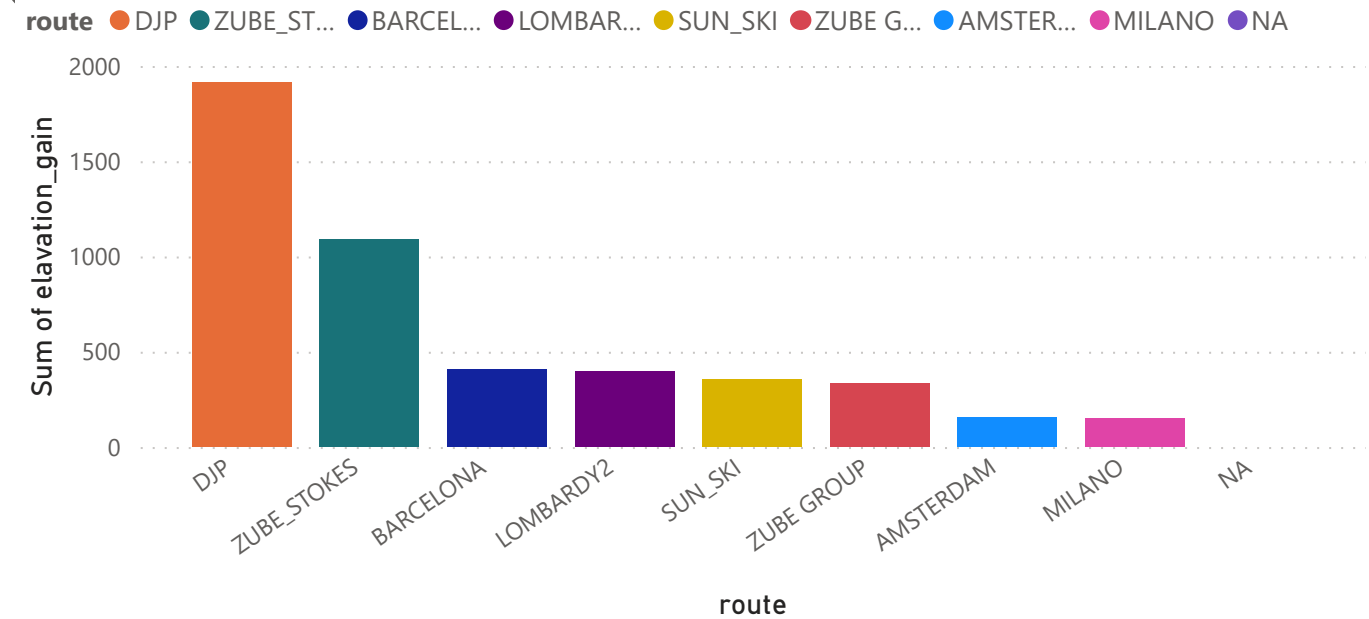


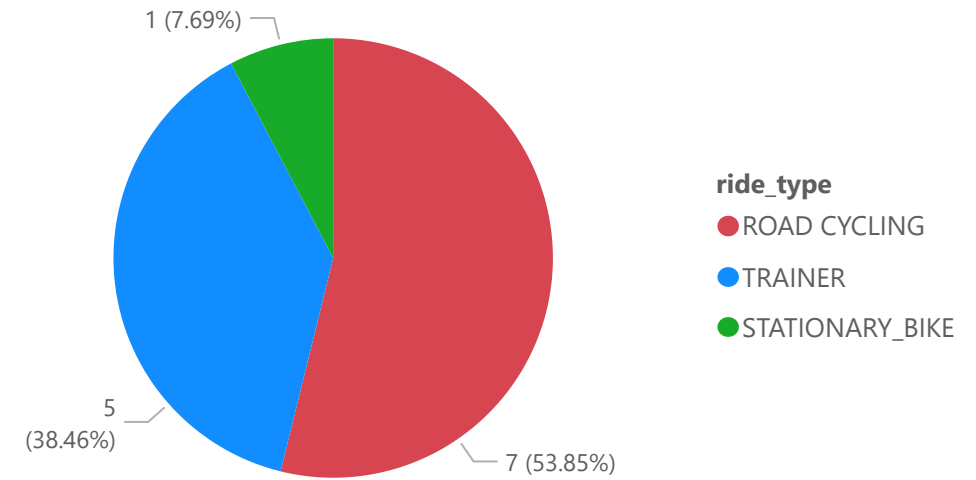
date	ride_type	route	Sum of distance	Average of avg_heart_rate	Sum of calories_burned	Sum of elavation_gain	Average of avg_speed	Average of avg_power	avg_cadence
Saturday, October 01, 2022	ROAD CYCLING	ZUBE GROUP	29	77	1424	331	15	87	0
Saturday, October 08, 2022	ROAD CYCLING	DJP	32	147	1330	620	14	84	0
Sunday, October 09, 2022	ROAD CYCLING	SUN_SKI	31	158	1483	354	16	108	0
Thursday, October 13, 2022	STATIONARY_BIKE	NA	14	140	459	0	0	0	0
Saturday, October 15, 2022	ROAD CYCLING	ZUBE_STOKES	43	156	2096	512	15	88	78
Tuesday, October 18, 2022	TRAINER	BARCELONA	13	159	321	407	15	103	89
Wednesday, October 19, 2022	TRAINER	AMSTERDAM	22	164	471	157	17	102	95
Saturday, October 22, 2022	ROAD CYCLING	ZUBE_STOKES	44	155	1163	577	16	90	80
Sunday, October 23, 2022	TRAINER	MILANO	10	163	242	75	19	133	100
