

CELLS TO SYSTEMS – CONNECTIVE TISSUES

INTRODUCTION

Histology: Microscopic anatomy, i.e. the study of the structure of tissues

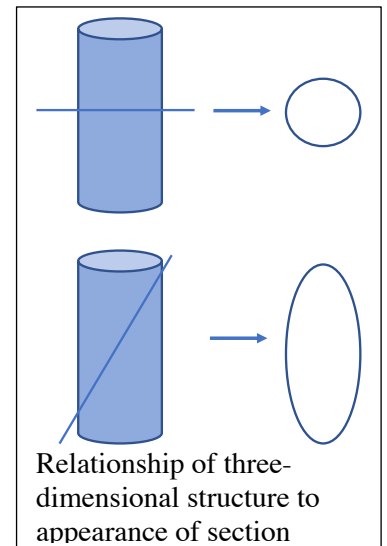
- light microscope
- electron microscope

Importance:

- Helps to understand normal function
- Provides basis for understanding of pathology

Methods for examination of tissues:

- fixation (e.g. formalin)
- embedding (e.g. paraffin wax)
- sectioning ($\sim 5 \mu\text{m}$ thick)
- staining, e.g. haematoxylin and eosin (H&E)
- mounting



Problems:

- Two-dimensional representation of three-dimensional structure
- Artefacts - postmortem change, variation in staining, folding of sections, air bubbles, shrinkage, etc

Terminology:

: eosinophilic (pink), basophilic (haematoxylin: blue – taken up by nucleic acids, e.g. DNA in nucleus and RNA in ribosomes in cells actively synthesizing proteins)

: - blast (not fully differentiated), -cyte (fully differentiated, mature)

Types of tissue:

All organs are comprised of combinations of four basic tissue types:

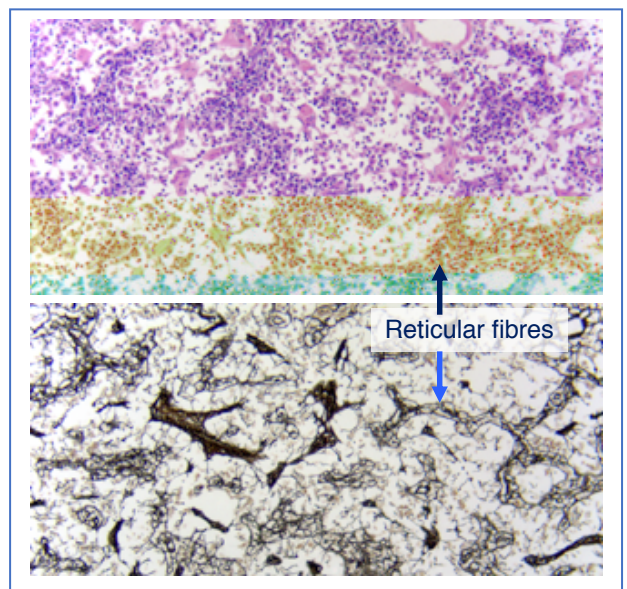
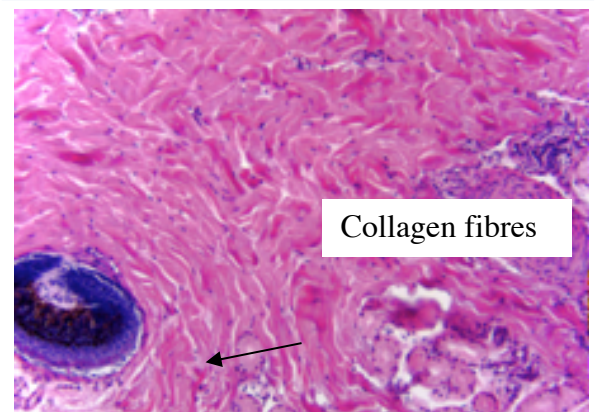
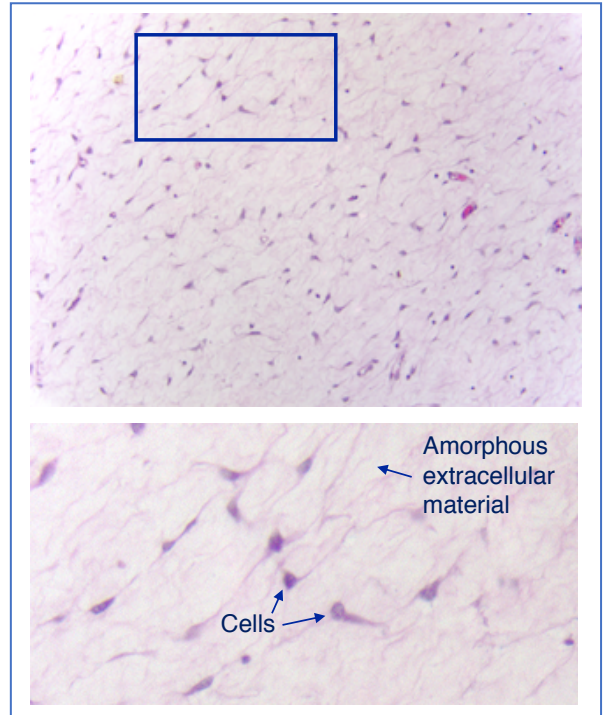
1. Connective tissue
2. Epithelial tissue
3. Muscular tissue
4. Nervous tissue

