```
In [1]:
        import re
        import random
        import string
        def is_password_strong(password, username=None):
            # Define password policy requirements
            # At Least 8 characters
            if len(password) < 8:</pre>
                return False, "Password must be at least 8 characters long."
            # Contains at least one uppercase letter
            if not any(char.isupper() for char in password):
                return False, "Password must contain at least one uppercase letter
            # Contains at least one lowercase letter
            if not any(char.islower() for char in password):
                return False, "Password must contain at least one lowercase letter
            # Contains at least one digit
            if not any(char.isdigit() for char in password):
                return False, "Password must contain at least one digit."
            # Contains at least one special character
            special_characters = "!@#$%^&*()-_=+[{]}|;:,<.>/?"
            if not any(char in special_characters for char in password):
                return False, "Password must contain at least one special character
            # Check for consecutive characters (e.g., "123", "abc")
            if re.search(r'(.)\1\1', password):
                return False, "Password cannot contain consecutive characters (e.g
            # Check for sequences (e.g., "123", "abc")
            for i in range(len(password)-2):
                if ord(password[i]) == ord(password[i+1]) - 1 == ord(password[i+2])
                    return False, "Password cannot contain sequential characters (
            # Check if password contains username (case insensitive)
            if username and username.lower() in password.lower():
                return False, "Password cannot contain your username."
            # Check against a list of commonly used passwords (can be customized)
            common_passwords = ["password", "123456", "qwerty", "abc123"]
            if password.lower() in common passwords:
                return False, "Password is too commonly used."
            # Password meets all requirements
            return True, "Password meets the strong password policy."
        def generate_strong_password(length=12):
            # Generate a random strong password
            uppercase_letters = string.ascii_uppercase
            lowercase_letters = string.ascii_lowercase
            digits = string.digits
            special characters = "!@\#$%^&*() - =+[{]}];:,<.>/?"
            # Ensure at least one of each type of character
            password_characters = []
            password characters.append(random.choice(uppercase letters))
            password_characters.append(random.choice(lowercase_letters))
            password characters.append(random.choice(digits))
```

```
password_characters.append(random.choice(special_characters))
    # Fill the rest of the password with random characters
    remaining_length = length - 4 # subtract 4 because we already have 4 <
    password_characters.extend(random.choices(string.ascii_letters + string
    # Shuffle the password characters to make it random
    random.shuffle(password_characters)
    # Join the characters to form the password
    generated_password = ''.join(password_characters)
    return generated_password
# Example usage:
password = "StrongP@ssw0rd"
username = "example_user"
# Validate password
is_strong, message = is_password_strong(password, username)
if is strong:
    print("Password meets the strong password policy.")
    print(f"Password does not meet the strong password policy: {message}")
# Generate a strong password
generated_password = generate_strong_password()
print(f"Generated strong password: {generated_password}")
```

Password meets the strong password policy. Generated strong password: rV4u/Lf[K>S*

In []: