

Imposter Syndrome

Ever feel like a fake?

That you're not sure
you're good enough to be
a data scientist?

That so far you've only
gotten by on luck, not
talent?

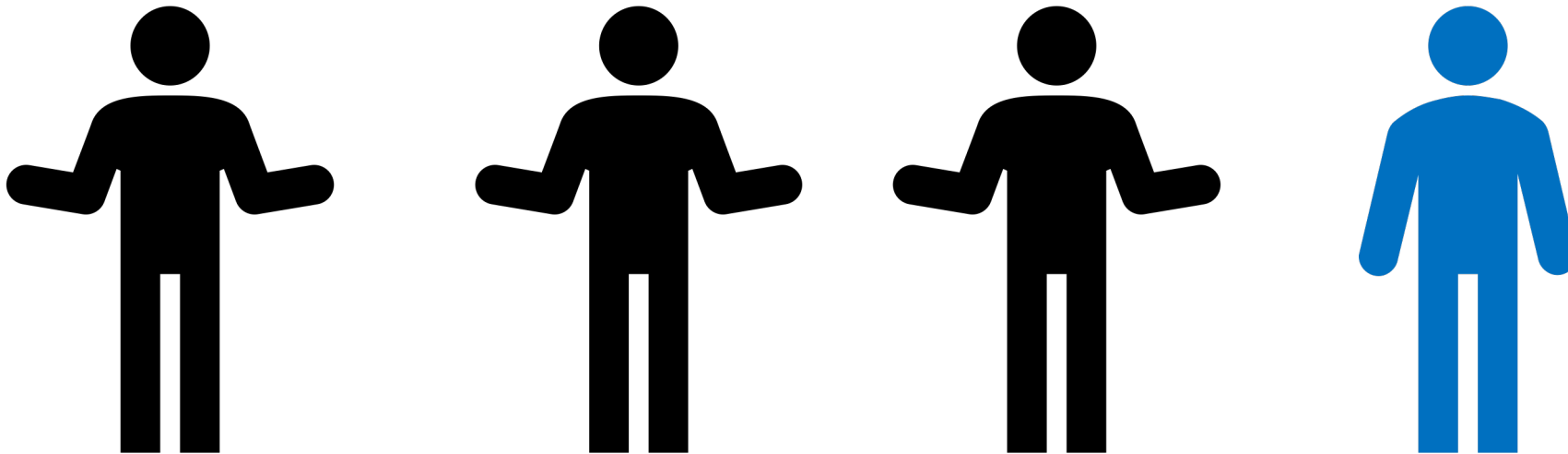
**Afraid you have to do it all
alone, and you can't?**

Think you're a smart cookie,
but now aren't sure, since
you have to work at things
for the first time?

**Believe that your success
so far is no big deal?**

You're Not Alone!

- 70% of Americans feel this way too!



Even Very Successful People Feel this Way!

- Maya Angelou (author)
- Howard Schultz (Starbucks exec)
- Tina Fey (producer)
- David Bowie (musician)
- Serena Williams (tennis)
- Tom Hanks (actor)
- Sonia Sotomayor (supreme court justice)

I've felt this way!

Recognized by some large agencies...

- NY Times
- Harvard Business Review
- American Psychological Association

What to do about it?

Talk it out!

- We're already talking now!
- Discuss with your mentor or instructor
- Check in with other students
- Use your support network of family / friends

