



Jennifer's Creator's Code

In Collaboration, Not Substitution

Quantum Foam Latte – 2025

Core Intention

I use AI to support my creative and healing process – not to replace my voice. *Quantum Foam Latte* exists to express the living texture of my experience:

the chaos, compassion, and caffeine that make me *me*.

AI may illuminate paths, but the words, code, and choices are mine to walk.

Guiding Values

- Authenticity My work should sound and feel like *me*.
- Embodiment I stay connected to my process, even when I use tools.
- Integrity I give credit – to myself – to the tools that assist.
- Curiosity › I use AI to learn, not to rush
- Convenience

Practical Rituals

- Before I Begin Treat AI as a *mentor*, not a *maker*.
 - Ask for structure, feedback, or examples – never full substitution
- While I Create Keep my hands on the keyboard
 - I shape, edit, re-imagine before anything leaves the draft.
- After I Finish If it doesn't feel like my voice –
 - my raw draft ● my refined version
 - Does this still sound like me? Did I just take something?

Closing Reminder

Every time I create, I am rebuilding trust in my own voice.

AI can be a companion – but *my* presence is the art.

