# COVID-19 Antigen Test Instructions for Patients



Please read the information below before the scheduled procedure.

# Symptoms of COVID-19 infection

#### **Common symptoms**

- Fever or chills
- Cough or sore throat
- New loss of taste or smell
- Congestion or runny nose
- Shortness of breath or difficulty breathing

Symptoms may start 2 to 14 days after a person is exposed to the virus. Any of these symptoms could mean there is a COVID-19 infection.

#### What should I do?

If possible, separate your child from other members of the household until you confirm a positive or negative test result.

#### Other symptoms

- Fatigue
- Muscle or body aches
- Headache
- Nausea, vomiting, or diarrhea

These symptoms alone do not mean there is a COVID-19 infection.

#### What should I do?

If the patient has any of these symptoms, but there are **NO** symptoms from the common symptoms list, COVID-19 testing is **NOT** necessary.

## What should I do if symptoms develop before the procedure?

Please call your medical provider to discuss symptoms. If a decision is made to continue with the scheduled procedure, the provider will instruct you to use an antigen test. We may have to reschedule the procedure if symptoms are severe. This may happen even if the antigen test results are negative.

- 1. If the antigen test result is positive, contact your surgical team. Please note the date and time of when the test was taken.
- 2. If the antigen test result is negative, take a photo of the test. Use the instructions on the back of this page.
  - Take another test 48 hours after the first test.
    - If the result is positive, contact your surgical team.
      Please note the date and time of when the test was taken.
    - If negative: take another photo using the instructions below.

## What should I do if someone in my household has COVID-19?

Please call your medical provider. If your child is exposed to COVID-19 during the 10 days before their scheduled procedure. You may be instructed to use an antigen test to test your child.

#### What if symptoms develop less than 48 hours before the procedure?

Please call your medical provider to discuss symptoms. The provider will let you know if the procedure should be rescheduled.

#### **Patient Family Education**

4650 Sunset Blvd., Los Angeles, CA 90027 | CHLA.org

#### What should I do if more than 48 hours have passed since the first test?

You should still use the antigen test as soon as possible. Please note the date and time of when the test was taken.

On the day of the procedure, you must bring proof of  $\underline{2}$  negative tests that are 48 hours apart.

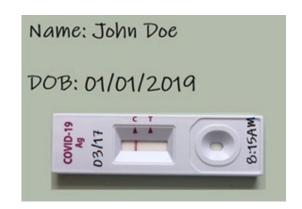
There may be a delay or cancellation of the procedure if proof is incomplete.

# What should I do if my child develops new symptoms, or symptoms get worse after the first 2 negative tests?

Please start a new series of tests with the testing instructions on page one.

# How do I take photo of a negative test?

- 1. On a blank piece of paper, write your child's:
  - Name
  - Date of Birth
- 2. On the actual test, write the
  - Date
  - Time the test was done
- 3. Place the test on the paper under the name and date of birth.
- 4. Take a photo of the test on the paper. Please make sure everything is clear.



# Where can I get an antigen test?

There are many ways to get COVID-19 antigen tests. Ordering instructions are different for each option listed below. For questions or more detailed information, please contact your health plan or insurance provider.

#### At CHLA

**Surgical Admitting** 

 If you have a pre-anesthesia evaluation before surgery, you may pick up tests here.

# Outside of CHLA

- Order up to 4 free antigen tests from https://www.covid.gov/tests
   CALL (800) 232-0233
   TTY (888) 720-7489
- Visit your local pharmacy

#### HemOnc Clinic

- Hematology-oncology patients with a clinic appointment before surgery may pick up tests here.
- For pharmacies that accept Medi-Cal visit https://medi-calrx.dhcs.ca.gov/home/ find-a-pharmac