



Award Winning Service



Approved by NHS Choices



Banking Grade Security

Speak To a Therapist Now

Log In

Create An Account

Therapist Search

Choose a specialism

OR

Enter a keyword...

Gender

Female

Male

All

Preferred Language

Choose a language

Currently Online

Online Now

Any Time

Preferred Availability

Choose a date...

GMT Time:

From...

To...

Preferred Religion

Choose a religion

Search

[clear results](#)

[Home](#) > [Speak to a therapist now](#)

Step 1

Select issue

Step 2

Select therapist

Step 3

Make booking

Step 4

Create Account

Step 5

Make payment

Step 6

Go to session

Step 1 - How urgent is your issue?

I need to speak to someone now

This is for people who **urgently need to speak** to a therapist who is online now. We will show you who is online at the moment and you can proceed straight into a session as quick as possible, with as few questions asked as possible.

I want to browse for a therapist



Offline - Leave a message

This is for people who would rather look at some therapists and **perform a detailed search** into who they would like therapy with. The enquiry is not urgent and time sensitive and you can spend as long or as little time as you want to browse the site.

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