

**HINDRANCES IN THE ACADEMIC PERFORMANCE OF THE SELECTED IPE  
STUDENT ATHLETES OF RIZAL TECHNOLOGICAL UNIVERSITY  
S.Y 2011-2012**

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**By:**

**Israel Dave G. Delos Reyes**

**Dimsy Jay A. Garcia**

**Hystal Grace P. Ibanez**

**Anngela S.Nunag**

**Joemel A. Ramos**

**SY 2011-2012**

## THESIS ABSTRACT

### **HINDRANCES IN THE ACADEMIC PERFORMANCE OF THE SELECTED IPE STUDENT ATHLETES IN RIZAL TECHNOLOGICAL UNIVERSITY 2010-2011.** The

Researcher: Israel Dave G. Delos Reyes, Dimsy Jay A. Garcia, Hystal Grace P. Ibanez, Anngela S. Nunag, Joemel A. Ramos. Date: October 2011, Adviser: Professor Corazon A. Laggui.

This research work has been made to investigate the hindrances in the academic performance of the selected IPE student athletes in Rizal Technological University. The aim of the study is to identify and determine the common cause of failing the subjects of athletes to their stressful training regarding the curriculum in their subject.

The respondents of this study constitute the athletes of Rizal Technological University, school year 2010-2011 they are 100 respondents who were selected randomly.

In this study, *descriptive type* of research was used. This method is designed to gather information about the present existing condition. The principal aim of this method is to describe the scenario as it exists at the time of the study and to explore the causes of a particular problem.

The researcher used a constructed questionnaire as an instrument of the study. The statistical treatment of the data was used for data analysis with determination of the percentage, frequency in the total number of respondents. From the data gathered, majority of the respondents were male and fall under the age group of 18-20. Most of

them were in the first year level. In order to find out effective solution to the problem, the first step is to identify the hindrances in the academic performance of the student athletes. And it says that the majority hindrances to their academic performance were the tiredness cause by daily practice. The hindrances mentioned in the questionnaires were evaluated by the respondents most of them are majority in the mentioned problem. On the basis of the survey conducted, the following findings and conclusions were revealed.

When it comes in learning, the materials and equipment inside the learning environment should be properly used by the learners who want to learn. The respondents strongly agree to plan ahead their way in dealing with problems academically. Acknowledging that there is a problem that needs to be solved, pushing oneself toward goal, reviewing and focusing on the study techniques, and study habits and know the time management, stressed practice in both mental and physical are really affect the concentration of studying, in addition to this, it states that the teacher should to elaborate well the subject matter, in order to understand by the students.

There is no significant relationship on the respondent's gender different strategies were used in dealing with difficulty of study of the athletes. It only shows that the most of the male athletes do not prefer to use this strategy in understanding the subject matter.

Planning ahead is the only strategy that is found to have a significant difference on the respondents.



## CHAPTER 1

### THE PROBLEM AND ITS BACKGROUND

#### Introduction

In the field of sports, Philippines is the place where you can discover a lot of talented youths in when it comes in sports, generally in the province. The Filipino youth compete and excel inside and outside of our country. The Philippine Sports Institute is the sports education and training arm of the Philippine Sports Commission created to become the country's sports university providing high quality programs in instructions, research and extensions services to Filipino athletes, coaches, physical education specialists, sports leaders, game officials, sports science and sports medicine specialists and other sports practitioners. Established in 1996 as the *Philippine National Institute of Sports (PNIS)*, it was renamed into Philippine Sports Institute in 2006 expanding its role as a degree granting institution in sports allied fields. The Philippines sports commission trains the deserving Filipino youths, *but some of them do lack of interest*, because of insufficient support from the government. The same School, the athletes also encounter different conflicts or hindrances, such as their academic subjects, extracurricular activities and training programs. In this research, the researcher s would like to study about these problems. Why they failing in their academic subjects and what are the other factors or hindrances that could affect their academic performances. Some of the authors say that school is a training ground for the developing the adjustment of the children to the environment. In this adjustment the school takes the responsibility of developing all the facilities inherent in the product of mind. (Naismith James) The desire within human being prompts him to seek a solution

to his recognized need through an appropriate line of action. This line action may require practice, effort, and mastery of knowledge or other behavior in order to be successful in achieving the goal. 1987 PHILIPPINE CONSTITUTION, Article II, Declaration of Principles and State Policies. Section 17. The state shall give priority to education, science and technology, arts, culture, and sports to foster patriotism and nationalism, accelerate social progress, and promote total human liberation and development. And it also states in the mission statement in the Philippine Sports Commission says, supporting the specially talented athletes for high level competitions; and promoting the development of those physical qualities and moral values which is the basis of sports. The process of learning is continuing that starts from birth, knowledge, skills, habits, attitudes, virtues, and ideals are acquired, retained, and utilized as a result of learning. The learning aspects in turn, lead to an adoption and modification of conduct and behavior. Successful and effectively learning occurs only if the learner is determined to learn, to adapt to changes, to improve, to grow intellectually. Self-determination and firm intentions, coupled with hard work and main ingredients of success not only in the school but throughout the line. Hindrances although is one of the common reason that can affect the academic performance of selected IPE student athlete is also difficult to define. There are lots of hindrances that the IPE student athletes always encountered. It may be seen as a state of emotional anxiety and heightened psychological arousal. One activity or hobby that may interest students is to pursue and joining specific sports and eventually, be a members to peers. In relation to this, their conformity results to their being recognize in popular. Some student athletes make a smooth transition to college and sports, but others run into



obstacles along the way, never reaching their potentials in the classrooms nor in the field. Certainly intelligence, previous schooling and athletic activity play a role, but the college can overwhelm even the most prepared student athlete. Being a college student as well as an athlete is very complex this creating different problem. It is the contentions of this study that student-athlete experience even more hindrances than the average college student.

Today College and Universities are socializing agencies which prepare students for various aspects of life. It is a duty of a University to take, not only of the mental, but also of the physical development of each student, for education in all its phases is a state function. The Universities are the ultimate agencies for the preparation and recreation of society. ( Sports magazine). A modern institution of higher learning should aim to develop students. Every College and Universities requires program of academic subject with certain electives provided. The present concept of physical education is to the effect that physical training athletics are part of physical education is in turn, nutrition, medical, and dental supervision, posture and education in human reproduction and development. *Philippine Sports Commission*. It is therefore the responsibility of the school administrator to provide programs and project to improved academic and quality performance of the R.T.U athletes.

### **Conceptual Framework**

The process of having a survey is to know the following hindrances in the academic performance of the student-athlete.