

CAPE TOWN - MOWBRAY - MANENBERG

MONDAYS TO FRIDAYS

EFFECTIVE DATE: 2025/07/14    TIMETABLE NUMBER: 0031 01

|            |       |       |       |        |        |        |        |       |        |        |    |    |    |    |    |    |    |    |    |    |    |
|------------|-------|-------|-------|--------|--------|--------|--------|-------|--------|--------|----|----|----|----|----|----|----|----|----|----|----|
| CAPE TOWN  | 08:00 | 12:00 | 13:00 | 14:00a | 14:00b | 15:00a | 15:00b | 16:00 | 17:35b | 17:40a | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| N2 FREEWAY | via   | --    | --    | --     | --     | --     | --     | --    | via    | --     | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MOWBRAY    | --    | 12:30 | 13:30 | 14:30a | 14:30b | 15:30a | 15:30b | 16:30 | --     | 18:00a | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| BRIDGETOWN | 06:45 | --    | --    | --     | --     | --     | --     | --    | --     | --     | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| HEIDEVELD  | --    | --    | --    | --     | --     | --     | --     | --    | via    | 18:20a | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MANENBERG  | 06:45 | 13:00 | 14:00 | 15:30a | 15:10b | 16:00a | 16:30b | 17:00 | 18:15b | 18:40a | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |

SATURDAYS

|           |       |       |       |       |       |       |       |       |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------|-------|-------|-------|-------|-------|-------|-------|-------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| CAPE TOWN | 08:50 | 12:00 | 12:50 | 13:30 | 15:00 | 16:00 | 17:00 | 18:00 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MOWBRAY   | 09:20 | --    | 13:20 | 14:00 | 15:20 | 16:20 | 17:20 | 18:20 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| HEIDEVELD | --    | via   | --    | --    | 15:40 | 16:40 | 17:40 | 18:40 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MANENBERG | 09:50 | 13:00 | 13:50 | 14:30 | 16:00 | 17:00 | 18:00 | 19:00 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |

SUNDAYS - NO SERVICE

ABBREVIATIONS

a    - Mondays , Tuesdays , Wednesdays , Thursdays

b    - Fridays

Every effort will be made to operate in accordance with this timetable, but the company does not undertake that its vehicles will maintain such times nor will the company be held liable for any damage, loss, injury, inconvenience or delay to any passenger due to failure of these vehicles in adhering to the timetable. All services are operated subject to the "Conditions of Carriage" which can be viewed on the website at [www.gabs.co.za](http://www.gabs.co.za). Reg. No. 1992/001234/07

Service Enquiries: Tollfree 0800 656463 - Remember Clipcards are cheaper than cash.

MANENBERG - MOWBRAY - CAPE TOWN  
MONDAYS TO FRIDAYS

EFFECTIVE DATE: 2025/03/24    TIMETABLE NUMBER: 0031 02

|            |       |       |       |        |        |       |       |       |       |    |    |    |    |    |    |    |    |    |    |    |    |    |
|------------|-------|-------|-------|--------|--------|-------|-------|-------|-------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| MANENBERG  | 05:10 | 06:10 | 08:00 | 09:00b | 09:00a | 12:00 | 13:00 | 14:30 | 15:00 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| HEIDEVELD  | 05:25 | --    | --    | --     | --     | --    | --    | --    | --    | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| BRIDGETOWN | 05:40 | --    | --    | --     | --     | --    | --    | --    | --    | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| N2 FREEWAY | --    | via   | --    | --     | --     | --    | --    | --    | --    | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MOWBRAY    | 05:55 | --    | 08:40 | 09:40b | 09:40a | 12:40 | 13:40 | 15:10 | 15:40 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| CAPE TOWN  | 06:10 | 07:00 | 09:15 | 11:45b | 10:00a | 13:00 | 14:00 | 16:10 | 16:00 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |

SATURDAYS

|           |       |       |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------|-------|-------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| MANENBERG | 08:50 | 10:50 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| MOWBRAY   | 09:30 | 11:30 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |
| CAPE TOWN | 10:00 | 12:00 | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- | -- |

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