

# Vignette of Variance Components Model

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This package contains three approaches for estimating variance components of linear model [1]: the parameter expanded EM (PX-EM) algorithm [2, 3], Minorization-Maximization (MM) algorithm [4] and the Method of Moments (MoM) [5].

## Variance components model

Suppose we have dataset  $\{\mathbf{X}, \mathbf{Z}, \mathbf{y}\}$  where  $\mathbf{X} \in \mathbb{R}^{n \times p}$  is the design matrix whose columns are normalized with mean 0 and variance  $1/p$ ,  $\mathbf{y} \in \mathbb{R}^n$  is the response vector and  $\mathbf{Z} \in \mathbb{R}^{n \times c}$  is the covariate matrix of fixed effects. The linear mixed model links  $\mathbf{y}$  with  $\mathbf{X}$  and  $\mathbf{Z}$ :

$$\mathbf{y} = \mathbf{Z}\boldsymbol{\omega} + \mathbf{X}\boldsymbol{\beta} + \mathbf{e}, \quad \boldsymbol{\beta} \sim \mathcal{N}(0, \sigma_\beta^2 \mathbf{I}_p), \quad \mathbf{e} \sim \mathcal{N}(0, \sigma_e^2 \mathbf{I}_n), \quad (1)$$

where  $\boldsymbol{\beta} \in \mathbb{R}^p$  is the random effect,  $\boldsymbol{\omega} \in \mathbb{R}^c$  is the fixed effect and  $\sigma_\beta^2$  and  $\sigma_e^2$  are model parameters. This linear mixed model can also be re-written as a variance components model:

$$\mathbf{y} = \mathcal{N}(\mathbf{Z}\boldsymbol{\omega}, \sigma_\beta^2 \mathbf{K} + \sigma_e^2 \mathbf{I}_n), \quad (2)$$

where  $\mathbf{K} = \mathbf{X}\mathbf{X}^T$ . Since  $\mathbf{X}$  has been normalized with mean 0 and variance  $1/p$ ,  $\text{tr}(\mathbf{K}) = \text{tr}(\mathbf{I}_n) = n$ . The goal is to estimate the variance components  $\boldsymbol{\theta} = \{\sigma_\beta^2, \sigma_e^2\}$  [1]. This package provides three approaches to estimate the parameters: PX-EM algorithm, MM algorithm and the method of moments. The first two are based on maximum likelihood (MLE) approach and the third one adopts the moment matching approach.

## PX-EM algorithm

The PX-EM algorithm is an extension of classical EM algorithm with faster speed [2, 3]. We first consider the parameter expanded version of (1):

$$\mathbf{y} = \mathbf{Z}\boldsymbol{\omega} + \delta \mathbf{X}\boldsymbol{\beta} + \mathbf{e},$$

where  $\delta \in \mathbb{R}^1$  is the expanded parameter. The complete-data log-likelihood is given as

$$\begin{aligned} \mathcal{L} &= \log \Pr(\mathbf{y}, \boldsymbol{\beta} | \boldsymbol{\theta}; \mathbf{Z}, \mathbf{X}) \\ &= -\frac{n}{2} \log(2\pi\sigma_e^2) - \frac{1}{2\sigma_e^2} \|\mathbf{y} - \mathbf{Z}\boldsymbol{\omega} - \delta \mathbf{X}\boldsymbol{\beta}\|^2 \\ &\quad - \frac{p}{2} \log(2\pi\sigma_\beta^2) - \frac{1}{2\sigma_\beta^2} \|\boldsymbol{\beta}\|^2, \end{aligned} \quad (3)$$

from which we can easily recognize that the terms involving  $\boldsymbol{\beta}$  are of a quadratic form:

$$\boldsymbol{\beta}^T \left( -\frac{\delta^2}{2\sigma_e^2} \mathbf{X}^T \mathbf{X} - \frac{1}{2\sigma_\beta^2} \mathbf{I}_p \right) \boldsymbol{\beta} + \frac{\delta}{\sigma_e^2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T \mathbf{X} \boldsymbol{\beta} + \text{Constant}.$$

