

# FAMILY DISASTER PLAN



## FLOOD COMMON HAZZARD

The Communication Plan for Barangay Damayan in Quezon City aims to ensure that all people in the community receive timely and clear information about flood preparedness, response, and recovery efforts. The primary purpose of the plan is to save lives, reduce property damage, and raise community awareness during floods. The primary audience is Barangay Damayan residents, particularly those who live in flood-prone areas, while the secondary audience consists of barangay officials, the Barangay Disaster Risk Reduction and Management Committee (BDRRMC), volunteers, schools, business owners, and community organizations.

Barangay Damayan has implemented several key actions to enhance flood preparedness and resilience. An early warning system has been established by installing flood level gauges and providing SMS-based alerts in collaboration with the Quezon City Disaster Risk Reduction and Management Office (QCDRRMO).

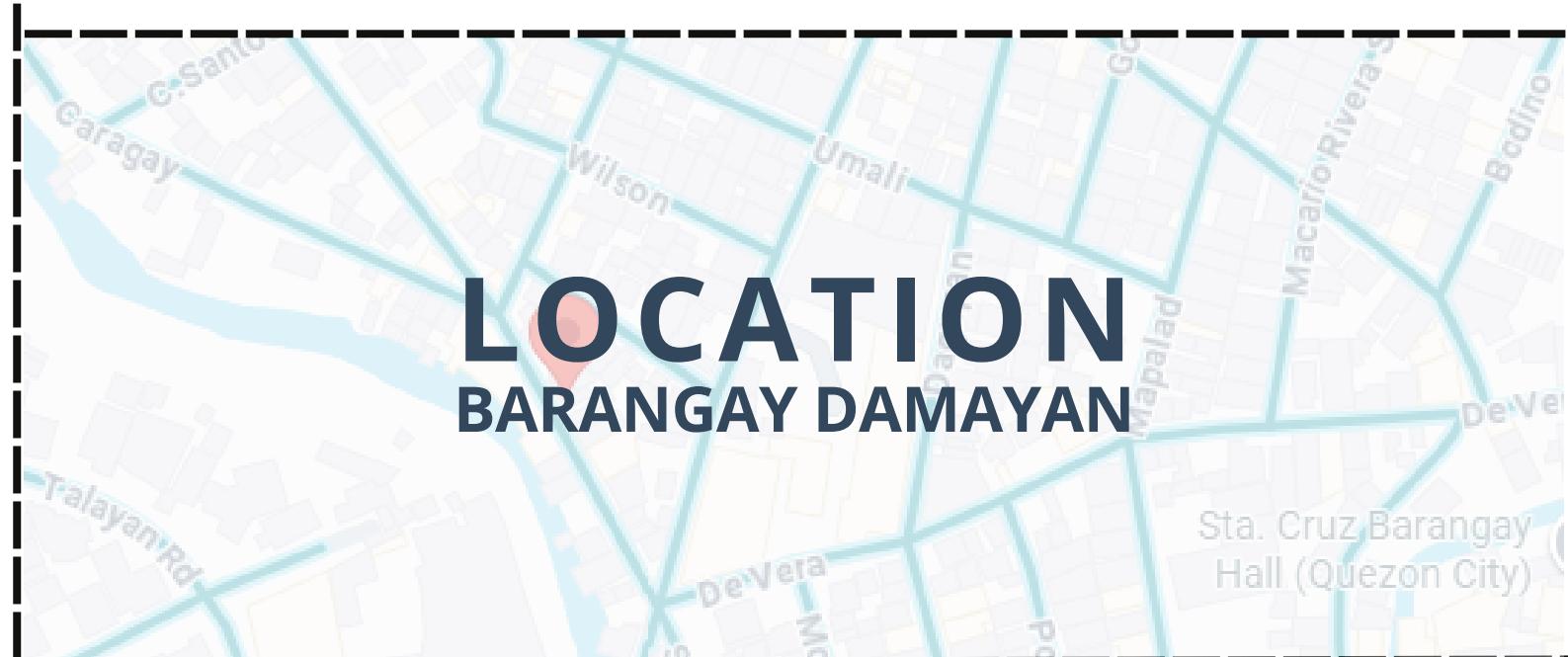
Participating in barangay clean-up drives helps keep drainage systems clear, and avoiding the disposal of garbage in esteros or streets prevents clogging that worsens flooding.

