cases, men can also develop this disease.

Gender words are used here to talk about anatomy and health risk. Please use this information in a way that works best for you and your provider as you talk about your care.

For men, changes in the chest area can be easy to dismiss or ignore. But it's important to take them seriously. Early detection means faster treatment and a chance at better outcomes. Common symptoms of male breast cancer include:

- Nipple pain or discharge
- Pulling in of the nipple, or nipple turned inward
- A lump, thickening, or swelling in the breast, the armpit, or both
- Breast skin that is red, flaky, or irritated
- Change in breast size or shape
- Dimpling or puckering in breast skin
- Red, scaly, or swollen breast, nipple, or areola

These symptoms don't automatically mean you have breast cancer, so try not to panic if you notice changes. The most important thing to do is to talk with your healthcare provider right away. They can help guide you through next steps to find out more about your symptoms.

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