Therefore, the posterior distribution of  $\beta$  is Gaussian  $\mathcal{N}(\beta|\mu, \Sigma)$ , where

$$\begin{aligned}\Sigma^{-1} &= \frac{\delta^2}{\sigma_e^2} \mathbf{X}^T \mathbf{X} + \frac{1}{\sigma_\beta^2} \mathbf{I}_p, \\ \mu &= \left( \frac{\delta^2}{\sigma_e^2} \mathbf{X}^T \mathbf{X} + \frac{1}{\sigma_\beta^2} \mathbf{I}_p \right)^{-1} \frac{\delta}{\sigma_e^2} \mathbf{X}^T (\mathbf{y} - \mathbf{Z}\omega).\end{aligned}$$

Now in the E-step, we evaluate the  $Q$ -function by taking the expectation of the complete-data log-likelihood with respect to the posterior  $\mathcal{N}(\beta|\mu, \Sigma)$ . Specifically, the quadratic terms involving  $\beta$  are evaluated as following:

$$\begin{aligned}\mathbb{E}[||\tilde{\mathbf{y}} - \delta \mathbf{X}\beta||^2] &= \mathbb{E}[\tilde{\mathbf{y}}^T \tilde{\mathbf{y}} - 2\delta \tilde{\mathbf{y}}^T \mathbf{X}\beta + \delta^2 \beta^T \mathbf{X}^T \mathbf{X}\beta] \\ &= \tilde{\mathbf{y}}^T \tilde{\mathbf{y}} - 2\delta \tilde{\mathbf{y}}^T \mathbf{X}\mu + \delta^2 \mu^T \mathbf{X}^T \mathbf{X}\mu + \delta^2 \text{tr}(\mathbf{X}^T \mathbf{X}\Sigma), \\ \mathbb{E}[||\beta||^2] &= \mu^T \mu + \text{tr}(\Sigma),\end{aligned}$$

where  $\tilde{\mathbf{y}} = \mathbf{y} - \mathbf{Z}\omega$ . Then the  $Q$ -function given the current parameter estimates  $\theta_{old}$  is obtained as:

$$\begin{aligned}\mathcal{Q}(\theta|\theta_{old}) &= -\frac{n}{2} \log(2\pi\sigma_e^2) - \frac{p}{2} \log(2\pi\sigma_\beta^2) \\ &\quad - \frac{1}{2\sigma_e^2} ||\mathbf{y} - \mathbf{Z}\omega - \delta \mathbf{X}\mu||^2 - \frac{1}{2\sigma_\beta^2} \mu^T \mu \\ &\quad - \text{tr} \left( \left( \frac{\delta^2}{2\sigma_e^2} \mathbf{X}^T \mathbf{X} + \frac{1}{2\sigma_\beta^2} \mathbf{I}_p \right) \Sigma \right).\end{aligned}\tag{4}$$

In the M-step, the new estimates of parameter  $\theta$  is obtained by setting the derivative of  $Q$ -function to be zero. The resulting updates are given as follows:

$$\begin{aligned}\delta &= \frac{(\mathbf{y} - \mathbf{Z}\omega)^T \mathbf{X}\mu}{\mu^T \mathbf{X}^T \mathbf{X}\mu + \text{tr}(\mathbf{X}^T \mathbf{X}\Sigma)}, \\ \omega &= (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T (\mathbf{y} - \delta \mathbf{X}\mu), \\ \sigma_e^2 &= \frac{1}{n} [||\mathbf{y} - \mathbf{Z}\omega - \delta \mathbf{X}\mu||^2 + \delta^2 \text{tr}(\mathbf{X}^T \mathbf{X}\Sigma)], \\ \sigma_\beta^2 &= \frac{1}{p} [\mu^T \mu + \text{tr}(\Sigma)].\end{aligned}$$

To check the convergence of PX-EM algorithm, we evaluate the lower bound after each E-step, when the incomplete-data log-likelihood is exactly equal to the lower bound (i.e. the bound is tight).

