

**LEVEL OF AWARENESS ON THE DIFFERENT CULTURAL DANCES
OF SELECTED INSTITUTE OF PHYSICAL EDUCATION
STUDENTS OF RIZAL TECHNOLOGICAL
UNIVERSITY SY 2011-2012**

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THESIS ABSTRACT

Title: Level of Awareness on the Different Cultural Dances of Selected Institute Physical Education Students of Rizal Technological University in the Year 2011-2012.

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The male respondents cover the 57.3% of the total number of respondents, followed by the female with 42.7%. Majority of the respondents belongs to 15-20 years old with the percentage of 72.4%. The percentage of 26.1% of the respondents belongs to 21-25 years old. 1.5% of the respondents belong to 31-above years old. And the lowest percentage which is 0% belongs to 26-30 years old. 43.7% of the total number of respondents is first year students, 33.8% is the second year and 22.4% are third year college students. The level of awareness in most familiar cultural dances. 6 % of first year, 4.6 of second year and 7% of third year college students are familiar with bumayah uya-uy dance. 25% of first year, 30.8% of second year and 27.9% Of third year college students are familiar with the singkil dance. 0% of first year, second year and third year college students are familiar with talbeng dance. 4.8% of first year, 4.6 of second year

and 2.3% of third year college students is familiar with pig ayawan dance. 20.2% of first year, 15.4% of second year and 23.3% of third year students are familiar with jota moncadeña dance. 44% of first year, 44.6% of second year and 39.5% of third year college students are familiar with itik-itik dance. The factors that affects the level of awareness in cultural dances. The respondents become aware in cultural dances because of the influence of grandparents with a percentage of 15.5 % in first year, 15.4% of second year and 30.2 % in third year college students. Age gap generation also affects their level of awareness with 23.8 % in first year, 38.5% in second year and 18.6 % in third year students. They are also lack of knowledge with 35.7 % in first year, 15.4% in second year and 39.5 % in third year students. They also become aware because of their friends with 19 % in first year, 23.1% in second year and 4.7 % in third year students. And 6 % of first year, 7.6% in second year and 7 % in third year college students enumerate other factors that affect their level of awareness in cultural dances.

In the light of foregoing findings, the researchers drew up the following conclusions:

The level of awareness in cultural dances of the Institute of Physical Education students in Rizal Technological University is quite familiar.

The most familiar cultural dance in the Institute of Physical Education students is Itik-itik dance which is usually performed when there is a celebration.

The factor that really affects the level of awareness in cultural dances of Institute of Physical Education students is lack of knowledge.

On the basis of preceding conclusions, the researchers offered the following recommendations:

1. Institute of Physical Education students should have their library that composes not only books of sports but also books about different cultural dances.
2. Professors should also use videos or films when teaching or introducing different cultural dances to the students.
3. Professors should require the students to join extracurricular activities that is related in cultural dance.
4. Institute of Physical Education students should attend seminars that discuss different cultural dances.
5. Institute of physical education students must be aware of the effects of knowing the different cultural dances in pursuing their chosen field.
6. Institute of physical education department should conduct an activity for the students which include different cultural dances.

CHAPTER 1

THE PROBLEM AND ITS BACKGROUND

INTRODUCTION

Countries of the world have their own cultural dances that reflect who they are and what they are. Chinese have their symbolic dragon dance, Japanese have the ancestral dance Bon Odori, Americans have their square dance, and Scottish people have their world-famous dances like jig and heel. Philippines will not be left behind! The "Pearl of the Orient" boasts of a variety of Philippine folk dances and that made our culture more colorful, beautiful, and vibrant.

Filipinos pay tributes and owe itself to cultural heritage. Showing love and respect for the country gave birth to the development of Philippine ethnic folk dances. And there are several of these like Binasuan, Subli, Pandanggo, Maglalatik, and Cariñosa. These folk dances whether ethnic in origin or not, reflect the lively culture that the Filipinos have. It may be diverse but through these cultural forms, Filipinos are unified and proud by way of having Philippine folk dances that are truly one of the best in the world.

Cultural dances are so precious to many civilizations, because they contain pieces of their history and livelihood that would otherwise be lost. Example of this are the American Indians, that many tribes have looked to dance in the part as a way to convey joy, mourning and even times of battle and war.

General classification of Philippine folk dances is classified according to its geographical extent of origin, nature, movements and formation. In geographical, there

are national and local dances. In nature, there are occupational, religious or ceremonial, comic, wedding, game, courtship, festival and war dances. Movements have active with fast energetic, moderate, slow and slow and fast. While in formation, there are square or quadrille, long formation and set.

While special classification is classified by dance with songs, old ballroom dances, dance with implements and dance with combined rhythm. There is also other way on classifying folk dances. Dances of Cordillera like mangayaw, bumayah or uya-uy and pingpingaw. Dances of Muslim like singkil, sagayan, and pindulas. Dances of tribal groups like talbeng, and pagdidiwata. Dances of traditionalist groups like gin-um, dugsu and pig-agawan. Dances of foreign influence like jota moncadeña, los bailes de ayon, valse vieja and Dances of local motifs like itik-itik, kalapati and sayaw sa pag-ibig. There are also phases of dances like ethnic, national, natural, creative, gymnastic and social or ballroom dance.

There has been a widespread innovation in our culture nowadays and dances is one of those people tend to be trendy and try to match their lifestyle with the changes in their community or surroundings. It is then that the Institute of Physical Education students believes that modern dance is much more interesting than the folk dances because for them it is more fun to learn. But if they were engage in activities that involve dancing of folk dances, it is more than an investment in their physical and intellectual awareness. The model used by the researcher includes the personal profile of the respondents, their level of awareness and the classification of cultural dances that they

are aware of and their different perceptions. Each of them interacts in a way that contributes to increase the level of awareness in cultural dances.

Conceptual Framework

The conceptual framework of this study is based on the concept that there is a level of awareness of the selected Physical Education students of Rizal Technological University especially when it comes to cultural dances.

Through this study, the Physical Education students would be able to know the importance of cultural dances in relation to their course and what are the possible benefits of the said topic that can help them in the future on their chosen field.

Since the level of awareness in cultural dances is the central of this study, the Physical Education students need to understand and appreciate the importance of different cultural dances that can be considered being a part of a Filipino. Although this has been introduced in many students in a very long time and yet they are still unfamiliar with this, that's why it still sounds new. For this reason why the researchers feel that it would be good to chose this as topic for their study. Since it gives an idea that people would surely be interested due to its uniqueness. This may not easily attract the attention of every Physical Education students since they still do not know what this cultural dance has something to offer with them. Their personal profile, level of awareness, the different cultural dances that they are aware of like Cordillera, Muslim, Tribal, Traditional, Foreign influence and Local motifs should also be determined by