



Key Sprint Elements for Small Companies

Item	Purpose	Adaptation in Small Company
Sprint Length	Timebox for focus and delivery rhythm	✅ <i>Maybe</i> – Start with 1-week sprints to move fast early on; switch to 2 weeks once things stabilize
Sprint Planning	Decide what to build and align expectations	✅ <i>Maybe</i> – Can be combined with retro; focus more on setting clear sprint goals
Daily Standup	Sync progress and surface blockers	✅ <i>Yes</i> – Keep it async or under 10 minutes in person
		🟡 <i>Can Skip</i> – Good for team morale

! Under-Estimating Tasks

Problem:

Developers think the task is simple, but hidden complexity or edge cases make it take much longer.

Why It Happens:

- Lack of clarity or detail
- Overconfidence from past similar tasks
- Missing consideration for testing, integration, error handling

Suggestions:

- ✓ Ask: "What could go wrong?"
- ✓ Add buffer *only* for known risk areas
- ✓ Break task into smaller subtasks
- ✓ Use past tickets as size reference

Over-Estimating Tasks

Problem:

Developers add a large buffer due to fear of missing deadlines or being judged.

Why It Happens:

- Low confidence in requirements
- Fear of being blamed for delays
- Estimating solo without peer support

Suggestions:

- ✓ Normalize that estimates are not commitments
- ✓ Estimate as a team or pair (sanity check)
- ✓ Encourage iteration: “Let’s aim for X, but adjust if needed”
- ✓ Build trust that re-scoping is OK

Hidden Work / Missing Scope

Problem:

A task looks simple but includes unaccounted work like infra, setup, or integration.

Why It Happens:

- Vague task definitions
- No clear checklist or “definition of done”
- No one catches the gaps during planning

Suggestions:

- ✓ Define done before estimating
- ✓ Ask: “What’s needed before/after this task?”
- ✓ Add a buffer if dependent on others (e.g. API readiness)
- ✓ Use spike tasks to explore unknowns

Task is Too Big or Vague

Problem:

Hard to estimate large or fuzzy tasks like "build dashboard" or "improve UX".

Why It Happens:

- Task not broken down
- No measurable outcome defined
- Ambiguous or exploratory work

Suggestions:

- ✓ Break down by deliverable or flow
- ✓ Include measurable goals or acceptance criteria
- ✓ Add a design or spike task if details are unclear
- ✓ Ensure it can be completed in 1–2 days max



Estimating Alone

Problem:

Estimates are made in isolation, leading to bias and no shared ownership.

Why It Happens:

- Fast-moving culture skips planning
- Devs fear wasting team time
- No habit of peer-checking estimates

Suggestions:

- ✓ Estimate in pairs or with the team
- ✓ Use async planning (e.g. Slack thread, emoji votes)
- ✓ Create a shared “mental model” of task sizes
- ✓ Make it safe to say “I’m unsure — need input”