Barangay organizes monthly clean-up drives that encourage residents to remove trash from streets and drainage areas, addressing the critical issue of clogged drains, which are a major cause of flooding. These combined efforts aim to protect the community and reduce the impact of floods.

Elevate appliances, electrical outlets, and valuables at least two to three feet above ground level to protect them from water damage. Installing simple water barriers like sandbags or wood panels at doors and low windows can help prevent floodwaters from entering.

Apply for calamity loan from SSS, PagIBIG, BDO, BPI, and Philippine Business Bank

**Barangay Damayan** in Quezon City is one of the District 1 areas that experience frequent floods, particularly during heavy rains and typhoons. The barangay's geography and urban density make it particularly vulnerable. Much of Damayan is on rather low-lying ground, and several minor creeks that feed into the **San Juan River** run through or near it. When these waterways overflow or get choked with trash, flooding can readily pile on residential streets and low-lying regions. According to the Quezon City Climate and Disaster Risk Assessment, approximately 70% of Barangay Damayan's total land area is at risk of being inundated by more than half a meter during heavy rainfall events.



## LOCATION BARANGAY DAMAYAN

Families should know their nearest evacuation centers, set a meeting point, identify safe routes, and practice evacuation drills regularly to stay prepared and safe during floods.

Barangay regularly conducts workshops and distributes Information, Education, and Communication (IEC) materials focused on flood safety and preparedness, targeting all residents with special attention to vulnerable groups such as senior citizens and children.

To prepare for flooding, you should create a family go-bag with essential items like a flashlight with extra batteries, enough water and canned food for two to three days, a first-aid kit, clothes, face masks, and personal hygiene supplies. Make sure to include important documents in waterproof bags and a list of emergency contacts. Having this ready will help you respond quickly and keep your family safe during an emergency.

Evacuate cars and motorcycle to Fishermall Quezon Avenue. Avoid leaving vehicles near clogged drainage or low-lying spots prone to water accumulation. If flooding is expected, disconnect the car battery and remove valuables to prevent damage and theft. It's important to keep emergency tools in the vehicle, such as a flashlight, jumper cables, and a first-aid kit.

## Out of Town Contact

**Carmelo De Guzman**

**09610753531**

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**BEFORE**

**MITIGATION + PREPAREDNESS**

# FAMILY DISASTER PLAN



**AFTER**

## RECOVERY

Check for structural damage before entering to ensure the house is safe.

Clean and disinfect all surfaces and belongings that came into contact with floodwater, and allow everything to dry completely to prevent mold growth.

Always boil tap water before drinking until local authorities confirm that it is safe, and stay alert for signs of illnesses such as leptospirosis, dengue, or diarrhea.

Documentation is also vital—take photos of any damage for insurance claims or reports to the local government, and submit requests for relief or financial assistance to Barangay Damayan or Quezon City Hall if necessary.

Emotional recovery is just as important as physical repairs; families should talk openly about their experiences, especially supporting children and the elderly who may feel anxious or traumatized.

Participating in community healing or support activities can help everyone recover together and strengthen resilience for future disasters.

- 💡 Basic Essentials:
  - Flashlight with extra batteries
  - Whistle (for signaling or calling for help)
  - Multi-tool or small utility knife
- 굶 Basic Essentials:
  - Food and Water:
    - Bottled water (good for 2-3 days)
    - Ready-to-eat or canned food
    - Can opener and utensils
  - Health and Safety:
    - First-aid kit (bandages, antiseptic, etc.)
    - Maintenance medicines and vitamins
    - Face masks, alcohol, and hand sanitizer
    - Hygiene items (soap, toothbrush, toothpaste, sanitary pads, tissue, towel)
  - Clothing and Protection:
    - Extra clothes and undergarments
    - Raincoat or poncho
    - Blanket or small towel
  - Emergency Needs:
    - Cash in small bills and coins
    - Keys (house, car, etc.)

Make sure to assist the elderly, children, and persons with disabilities first, and before leaving, secure your home by locking doors and unplugging all appliances.

If you need to stay home temporarily, keep monitoring news and weather updates through your radio or mobile phone.

Avoid contact with floodwater, as it may contain bacteria or harmful chemicals, and never allow children to play in floodwaters or near open manholes. Staying calm, alert, and prepared will help ensure your family's safety throughout the flood.

If floodwater starts rising, immediately turn off the main electricity switch to prevent electrocution. Move your family members to higher ground or the upper floors of your home, and don't forget to bring your go-bags and other essential items with you.

