

## ENGAGING GOD IN FASTING AND PRAYER FOR YOUR DESTINY

*“And in every province, whithersoever the king’s commandment and his decree came, there was great mourning among the Jews, and fasting, and weeping, and wailing; and many lay in sackcloth and ashes.”*

**(Esther 4:3)**

What about fasting too in the quest for a prosperous destiny? If God is indeed, interested in me, why will He not shower everything on me without my personal engagement in prayer and fasting? These are very reasonable questions we need to answer.

Esther was an orphan who was brought up by an uncle named Mordecai. Mordecai happened to be an official in the king’s palace. When the king’s wife disappointed him and was dethroned as queen, a new queen was sought for by the king and Mordecai proposed Esther to be part of the maidens being prepared for the king to choose one as queen. Esther won by God’s favour. There was another official, named Haman, who hated the Jews so much that he orchestrated their total annihilation in the land. All the Jews started mourning and fasting. The news got to Mordecai and he in turn relayed it to Esther. There were laws governing entrance into the king’s presence including timing. It was not Esther’s time to go. However, she said to Mordecai; *“Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish.”* (Esther 4:16)

She also declared three days of fasting with her maidens prior to going before

the king. Eventually God intervened and the massacre was stopped as she gained favour before the king. Haman was an enemy of Israel’s destiny. The spirit that influenced him to want to massacre the Jews is not dead because spirits do not die. The spirit of Pharaoh that influenced him to enslave Israel is not dead. The spirit that influenced Sanballat and Tobiah to oppose Nehemiah from building the walls of Jerusalem is still alive today. Demons do not die. Demons work against God’s people throughout all ages. That is why we engage in fasting and prayer for power to defeat these forces.

Jesus Christ the Son of God also engaged in forty days of fasting and prayer and was still tempted by the devil to thwart His ministry (Luke 4:1-8). Paul was hindered by Satan in his ministry. (1Thess. 2:18) Great personalities in the Bible had to engage in fasting and prayer to accomplish their destinies. Do not take chances. Fasting empowers you supernaturally to enforce your destiny. Risk this season and seek God’s face for your life and destiny. Your life is in your hands.

### PRAYER & CONFESSION

*I determine to pray and fast this season  
to enforce my destiny.*