Diabetes Classification with Support Vector Machines

Problem: chronic diseases impact large proportions of the population, but there are many different lifestyles that may impact prevalence of diseases, like diabetes.

<u>Data Source</u>: IPUMS Health Survey extracts demographic and lifestyle data

Goal: Classify instances of Diabetes based on 5 predictors

Theoretical Background: Support Vector Machines

- Allows classification by drawing a hyperplane (a boundary)
 - o In 2-D, a line; in 3-D, a plane
 - Question: aren't there infinitely many boundaries possibles? Yes, so use maximal margin
- Relevant metric: the distance between the closest points (the maximal margin)
 - Determines boundary
 - SVM attempts to draw a boundary that would maximize the distance of the two closest points
 - The closest points serve as our *support vectors*

Parameters

HEALTH SURVEYS

- Kernel: Our boundary does not have to be linear, as seen below
- Cost: How many points can be misclassified
 - Lost cost may lead to overfitting, but a high cost
- Gamma: Describes the influence of training examples

Predictors

1.HINOTCOVE: health insurance coverage

2. EDUC: education level

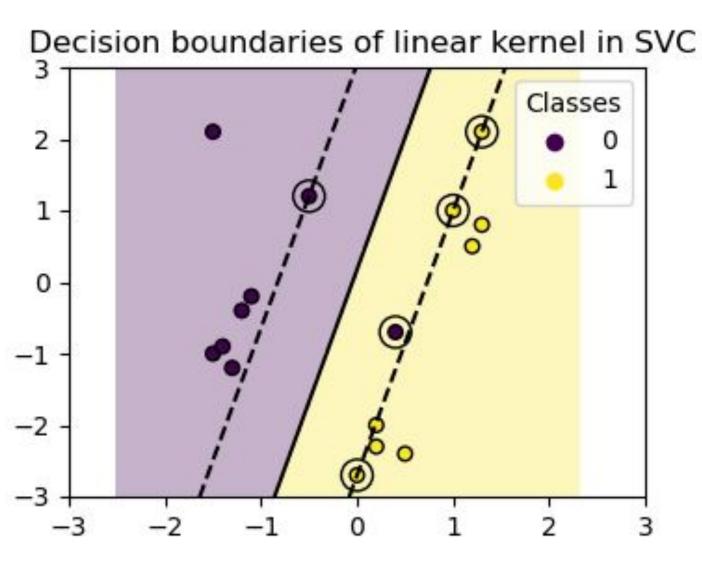
3. VIG10DMIN: vigorous exercise per day

4.HOURSWRK: hours worked per week

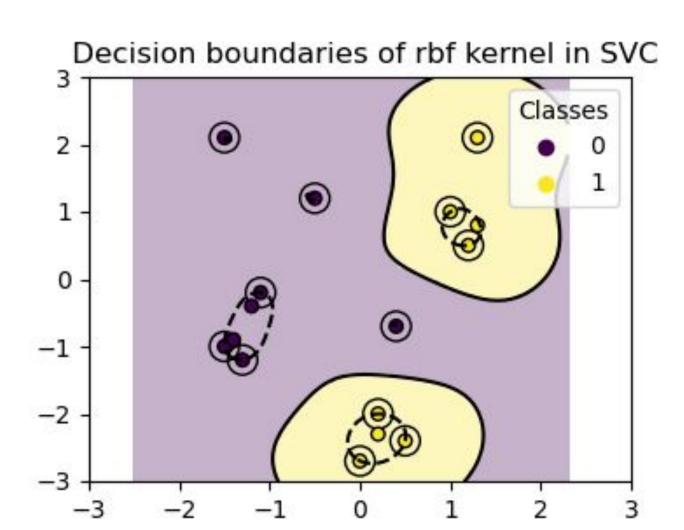
5.SALADSNO: salads consumed

SVM Kernels

Linear: Creates a straight hyperplane

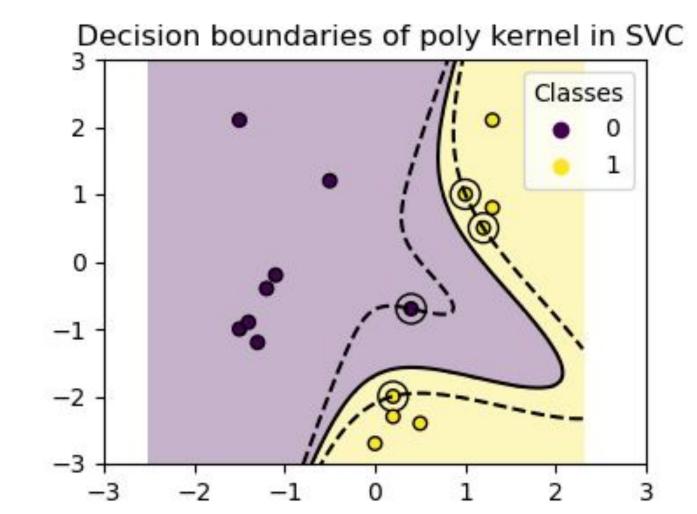


Radial: Creates a circular and rounded hyperplane, creating grouped boundaries



Polynomial: Creates a complex and curved hyperplane

Relevant parameter: degree



Advantages: intuitive understanding and presentability, many flexible kernels

Drawbacks: SVM requires no NA data, leading to difficult applications

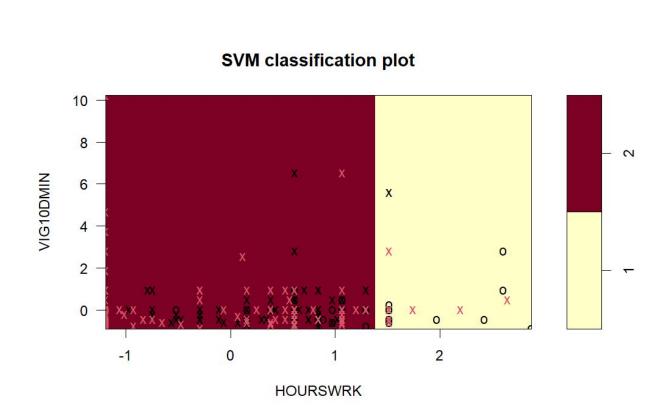
Methodology:

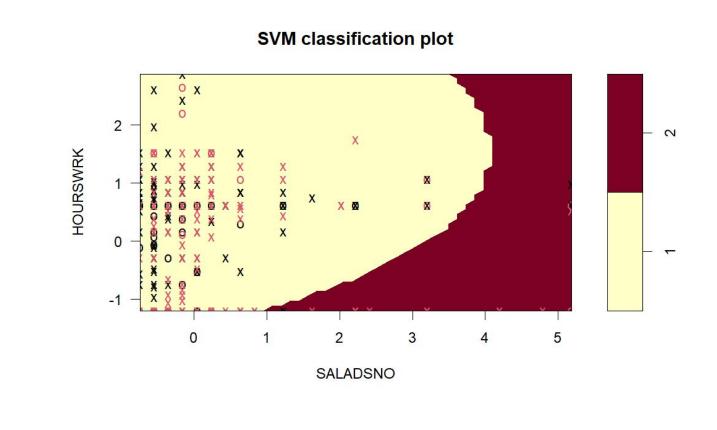
- Problem with unbalanced data.
 - Solve by decreasing the amount of non-diabetic samples to balance data
- Resolving difficult NA data
 - Many survey participants refused to answer many questions
 - We set those results to NA and had to remove them from the dataset, as SVM requires all data points to have a value

