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"The biggest mistake I see new programmers make is focusing on learning syntax instead of learning how to solve problems."

- V. Anton Spraul



# Thinking about thinking

Logical and reflective thinking

# critical thinking

"Thinking about, monitoring, and regulating our own thinking."



Looking at your results along the way

### metacognition

Awareness of how efficient we are in **applying strategies** to complete a task to **monitor** and **regulate** our own thinking.

The combination of these two involves:

#### 01.

**Awareness** of our cognitive processes and activities,

#### 02.

knowing how to take **appropriate action**, and

#### 03.

having a range of **flexible strategies** to solve problems.



## Why should I learn this?

requires a **structured**, **transferable**, **logical** approach.

It can be done through **critical evaluation** of a problem.



Many of us are able to solve problems without knowing how we do it.

This might mean we are excellent thinkers, or we just get lucky.

To ensure that we can solve problems of varying complexity and context, we need to understand **how we solve problems**.



### How does it help me solve a problem?

Critical thinking and metacognition help us to solve problems because it...



Gives you an **intellectual toolset** that can be applied to any problem.



Ensures that you **correctly define** the problem.



Ensures you **consider all parts** of the problem.



Ensures you produce the **best solution** for a problem.



# Six dimensions of critical thinking

**EVALUATE** or assess arguments, explanations, considerations, opinions, questions, and inferred relationships between statements.

**INFER** and hypothesize by querying evidence, conjecturing alternatives, and understanding the consequences thereof.

**INTERPRET** statements by understanding and categorizing them, decoding their significance, and clarifying the meaning thereof.

**EXPLAIN** or state results, justify procedures, and present arguments for and against them.

**ANALYZE** statements by identifying relevant information and the relationships between it, identifying arguments for and against it, and examining ideas.

**SELF-REGULATE** by being aware of their cognitive activities (how they evaluate, interpret, analyse, infer, and explain) and examining them.



# But first, try on your own



#### **Scenario:**

A few of your colleagues really need coffee to get those neurons firing for a big project you're working on. They've asked you to take control of the situation.

#### Information:

The office has a kitchen with a coffee machine and all the necessary ingredients to make coffee. You also know of a great takeaway coffee shop around the corner from the office. Make as many assumptions as you think are necessary.

Write down the steps you need to take to solve this "problem".

Try to recognize the implicit processes you follow while writing down these steps.

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## When you DON'T understand the problem





<u>Lenny Rachitsky</u> (former developer at Airbnb)

The original instruction:

Build out a "social travel" experience for Airbnb travellers.

What they thought the problem was:

"Travellers want to hang out with other travellers."

The **REAL** problem:

"Travellers want to find high-quality, non-touristy things to do."



### A three-step approach to problem solving

As a result of misunderstanding the real problem, Lenny proposed a **problem-solving framework**:





# Right problem, working solution

UNDERSTAND THE PROBLEM

**Understand** the problem in detail. What is the desired outcome?

**Understand** 

Write down a **problem statement**, making sure there is no ambiguity.

03. List the potential options/solutions using a logic tree.

FIND THE FACTS

Design

O4. Consider the pros and cons of each potential solution.

REVIEW REVIEW

Select the best option and build that solution.

**Build** 



#### Some ways to solve a problem

**Logic trees** 

A fundamental **problem-structuring framework** for solving complicated problems.

**Agile** 

A framework to effectively **manage projects**. Mostly used by developers, but can be applied to almost anything.

**Design thinking** 

A solution-based approach to **solve complex, ill-defined** problems.

Scientific method

A logical problem-solving approach that is **rigorous and replicable** – used by scientists.

Root cause analysis

A problem-solving method used to **identify the root causes** of problems.

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