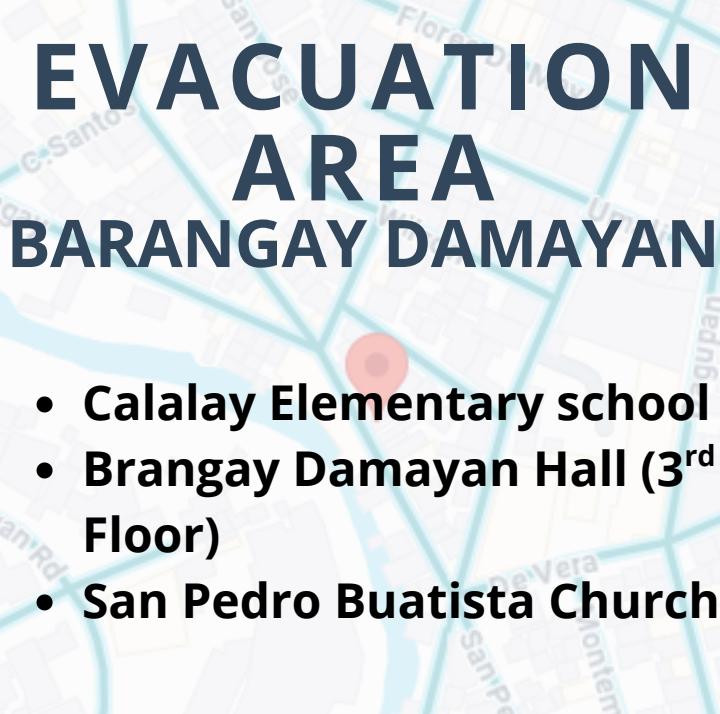
Stay alert and follow announcements or evacuation orders from Barangay Damayan or the Quezon City DRRMO.

Leave early—do not wait until the water is waist-deep



**DURING**

## RESPONSE



### Meeting Locations

Primary Meeting Point (Nearby Area):

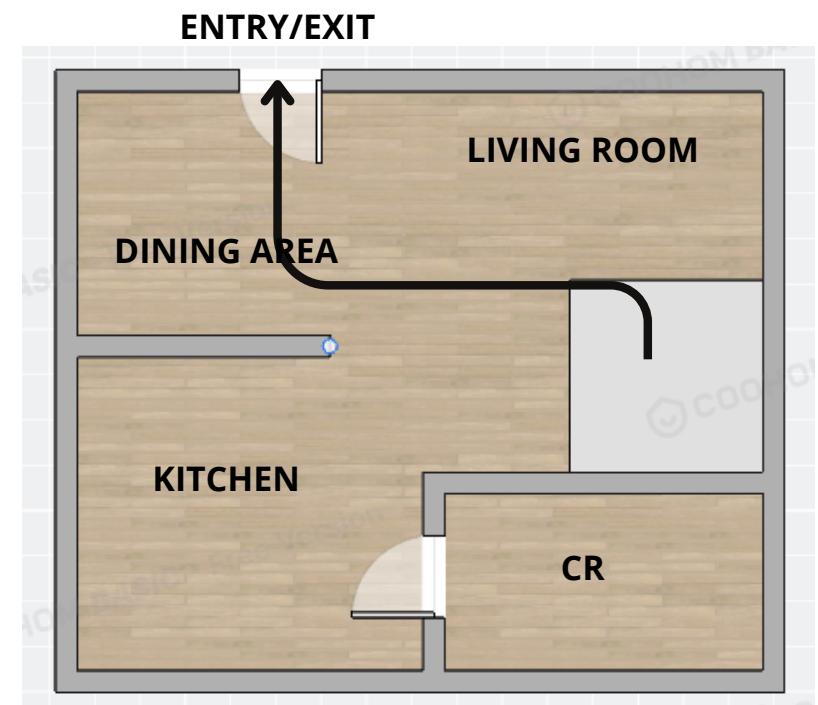
- Barangay Damayan Covered Court (safe open area)

Secondary Meeting Point (Outside Immediate Area):

- Fisher Mall Parking Area or Quezon Avenue area

Tertiary / Out-of-City Meeting Point:

- Relative's House in Antipolo, Metro Manila



The house apartment that we're currently living is made of concrete and light material. We have exit/emergency exit at the back in case we were trapped during the heavy rain. It was connected to our neighbor from the other street. The exit from the second floor was already built years ago.

