A Happier Healthier Me

Grant Ideas 09/27

Meals for College Students

After going over the details of the data collection, I concluded a few metrics and possible ideas for categories of companies to look into for future grants to apply or look into.

Cheaper/easiest access to meals for students

In the following graphs, we will notice a trend that students find it the hardest to achieve healthy meals and maintain this. Exercising is often done as well, the ones with the most sugary beverages consumed, and the challenges faced to eating healthy being time to prepare meals.



Sugary Beverages

Often college students consume 2-3, 4-5, even 7 or more. Nowadays soda is cheaper than water making it more accessible.

Time to Prepare Meals

College students often don't have a lot of time to prepare meals or the money to do so. Making meals affordable and not so time-consuming is a great way to make sure they can eat healthy meals.

