

Functions of the Adaptive Immune System

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Intended learning outcomes

- Describe the role of the adaptive immune system
- Describe how B lymphocytes and T lymphocytes both recognise and respond to pathogens
- Explain how the adaptive and innate immune systems work in conjunction to eliminate infections

Summary so far

There are three types of host resistance to microbial infection:

1. Physical barriers

- Skin barrier & mucous membranes
- Normal bacterial flora

2. **Innate:** *non-specific immunity*

- Circulating messengers (complement, cytokines, etc)
- Phagocytes & Inflammation

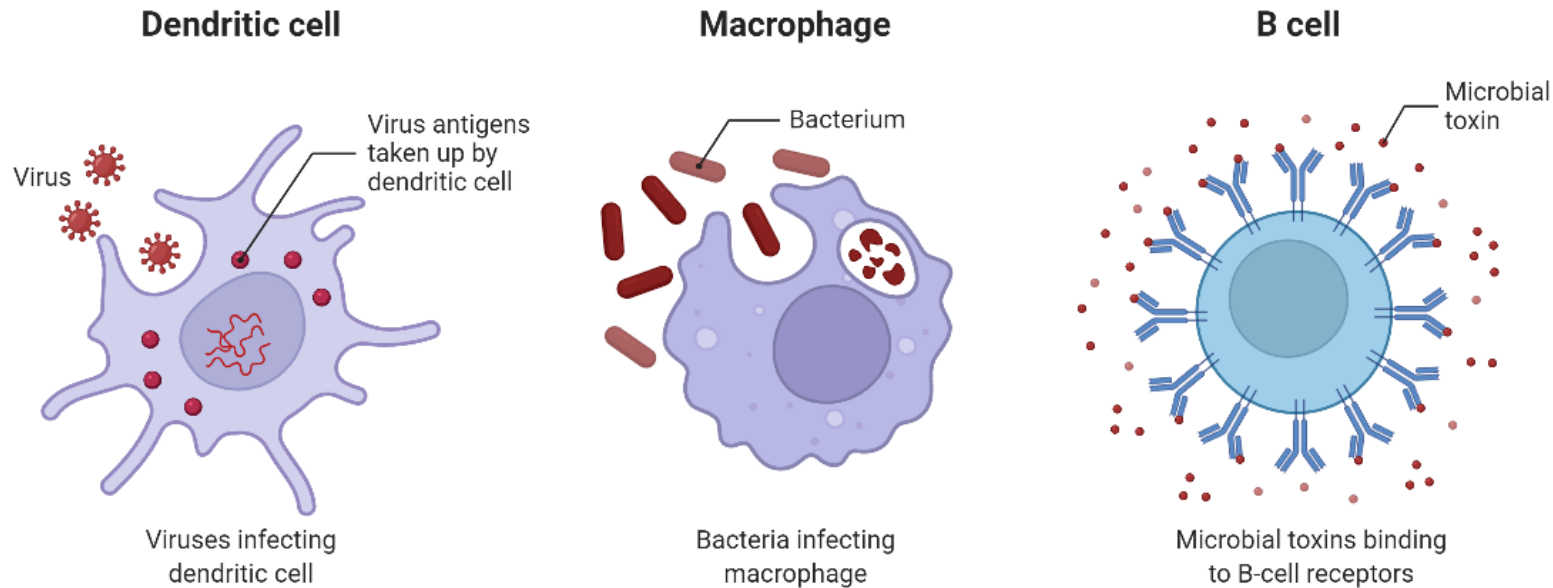
3. **Adaptive** – *specific immunity*

- Target specific defence against microbial antigens

Antigen recognition – innate → adaptive immune system

- Antigen presenting cells

Different Types of Antigen Presenting Cells

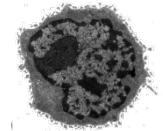
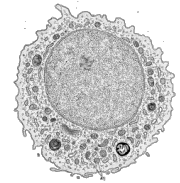
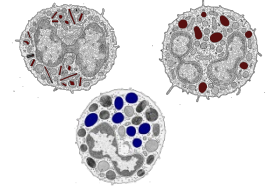


Concept of “self” & “non-self”

- Innate system relies on a broad defence against “non-self” invaders
- BUT – it is energetically expensive & the innate system can be easily avoided by clever rapidly evolving pathogens
 - Protective surfaces e.g. capsules made of slime
 - Chemical mimicry pretending to be “host”
 - Ability to survive intracellularly

Leukocytes – white blood cells

- **Polymorphonuclear cells** - involved in inflammation
 - Non-discriminating self destructing suicide missions
 - Release damaging enzymes that destroy invaders
- **APCs, macrophages & dendritic cells**
 - Phagocytose, process & present Ag to T cells
- **Lymphocytes**
 - T cells - killers/helpers (T cell receptors on cell surface interact with antigen presented on another cell surface)
 - B cells - produce soluble antibody which interacts with antigen
 - NK-cells, seek & destroy tumour cells & virus-infected cells via receptor recognition

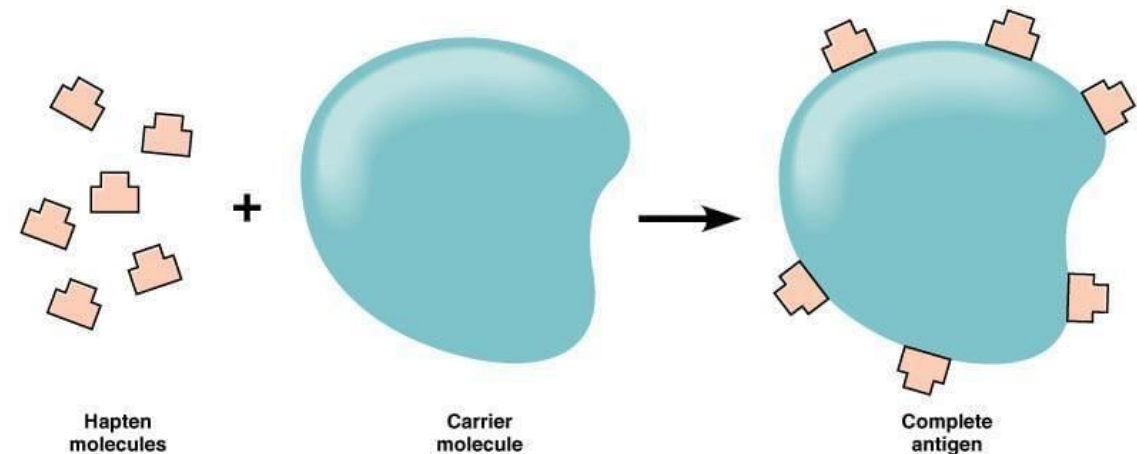
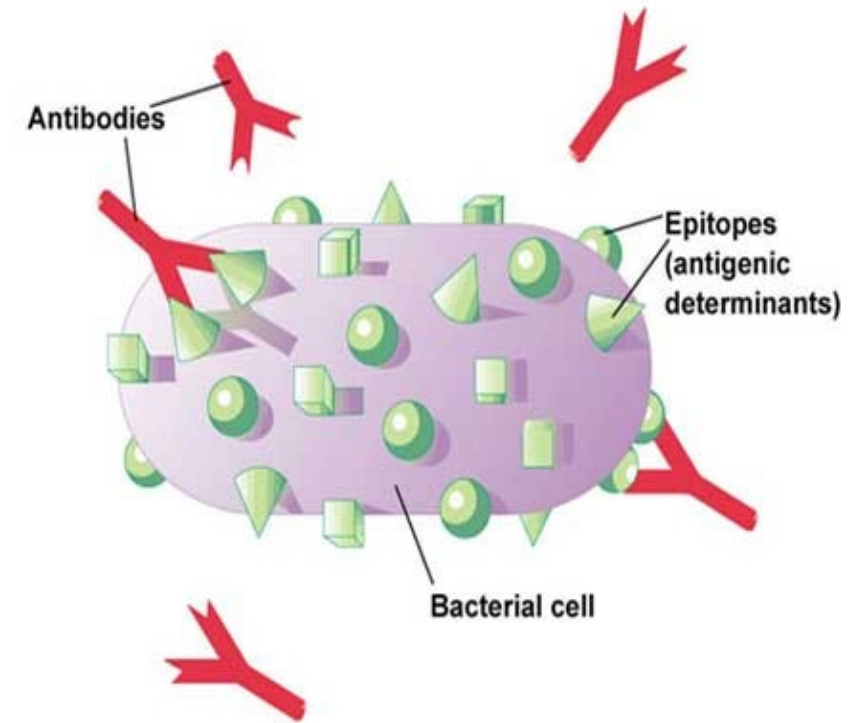


Features of **Adaptive** Immune Response

- **Adaptability**
 - Recognition of novel antigens - *emerging viruses have never been seen before!*
- **Specificity**
 - Recognition of self versus non-self – not just to avoid autoimmune disease
- **Diversity**
 - Capacity to produce a large array of antibodies & T cell receptors - gene recombination
- **Memory**
 - Secondary response to re-exposure (principles of vaccination)

Antigens

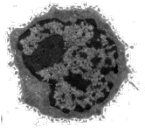
- What is an antigen?
 - A molecule that can be recognised by receptors on immune cells
 - Small chemical structures through to highly complex molecules
- Recognition usually only small part of antigen = epitope
- Not all antigens are immunogenic
 - Haptens (e.g. drugs)
 - Carbohydrates



Cells of the Adaptive Immune System

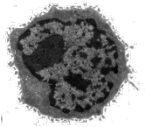
Adaptive immune responses are Ag specific & involve B & T cell responses

- recognise specific Ag through cell surface receptors & need to be **activated** before they function as **effector** cells
- need to be able to tell the difference between self & non-self