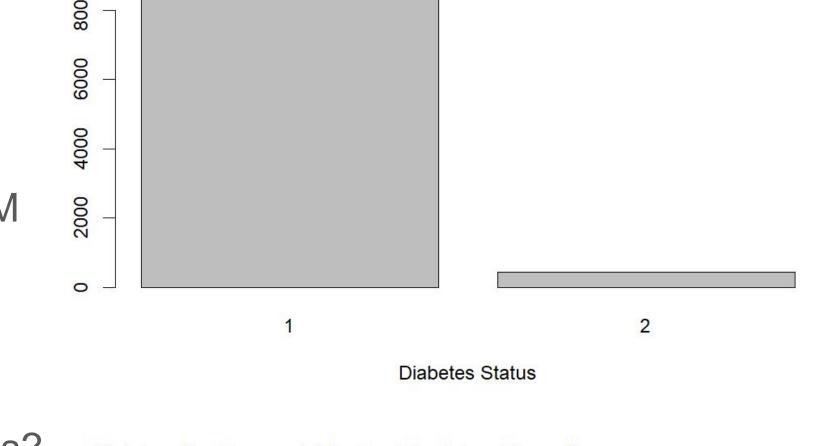
Results:

- Intuitively healthy habits seems to be associated with higher rates of diabetes classification
- Question: why do high activity and high salad eating individuals have diabetes?
- Models including the 5 above predictors did not have very strong predictions
- Radial SVMs perform the best, followed by linear

Kernel	Linear	Radial	Polynomial (Quadratic)	Polynomial (Cubic)
Accuracy	59.57%	59.78%	53.33%	57.63%







Issues with Shrinking Imbalanced Data:
Unstable initial conditions with testing data

