# Jesse Hilario

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#### **EDUCATION**

## Rutgers University - Newark

May 2021

Bachelor of Arts, summa cum laude in Psychology GPA: 3.95/4.0

#### **HONORS & SCHOLARSHIPS**

- Phi Beta Kappa, Alpha of New Jersey member (2021)
- Psi Chi member at Rutgers Newark (2020)
- The National Society of Collegiate Scholars member (2019)
- Chancellor's Scholarship, Merit Scholarship, Rutgers University Newark (2017) \$20,000
- Dean's List, Newark College of Arts & Sciences (Fall 2017-Fall 2020)

#### **PRESENTATIONS**

Hilario, J.I. & Siegel, H.I. (2021, April 23). Relationship Science in the Midst of COVID-19: How the Pandemic has Impacted Relationship Processes. Poster presented at the Council of University Directors of Clinical Psychology Diversifying Clinical Psychology Conference.

Torres, L., **Hilario, J.**, Bass, I., & Bonawitz, E. (2018, April 18). *Knowing What to Show: How Theory of Mind may Support Teaching Abilities in Early Childhood.* Poster presented at the Rutgers-Newark Undergraduate Research Day, Newark, NJ, United States.

#### RESEARCH EXPERIENCE

Attachment Lab

January 2020 – May 2021

Research Assistant - (PI: Harold Siegel, Ph.D., Rutgers University - Newark)

Newark, NJ

- Created via Rutgers Survey Qualtrics and distributed studies via Rutgers Sona Systems
- Senior Thesis engaged in extensive literature reviews to apply a COVID-19 relationship science model
- Learned how to analyze and visualize data using RStudio

#### Social Development Lab

January 2020 - May 2021

Research Assistant - (PI: Paul Boxer, Ph.D., Rutgers University - Newark)

Newark, NJ

- Engaged in extensive literature reviews on post-traumatic growth (PTG), the National Vietnam Veterans Readjustment Study (NVVRS), and the mental repercussions (e.g., PTSD, depression) of gun use
- Conducted follow-up calls for online survey participants for the Gun Violence Project
- Coordinated excel sheet for coding violent media ratings

#### Computational Cognitive Development Lab

April 2019 - August 2019

Lab Manager - (PI: Elizabeth Bonawitz, Ph.D., Rutgers University - Newark)

Newark, NI

- Played an active role in aftercare & Rutgers Day child recruitment and entries into the baby database
- Helped coordinate testing at the MakerSPACE in the Newark Museum and at Turtle Back Zoo
- Directed new RA application process for the summer and upcoming fall semester

January 2018 - May 2018

Research Assistant

Newark, NI

- Helped conduct research on early Theory of Mind & cognition with children from numerous Essex preschools
- Coded data via Microsoft Excel, acted as a confederate, & presented at Research Week 2019 & end-of-year lab meeting

#### **Learning Assistant**

September 2020 – December 2020

Statistical Methods for the Cognitive and Behavioral Sciences

- Scaffolded learning during lab and office hours by guiding students in correcting their own errors
- Engaged students through a growth mindset and an encouraging attitude to help them weather the stresses
  of online distance learning

#### PROFESSIONAL EXPERIENCE

#### **Summer Treatment Program**

June 2021 - August 2021

Counselor - (Clinical Supervisor: William Pelham, Ph.D., Florida International University)

Miami, FL

- Implemented behavioral treatment for children w/ADHD to decrease negative behaviors (e.g., interrupting, verbal abuse, teasing)
- As basketball sport lead, created skill drills based on each child's level and facilitated group discussions focused on the day's social skill, implementing the skill drills, and progress & problems in the game
- Assisted children in keeping track of their daily report card goals throughout the day
- Trained in and used physical management when children posed harm to themselves or others
- Assessed children's attention by asking game awareness attention questions according to the child's level
- Participated in a study to see the effect of removing the point system for a few children

Good Grief January 2021 – May 2021

Intern Morristown, NJ

- Attended facilitator training preceding group sessions to support mourning families
- Facilitated groups from pre-kindergarten to 5<sup>th</sup> grade during Nights of Support by helping them recognize & channel their emotions to form meaningful bonds with other group members

Genius Gems February 2020 – March 2020

Associate Millburn, NJ

- Engaged groups of children in guided, free, and cooperative play through magnetic-tile challenges
- Helped lead STEM camps, field trips, and lessons for children learning to code with robots

#### Partnership for Children of Essex

August 2019 - December 2019

Intern

Newark/Bloomfield, NI

- Observed the processing of youth in the juvenile justice system by attending DCP&P and juvenile court cases
- Shadowed care managers working with their youth in court, detainment cells, and the Essex juvenile detention center
- Administered Quality Assurance by calling families and reviewing their level of organizational satisfaction
- Received training in the Nurtured Heart Approach

#### **VOLUNTEER EXPERIENCE**

### KFI-ME Luke 18/Antioch

January 2014 - Present

Youth Leader

Various cities throughout NJ

- Leader in annual 3-day Catholic retreat featuring team-building activities & bonding, and hosting young adult candidates
- Spearheaded Music and Liturgy Ministries to teach songs, scaffold talk-givers, and run & schedule events

#### Circle K International at NJIT

October 2020 - May 2021

Member & Volunteer

Newark, NI

- Raised \$58 in 6k walk via Instagram for UNICEF WASH Project to aid Haiti's emergency needs of Water, Sanitation, and Hygiene
- Donated 60,000+ grains of rice by answering questions and viewing advertisements on FreeRice.com

 Participated in Livestream Fundraiser for the Cure Alzheimer's Fund by completing audience-voted challenges

## CommonHealth Project

July 2020 - August 2020

Shield Constructor & Outreach Volunteer

Various Counties throughout NJ

- Constructed 120 face shields as PPE for distribution to healthcare workers and others in Essex County
- Contacted police stations, nursing homes, hospitals, healthcare facilities, & other at-risk organizations in various NJ counties to address their needs

## **Goodwill Rescue Mission**

April 2018 - May 2018

Volunteer

Newark, NJ

Distributed food during lunchtime to the homeless

#### **EMPLOYMENT**

#### Absolute Zero Ice Cream

June 2017 – Present

Shift Leader

Montclair, NJ

- Helping train new servers, delegate duties, and direct orders at busiest times to maximize efficiency
- Providing exceptional service & artisanal rolled ice cream with team helping win Montclair's top 3 People's Choice Award

**Genius Gems** 

February 2020 - March 2020

Associate

Millburn, NJ

- Engaged groups of children in guided, free, and cooperative play through magnetic-tile challenges
- Helped lead STEM camps, field trips, and lessons for children learning to code with robots

#### **CAMPUS INVOLVEMENT**

## Psi Chi at Rutgers Newark

January 2020 - Present

Member

Newark, NI

Sought academic & professional development through Psi Chi mentorship programs

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January 2014 - Present

Youth Leader

Various cities throughout NJ

- Leader in annual 3-day Catholic retreat featuring team-building activities & bonding, and hosting young adult candidates
- Spearheaded Music and Liturgy Ministries to teach songs, scaffold talk-givers, and run & schedule events

**GigaBeats** 

February 2018 - Present

Captain

Newark, NJ

Led practices, music arrangement direction, and event setup for a 12-member a cappella group

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