CONNECTIVE TISSUE

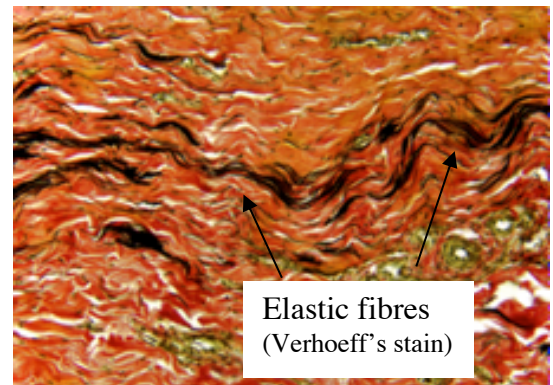
COMPOSITION:

Composed of **cells** and **extracellular (intercellular) material**.

- extracellular material:
 - **amorphous** (shapeless; = 'ground substance')
 - fluid (blood, lymph)
 - jelly-like (vitreous humour)
 - solid (cartilage, bone)
 - **fibrous**
 - 'collagen', 'reticular', 'elastic'
- :
- strong, flexible
 - white fibrous tissue
 - eosinophilic in H&E
 - mostly type I collagen, but variations in specialized tissues
-
- fine network
 - poorly stained in H&E, black in reticulin stain
 - composed of varying combinations of collagens and extracellular matrix glycoproteins



- stretchable, elastic
- yellow fibrous tissue
- eosinophilic in H&E;
- black in Verhoeff's stain



CONNECTIVE TISSUE PROPER

Functions:

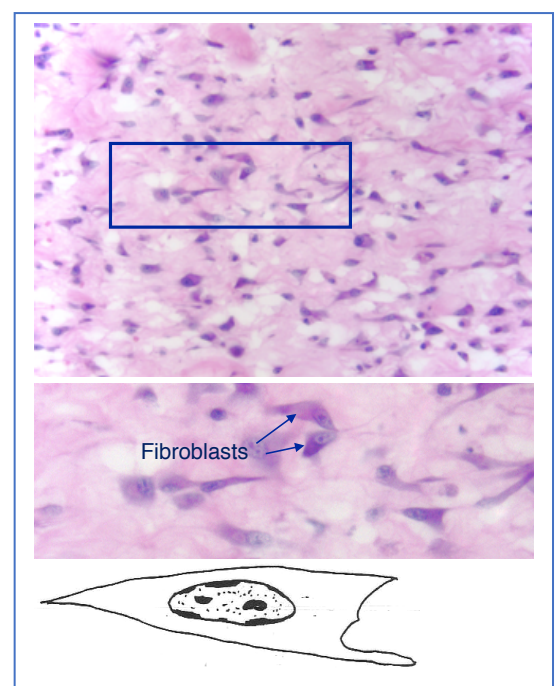
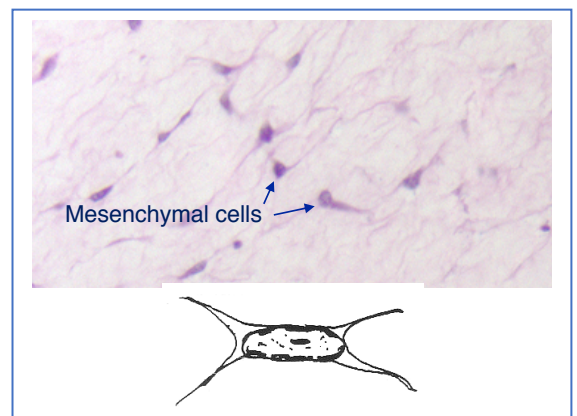
- support
- protection
- connections within locomotor system
- holds tissues together
- energy storage

