

## WHY WE PRAY

*“The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.”* (2Cor. 13:14)

It is very important to establish reasons for any actions we undertake on the earth. When I watch National Geographic, I learn so much from the activity of animals and nature in general. I just wonder why people invest so much into studying nature. Sometimes they show how ants behave towards themselves and other insects. I realize that animal behaviour is the same everywhere, and even close to the behaviour of man. They show how lions catch their prey and how snakes survive in the bush with other animals. There is a reason for investing so much into nature.

Of course, we live in nature and we cannot divorce ourselves from nature. Whatever happens to nature affects us now and later. It is said that when the last tree dies the last man will also die because we live interdependent lives with vegetation. So, there is always a reason behind human action.

What about prayer? There is a reason behind faith. Every religion prays. Religion is an effort of man to relate to the supernatural. The supernatural comprises of the world beyond the physical which is considered more powerful than the natural. There is a spirit in man that is desiring to relate to its Maker. This quest for the spiritual cannot be over-emphasized. The Holy Bible is not silent about how God made man a spirit being, with a soul and living in the body made of clay (Gen. 2:7). So much is said about

the fact that the real man is a spirit. Why? Because God is a spirit (Jn. 4:24). God made us in His image so that He can relate to us on the same platform as spirit; spirit to spirit sharing fellowship. This wonderful fellowship experience was truncated with the deception of man by the devil in the Garden of Eden. This is what brought death to the human spirit. God warned Adam that, “<sup>17</sup>*but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.*” (Gen. 2:17)

This death was a spiritual nature that later impacted on man's body because spiritual things reflect on the physical. Real death is spiritual. That means separation from God; man's spirit cut off from relationship and fellowship with God. Man kept on living but had an insatiable spiritual thirst culminating in the worship of mountains, trees, rivers, oceans etc. In his bid to worship them demons surfaced and man began fellowshiping with them. We pray because we were primarily made for fellowship. Prayer is simply having fellowship with the supernatural. This could be either God or Satan. Understanding prayer from this perspective makes it enjoyable and not a burden.

## PRAYER &amp; CONFESSION

*Lord, I long for you. Holy Spirit, I love to fellowship with you.*