

Melbourne Veterinary School

# Care of self and others Personal financial management

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# Outline of personal financial management videos



Faculty of Veterinary and Agricultural Sciences

- 1. Introduction and principles
- 2. Cash flow budgeting
- 3. Compounding
- 4. Managing debt
- 5. Saving, investing and super

# Intended learning outcomes - Personal financial management



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- 1. Interpret a cash-flow budget in order to monitor personal finances and diagnose behaviours that undermine financial security
- 2. Explain and apply the principle of compounding in order to maximise savings and minimize
- 3. Demonstrate an understanding of financial strategies to assess and manage debt in order to return to financial security
- 4. Demonstrate an understanding of saving and investing strategies on a limited budget, as well as the benefits of setting up one low-cost superannuation fund, in order to increase financial security

# Why are we talking about personal financial management?

- Being in control of your finances is part of being a professional.
- Financial wellbeing is a very significant aspect of overall wellbeing
- The principles of financial success are the same as the principles of success in other areas of life
- Finances can always be improved but it takes focus, goals and determination.
- People who succeed have better routines and habits, which become automatic over time

# Personal financial management

- Set aside time to think about the strategies and concepts covered here
- Maybe plan a time to do this with a partner/friend/housemate after exams
- You don't need to share your financial information



Image: https://masteryourmoneynow.com.au/financial-planning/personal-insurance/

#### Challenges in managing finances

- Human nature! Hard to not get caught up in the emotion of the moment and spend money
- Takes time to develop habits to change how we manage money
- Marketing (often through social media)
- Social pressure from peers
- Unsure how to achieve savings/avoid debt



https://itrps.com/recent-eventsposts/understanding-that-challenges-developcharacter-and-define-who-we-really-are/

# Common errors in personal financial management

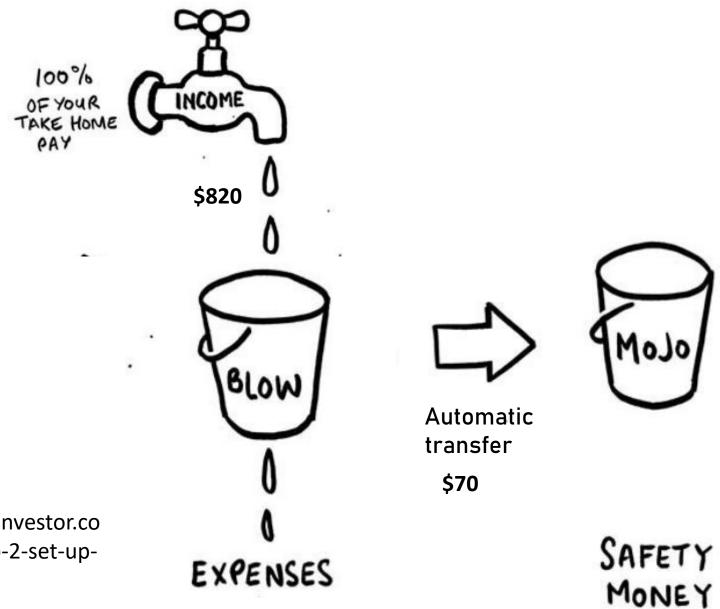
- 1. Spending more than you earn i.e. getting into debt
- 2. Poor debt management
- 3. Not maximising the benefit of savings over time



https://www.adityabirlacapital.com/abc-of-money/common-mistakes-people-make-regarding-their-personal-finances

# Foundation stones in financial management

#### **Automation**



https://www.barefootinvestor.co m/barefoot-steps/step-2-set-upbuckets

#### Foundation stones in financial management

#### **Bank accounts**

NO FEES

Main account (Blow) should be basic everyday account with a debit card Safety account (Mojo) should have higher interest than the everyday



https://www.choice.com.au/money/banking/savingsoptions/articles/top-high-interest-savings-accounts

# Take home messages



Managing finances requires skills you already have – focus, planning, persistence



Automatically transfer some safety money into a separate account



Do not pay fees on your accounts