Types:

- loose (higher ratio of cells to fibres)
- adipose (many fat cells)
- dense (lower ratio of cells to fibres)
 - regularly arranged
 - irregularly arranged

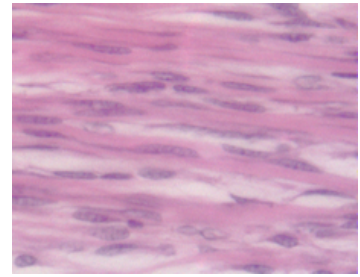
Cells:

- **mesenchymal cell**
 - in embryonic tissues
 - stellate (star-shaped) - many cytoplasmic processes
 - oval/round nucleus
- **fibroblast**
 - stellate or spindle-shaped
 - ovoid nucleus
 - abundant basophilic cytoplasm
 - synthesizes and secretes collagen and other extracellular matrix components
 - differentiates into fibrocyte



- **fibrocyte**

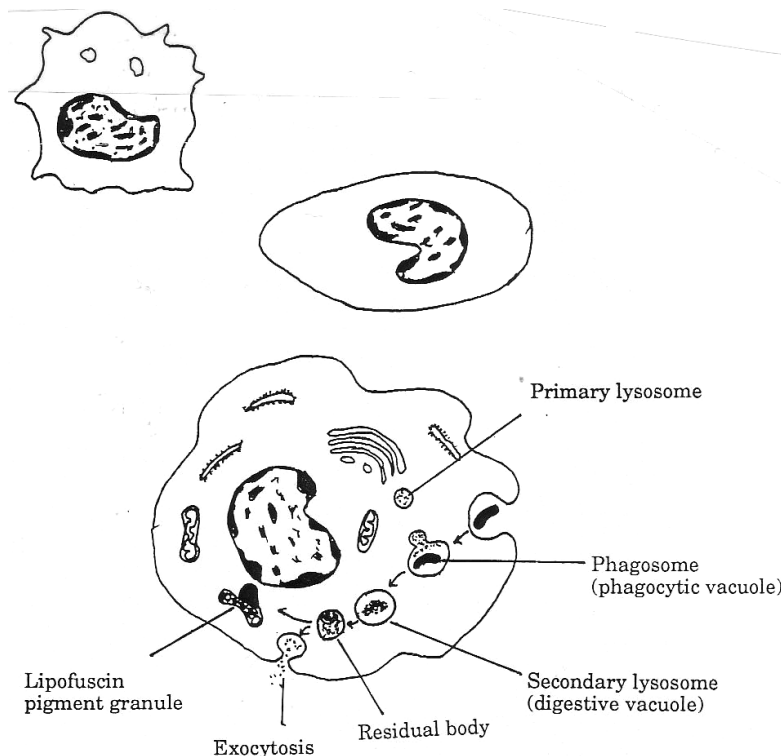
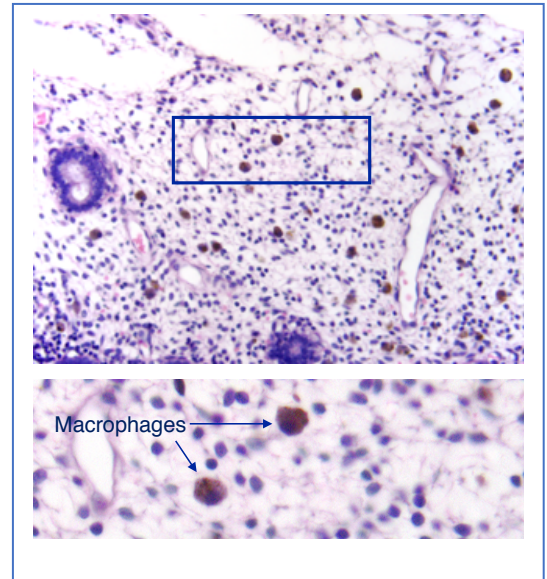
- small flattened elongated cell
- elongated nucleus
- very little cytoplasm
- less active in secretion than fibroblast



