

Technology has truly advanced a lot over the years. I remember when I was still a child and I only imagined robots talking to me like a human being. Looking back and taking a course in Computer Science has made me very aware of the recent technological advancements. This imagination is now a reality, and will surely be improved further. Today, I use AI as an everyday tool to help in reviewing and answering. It feels like it is my companion in pursuing my passion for building applications. It has helped me achieve good standing in my academic life. However, I also can't help but feel that even when it improves my productivity, it has made me reliant on it to the point that I may not do my tasks effectively without it. I remember when I used to dive through documentation and forums to give an answer to a problem I was facing when doing my programming work. But now I leverage AI to solve it. But my education never stops from there since I also review the AI answers to create my own answers. AI has really changed the game of productivity for me, but in the end, if you let this technology make everything for you, then you will not learn anything, so I suggest you should still always study and only treat this as a helper. As I learn more about this technology, I also learn how to use it properly and ethically to ensure that it benefits me, rather than negatively impacting me by transforming me into someone who cannot think for myself. In the future, I intend to continue being aware of the technological advancements in society and also contribute to it to ensure everyone in the digital sphere in the Philippines is safe.