

Living Will

Declaration

This Living Will's declaration on my life is made on Oct 20th 2020 by me Zohair Shaikh born on _March 1st 1956_ resident of 26 Marg Road Bengaluru_ at Bengaluru. This declaration is addressed to my surgeons, my doctors, my medical care providers, my hospital, my family and all others who are concerned with my health care.

I, being a sound mind person and rational thoughts, wilfully, voluntarily and after the carefully considering and evaluating the consequences on me and on all the people I am concerned with and after consulting with my doctors and lawyers, making this declaration that if I am unable to communicate my wishes, desires and preferences by myself, consequent to which, I am unable to take part in decisions regarding the kind of treatment to be given and not to be given to me, I direct that concerned should take the directions mentioned herein into account for taking any decision regarding prolonging my life.

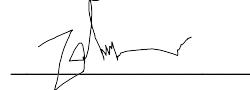
Further, this declaration and the directions contained herein are an expression of my legal right to refuse medical treatment and care. I expect and rely on my trust on the above-mentioned parties and make them legally and morally responsible to act in accordance with my directions envisaged herein. The above-mentioned parties should, therefore, be free from any legal liabilities for having followed this declaration and the directions contained herein.

DIRECTIONS

1. **Withdrawing Life Support:** If at any time, I become incompetent or incapacitated because of an incurable and irreversible injury, disease or illness, or if I reach to the stage of terminal illness or go into a coma with no reasonable expectation of recovering my consciousness, or reach a persistent vegetative state with no reasonable expectation of regaining significant cognitive functioning, or have a disease state from which I have no reasonable expectation of coming back to a reasonable quality of life as **judged by my physician(s)** who has/have personally examined me and has determined that my death is unavoidable and imminent except for death-delaying procedures and I have no reasonable grounds of recovering back, I hereby direct that in such situation I shall be deemed to deny any kind of life-sustaining infusions, nasogastric hydration and nutrition, which would only prolong the dying process be withheld or withdrawn.
2. **Limiting Treatment:** I direct that, I wish to die a natural death with only the administration of medication, sustenance, or the performance of any medical procedure deemed necessary by my attending physician to provide me with comfort care. My treatment should be limited to the measures to keep me comfortable and pain-free, including any pain which might occur from the withholding or withdrawing of life-sustaining medical treatment and care.

3. I direct that if I am in a condition as specified above in 1, **I shall not be given** following forms of medical treatment and healthcare:
 - i. Machines like ventilator
 - ii. Feeding tube
 - iii. Antibiotic
4. I direct that if I am in a condition as specified above in 1, **I shall be given** following forms of medical treatment and healthcare:
 - i. Pain medicines
 - ii. Sleeping medications
 - iii.
 - iv.
5. I hereby direct that if I am in condition as specified above in 1 and also in condition(s)_like coma I shall get following kinds of medical treatment and care:
 - i. Medicines for comfort
 - ii. Pain medicines
 - iii.
 - iv.
6. **Agent:** I hereby appoint Anwar khan, who is my Brother resident of_28 Anand Marg, New Delhi and Zaheer Khan who is my Son resident of 26 Marg Road Bengaluru as my agents for the execution of this living will. They shall be responsible for giving this declaration proper effect and honour my wishes, desires and preferences I have herein specified.
7. **Revocation:** I hold the authority to revoke these directives at any time prior to reaching the situation as described in 1, by expressing the same to my agents.

This Living Will Declaration expresses my firm wishes, desires, and preferences and shall remain in force throughout my life unless I revoke it as mentioned in clause 7. I fully understand the importance and consequences of this declaration and I am fully competent to make it.



Zohair Shaikh

26 Marg Road Bengaluru

Karnataka 500064

WITNESS STATEMENT

1. I declare that the declarant who signed and acknowledged this Living Will is personally known to me and that he/she has signed and acknowledged this Living Will Declaration in my presence, and that he/she appears to be a person sound mind and under no coercion, fraud, or undue influence.



Mrs. Zarina begam

___26 Marg Road Bengaluru

Karnataka 500064

2. I declare that the declarant who signed and acknowledged this Living Will is personally known to me and that he/she has signed and acknowledged this Living Will Declaration in my presence, and that he/she appears to be a person of sound mind and under no coercion, fraud, or undue influence.



.Mr. Mohan Kumar (Second Witness' Name)

38 Brigader Road Bengaluru

Karnataka 500064