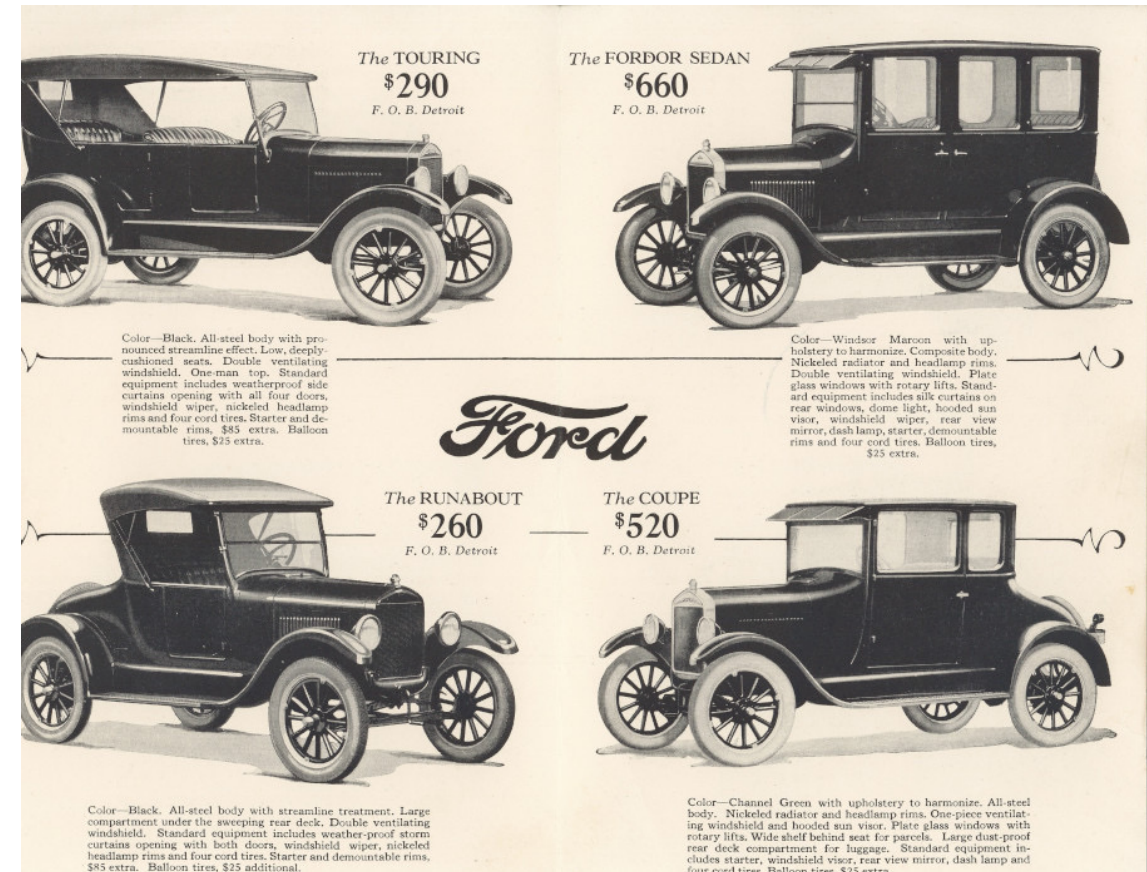
Celebrate yourself!

- You may be different – look at that as a plus!
- Be patient with yourself
- Treat yourself with love and kindness

Revel in your Failure

“Failure is only the opportunity to begin again more intelligently.”

-Henry Ford



The TOURING
\$290
F. O. B. Detroit

The FORDOR SEDAN
\$660
F. O. B. Detroit

Ford

The RUNABOUT
\$260
F. O. B. Detroit

The COUPE
\$520
F. O. B. Detroit

Color—Black. All-steel body with pronounced streamline effect. Low, deeply-cushioned seats. Double ventilating windshield. One-man top. Standard equipment includes weatherproof side curtains opening with all four doors, windshield wiper, nickel headlamp-rims and four cord tires. Starter and demountable rims, \$85 extra. Balloon tires, \$25 extra.

Color—Windsor Maroon with upholstery to harmonize. Composite body. Nickel radiator and headlamp-rims. Double ventilating windshield. Plate glass windows with rotary lifts. Standard equipment includes silk curtains on rear windows, dome light, hooded sun visor, windshield wiper, rear view mirror, dash lamp, starter, demountable rims and four cord tires. Balloon tires, \$25 extra.

Color—Black. All-steel body with streamline treatment. Large compartment under the sweeping rear deck. Double ventilating windshield. Standard equipment includes weatherproof storm curtains opening with both doors, windshield wiper, nickel headlamp-rims and four cord tires. Starter and demountable rims, \$85 extra. Balloon tires, \$25 additional.

Color—Channel Green with upholstery to harmonize. All-steel body. Nickel radiator and headlamp-rims. One-piece ventilating windshield and hooded sun visor. Plate glass windows with rotary lifts. Wide shelf behind seat for parcels. Large dust-proof rear deck compartment for luggage. Standard equipment includes starter, windshield visor, rear view mirror, dash lamp and four cord tires. Balloon tires, \$25 extra.

Revel in your Failure

- Thomas Edison made 1,000 lightbulbs before it worked!



“There are no problems, Bob, just challenges and opportunities...”



Rage Against the Should Machine

- Fight back statements like:
- “I should know the answer”
- “ I should not need to ask for help”
- “I should be moving faster than this”
- “I should understand this the first time”

Fake it 'til you Make it!

- You will make it
- Just keep on chuggin'!



Questions? Comments?