T cells

- T helper cells (T_H) orchestrate the response with cytokines
- T cytotoxic cells (T_C) kill pathogen-infected cells or cancer cells
- "Cell mediated immunity"



B cells produce antibodies (Ag-specific)

- "Humoral immunity"

Lymphocytes patrol the body through lymph, blood & tissues

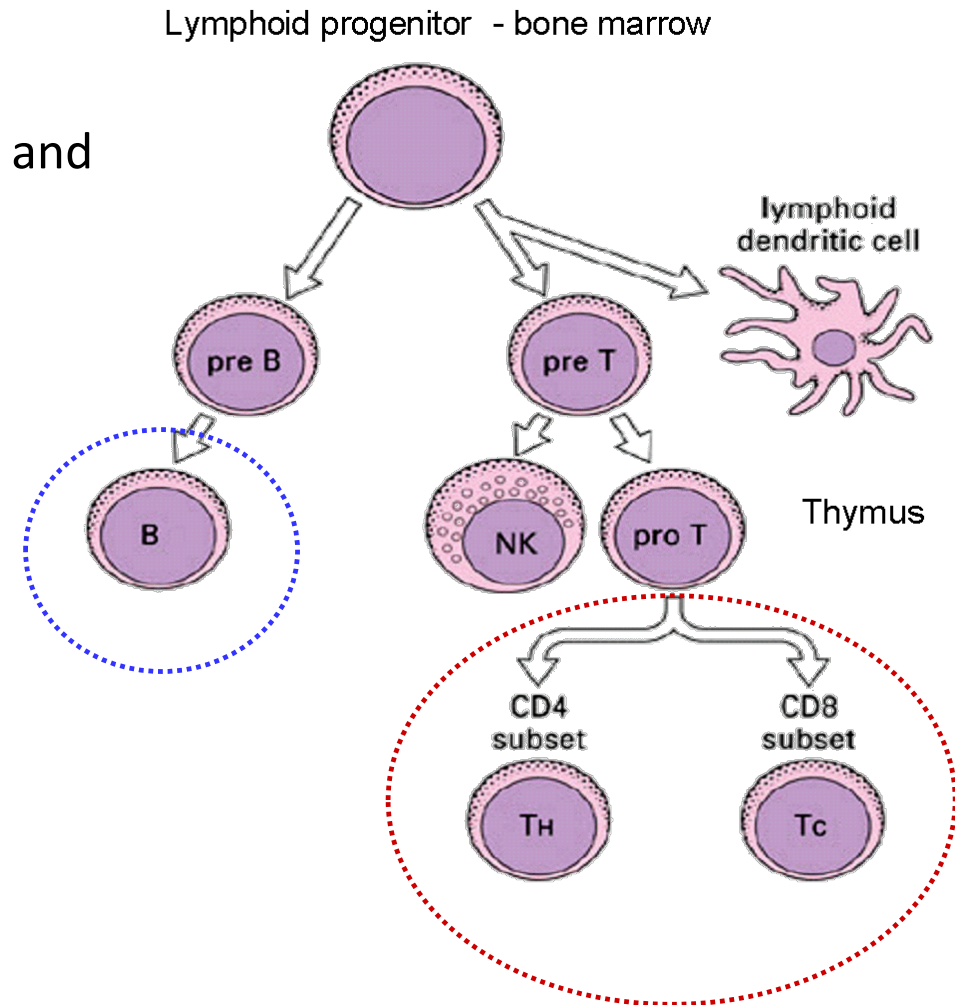
Lymphocyte - development

T cell precursors come from the bone marrow and develop in the **THYMUS**

T cells only develop in the thymus; nowhere else in the body.

B cell precursors come from the bone marrow & develop in the **Bursa** of Fabricius (birds)

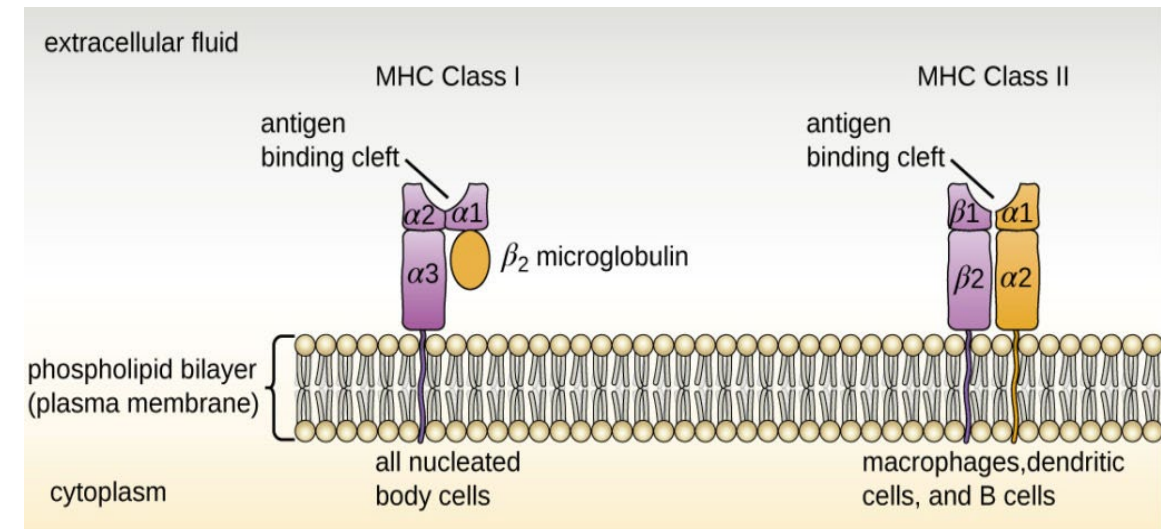
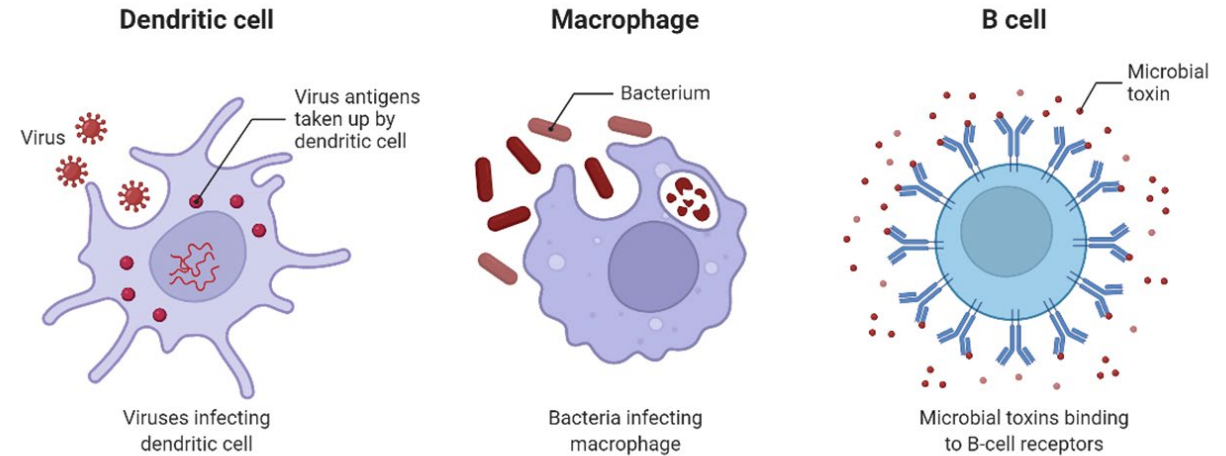
& the **Bone marrow** in mammals