Wednesday, October 26, 2022	TRAINER	LOMBARDY2	23	170	536	394	18	114	93
Thursday, October 27, 2022	ROAD CYCLING	DJP	31	162	958	617	16	106	87
Saturday, October 29, 2022	TRAINER	MILANO	10	168	257	75	20	112	101
Sunday, October 30, 2022	ROAD CYCLING	DJP	33	164	1280	674	16	143	85
Total			333	153	12020	4793	15	98	

Year	Month	Day	ride_type	route	Average of left_balance	Average of right_balance	Average of total_stress_score	Average of natural_power	Average of intensity_factor	Sum of total_strokes
2022	October	30	ROAD CYCLING	DJP	50.00	50.00	131	157	0.78	9994
2022	October	22	ROAD CYCLING	ZUBE_STOKES	60.00	40.00	84	109	0.55	11691
2022	October	27	ROAD CYCLING	DJP	61.00	39.00	77	122	0.61	9099
2022	October	23	TRAINER	MILANO	65.00	35.00	14	104	0.52	3036
2022	October	29	TRAINER	MILANO	65.00	35.00	16	116	0.58	2851
Total					60.20	39.80	64	122	0.61	36671

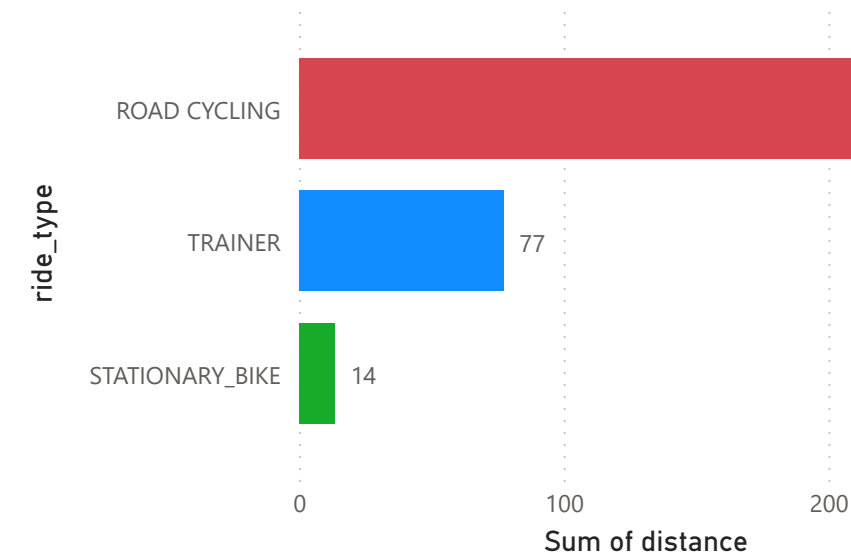
Sum of elavation_gain by route and route



