Questionnaire

Name:

Age:

1. Do you know the proper diet and exercise according to your body?

A. Yes B. No

2. Do you know your BMI?

A. Yes B. No

3. Do you know the importance of BMI?

A. Yes B. No

4. Do you know how to calculate the BMI?

A. Yes B. No

5. Do you often you compute your BMI?

A. Yes B. No

6. Is the method in determining the BMI efficient?

A. Yes B. No

7. Have you tried using a technology in measuring your height and weight?

A. Yes B. No

8. Have you tried using BMI calculator app in your Smartphone?

A. Yes B. No

9. Do you want to compute your BMI effortlessly?

A. Yes B. No

10. Do you want a technology that measures your height and weight then compute the BMI automatically

A. Yes B. No