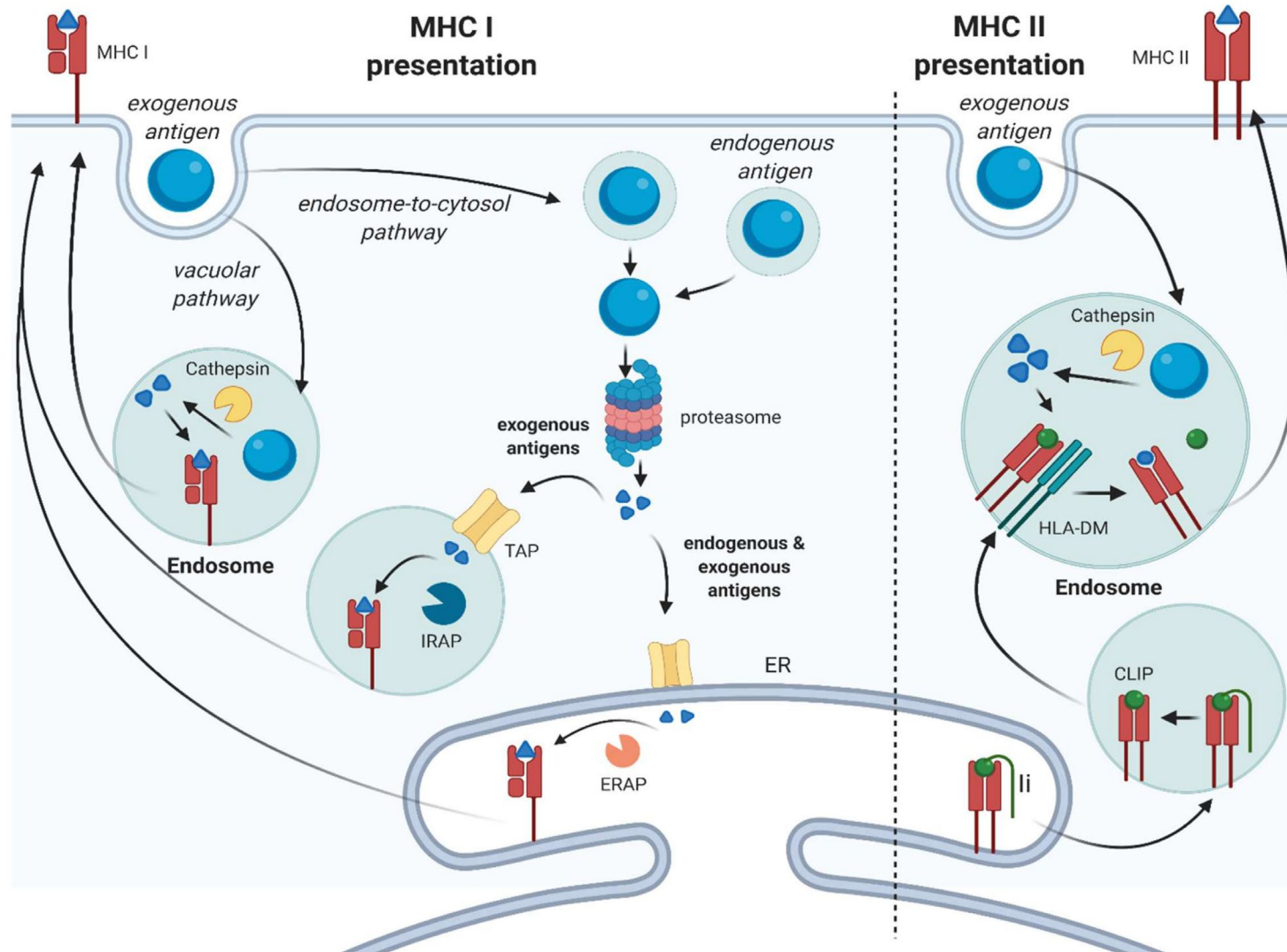
MHC

- Major histocompatibility complex
- Structure used by cells to present antigens
- Two classes: MHC-I and MHC-II
- All nucleated cells express MHC-I
- Antigen-presenting cells express MHC-II as well
- MHC is specific to “self”

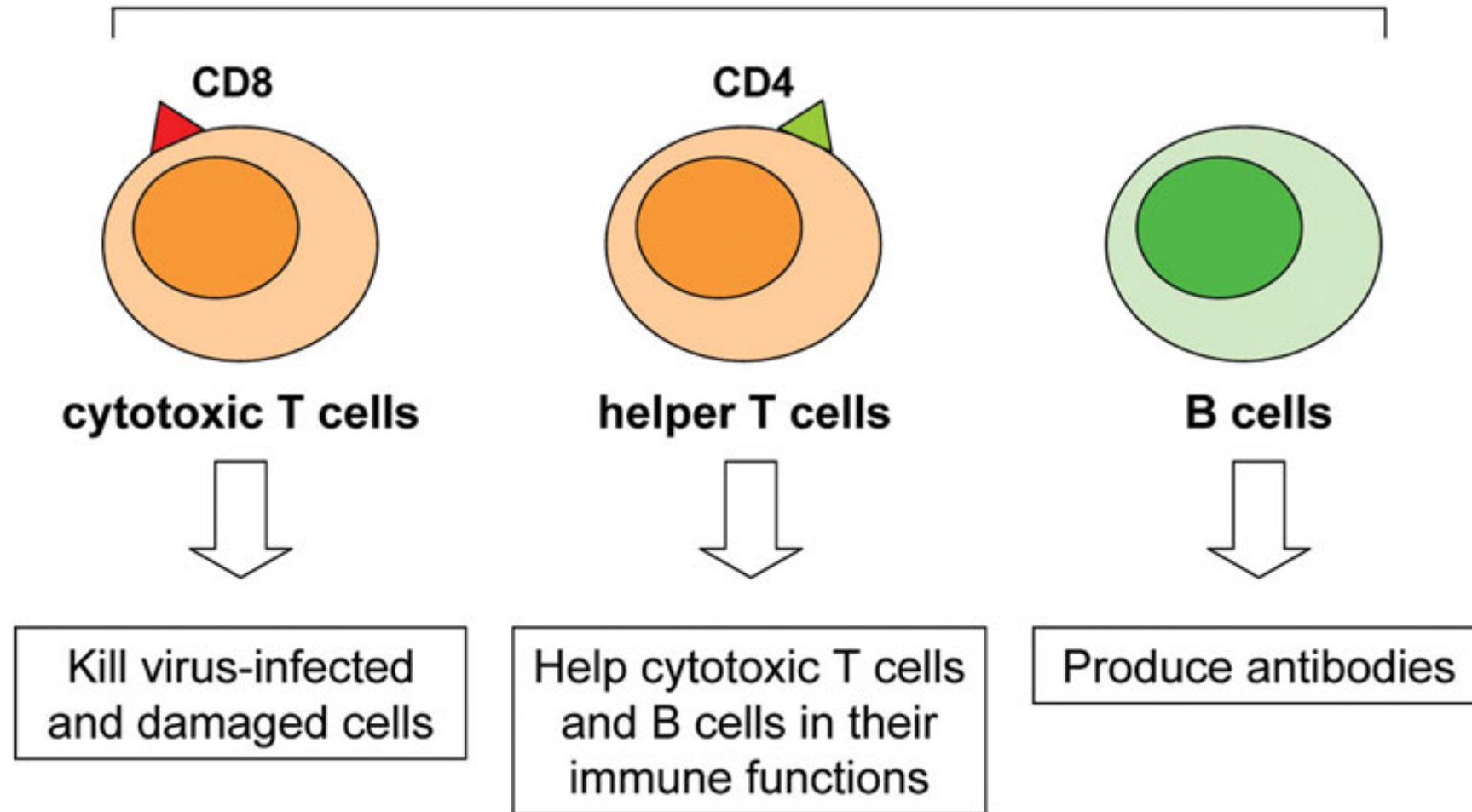
Different Types of Antigen Presenting Cells



Antigen processing

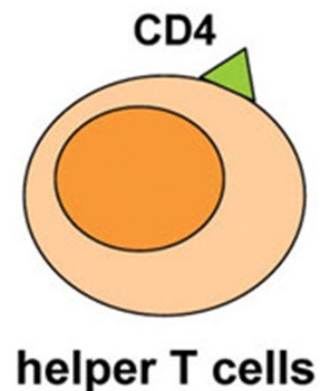
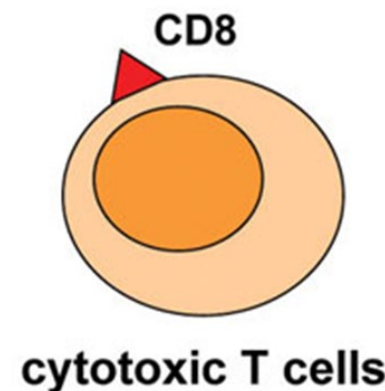


Lymphocytes



T cell receptors

- T cells only recognise peptide antigens when presented by MHC
- T cell receptors bind antigen presented by MHC
- Made of glycoprotein chains
 - α/β (most species) or γ/δ (ruminants)
 - Form a complex with CD3
- Additional proteins can be found in close association with TCRs
 - CD4 proteins are found on helper T cells
 - CD8 proteins are found on cytotoxic T cells
- CD4 binds to MHC-II
- CD8 binds to MHC-I



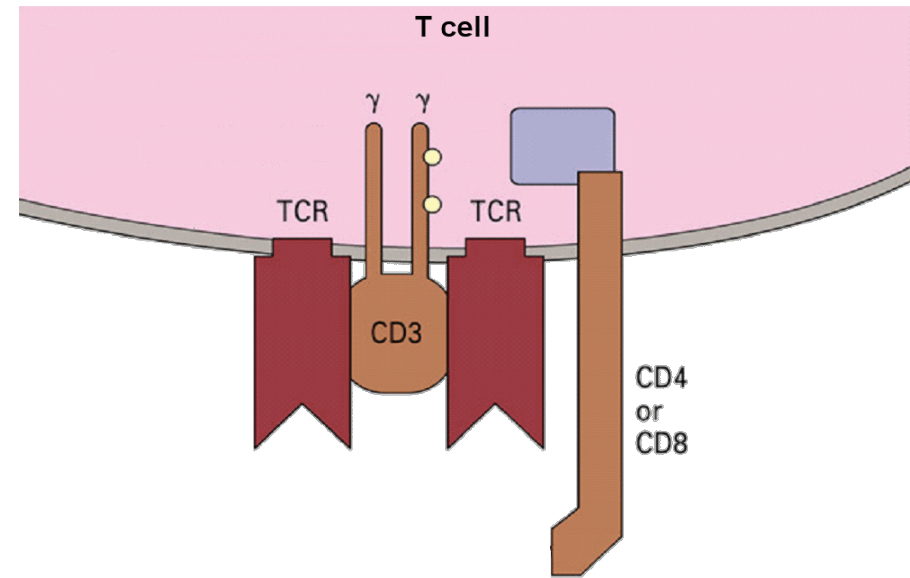
T cell receptors – γ/δ

- Most γ/δ T cell receptors don't recognise MHC-antigen complexes
 - Most don't have CD4 or CD8
- Activation of γ/δ T cells results in production of cytokines, lysis of infected cells, interaction with other cells



T cell receptor (TCR)