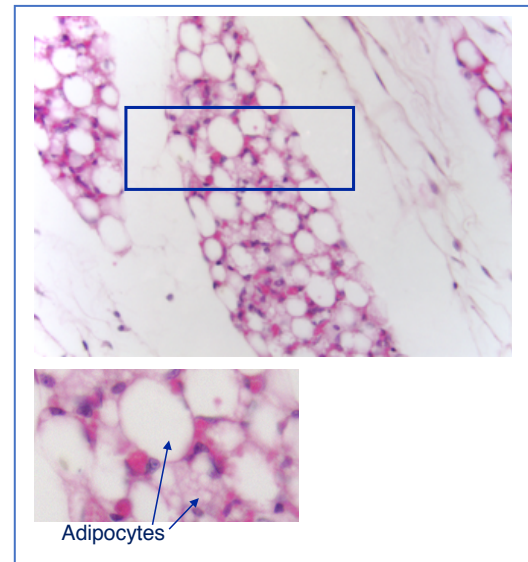
Fibrocytes

- **macrophage**

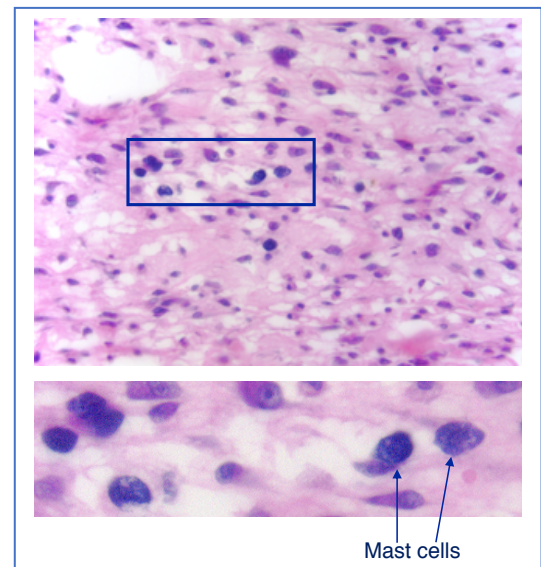
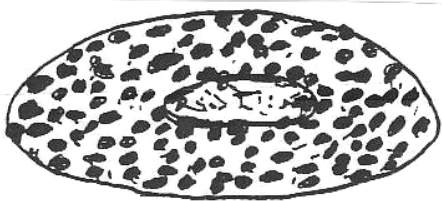
- large cell
- derived from blood monocyte
- phagocytic cell (engulfs particulate matter including microorganisms and dead tissue)
- produces lysosomal proteases (protein-degrading enzymes), cytokines, prostaglandins (substances that mediate inflammatory reactions)



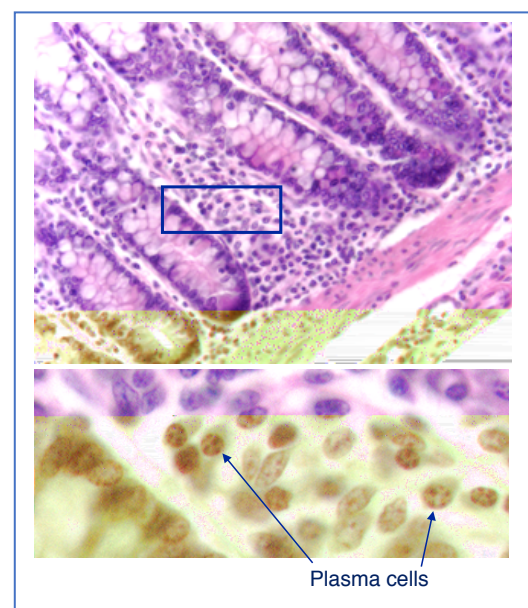
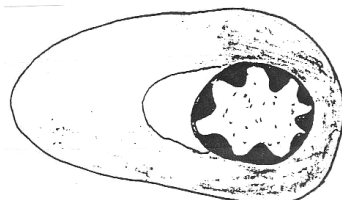
- **fat cell (adipocyte)**
 - accumulate fat droplets in cytoplasm
 - fat droplets coalesce to form single large fat droplet, displacing nucleus to side of cell
 - energy storage, insulation and protection



- **mast cell**
 - scattered, in low numbers in most connective tissues (often close to blood vessels)
 - cytoplasm filled with granules containing heparin (anticoagulant), histamine (increases blood vessel permeability), serotonin (vasoconstrictor) and proteases
 - degranulate when tissue damaged



- **plasma cell**
 - B lymphocyte actively producing antibody
 - eccentrically placed round nucleus with chromatin radially arranged
 - abundant basophilic cytoplasm
 - negative image (Golgi apparatus) prominent



- **melanocyte**
 - pigment cell
- occasional other cells, e.g. leucocytes