

②

t (Min)	36	38	40	42	44
Heartbeats	2530	2661	2806	2948	3080

$M_{SEC} =$ a) $\frac{2948-2530}{42-36} = 69.6$ b) $\frac{2948-2661}{42-38} = 71.75$ c) $\frac{2948-2806}{42-40} = 71.0$ d) $\frac{3080-2948}{44-42} = 66.0$

CONCLUSIONS: IF our goal is to estimate the INSTANTANEOUS Heart Rate at $t=42$ min, c & d would be the best approximators because they have the smallest Δt

Best yet, average those two: INSTANTANEOUS Heart Rate = $M_{TAN} \approx \frac{71+66}{2} = 68.5$ at $t=42$

⑥ $y = 10t - 1.86t^2$ Position of a Rock thrown Upwards on Mars

seconds t	1	2	1.5	1.1	1.01	1.001
meters y	8.14	12.56	10.815	8.7494	8.202614	8.14627814

a) $V_{AVE} = M_{SEC} =$ i) $\frac{12.56-8.14}{2-1} = 4.42$ ii) $\frac{10.815-8.14}{1.5-1} = 5.35$ iii) $\frac{8.7494-8.14}{1.1-1} = 6.094$ iv) $\frac{8.202614-8.14}{1.01-1} = 6.2614$ v) $\frac{8.14627814-8.14}{1.001-1} = 6.27814$

b) To estimate M_{TAN} ($V_{INSTANTANEOUS}$) the best answer from a is the one with the smallest Δt . Therefore $V_{INST} \approx 6.28 \text{ m/s}$ at $t=1$

⑧ This problem is almost identical to ⑥, except they use $s(t)$ instead of $y(t)$.

$S = 2 \sin(\pi t) + 3 \cos(\pi t)$

seconds t	1	2	1.1	1.01	1.001
cm S	-3	3	-3.4712	-3.06134	-3.006268

a) $V_{AVE} = M_{SEC} =$ i) $\frac{3-(-3)}{2-1} = 6$ ii) $\frac{-3.4712-(-3)}{1.1-1} = -4.712$ iii) $\frac{-3.06134-(-3)}{1.01-1} = -6.13412$ iv) $\frac{-3.006268-(-3)}{1.001-1} = -6.26837$

b) $V_{INST} = M_{TAN} = \lim_{t \rightarrow 1} [M_{SEC}]$ The best approximator in (a) is answer (iv)

Compare -6.268 to $-2\pi \approx -6.283$

you may conclude $V_{INST} = -2\pi \frac{\text{cm}}{\text{s}}$ at $t=1$