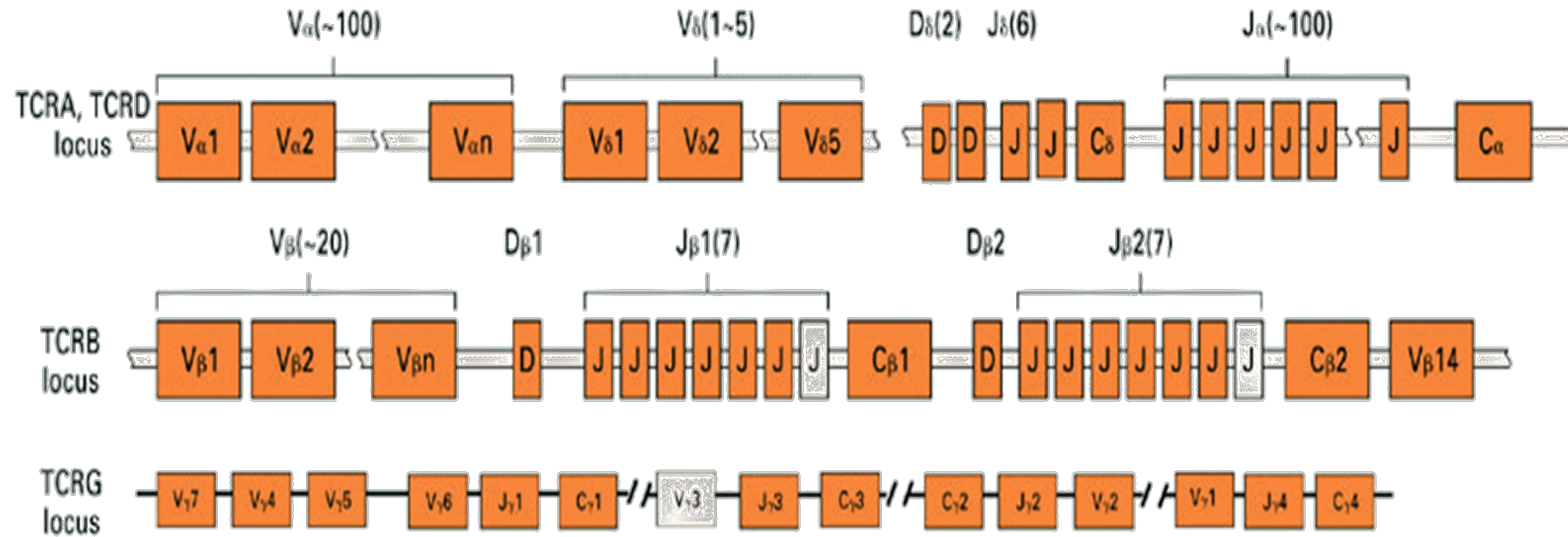
- Highly variable protein that recognises specific Ag presented to them
- TCR is anchored into the cell by a conserved transmembrane domain complexed to CD3 protein
- CD3 is required for cell surface expression of TCR and is involved in signal transduction
- TCR:CD3 complex is present on all T-cells
- TCR binding site is different for each Ag
- APCs seek out a TCR that matches



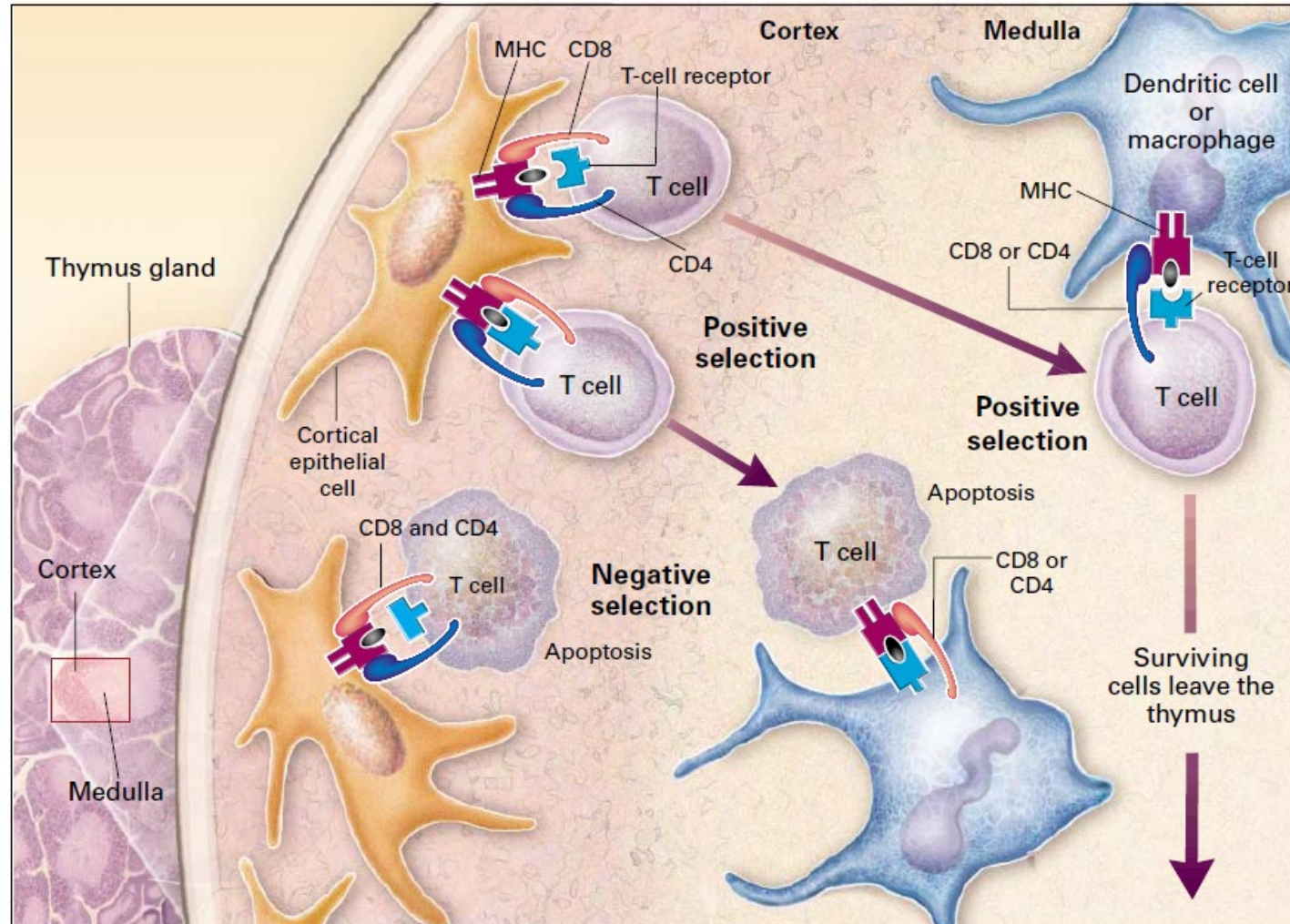
CD4 (or CD8) is also required to recognise the type of cell that is presenting Ag

Why?

TCR genes



T cell development in thymus

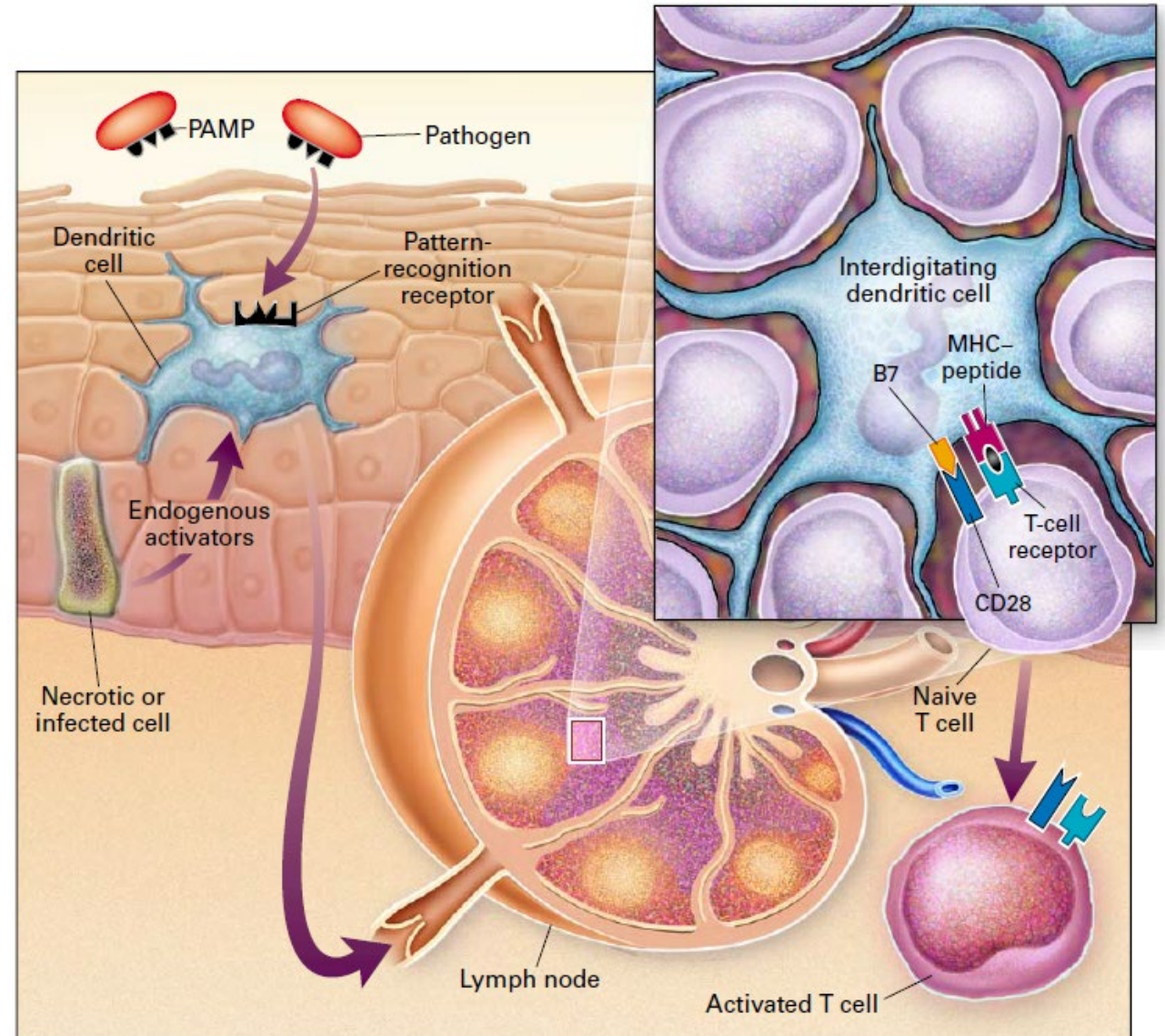


T cell receptors (α/β)

