GALLUP



CliftonStrengths® Top 5 for Jessica Graf



This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

1. Input®

You have a need to collect and archive. You may accumulate information, ideas, artifacts or even relationships.

2. Learner®

You have a great desire to learn and want to continuously improve. The process of learning, rather than the outcome, excites you.

3. Intellection®

You are characterized by your intellectual activity. You are introspective and appreciate intellectual discussions.

4. Achiever®

You work hard and possess a great deal of stamina. You take immense satisfaction in being busy and productive.

5. Context®

You enjoy thinking about the past. You understand the present by researching its history.

- **EXECUTING** themes help you make things happen.
- INFLUENCING themes help you take charge, speak up and make sure others are heard.
- **RELATIONSHIP BUILDING** themes help you build strong relationships that hold a team together.
- **STRATEGIC THINKING** themes help you absorb and analyze information that informs better decisions.



- 1. Input
- 2. Learner
- 3. Intellection
- 4. Achiever
- 5. Context

You Are Uniquely Powerful

Your unique sequence of CliftonStrengths and the personalized Strengths Insights in this report are the result of your answers to the CliftonStrengths assessment.

We designed this report to help you learn more about your most dominant CliftonStrengths: what they are, how they interact and how to use them to succeed.

What do the colors mean?

Each of the 34 CliftonStrengths fits into one of four domains. These domains describe how CliftonStrengths helps you execute, influence others, build relationships, and absorb and think about information.

EXECUTING

- Achiever
- Arranger
- Belief
- Consistency
- Deliberative
- Discipline
- Focus
- Responsibility
- Restorative

INFLUENCING

- Activator
- Command
- Communication
- Competition
- Maximizer
- | Self-Assurance
- Significance
- **I** Woo

RELATIONSHIP BUILDING

- Adaptability
- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- | Individualization
- Positivity
- Relator

STRATEGIC THINKING

- Analytical
- Context
- Futuristic
- Ideation
- Input
- Intellection
- Learner
- Strategic



1. Input®

What Is Input?

People with strong Input talents are inquisitive and always want to know more. They crave information. They might collect ideas, books, memorabilia, quotations or facts. Whatever they collect, they do so because it interests them. They find many things interesting and have a natural curiosity. The world is exciting precisely because of its infinite variety and complexity. A few minutes spent surfing the internet may turn into hours once their curiosity takes off. They constantly acquire, compile and file things away. Their pursuits keep their minds fresh. They know that one day the information or things they've gathered will prove valuable.

Why Your Input Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Input Learner Intellection Achiever Context

It's very likely that you believe you make great strides mentally when you have opportunities to exchange ideas, theories, or concepts with intelligent people. You delight in accumulating unusual insights. Often you expand on these thoughts. You probably are eager to test them during conversations with other intelligent individuals. This is one way you broaden your knowledge base.

Instinctively, you desire to take in additional facts, data, or background information. These insights probably permit you to assist others whenever the opportunity presents itself.

Because of your strengths, you continually expand your sphere of knowledge by reading. A good book or a well-written magazine article can transport you to other cultures or centuries. The printed word — whether on paper or on a computer screen — is your passport to new destinations. Like world travelers, you pick up a variety of souvenirs from your reading, such as facts, data, characters, plots, insights, or tips.

Driven by your talents, you aim to finish reading books, publications, or Internet sites once you have started. You do not dawdle — that is, move slowly — when amassing information that may or may not prove useful at a later date. Quite simply, you enjoy the act of reading and the process of collecting ideas.

By nature, you put yourself in the middle of mentally stimulating conversations. You want to gather new ideas, discover new approaches, hear about new theories, consider new concepts, or apply new technologies. Often you are one of the early discoverers of innovations. Others can lag behind if they wish, but you consistently acquire knowledge. You exhibit little need to know precisely where all this information ultimately will lead you.



- 1. Input
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- 5. Context

How Input Blends With Your Other Top Five Strengths

INPUT + LEARNER

As a natural student/teacher, you love the process of learning, and you are always looking for useful resources that can enhance learning.

INPUT + INTELLECTION

Just because your thinking can be deep and philosophical does not mean that it cannot be practical and useful.

INPUT + ACHIEVER

Achievement is not just about working harder. Having the right tools, equipment, or information helps you work smarter.

INPUT + CONTEXT

With your collection of tangible resources and your recollection of historical facts, you may have exactly what others need.

