



PALOCPOC NATIONAL HIGH SCHOOL

GULAYAN SA PAARALAN SUPPORTS SCHOOL-BASED FEEDING PROGRAM (SBFP)



Basa Kasaysayan: Reading and Shaping the Future

The **Gulayan sa Paaralan Program (GPP)** is an initiative that promotes the importance of agriculture, environmental care, and healthy living among students. It aims to encourage learners, teachers, and the community to work together in cultivating school gardens that produce fresh and nutritious vegetables. Through this program, students gain hands-on experience in planting and nurturing crops while developing a sense of responsibility, teamwork, and appreciation for nature. Moreover, the harvested vegetables can help support the school feeding program and promote food sustainability within the community.





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ORIENTATION ON THE SCHOOL FEEDING PROGRAM: PROMOTING PROPER NUTRITION AND WELLNESS AMONG OUR YOUNG LEARNERS.



The Department of Education's (DepEd) School-Based Feeding Program (SBFP) provides nutritious meals and milk to severely wasted, wasted, and other undernourished learners to improve their health, nutritional status, and school attendance. Enacted by Republic Act No. 11037, the "Masustansyang Pagkain para sa Batang Pilipino Act," the SBFP addresses hunger, supports academic performance, and promotes lifelong health and productivity.

The main purposes of school feeding programs are to improve student health and nutrition, increase school attendance and enrollment, and boost academic performance. These programs help combat hunger and malnutrition, provide essential nutrients for growth, and ensure students are focused enough to learn by addressing the physical and psychological effects of food insecurity. They can also provide a safety net for vulnerable families and promote healthy eating habits.



On August 11, 2025, the canteen manager and clinic teacher conducted an orientation for the feeding program recipients to disseminate information about good nutrition and healthy eating habits. The session aimed to educate students and parents on the importance of consuming balanced meals to maintain proper growth, improve concentration in school, and prevent malnutrition. During the orientation, they discussed the types of nutritious food included in the feeding program, proper hygiene practices, and the role of both the school and the home in promoting health and wellness. This activity reflects the school's commitment to guiding learners toward a healthier lifestyle and ensuring that every child receives the nourishment they need to perform well both in class and in life.