

## Appendix A.

### List of all symbols and functions used

Variable	Description	Value
<b>Markov decision process variables</b>		
$CY_t$	The $t$ 'th cycle. Each cycle consists of a resource encounter followed by an extrinsic event	
$Q$	The set of all possible resource qualities	Normal distribution range: [-20,20] Step size: 0.2
$\Pr(q \mu_{resource}, \sigma_{resource})$	The probability distribution over possible resource qualities, given the mean and standard deviation of resource quality in the environment.	
$E$	The set of all possible extrinsic event values	Normal distribution Range: [-20,20] Step size: 0.2
$\Pr(e \mu_{extrinsic}, \sigma_{extrinsic})$	The probability distribution over possible extrinsic event values, given the mean and standard deviation of extrinsic events in the environment.	
$B$	The set of all possible somatic states an agent can be in	Range: [0,10] Step size: 0.2
$b_t$	An agent's somatic state at the start of cycle $t$	
$b_0$	The somatic state when starting the first cycle.	
$b_{t=\infty}$	The somatic state at the end of life.	
<b>Priors, cues, and posteriors</b>		
$c$	The cost (i.e., reduction in somatic state) of sampling a single cue	0.2
$c_-$	A negative cue	
$c_+$	A positive cue	
$n_{c-}$	The number of negative cues observed during the current resource encounter	
$n_{c+}$	The number of positive cues observed during the current encounter	
$D$	The set of all cues observed during the current resource encounter	
$\vec{D}$	A set-of-sets. Specifically, the set of all possible sets of observed cues	
$B(q D)$	The posterior belief that a resource quality is $q$ after an agent observed the set of cues $D$	
$B(q \emptyset)$	The prior belief that a resource quality is $q$ .	
$N(c_- q), N(c_+ q)$	The non-normalized cue reliability; the probability of sampling a negative or positive cue, respectively, given the resource quality is $q$ . These values do not sum to 1.	
$\Pr(c_- q), \Pr(c_+ q)$	The normalized cue reliability: the probability of sampling a negative cue or positive cue, respectively, given that the resource quality is $q$ . These probabilities do sum to 1.	
$\Pr(c_- D), \Pr(c_+ D)$	The probability that sampling results in a negative or positive cue, respectively, after having observed the set of cues $D$ .	
$ca$	The cue accuracy: a standard deviation that determines how reliable cues are	15

$\Pr(D q)$	The probability of observing a set of cues, $D$ , when the resource quality is $q$
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### Utility and fitness

$O_{\text{immediate}}(CY_t b_t)$	The immediate expected outcome (i.e., change in somatic state) of the $t$ 'th cycle given that an agent starts that cycle with a somatic state of $b_t$	
$O_{\text{total}}(CY_t b_t)$	The total expected outcome of the $t$ 'th cycle – the sum of all future changes in somatic state, given the outcome of the current cycle	
$U(CY_t b_t)$	The expected utility of the outcome of a cycle, given that the cycle starts with $b_t$ – that is, the expected lifetime change in somatic state including the current cycle.	
$\lambda$	The discount rate	0.95
$\omega(b_{t=\infty})$	The fitness function associated with having a somatic state $b_{t=\infty}$ at the end of life.	
$\alpha$	The shape of the fitness function	0.4 (diminishing fitness returns); 1 (linear fitness returns); 2.5 (increasing fitness returns)
$\beta$	A normalizing constant for the fitness function	

### Environmental variables

$\mu_{\text{resource}}$	Mean resource quality, a kind of harshness	Range: [-5,5] Step size: 0.5
$\sigma_{\text{resource}}$	Standard deviation of resource quality, a kind of unpredictability	Range: [0,8] Step size: 0.5
$\mu_{\text{extrinsic}}$	Mean extrinsic event quality, a kind of harshness	Range: [-5,5] Step size: 5
$\sigma_{\text{extrinsic}}$	Standard deviation of extrinsic event quality, a kind of unpredictability	Range: [0,8] Step size: 4
$\rho$	Interruption rate – the rate at which resources become unavailable after accepting. A kind of unpredictability	Range: [0,0.5] Step size: 0.25
$env$	An environment. Environments are vectors of size 5 containing a $\mu_{\text{resource}}$ , $\mu_{\text{extrinsic}}$ , $\sigma_{\text{resource}}$ , $\sigma_{\text{extrinsic}}$ , and $\rho$	
$ENV$	The set of all environments	

### Within cycle actions, states, and policies

$S$	The set of all possible states	
$S^{\text{start}}$	The set of all possible starting states	
$S^{\text{transition}}$	The set of all transition states an agent enters after accepting or rejecting. A terminal state denotes the end of a current cycle, and the start of the next cycle	
$S^{\text{final}}$	The set of all final state. Final states are the terminal states of the first cycle.	
$S^{\text{sample}}$	The set of all non-terminal 'sampling' states in which the best action includes sampling	

$S^{leaf}$	The set of all non-terminal ‘leaf’ states in which the best action does not include sampling
$s$	The current state of an agent, consisting of a somatic state $b$ , a set of observed cues $D$ , and the number of the current cycle $t$
$s'$	A successor state of an agent; a potential future state that follows the current state of the current cycle $t$
$S_{dead}$	The state an agent enters when its somatic state reaches 0
$b(s)$	The somatic state of state $s$
$D(s)$	The set of observed cues in state $s$
$t(s)$	The cycle number of state $s$
$A(s)$	The set of all possible actions by an agent in state $s$
$A^*(s)$	The set of all possible fitness-maximizing actions by an agent in state $s$
$P(s' s, a)$	The transition function. Contains the probability of moving from state $s$ to state $s'$ after taking action $a$
$\hat{P}(s' s, a)$	For an infinite number of agents following the same policy, the proportion of agents that transition from $s$ to $s'$
$successorState(s, q, e)$	The state that an agent will be in after it has received a resource of quality $q$ and extrinsic event $e$ when it is in state $s$ . This state is always an transition state
$parents(s)$	The parents of state $s$ . A parent is a state $s'$ from which it is possible to reach $s$
$prop(s)$	For an infinite number of agents following the same policy, the proportion of agents that visit state $s$
$O_{immediate}(s_{transition} s_{start})$	The expected change in somatic state (i.e., the immediate outcome) when an agent starts the cycle in $s_{start}$ and ends in $s_{transition}$ .
$U(s_{transition} s_{start})$	The expected utility when an agent starts the cycle in $s_{start}$ and ends in $s_{transition}$ . That is, the expected lifetime change in somatic state including the current cycle.
$U(s a)$	The expected utility of being in state $s$ and performing action $a$
$U(s)$	The expected utility of being in state $s$ , assuming that an agent selects the action with the highest utility in that state
$\pi$	A policy that maps states to actions
$\pi^*$	The optimal policy; the policy that maximizes fitness

### Value iteration

$v_u^k(s_{transition})$	The utility value function for cycle $k$ . Provides the expected outcome of all future $k$ cycles, given that an agent ends the current cycle in state $s_{transition}$
$v_u^*(s_{transition})$	The optimal utility value function. The expected outcome of all future cycles given that the agent follows the optimal policy and ends the current cycle in state $s_{transition}$
$v_f^*(s_{final})$	The optimal fitness value function. The expected fitness at the end of life given that the agent follows the optimal policy and ends the first cycle in state $s_{final}$

$$\delta(v_u^{k=x}, v_u^{k=x-1})$$

Delta: the largest absolute difference between the utility of starting states with the same somatic state after iterating one more cycle

$\epsilon$

The convergence criterion: the largest delta of significance. If delta is lower than epsilon the algorithm has converged.

0.001