**To add a copied worksheet to a workbook in a document-level customization**

1. Use the [Copy](https://docs.microsoft.com/en-us/dotnet/api/microsoft.office.interop.excel.worksheets.copy) method to copy the first worksheet in the current workbook and place the copy after the third sheet.

C#Copy

Globals.Sheet1.Copy(Globals.ThisWorkbook.Sheets[3]);

**To add a copied worksheet to a workbook in a VSTO Add-in**

1. Use the [Copy](https://docs.microsoft.com/en-us/dotnet/api/microsoft.office.interop.excel.worksheets.copy) method to copy the first worksheet in the current workbook and place the copy after the third sheet.

C#Copy

Excel.Worksheet worksheet1 = ((Excel.Worksheet)Application.ActiveWorkbook.Worksheets[1]);

Excel.Worksheet worksheet3 = ((Excel.Worksheet)Application.ActiveWorkbook.Worksheets[3]);

worksheet1.Copy(worksheet3);

## Use the worksheet host item

In a document-level customization, add the following code to Sheet1.vb or Sheet1.cs.

### To select the first worksheet in a workbook using a host item

1. Call the [Select](https://msdn.microsoft.com/en-us/library/k3k6d48w(v=vs.140).aspx) method of Sheet1.

C#Copy

Globals.Sheet1.Select();

## Use the sheets collection of the Excel workbook

Access the worksheet by using the Excel [Sheets](https://msdn.microsoft.com/en-us/library/microsoft.office.interop.excel.sheets(v=vs.140).aspx) collection.

### To select the first worksheet in a workbook using the Sheets collection of the Excel workbook

1. Call the [Select](https://docs.microsoft.com/en-us/dotnet/api/microsoft.office.interop.excel.sheets.select) method of the [Sheets](https://msdn.microsoft.com/en-us/library/microsoft.office.interop.excel.sheets(v=vs.140).aspx) collection to select the first worksheet of the active workbook.

C#Copy

((Excel.Worksheet)this.Application.ActiveWorkbook.Sheets[1]).Select();