

G-TUBE (GT) CARE CHECKLIST

ITEM	Date COMPLETED	NOTES
Watch CHLA videos on Get Well Network		Questions?
Reviewed the G-Tube Home Care Instructions handout		Questions?
GT Care: <input type="checkbox"/> Cleaning <input type="checkbox"/> Bolstering <input type="checkbox"/> Measuring <input type="checkbox"/> Balloon (after healed)		
Giving medication		Do you feel comfortable giving medications through the tube? How much water do I give before and after meds? How much water do I give in between meds?
Feeding: <input type="checkbox"/> Bolus/gravity <input type="checkbox"/> Pump		Do you feel comfortable using this device? Has the vendor explained how to use the pump? How much water do I give before and after feeds?
Problem Solving: <input type="checkbox"/> Infection <input type="checkbox"/> GT Emergencies <input type="checkbox"/> GT Reinsertion		Do you know when to call the doctor?
Venting		Will I need to vent my child's tube? When should I vent my child's tube?
Please pick up all medications before discharge		Are medications in liquid form when available? Do you have what you need to crush pills? Make sure you know which pills cannot be crushed and need to be a liquid medicine.
Emergency Kit: -extra Mic-G tube -lubricating jelly -blue clamp -gauze -silk tape		Did your nurse make you an emergency kit? Did the nurse fill out the last page of your handout with information about your tube? Do you have your extra Mic-G tube?

Provided 24-48 hours of care at bedside		Have you been at the bedside caring for your child? Giving medications? Giving feeds? Cleaning around the tube daily?
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Glossary

Bolstering-placing gauze and tape around the tube to keep it from moving or getting pulled out.

Bolus/gravity feeding-a certain amount of liquid (breastmilk or formula) is given in a syringe or bag by gravity (no pump), usually takes about 15-20 minutes.

Venting-allowing gas to come out of the stomach using a syringe. Also known as “burping” your child using a syringe.

GT reinsertion-putting the tube back in the stomach if it comes out.