**Wk 02: Reflection**

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Total Points 100

Please answer a subset of the following questions:

* 5 pts Questions**Affect: (What?, So What?...Return, Report, Reflect and Regroup.)**
  + - What did I do to prepare for class this week?

First, I read up on all of the study material, like how to download and install GitHub, how to use GitHub and so on. Then next I made sure to say a prayer to help me better understand the concepts of what I’m learning.

* + - What concept from this week are you uncertain of or would like to know more about?

I would like to know more about the uses of GitHub. I feel a bit overwhelmed with the basics so far, and I hope to understand more about its uses throughout the semester.

* + - What topics were studied this week, and what are their definitions?

A topic that stood out to me was that our weaknesses can become our strengths. I loved hearing about this because I have a lot of weaknesses when it comes to my confidence, and even though I’m trying to gain more self-esteem, I still like the fact that I can take criticism well and that I am open when it comes to people and differing ideas.

* + **So What? (Reflect and Regroup)[Survey]**
    - What did I learn from the study material

I learned how to better operate GitHub. That is a simple thing to learn, but for someone like me who has little to no knowledge at all about computers and programming, it was a huge accomplishment, and one that I am very proud of.

* 10 pts Questions **Behavior: (What now?...my ideas are starting to emerge!)[Question]**
  + - What is the most significant take-a-way you have gained from your study this week?

I enjoyed learning about being more assertive without being aggressive. I have no problem avoiding aggression, but I do struggle to be more assertive, especially when I feel like I might be too harsh. Overall, it was nice to hear that it is okay to be assertive sometimes, and I will try not to worry about it when the need arises.

* + - What would you do differently next week?

I would like to ask questions and engage more when I am confused. I felt a little overwhelmed trying to figure out how GitHub works, and to prevent myself from overworking myself, I will try to be more open about my issues.

* 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**
  + - Why is this week's topic important for teamwork?

Downloading GitHub is a great way to interact with other people as a team. We can better work with each other this way and be far more productive as a team.

* + - How does your experience relate to other experiences you have had?

To complete my work this week I had to put myself out there and ask for help, which is hard, but I have asked for help many times before whenever I got stuck on an assignment, and just asking has always helped me succeed, especially when I talk to people who have a desire to help me learn.

* + - If this was a religion class, how would you relate this week’s topic to the gospel

I want to compare cooperation in the MIM model to Jesus Christ and his sacrifice. Christ died for our sins so that we can be forgiven, and all we have to do is cooperate by following his gospel and help others just as he did throughout his ministry. We were not meant to work alone in this world, that was always a part of God’s plan.