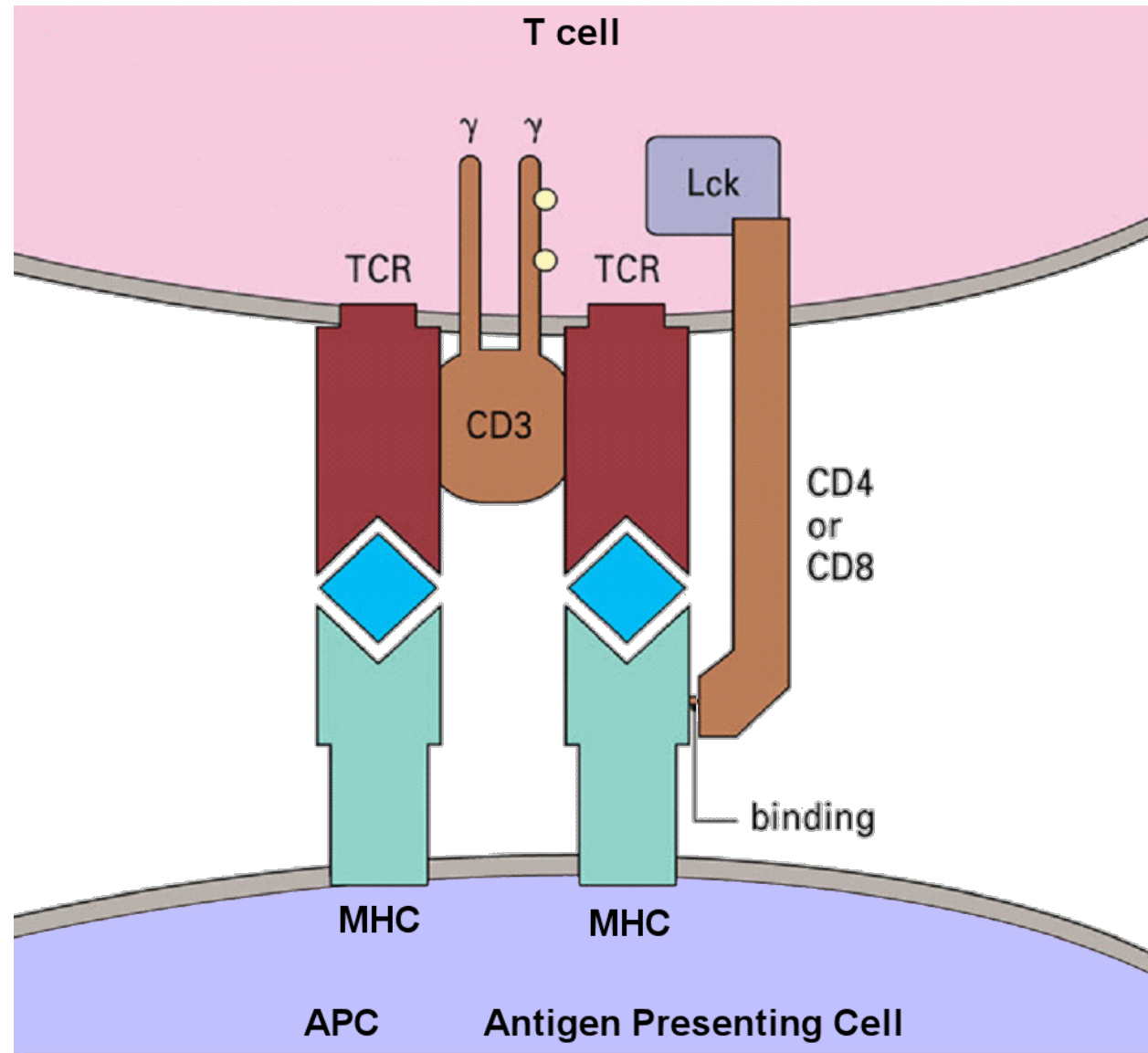
- **DON'T** recognise own MHC with no antigen bound
 - This is considered “self”
- **DO** recognise self MHC + bound antigen
 - = “altered self”
 - Occasionally non-peptide antigens can alter self MHC and elicit a T cell response
- **DO** recognise foreign MHC

Antigen presentation

- Activated dendritic cells migrate to local draining lymph node
- Process antigen
- Present antigen to T cells
 - MHC molecules
 - Costimulatory molecules

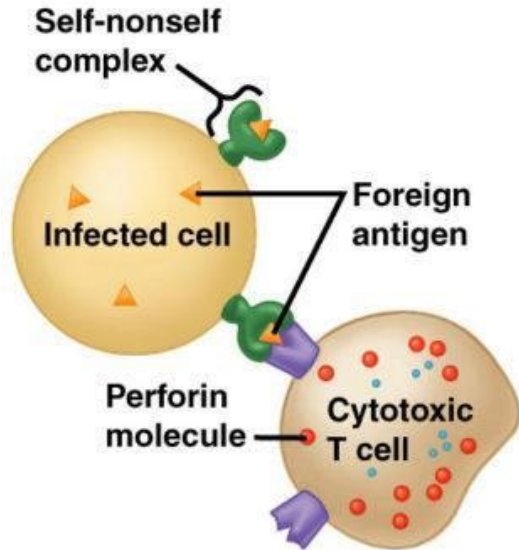


Interaction of T cell & APC

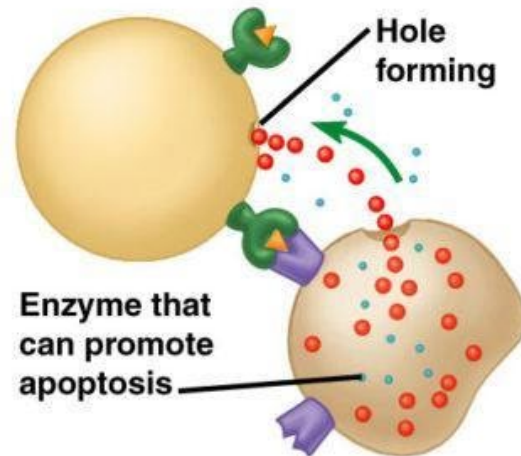


Antigen presentation → T cell activation

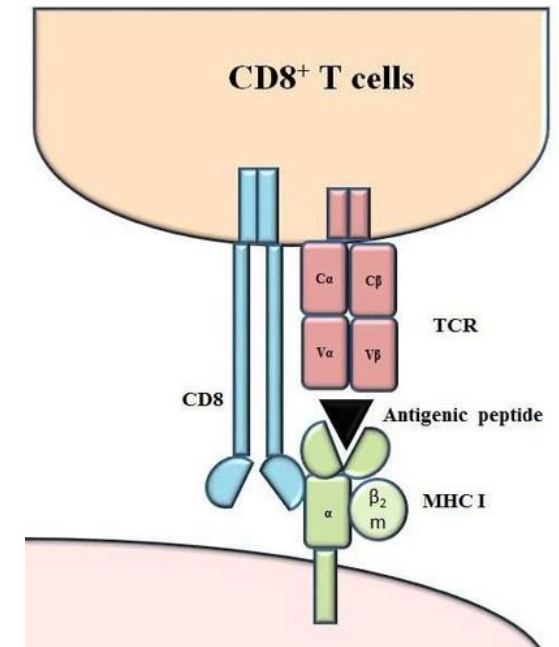
1 Cytotoxic T cell binds to infected cell