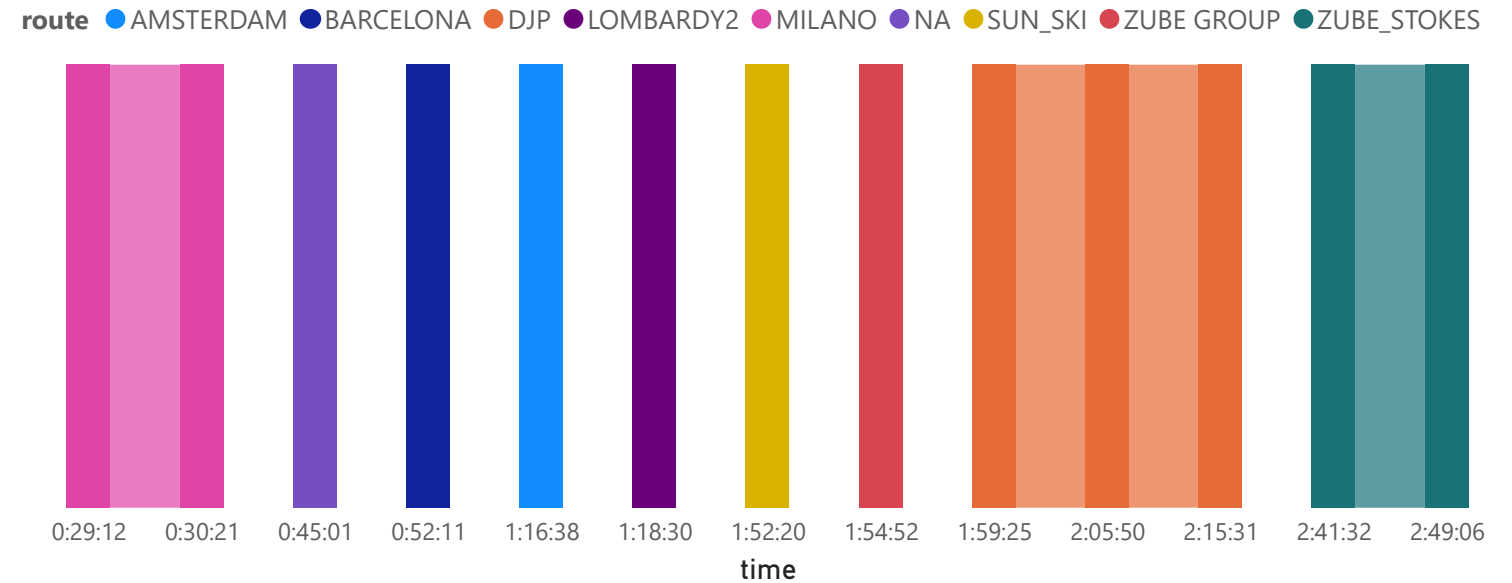
Count of ride_type by ride_type



Sum of distance by ride_type



Count of route by time and route



date	Average of weight	Average of body_fat	Average of bmi	Average of heart_rate	Average of systolic	Average of diastolic	Average of muscle_mass	Average of bone_mass	Average of last_sleep
Wednesday, October 19, 2022	172	25	25	71	99	70	68	9	7
Thursday, October 20, 2022	173	25	26	78	115	80	68	9	6
Friday, October 21, 2022	173	24	26	78	121	84	68	9	8
Saturday, October 22, 2022	175	24	26	66	124	86	69	9	7
Sunday, October 23, 2022	173	25	26	73	113	76	68	9	7
Monday, October 24, 2022	173	25	26	75	111	78	68	9	7
Tuesday, October 25, 2022	175	25	26	66	109	77	69	9	8
Wednesday, October 26, 2022	173	25	26	73	109	82	68	9	7
Thursday, October 27, 2022	172	25	26	77	115	79	68	9	5
Friday, October 28, 2022	173	25	26	77	111	79	68	9	7
Saturday, October 29, 2022	174	25	26	73	112	78	69	9	7
Sunday, October 30, 2022	174	25	26	75	116	76	69	9	6
Monday, October 31, 2022	173	25	26	81	107	73	68	9	6
Total	173	25	26	74	112	78	68	9	7

Sum of systolic and Sum of diastolic by date

