

# Bible Language Learning Lesson

## English

Date: January 27, 2026

Level: A1

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### ■ Verse of the Day

**Philippians 4:13**

*I can do all things through Christ who strengthens me.*

**Meditación / Meditation:** This verse tells us that we can do anything with the help of Jesus. When we feel weak or scared, we can ask Him for strength. Remember, you are not alone; Jesus is always with you.

### ■ Reading Comprehension / Comprensión de Lectura

Philippians 4:13 says, "I can do all things through Christ who strengthens me." This means we can achieve many things with Jesus' help. Sometimes, we feel weak or afraid. When this happens, we can pray and ask Jesus for strength. He gives us power and courage. It is important to remember that we are never alone. Jesus is always with us. When we trust Him, we can face our problems better. This verse encourages us to believe in ourselves and in Jesus. With His help, we can do good things every day.

#### Key Vocabulary / Vocabulario Clave:

strength, Jesus, help, weak, afraid, pray, power, courage, trust, believe

## ■ **Reading Exercises / Ejercicios de Lectura**

1. What does Philippians 4:13 say?
2. Who gives us strength according to the reading?
3. What should we do when we feel weak or afraid?
4. How does trusting Jesus help us?

## ✍ ■ **Writing Exercises / Ejercicios de Escritura**

1. Write about a time when you felt weak. How did Jesus help you?
2. List three things you can do with Jesus' help.
3. Write a short prayer asking for strength.

## ■ **Listening Exercises / Ejercicios de Escucha**

1. What does the verse Philippians 4:13 mean?
2. Who can we trust for strength?
3. What should we do when we feel afraid?
4. How does Jesus help us according to the reading?

## ■■ **Speaking Exercises / Ejercicios de Conversación**

1. How do you feel when you trust Jesus?
2. Can you share a time when you prayed for strength?
3. What good things can we do with Jesus' help?

## ■■ **Filling Exercises / Ejercicios de Llenar**

1. Philippians 4:13 says, 'I can do all things through \_\_\_\_\_ who strengthens me.'
2. When we feel \_\_\_\_\_, we can pray and ask for help.
3. Jesus gives us \_\_\_\_\_ and courage.
4. It is important to remember that we are never \_\_\_\_\_.
5. With Jesus' help, we can face our \_\_\_\_\_ better.
6. This verse encourages us to \_\_\_\_\_ in ourselves and in Jesus.
7. We can achieve many things with \_\_\_\_\_' help.
8. Sometimes, we feel \_\_\_\_\_ or afraid.
9. When we trust Him, we can do good \_\_\_\_\_ every day.
10. Jesus is always with \_\_\_\_\_.

## ■ Answer Key / Clave de Respuestas

### Reading Answers

1. Philippians 4:13 says, 'I can do all things through Christ who strengthens me.' (*This verse emphasizes the empowerment that comes from faith in Christ, suggesting that with His support, we can overcome challenges.*)
2. According to the reading, Jesus gives us strength. (*The reading explicitly states that Jesus provides the power we need to face difficulties, highlighting His role as a source of strength.*)
3. When we feel weak or afraid, we should pray and ask Jesus for strength. (*The text suggests that in moments of fear or weakness, turning to prayer and seeking Jesus' help is essential for finding strength.*)
4. Trusting Jesus helps us face our problems better. (*The reading indicates that faith in Jesus enhances our ability to confront challenges, making us more resilient.*)

### Writing Answers

1. I once felt weak when I was struggling with my studies. I prayed to Jesus for help, and I felt a sense of peace and clarity that allowed me to focus better. (*This response reflects a personal experience of weakness and illustrates how prayer can provide comfort and strength.*)
2. With Jesus' help, I can pray for guidance, find courage to face challenges, and help others in need. (*This response lists actionable ways in which faith can translate into positive actions and support.*)
3. Dear Jesus, please give me strength when I feel weak. Help me to trust in You and guide me through my struggles. Amen. (*This prayer is a direct request for strength and demonstrates reliance on Jesus during tough times.*)

### Listening Answers

1. Philippians 4:13 means that we can accomplish anything through the strength provided by Christ. (*The verse conveys a message of empowerment and support from Jesus, emphasizing the importance of faith.*)
2. We can trust Jesus for strength. (*The reading clearly identifies Jesus as the source of strength, reinforcing the idea of reliance on Him.*)
3. When we feel afraid, we should pray and ask for help. (*The text suggests that prayer is a vital response to fear, allowing us to seek assistance from Jesus.*)
4. Jesus helps us by giving us power and courage. (*The reading indicates that Jesus provides the necessary support to face life's challenges with confidence.*)

## **Speaking Answers**

1. When I trust Jesus, I feel a sense of peace and confidence, knowing that I am not alone in my struggles. (*This response reflects a personal emotional state that arises from faith, emphasizing the comfort that trust in Jesus brings.*)
2. I remember a time when I prayed for strength before an important exam. I felt calm and focused, which helped me do well. (*This example illustrates a specific situation where prayer and trust in Jesus led to a positive outcome.*)
3. With Jesus' help, we can spread kindness, offer support to those in need, and face our fears with courage. (*This response highlights positive actions that can be taken with Jesus' assistance, emphasizing the impact of faith on daily life.*)

## **Filling Answers**

1. Christ (*The correct word is 'Christ,' as it directly refers to Jesus as the source of strength in the verse.*)
2. weak (*The word 'weak' fits the context of feeling vulnerable and needing help.*)
3. power (*The word 'power' aligns with the idea of strength that Jesus provides.*)
4. alone (*The word 'alone' emphasizes the assurance that we are never without support from Jesus.*)
5. challenges (*The word 'challenges' reflects the difficulties we face that require strength.*)
6. believe (*The word 'believe' indicates the importance of faith in ourselves and in Jesus.*)
7. Jesus (*The answer 'Jesus' refers to the one who provides help and guidance.*)
8. nervous (*The word 'nervous' captures the feeling of fear or anxiety that we might experience.*)
9. deeds (*The word 'deeds' signifies the good actions we can perform with Jesus' assistance.*)
10. us (*The word 'us' indicates that Jesus is always present with everyone who believes in Him.*)