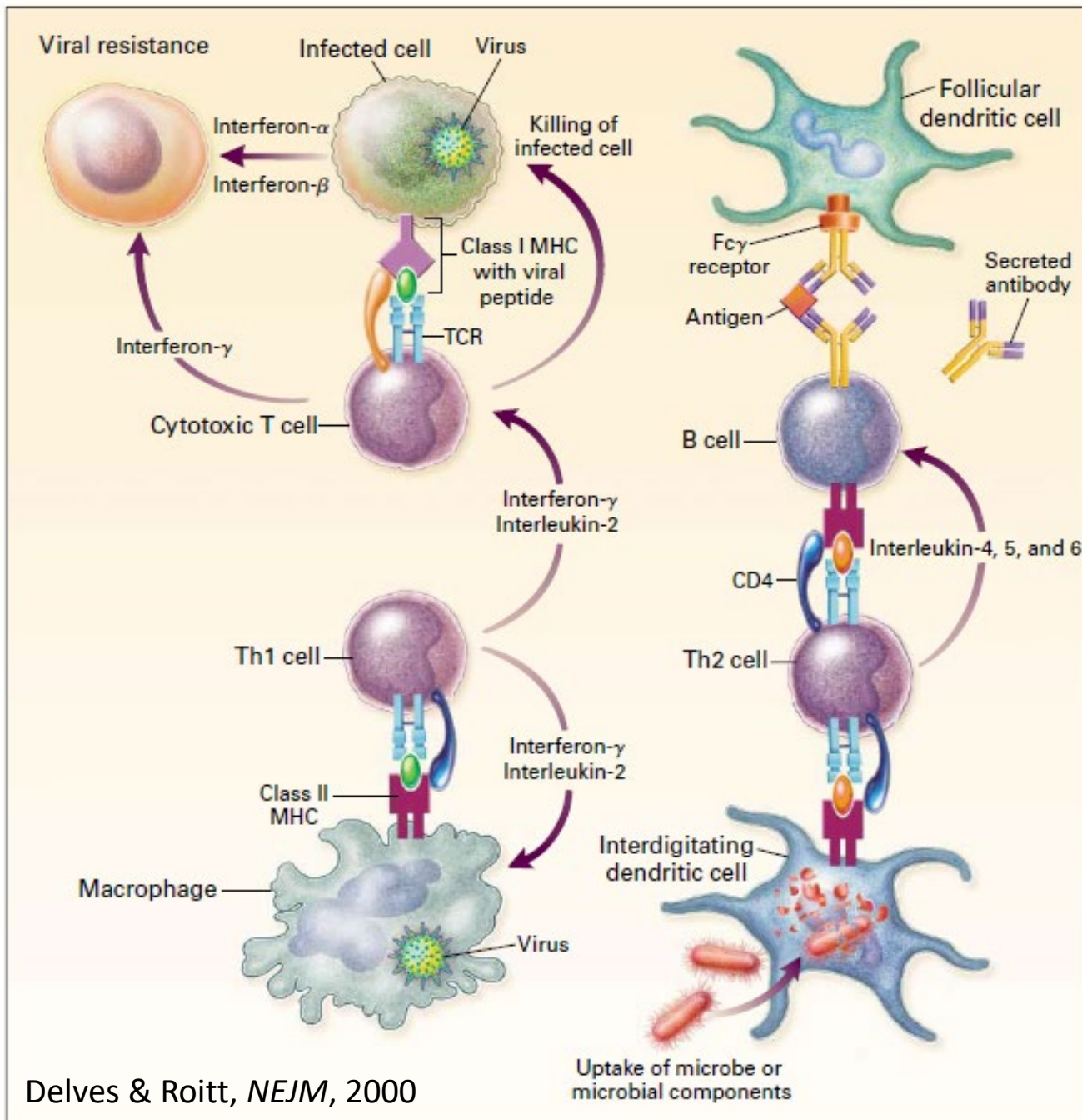


2 Perforin makes holes in infected cell's membrane and enzyme enters

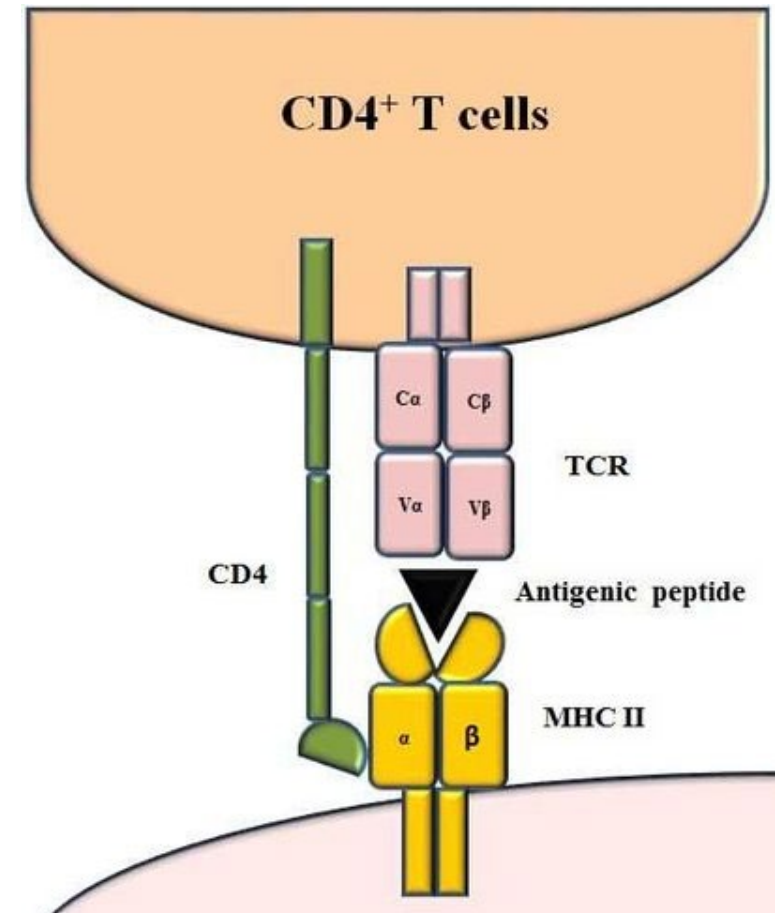


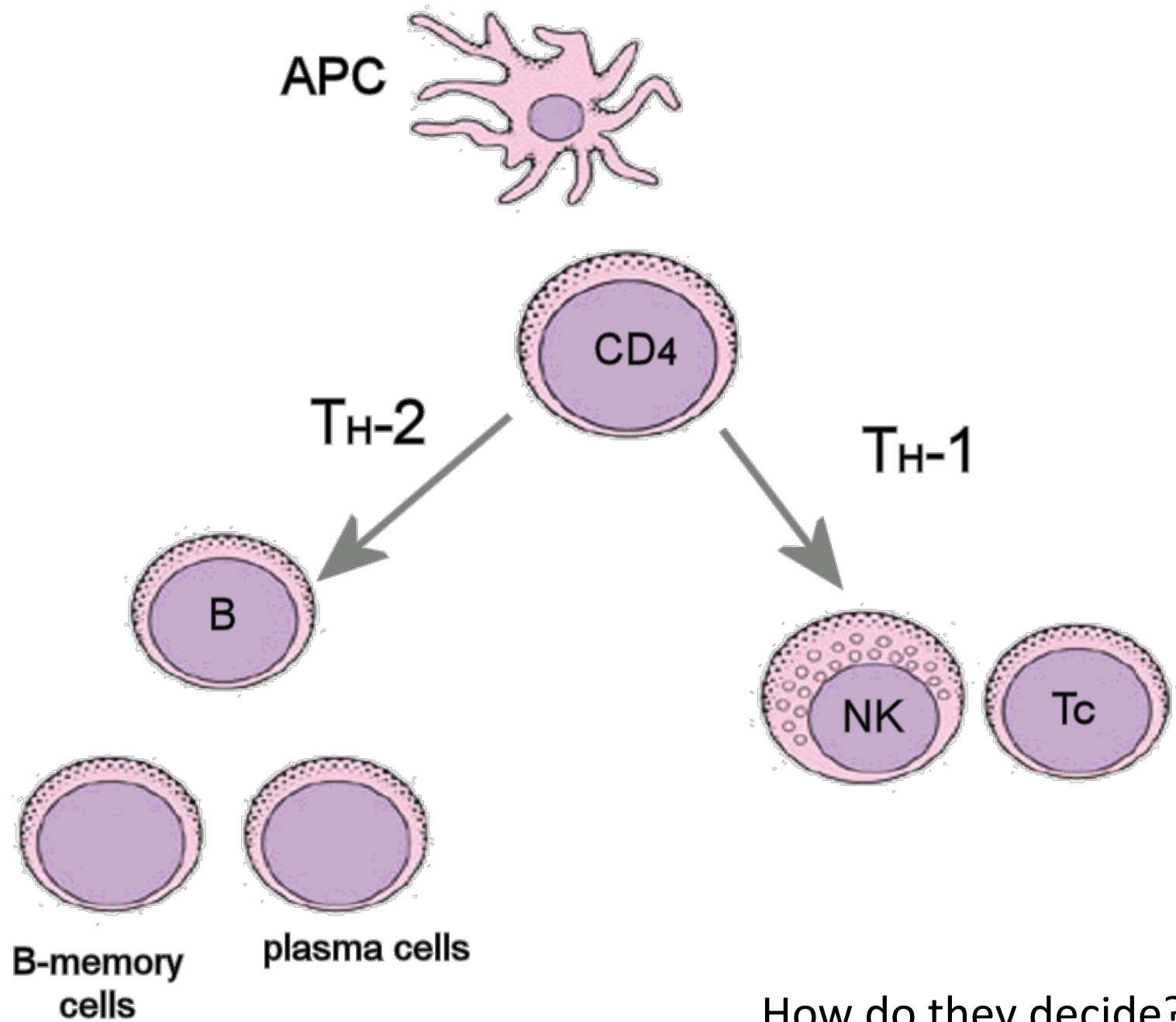
3 Infected cell is destroyed





Delves & Roitt, *NEJM*, 2000





How do they decide?