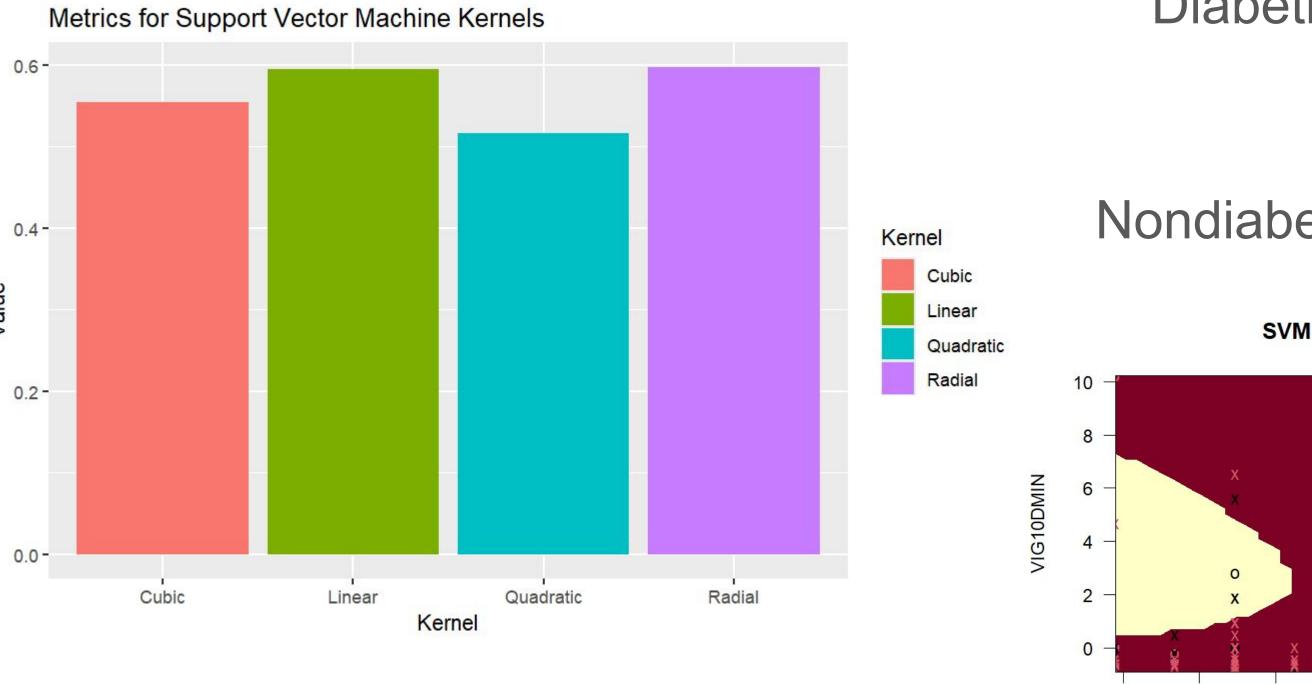
Less quality in models

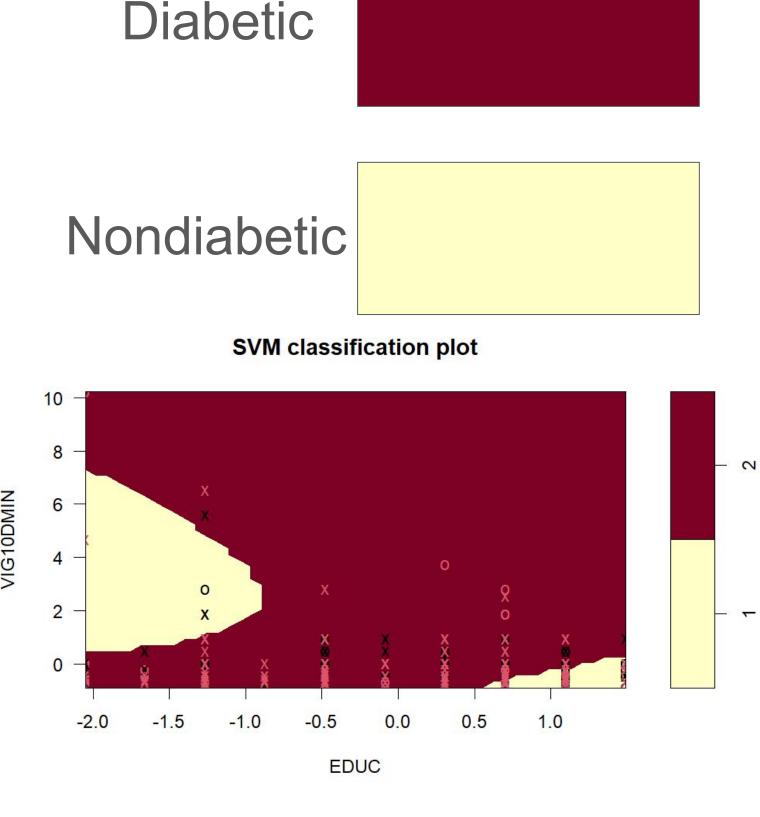
High variance in data and model predictions

Other options and methods:

Re-sample and bootstrap to create another dataset
Collect more data from other sources

Use less variables to avoid deleting NA rows





Discussion:

Model Performance: all models did about equally as well with the exception of the quadratic polynomial kernel.

Best model: Radial kernel

• This implies the data has a grouped structure, where ranges of values may have diabetes, but not exactly a strictly linear relationship where the increase of one status implies the increase of another.

Conclusion and Key takeaways:

High levels of vigorous activity and healthy eating are often a response to diabetes, though not a cause of diabetes

Low work hours are also associated with diabetes

- Perhaps diabetes prevents long hours of work
- Perhaps less work entails a more sedentary lifestyle (unlikely)

Likely explanation: diabetes causes the lifestyles, not the other way around

Future study should try to attain more data to avoid tricky initial conditions.

Lynn A. Blewett, Julia A. Rivera Drew, Miriam L. King, Kari C.W. Williams, Daniel Backman, Annie Chen, and Stephanie Richards. IPUMS Health Surveys: National Health Interview Survey, Version 7.4 [dataset]. Minneapolis, MN: IPUMS, 2024. https://doi.org/10.18128/D070.V7.4. http://www.nhis.ipums.org

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