This PX-EM algorithm is summarized in Algorithm 1. After convergence, the posterior mean and variance of  $\mathcal{N}(\beta|\mu, \Sigma)$  can be evaluated given the obtained parameter estimates  $\hat{\theta} = \{\hat{\sigma}_e^2, \hat{\sigma}_\beta^2\}$  and  $\hat{\omega}$ :

$$\begin{aligned}\Sigma^{-1} &= \frac{1}{\hat{\sigma}_e^2} \mathbf{X}^T \mathbf{X} + \frac{1}{\hat{\sigma}_\beta^2} \mathbf{I}_p, \\ \mu &= \left( \frac{1}{\hat{\sigma}_e^2} \mathbf{X}^T \mathbf{X} + \frac{1}{\hat{\sigma}_\beta^2} \mathbf{I}_p \right)^{-1} \frac{1}{\hat{\sigma}_e^2} \mathbf{X}^T (\mathbf{y} - \mathbf{Z}\hat{\omega}).\end{aligned}\tag{5}$$

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**Algorithm 1** PX-EM algorithm for model (1)

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Initialization: Parameters are initialized by setting  $\boldsymbol{\omega} = (\mathbf{Z}^T \mathbf{Z})^{-1} \mathbf{Z}^T \mathbf{y}$ ,  $\sigma_e^2 = \sigma_\beta^2 = \text{Var}(y - \mathbf{Z}\boldsymbol{\omega})$ .

**repeat**

**E-step:** At the  $t$ -th iteration, evaluate the posterior  $\mathcal{N}(\boldsymbol{\beta} | \boldsymbol{\mu}, \boldsymbol{\Sigma})$  given the current parameter estimates  $\boldsymbol{\theta}^{(t)} = \{(\sigma_e^{(t)})^2, (\sigma_\beta^{(t)})^2\}$ ,  $\boldsymbol{\omega}^{(t)}$  and set  $\delta^{(t)} = 1$ :

$$\boldsymbol{\Sigma}^{-1} = \frac{(\delta^{(t)})^2}{(\sigma_e^{(t)})^2} \mathbf{X}^T \mathbf{X} + \frac{1}{(\sigma_\beta^{(t)})^2} \mathbf{I}_p,$$

$$\boldsymbol{\mu} = \left( \frac{(\delta^{(t)})^2}{(\sigma_e^{(t)})^2} \mathbf{X}^T \mathbf{X} + \frac{1}{(\sigma_\beta^{(t)})^2} \mathbf{I}_p \right)^{-1} \frac{(\delta^{(t)})^2}{(\sigma_e^{(t)})^2} \mathbf{X}^T (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)}),$$

$$ELBO^{(t)} = \mathcal{Q}(\boldsymbol{\theta}^{(t)} + \frac{1}{2} \log |2\pi \boldsymbol{\Sigma}|), \text{ where } \mathcal{Q} \text{ is defined in Equation(4).}$$

**M-step:** Update the model parameters by

$$\delta^{(t+1)} = \frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T \mathbf{X}\boldsymbol{\mu}}{\boldsymbol{\mu}^T \mathbf{X}^T \mathbf{X}\boldsymbol{\mu} + \text{tr}(\mathbf{X}^T \mathbf{X} \boldsymbol{\Sigma})},$$

$$\boldsymbol{\omega}^{(t+1)} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T (\mathbf{y} - \delta \mathbf{X}\boldsymbol{\mu}),$$

$$(\sigma_e^{(t+1)})^2 = \frac{1}{n_r} [||\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)} - \delta \mathbf{X}\boldsymbol{\mu}||^2 + \delta^2 \text{tr}(\mathbf{X}^T \mathbf{X} \boldsymbol{\Sigma})],$$

$$(\sigma_\beta^{(t+1)})^2 = \frac{1}{p} [\boldsymbol{\mu}^T \boldsymbol{\mu} + \text{tr}(\boldsymbol{\Sigma})].$$

**Reduction-step:** Rescale  $(\sigma_e^{(t+1)})^2 = (\delta^{(t+1)})^2 (\sigma_e^{(t+1)})^2$  and reset  $\delta^{(t+1)} = 1$ .

**until** the incomplete-data log-likelihood ( $ELBO^{(t)}$ ) stop increasing or maximum iteration reached

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In practice. We can avoid frequently inverting the  $p \times p$  matrix  $\Sigma$  by conducting a single eigen-decomposition on  $\mathbf{X}\mathbf{X}^T$  or  $\mathbf{X}^T\mathbf{X}$ , depending on the relative sizes of  $p$  and  $n$ . If  $n \geq p$ , we conduct the eigen-decomposition  $\mathbf{X}^T\mathbf{X} = \mathbf{V}\mathbf{Q}\mathbf{V}^T$  before the iteration, where  $\mathbf{Q} \in \mathbb{R}^{p \times p}$  is a diagonal matrix of eigenvalues  $q_j$  and  $\mathbf{V} \in \mathbb{R}^{p \times p}$  is a matrix whose columns are corresponding eigenvectors of  $q_j$ . The resulting algorithm is shown in Algorithm 2.