Principle cytokines of Th responses

IL-2 _____→ B cell proliferation & differentiation

IL-4 _____→ IgE production

IL-5 _____→ IgA production Th2

IL-6 _____→ plasma cell differentiation

IL-10 _____→ downregulates Th1 cytokines

= **antibody production**

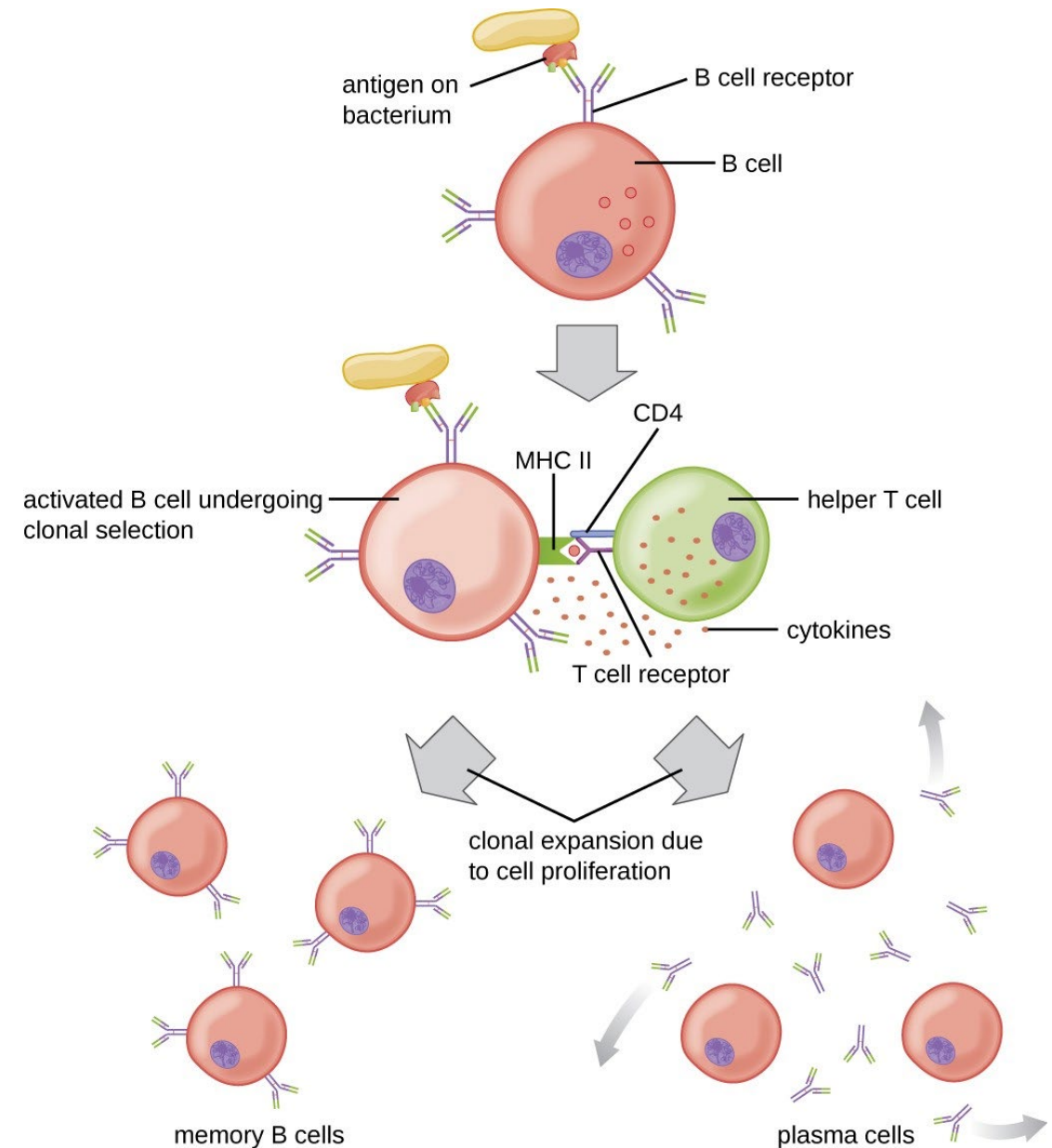
IFN γ _____→ macrophages, NK cells, Th1

downregulates Th2 activation

= **Cytotoxic T cells & cell-mediated immunity**

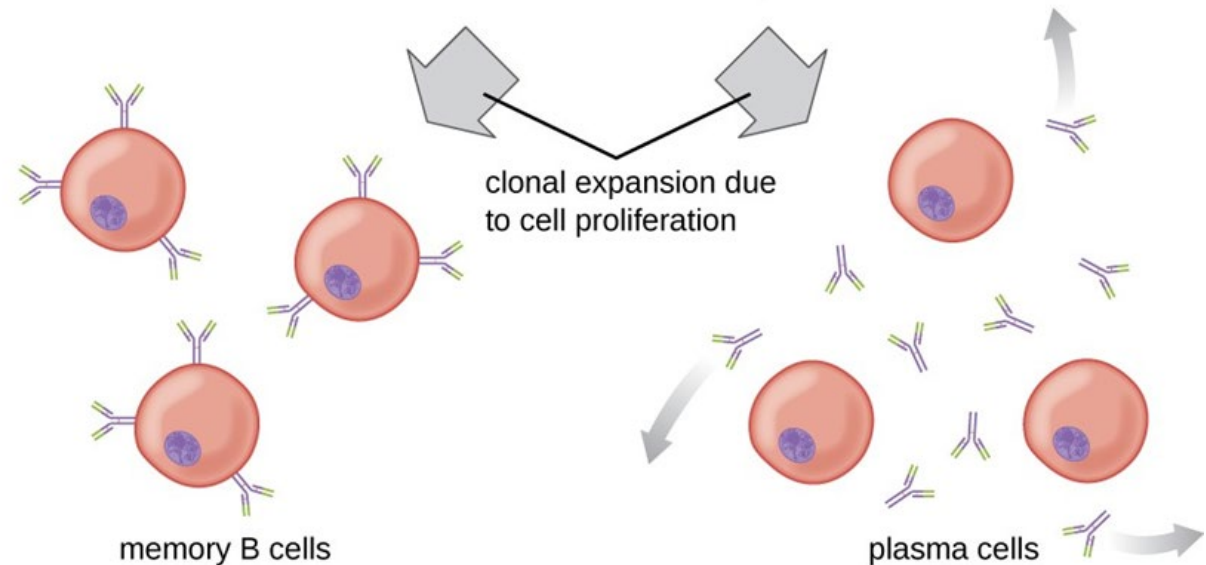
B cells

- Surface receptors & soluble receptors (= antibodies)
- Act as APCs
 - Antigen binds to B cell receptor
 - Internalised, processed, and expressed on MHC-II
 - BCRs are specific for one particular type of antigen
- Helper T cells co-stimulate B cells



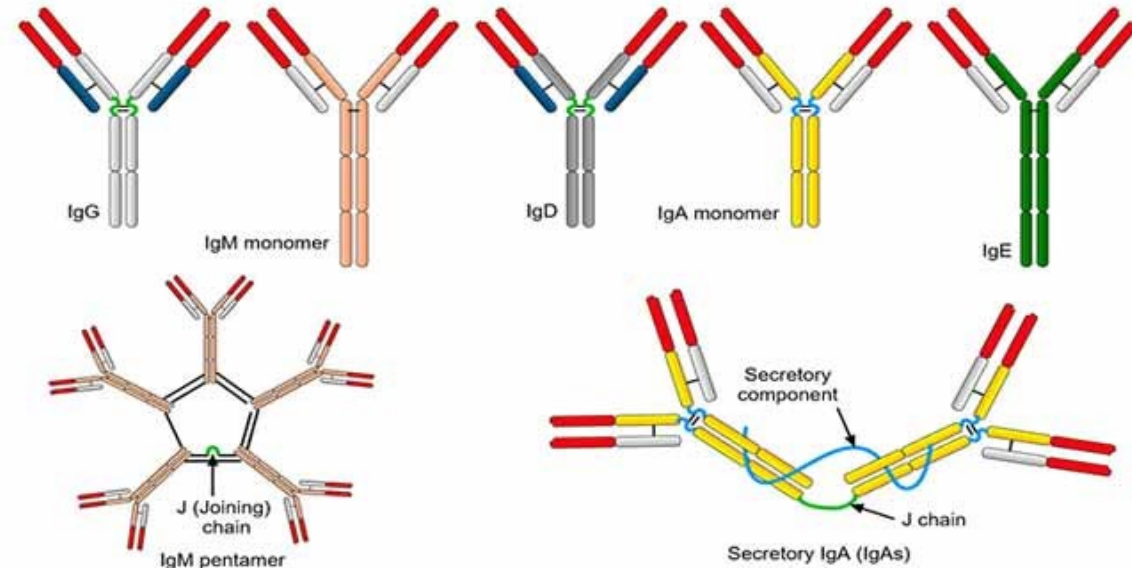
Activated B cells

- Clonal proliferation
 - Plasma cells (produce LOTS of antibodies)
 - Memory B cells

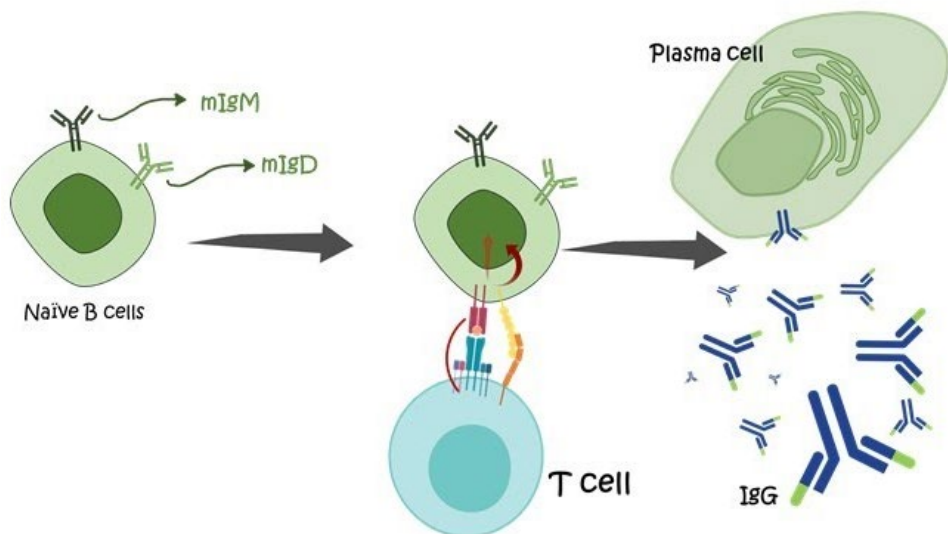


Antibodies

- 5 classes of antibody (immunoglobulins)
 - IgG
 - IgA
 - IgM
 - IgE
 - IgD
- All based on a Y-shaped molecule that matches a specific antigen
- Secreted into body fluids, can also bind to surface receptors on certain cells to facilitate antigen recognition and/or presentation

