



Habit 1 Quick Assessment

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To JEFFERY OWUSU-AGYEMANG <jowusuag@gsuemail.gram.edu>

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Thanks for filling out [Habit 1 Quick Assessment](#)

Here's what was received.

Habit 1 Quick Assessment

How proactive are you? Score yourself on each item.

Email *

jowusuag@gsuemail.gram.edu

Full Name (Last Name First- Johnson, LaTina) *

Owusu-Agyemang, Jeffery

Instructor's Name (T. Jackson) *

Courtne Owens

Course CRN (22323) *

14607

I am what I am. What can I do?

*

	1	2	3	4	5	
This is Me	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Not Me

In the automobile of my life, other people have the keys.

*

	1	2	3	4	5	
This is Me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Not Me

Life might make guacamole out of me, but I still have a solid core.

*

	1	2	3	4	5	
Not Me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	This Is Me

I am the “Before” model in all those “Before-After” photos.

*

	1	2	3	4	5	
This is Me	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Not Me

“I will go out, see new places, meet new people, see new faces, someday I will, someday I will.”

*

	1	2	3	4	5	
Not Me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	This Is Me

My middle name is Proactive. (My other middle name is Danger.)

*

	1	2	3	4	5	
Not Me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	This Is Me

I don't take no for an answer (except, of course, in affairs of love).

*

1 2 3 4 5

Not Me ☐ ☐ ☐ ☐ ☒ This Is Me

Let me check with my mom.

*

1 2 3 4 5

This is Me ☐ ☐ ☐ ☐ ☒ Not Me

My personal website is “whateverousay.com”

*

1 2 3 4 5

This is Me ☐ ☐ ☒ ☐ ☐ Not Me

My problems are [the government’s/ the college’s/my mom’s/my dad’s/ the professor’s/my boss’s] fault.

*

1 2 3 4 5

This is Me ☐ ☐ ☐ ☐ ☒ Not Me

Key- If Your Score Is This, Then...

41–50

You're proactive. You make your own choices and you don't let obstacles stand in your way. Still, there's always room for improvement.

31–40

You're sort of proactive, but you give up too easily and depend too much on other people to do your thinking for you.

21–30

You are moderately reactive. You tend to let other people make your decisions for you. You allow outside circumstances to control you.

10–20

You are very reactive. If you don't start taking charge of your life, other people will do it for you.

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