Apply Your Input to Succeed

Find different ways to gather and organize resources.

- Develop a system for storing and easily finding information to share with others. This can be
 as simple as an email folder setup or as sophisticated as a computer database. This system
 will help you quickly locate information that you can share with others.
- Meet with people interested in learning about the information you have collected. During your conversation, ask them to help you by taking notes or recording the talk. This could be another way to keep track of your resources.



2. Learner®

What Is Learner?

People with strong Learner talents constantly strive to learn and improve. The process of learning is just as important to them as the knowledge they gain. The steady and deliberate journey from ignorance to competence energizes Learners. The thrill of learning new facts, beginning a new subject and mastering an important skill excites people with dominant Learner talents. Learning builds these people's confidence. Having Learner as a dominant theme does not necessarily motivate someone to become a subject-matter expert or strive for the respect that accompanies earning a professional or academic credential. The outcome of learning is less significant than the "getting there."

Why Your Learner Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Input Learner Intellection Achiever Context

It's very likely that you are attracted to difficult and challenging endeavors. You are not inclined to look for the easy way out. You are bold. You take risks. You dare to stretch your mind. You test the limits of your abilities in ways that timid individuals would not attempt.

By nature, you value education and scholarship at any level and at any age. Your thirst for knowledge causes you to explore many topics of study or specialize in one particular subject. You thoroughly enjoy opportunities to acquire additional information, skills, and experiences.

Instinctively, you usually choose to associate with people who value yesteryear's stories, events, feats of daring, and interesting personalities. You demonstrate a need to acquire lots of historic information. This likely leads you to experts who appreciate many of your thought-provoking questions.

Driven by your talents, you enjoy reading about topics that fascinate you. People are not surprised to find you with your nose in a book and reading all the time. When a subject intrigues you, you review a wide range of materials. You gather as much information as you possibly can about your areas of greatest interest.

Chances are good that you are motivated to continually acquire knowledge and skills. Discovering new ways to use your talents energizes you. You are likely to escape from situations and avoid people who want you to keep doing what you already know how to do well. Maintaining an intellectual status quo is unacceptable to you.



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How Learner Blends With Your Other Top Five Strengths

LEARNER + INPUT

As a natural student/teacher, you love the process of learning, and you are always looking for useful resources that can enhance learning.

LEARNER + INTELLECTION

You are a student of the world in which you live, and you are student of the world of thoughts that lives within you.

LEARNER + ACHIEVER

When you're working on a task, you really want to get it done. When you're exposed to something new, you really want to understand it.

LEARNER + CONTEXT

Because you tend to retain what you study, academic success often comes easy for you. Your memory and ability to achieve help.

Apply Your Learner to Succeed

Develop expertise in areas that interest you the most.

- ☐ Regularly study new topics and skills. Challenge yourself to learn about complex ideas, programs or experiences others might not want to explore.
- Refine how you develop your expertise. For example, you might learn best by beginning a new project; if so, find new tasks or projects to start. Or you might learn best by teaching; if so, find ways to present to others.



3. Intellection®

What Is Intellection?

People with strong Intellection talents like to think. They like mental activity. They like to exercise the "muscles" of their brain, stretching them in multiple directions. This need for mental activity may be focused; for example, they may be trying to solve a problem, develop an idea or understand another person's feelings. The exact focus will depend on their other strengths. The theme of Intellection does not dictate what these people are thinking about; it simply describes that they like to think. They like to let their thoughts go in many directions. People with strong Intellection talents are introspective. This introspection gives them time to reflect and ponder. Wherever it leads them, their mental hum is a constant in their lives.

Why Your Intellection Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Input	Learner	Intellection	Achiever	Context

Because of your strengths, you pay close attention to current events. Numerous people merely recount what they heard, saw, or read. Typically you dive deeper into the topic. You are likely to generate theories, concepts, or philosophies to explain the reasoning behind newsmakers' decisions. You routinely gather information about events, policy statements, people, or crises. Your fresh insights are likely to draw equally engaged thinkers into the conversation.

Instinctively, you are determined to stay up to date on the news. You probably satisfy your hunger for current information by habitually reading newspapers, magazines, correspondence or websites.

