To add to my website, blog page:

JupyterLab video, SciPy 2018,Forst 30 minutes, overview/demo.

<iframe width="560" height="315" src="https://www.youtube.com/embed/Gzun8PpyBCo" frameborder="0" allow="accelerometer; autoplay; encrypted-media; gyroscope; picture-in-picture" allowfullscreen></iframe>