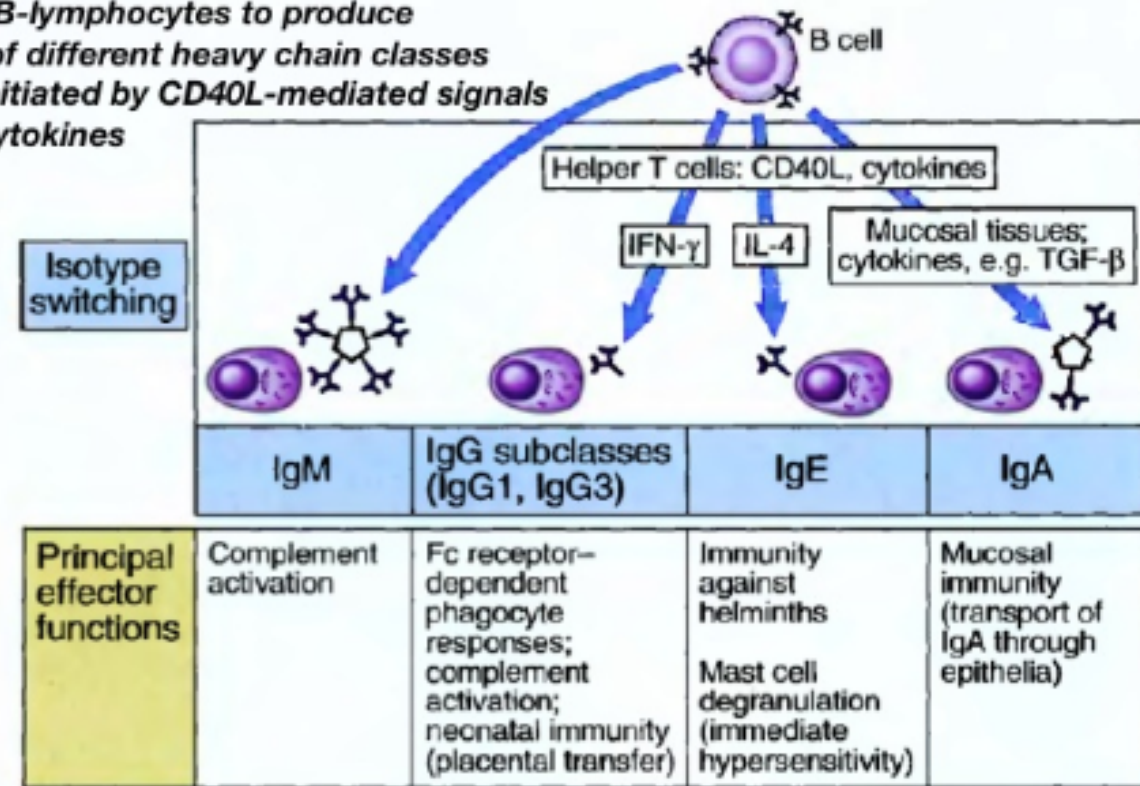
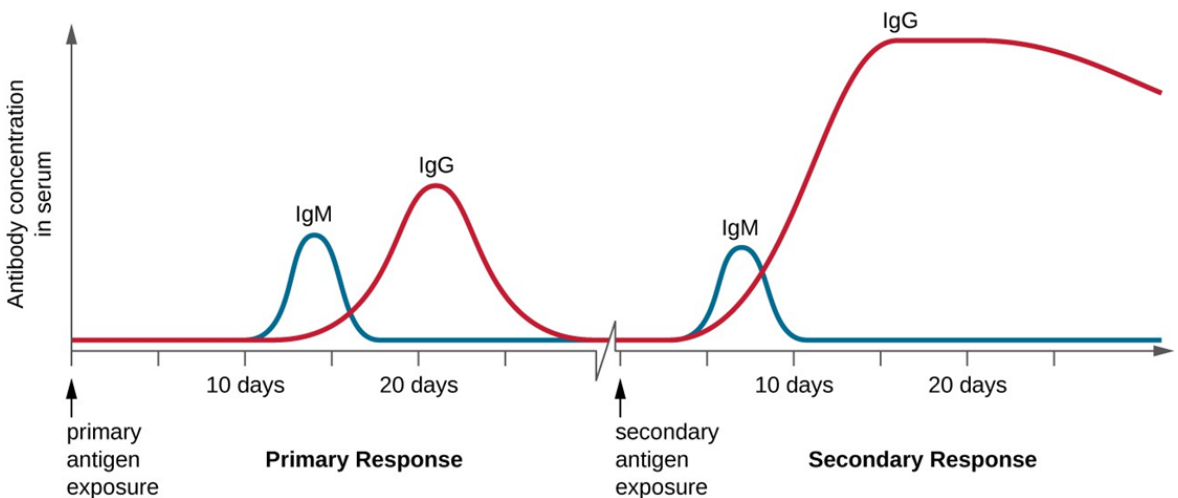


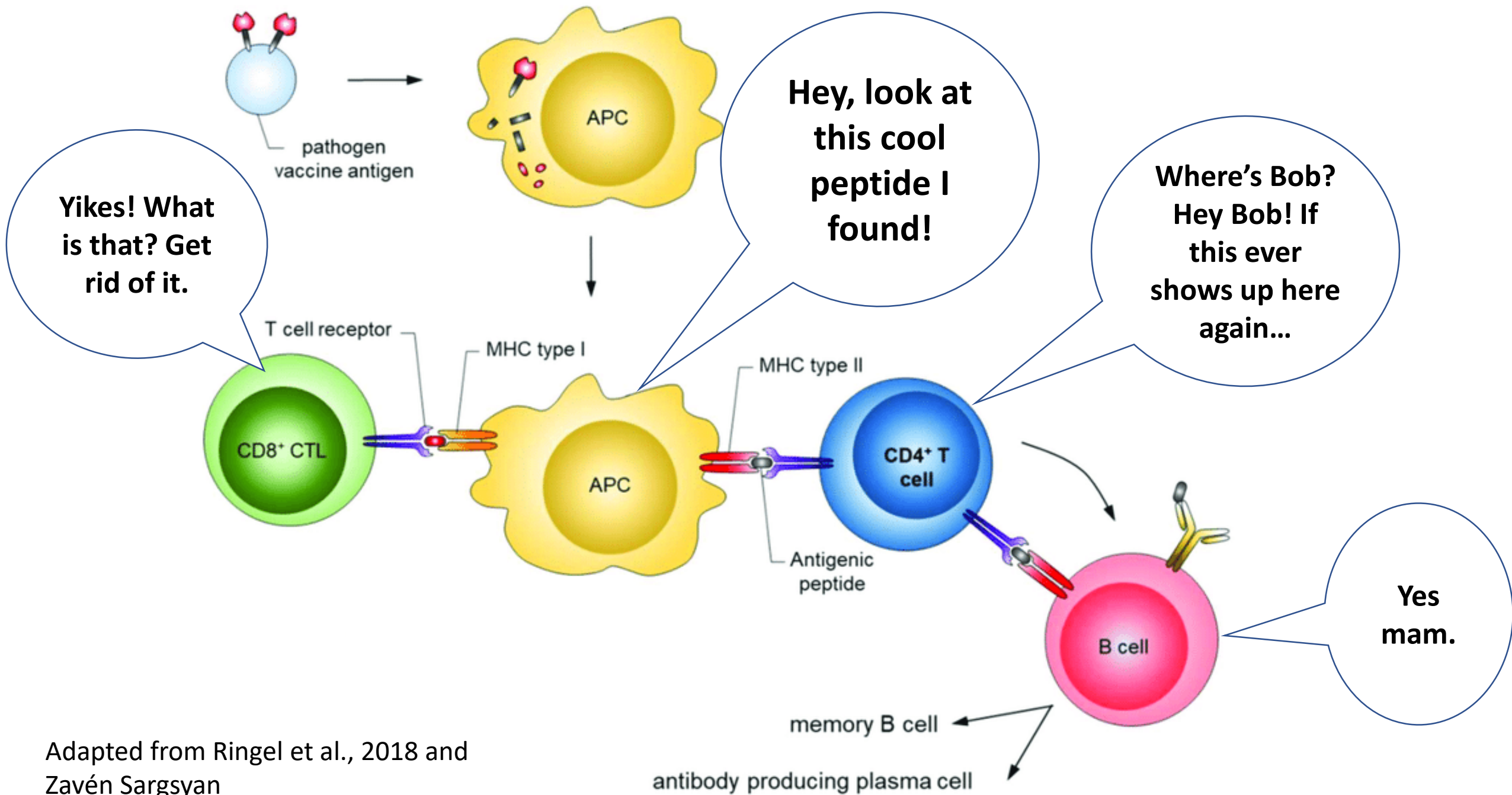
Antibody class switching by B cells



ISOTYPE SWITCHING

Helper T-cells stimulate the progeny of IgM+ IgD expressing B-lymphocytes to produce antibodies of different heavy chain classes (isotypes) initiated by CD40L-mediated signals and other cytokines





Adapted from Ringel et al., 2018 and
Zavén Sargsyan

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