By nature, you are comfortable saying, "I am a fine educator." You probably converse with others in your field about ideas, theories, or concepts to gather the latest thinking. Using these insights, you are apt to draw your students into discussions that entice them to explore topics. You want them to really understand the subject rather than memorize a few facts just to pass a test.

It's very likely that you can escape the tension, pressure, or stress of everyday life by reading a good book, diving into a publication's articles, or pulling up information on the Internet. You are apt to take reading material with you on vacations, business trips, rest breaks at work, or tables for one at restaurants. You routinely dog-ear pages, underline key ideas, or scribble notes in the margins so your latest discoveries can be easily retrieved.

Chances are good that you read to stimulate your mind, to broaden your perspective, and to explore familiar as well as unfamiliar subjects. Reading is a solitary activity, which is one of the reasons why you like it so much. You are quite comfortable being alone with your books and your thoughts.



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How Intellection Blends With Your Other Top Five Strengths

INTELLECTION + INPUT

Just because your thinking can be deep and philosophical does not mean that it cannot be practical and useful.

INTELLECTION + LEARNER

You are a student of the world in which you live, and you are student of the world of thoughts that lives within you.

INTELLECTION + ACHIEVER

You approach your thinking and doing independently and intensely. Your personal thoughts and efforts are often productive.

INTELLECTION + CONTEXT

Introspective and retrospective, your mind goes deep and remembers. You have both a philosophical and a historical understanding.

Apply Your Intellection to Succeed

Make time to think by yourself and with others.

- ☐ Set aside a few minutes every day just to think. Doing this refines your ideas and sharpens your thinking.
- Identify topics that fascinate you and find a like-minded person to explore them with. Spend time delving into these topics with this person to stimulate your thinking even further.



EXECUTING

4. Achiever®

What Is Achiever?

Achievers have a constant need for attainment. They have an internal fire burning inside them. It pushes them to do and achieve more. People with strong Achiever talents feel as if every day starts at zero. By the end of the day, they must accomplish something meaningful to feel good about themselves. And "every day" means every single day: workdays, weekends, holidays and even vacations. If the day passes without some form of achievement, no matter how small, Achievers feel dissatisfied. After finishing a challenging project, they rarely seek with a reward of a rest or an easy assignment. While they appreciate recognition for past achievements, their motivation lies in striving toward the next goal on the horizon.

Why Your Achiever Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Input Learner Intellection Achiever Context

Driven by your talents, you naturally resist being held back, restrained, or controlled by people or events. You much prefer to be in charge of situations, materials, schedules, budgets, human resources, processes, or decisions. Waiting for someone else to issue orders or level judgments certainly is not your forte — that is, strength.

Because of your strengths, you strive to complete many tasks prior to their deadlines. As a result, you usually have ample time to think through your ideas, decisions, or plans. You tend to feel ill-prepared when you are forced into action.

Instinctively, you do a fine job of imparting knowledge to individuals. You spend a lot of time preparing appropriate stories, vivid examples, graphic illustrations, or useful materials to enliven your training sessions.

By nature, you devote yourself to figuring out what makes a person unique and special. You likely invest a lot of energy in this activity. You typically consider yourself successful when you can identify a person's talents, weaknesses, interests, motivations, moods, or experiences.

Chances are good that you diligently examine past events. You find patterns that keep recurring. This information allows you to anticipate what can happen in the future. You grasp the meaning of George Santayana's warning: "Those who cannot remember the past are condemned to repeat it."



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How Achiever Blends With Your Other Top Five Strengths

ACHIEVER + INPUT

Achievement is not just about working harder. Having the right tools, equipment, or information helps you work smarter.

ACHIEVER + LEARNER

When you're working on a task, you really want to get it done. When you're exposed to something new, you really want to understand it.

ACHIEVER + INTELLECTION

You approach your thinking and doing independently and intensely. Your personal thoughts and efforts are often productive.

ACHIEVER + CONTEXT

Your clear memory of how you did something in the past enables you to replicate your performance and possibly improve on it.

Apply Your Achiever to Succeed

Use a scoring system to keep track of all achievements.

- Display metrics that matter in a place where you can see them often. The visual measurement of your productivity will encourage you to keep making progress toward your goals.
- □ Put personal achievements on your scoring system. This will help you direct your busy energy toward family and friends and work.



5. Context®

What Is Context?