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**Algorithm 2** PX-EM algorithm for model (1) when  $n \geq p$

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Initialization:  $\omega = (\mathbf{Z}^T\mathbf{Z})^{-1}\mathbf{Z}^T\mathbf{y}$ ,  $\sigma_e^2 = \sigma_\beta^2 = \text{Var}(y - \mathbf{Z}\omega)$ ; conduct eigen-decomposition  $\mathbf{X}^T\mathbf{X} = \mathbf{V}\mathbf{Q}\mathbf{V}^T$ .  
**repeat**

**E-step:** At the  $t$ -th iteration, evaluate the posterior  $\mathcal{N}(\beta|\mu, \Sigma)$  given the current parameter estimates  $\theta^{(t)} = \{(\sigma_e^{(t)})^2, (\sigma_\beta^{(t)})^2\}$ ,  $\omega^{(t)}$  and set  $\delta^{(t)} = 1$ :

$$\begin{aligned}\tilde{q}_j &= q_j/(\sigma_e^{(t)})^2 + 1/(\sigma_\beta^{(t)})^2, \quad \text{diag}(\tilde{\mathbf{Q}}) = \tilde{q} = [\tilde{q}_1, \dots, \tilde{q}_p] \\ \mu &= \frac{1}{(\sigma_e^{(t)})^2} \mathbf{V}[\mathbf{V}^T\mathbf{X}^T(\mathbf{y} - \mathbf{Z}\omega^{(t)}) \odot 1/\tilde{q}] \\ ELBO^{(t)} &= -\frac{n}{2} \log(2\pi(\sigma_e^{(t)})^2) - \frac{p}{2} \log(2\pi(\sigma_\beta^{(t)})^2) - \frac{1}{2(\sigma_e^{(t)})^2} \|\mathbf{y} - \mathbf{Z}\omega^{(t)} - \delta\mathbf{X}\mu\|^2 \\ &\quad - \frac{1}{2(\sigma_\beta^{(t)})^2} \mu^T \mu - \frac{1}{2} \sum_j \log \tilde{q}_j.\end{aligned}$$

**M-step:** Update the model parameters by

$$\begin{aligned}\delta^{(t+1)} &= \frac{(\mathbf{y} - \mathbf{Z}\omega^{(t)})^T \mathbf{X}\mu}{\mu^T \mathbf{X}^T \mathbf{X} \mu + \sum_j q_j/\tilde{q}_j}, \\ \omega^{(t+1)} &= (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T (\mathbf{y} - \delta\mathbf{X}\mu), \\ (\sigma_e^{(t+1)})^2 &= \frac{1}{n_r} [\|\mathbf{y} - \mathbf{Z}\omega^{(t)} - \delta\mathbf{X}\mu\|^2 + \delta^2 \sum_j q_j/\tilde{q}_j], \\ (\sigma_\beta^{(t+1)})^2 &= \frac{1}{p} [\mu^T \mu + \sum_j 1/\tilde{q}_j].\end{aligned}$$

**Reduction-step:** Rescale  $(\sigma_e^{(t+1)})^2 = (\delta^{(t+1)})^2 (\sigma_e^{(t+1)})^2$  and reset  $\delta^{(t+1)} = 1$ .

**until** the incomplete-data log-likelihood ( $ELBO^{(t)}$ ) stop increasing or maximum iteration reached

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If  $p > n$ , we conduct the eigen-decomposition  $\mathbf{X}\mathbf{X}^T = \mathbf{U}\mathbf{D}\mathbf{U}^T$  before the iteration, where  $\mathbf{D} \in \mathbb{R}^{n \times n}$  is a diagonal matrix of eigenvalues  $d_i$  and  $\mathbf{U} \in \mathbb{R}^{n \times n}$  is a matrix whose columns are corresponding eigenvectors of  $d_i$ . The resulting algorithm is shown in Algorithm 3.

