## Clean Room Checklist (A1043)

Date: Signature:
Before Entering
□ <b>Personal Hygiene:</b> Shower within the last 48 hours and wash your face to remove makeup.
☐ Minimize Re-entry: Use the restroom before entering to minimize clean room re-entry.
☐ Attire: Wear long sleeves, pants, and closed-toe shoes. No jewelry is allowed.
☐ <b>Preparation:</b> Double-check your lab notebook and experiment plan to ensure you have all
necessary items and that everything complies with clean room regulations.
Entry Procedure
□ Entering A1043: Enter through the front door, leaving shoes outside. Close the door
immediately.
□ Sticky Mat: Check the sticky mat and report any fresh footprints. Remove a layer if
significantly dirty.
☐ <b>Gowning:</b> Properly gown with a clean room suit and ensure no hair exposure.
Air Shower
☐ Air Shower Entry: Enter the clean room through the air shower area, swirling your arms
whenever possible.
□ <b>Door Malfunction:</b> Pay attention to the deadbolt click sound and report any malfunction of
the air shower doors.
Inside the Clean Room
□ Safety and Cleanliness: Upon entry, check the lab and document any violations or anomalies.
Report emergencies or issues impacting your experiment immediately.
☐ <b>Microscopy:</b> Perform experiments carefully. Use laser goggles when necessary.
□ Coverslip Inspection: Wipe the coverslip carefully. Do not mount samples if the coverslip is
chipped, broken, or leaks.
☐ Microscope Setup: Check light sources, filter sets, and alignment. Consult a senior colleague
if unsure about adjustments.
□ <b>Documentation:</b> Document your experimental configuration (lasers, filters, changes) in the
logbook. Take comprehensive lab notes.
□ <b>Re-entry:</b> If you must re-enter during your session, log the time and reason.
Before Exiting
□ Shutting Down: When finished, turn off the camera, lasers, lamps, and acquisition software
properly.
□ <b>Objective Care:</b> Use lens paper to clean the TIRF objective carefully. Ensure no oil overflows
onto the outer casing. Clean the immersion oil bottle exterior with a Kimwipe.
□ Cleanliness: Clean the optical table for oil residue. Inspect the floor for waste and clean any
used Kimwipes, lens papers, pipette tips, or hair.
□ Waste Disposal: Tie the trash bag tightly and replace it with a new one.
□ <b>Logbook Review:</b> Double-check the logbook for completeness.
Exiting
□ Collect Belongings: Gather your lab notebook, samples, buffers, and chemicals.
☐ Air Shower Exit: Exit the air shower door.
□ Clean Room Suit: Take off the clean room suit and leave it in the designated ventilation
cabinet.
☐ <b>Leaving A1043:</b> Exit the outer door, close immediately, and check if it's locked properly.