

Medical Patient Chart - Electronic Health Record (EHR)

Patient Information

Name:

Kate

Age:

32/1 Weeks/Days (Preterm)

Sex:

F

Date of Admission:

2024-11-28 23:56:33

Primary Care Provider:

N/A

Medical History

Chief Complaint:

Prematurity with unstable vital signs

Time Course:

Ongoing since birth with intermittent episodes noted during NICU stay

Symptom Severity:

Maximum severity high (initial pain level high) with current levels ranging from low to moderate

Associated Symptoms:

Episodes of abnormal heart rate and respiratory rate (bradycardia when below 141 bpm; respiratory instability with bradypnea and tachypnea)

Exacerbating Factors:

Handling and positional changes

Relieving Factors:

Swaddling, non-nutritive sucking, proper positioning, and dim lighting

Interventions

Actions Taken:

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- Diaper change: Scheduled diaper changes to ensure comfort
- Position change: Adjustments including supine, left lateral, and right lateral positions
- Pain management: Swaddling and provision of non-nutritive sucking
- Oxygen administration: Increased flow as needed
- Lighting adjustment: Dim lights to reduce stimulation

Progress Notes

Observations:

Throughout the shift, the infant demonstrated episodes of bradycardia and marked variability in respiratory rate. Interventions such as position changes, diaper changes, and pain management were consistently applied with ongoing assessment.

Follow-up Plan

Next Steps:

Continue close monitoring in the NICU with frequent reassessment of vital signs and timely adjustment of interventions.