# A muscle-reflex model that encodes principles of legged mechanics, produces human walking dynamics and muscle activities

Conference: IEEE Transactions on Neural Systems and Rehabilitation Engineering, June 2010 Authors: H. Geyer and H. Herr

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September 15, 2021

- Motivation
- Objective
- Methodology
  - New model of human lower limb
  - General equation of muscle stimuli
  - Muscle stimuli during the stance phase
- Results



Figure: Spring-loaded inverted pendulum (SLIP)

- SLIP model describes the dynamics during walking and running<sup>1</sup>
- SLIP model is based on self-stability and compliant leg behavior principles<sup>2</sup>
- SLIP model does not present a clear relation with human motor control<sup>2</sup>
- Spinal reflexes can relate sensory information of leg with muscle activation<sup>2</sup>

<sup>&</sup>lt;sup>1</sup>H. Geyer (2006).

<sup>&</sup>lt;sup>2</sup>H. Geyer (2010).

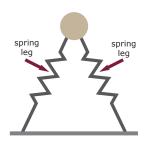


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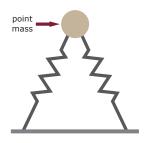


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# Objective

To develop a neuromuscular human model that encodes the principles of legged locomotion with muscular reflexes

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- A Results

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• Replacing the spring leg with a segmented leg

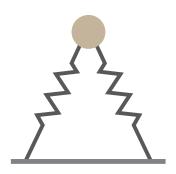


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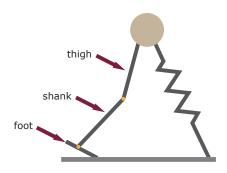


Figure: New model with three segment leg

Replacing the point of mass with a trunk

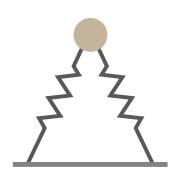


Figure: Spring-loaded inverted pendulum (SLIP)

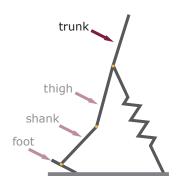


Figure: New model with three segment leg and a trunk

- Vastus group muscle (VAS) generates knee extension motion
- Soleus muscle (SOL) generates ankle plantarflexion motion

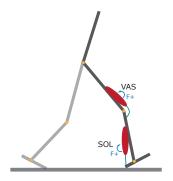
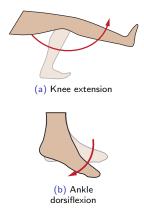


Figure: New bipedal locomotion model with muscles



- Vastus group muscle (VAS) generates knee extension motion
- Soleus muscle (SOL) generates ankle plantarflexion motion

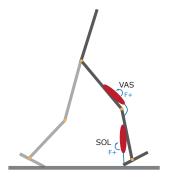


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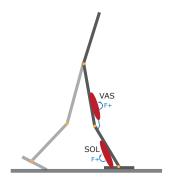


Figure: overextension case

- Gastrocnemius muscle (GAS) generates knee flexion and ankle plantarflexion motion
- Soleus muscle (TA) generates ankle dorsiflexion motion

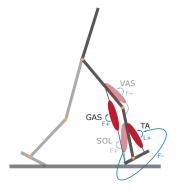


Figure: New bipedal locomotion model with muscles

- GAS prevents knee overextension
- GAS contributes to generate compliant behavior
- TA prevents ankle overextension

- Gluteus muscle group (GLU) generates negative orientation
- Hip flexor muscle group (HFL) generate positive orientation

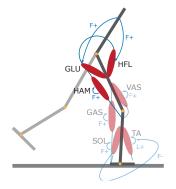


Figure: New bipedal locomotion model with muscles

- GLU and HFL maintain the balance of the trunk
- Hamstring muscle group (HAM) prevents knee hyperextension

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## General equation of muscle stimuli

Spinal reflexes activate muscles during locomotion

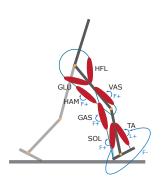


Figure: New bipedal locomotion model with muscles

The stimulation of a muscle is given by

$$S_m(t) = S_{0,m} + G_m F_m \delta t_m,$$
  
$$\delta t_m = (t - \Delta t_m),$$

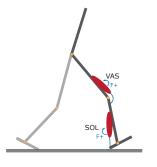
where,

- $S_m$ : stimulation
- $S_0$ : prestimulation
- $F_m$ : force
- G<sub>m</sub>: gain
- $\Delta t_m$ : muscle time delay
- $\Delta L_m$ : muscle stretch

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# Muscle stimuli during the stance phase

- Vastus group muscle (VAS) generates knee extension motion
- Soleus muscle (SOL) generates ankle plantarflexion motion



The stimulation of **VAS** is given by

$$S_{V\!AS}(t) = S_{0,V\!AS} + G_{V\!AS}F_{V\!AS}(t - \Delta t_{V\!AS})$$

The stimulation of **SOL** is given by

$$S_{SOL}(t) = S_{0,SOL} + G_{SOL}F_{SOL}(t - \Delta t_{SOL})$$

Figure: New bipedal locomotion model with muscles

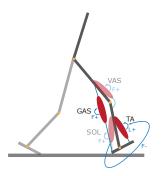
# Muscle stimuli during the stance phase

The stimulation of GAS is given by

$$S_{GAS}(t) = S_{0,GAS} + G_{GAS}F_{GAS}(t - \Delta t_{GAS})$$

The stimulation of **TA** is given by

$$S_{TA}(t) = S_{0,TA} + G_{TA}(\Delta L_{TA})(t - \Delta t_{TA}) - G_{SOL,TA}F_{SOL}(t - \Delta t_{SOL})$$



- GAS prevents knee overextension
- GAS contributes to generate compliant behavior
- TA prevents ankle overextension

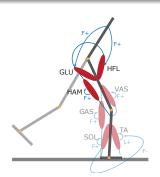
# Muscle stimuli during the stance phase

The stimulation of **GLU** and **HFL** is given by

$$S_{GLU}(t) \sim \pm k_p(\theta - \theta_{ref}) + k_d \dot{\theta}$$

The stimulation of **HAM** is given by

$$S_{HAM} \sim S_{GLU}$$



- GLU generates negative orientation
- HAM prevents knee hyperextension
- HFL generate positive orientation



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#### Introduction

Hi guys, the title of the article is " " was presented in the conference " " in 2010 by the authors " " .

#### Motivation

The bipedal spring-mass model is a well-know model that can describe the locomotion dynamics of legged mechanisms.

#### Α

dd support files of spinal reflexes