Perspective and background are important for people with strong Context talents. They value the retrospective viewpoint because they believe that is where the answers lie. They look back to understand the present. From the past, they can discern blueprints for the future. People with dominant Context talents might feel disoriented when they can't see patterns stemming from prior events. Others may become impatient with them as they strive to understand the history of a given situation. But this historical context gives them confidence in their decisions.

Why Your Context Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Input Learner Intellection Achiever Context

By nature, you periodically investigate some of the events, policies, or people whose actions contributed to worldwide wars. You might delve into materials that reveal how these global conflicts were brought to an end.

Chances are good that you generally accept invitations to participate in discussion groups that concentrate their attention on studying the past. Probably the sessions you enjoy most involve an animated exchange of ideas between people who recognize the relevance of history in their everyday lives.

Instinctively, you are intrigued by experts who can enlighten you about past events or historic people. You are particularly interested in history's contribution to the current state of affairs.

It's very likely that you intentionally spend time with people who study past events and notable individuals. You become well-acquainted with each of these students of history. How? Your common interests and shared experiences probably draw you together.

Because of your strengths, you derive much pleasure from conversing with people who value history. You are intrigued by the varied philosophical views these experts have concerning the causes of events and the behavior of historic figures.



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How Context Blends With Your Other Top Five Strengths

CONTEXT + INPUT

With your collection of tangible resources and your recollection of historical facts, you may have exactly what others need.

CONTEXT + LEARNER

Because you tend to retain what you study, academic success often comes easy for you. Your memory and ability to achieve help.

CONTEXT + INTELLECTION

Introspective and retrospective, your mind goes deep and remembers. You have both a philosophical and a historical understanding.

CONTEXT + ACHIEVER

Your clear memory of how you did something in the past enables you to replicate your performance and possibly improve on it.

Apply Your Context to Succeed

Figure out the future by exploring what happened in the past.

- ☐ Find a mentor with an extensive history in your area of interest. Talking with this person and listening to their experiences will likely inspire you and help you prepare for the future.
- ☐ Communicate what the future holds by analyzing past experiences. Your passion for history can give great insights into where you and those around you are going in the future.

What's Next?

Take these steps to start unlocking your full potential using your CliftonStrengths.



Learn to Use Your Dominant Strengths

Read about each of your top five CliftonStrengths in this report and reflect:

- What did you read that inspires you?
- What did you read that surprises you?
- What did you read that excites you?
- What did you read that challenges you?

<u>Click here</u> or scan the QR code to complete the following exercise for each of your top five CliftonStrengths:

Name It

- Pick one of your top CliftonStrengths.
- List the words or phrases you read about this strength that resonate strongly with you.

Claim It

- When has this strength helped you be successful in the past?
- How does this strength help you be successful in your role?



Click to View Activity

Aim It

• In what two ways could you start using this strength more intentionally right away?

Hint: Read the action items in this report and on your my gallup.com dashboard for ideas.



Use Your Resources in Gallup® Access



Our dedicated platform is focused on helping you fulfill your potential using your CliftonStrengths.

<u>Click here</u> or scan the QR code to sign in to your <u>my.gallup.com</u> account.

Inside, you'll find articles, videos, learning modules and other tools created specifically for your strengths-based development.



Explore All 34 of Your CliftonStrengths®



Already have your CliftonStrengths 34 report? Great! Take some time to explore your full results.

If you don't have it yet, <u>click here</u> or scan the QR code to learn how your CliftonStrengths 34 report can help you:

- reveal your complete talent profile of 34 CliftonStrengths
- learn how to use your top 10 CliftonStrengths to set and achieve goals
- navigate your 11-34 CliftonStrengths, including understanding and managing weaknesses



Apply Your CliftonStrengths[®] in Specific Roles

Take time to explore any role-based CliftonStrengths reports you already have.

If you don't have any, <u>click here</u> or scan the QR code to browse a range of reports tailored to specific roles and responsibilities.

We offer a suite of reports designed to help you use your CliftonStrengths to excel in various areas, whether it's in management, leadership or even as a student.



Engage in a Conversation About Your CliftonStrengths®



Share your CliftonStrengths results with the people closest to you, including your family, friends, coworkers and teammates.

Spend time talking about your CliftonStrengths with a coach, manager, mentor or adviser — someone invested in your personal and professional development.

<u>Click here</u> or scan the QR code for helpful ways to share and discuss your CliftonStrengths with others.



JESSICA GRAF | 01-11-2024

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