## MM algorithm

Unlike the PX-EM algorithm, the MM algorithm maximize the incomplete-data log-likelihood by considering the variance components model (2) [4]. The incomplete-data log-likelihood is given as

$$\log \Pr(\mathbf{y}|\theta; \mathbf{Z}, \mathbf{K}) = -\frac{1}{2} \log |\mathbf{\Omega}| - \frac{1}{2} (\mathbf{y} - \mathbf{Z}\omega)^T \mathbf{\Omega} (\mathbf{y} - \mathbf{Z}\omega), \quad (6)$$

where  $\mathbf{\Omega} = \sigma_\beta^2 \mathbf{K} + \sigma_e^2 \mathbf{I}_n$ . The MM algorithm updates  $\omega$  and  $\theta$  alternatively by iteratively maximizing the lower bound of incomplete-data log-likelihood. Given  $\theta^{(t)}$ , the updata of  $\omega$  is simply a weighted least square problem

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**Algorithm 3** PX-EM algorithm for model (1) when  $p > n$ 


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Initialization:  $\boldsymbol{\omega} = (\mathbf{Z}^T \mathbf{Z})^{-1} \mathbf{Z}^T \mathbf{y}$ ,  $\sigma_e^2 = \sigma_\beta^2 = \text{Var}(y - \mathbf{Z}\boldsymbol{\omega})$ ; conduct eigen-decomposition  $\mathbf{X}\mathbf{X}^T = \mathbf{U}\mathbf{D}\mathbf{U}^T$ .  
**repeat**

**E-step:** At the  $t$ -th iteration, evaluate the posterior  $\mathcal{N}(\boldsymbol{\beta}|\boldsymbol{\mu}, \boldsymbol{\Sigma})$  given the current parameter estimates  $\boldsymbol{\theta}^{(t)} = \{(\sigma_e^{(t)})^2, (\sigma_\beta^{(t)})^2\}$ ,  $\boldsymbol{\omega}^{(t)}$  and set  $\delta^{(t)} = 1$ :

$$\begin{aligned}\tilde{d}_i &= d_i/(\sigma_e^{(t)})^2 + 1/(\sigma_\beta^{(t)})^2, \quad \text{diag}(\tilde{\mathbf{D}}) = \tilde{\mathbf{d}} = [\tilde{d}_1, \dots, \tilde{d}_n] \\ \boldsymbol{\mu} &= \frac{1}{(\sigma_e^{(t)})^2} \mathbf{X}^T \mathbf{U} [\mathbf{U}^T (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)}) \odot 1/\tilde{\mathbf{d}}] \\ ELBO^{(t)} &= -\frac{n}{2} \log(2\pi(\sigma_e^{(t)})^2) - \frac{p}{2} \log(2\pi(\sigma_\beta^{(t)})^2) - \frac{1}{2(\sigma_e^{(t)})^2} \|\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)} - \delta \mathbf{X}\boldsymbol{\mu}\|^2 \\ &\quad - \frac{1}{2(\sigma_\beta^{(t)})^2} \boldsymbol{\mu}^T \boldsymbol{\mu} - \frac{1}{2} \sum_i^n \log \tilde{d}_i + \frac{p-n}{2} \log(\sigma_\beta^{(t)})^2.\end{aligned}$$

**M-step:** Update the model parameters by

$$\begin{aligned}\delta^{(t+1)} &= \frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T \mathbf{X}\boldsymbol{\mu}}{\boldsymbol{\mu}^T \mathbf{X}^T \mathbf{X}\boldsymbol{\mu} + \sum_i^n d_i/\tilde{d}_i}, \\ \boldsymbol{\omega}^{(t+1)} &= (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T (\mathbf{y} - \delta \mathbf{X}\boldsymbol{\mu}), \\ (\sigma_e^{(t+1)})^2 &= \frac{1}{n_r} [\|\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)} - \delta \mathbf{X}\boldsymbol{\mu}\|^2 + \delta^2 \sum_i^n d_i/\tilde{d}_i], \\ (\sigma_\beta^{(t+1)})^2 &= \frac{1}{p} [\boldsymbol{\mu}^T \boldsymbol{\mu} + \sum_i^n 1/\tilde{d}_i + (n-p)(\sigma_\beta^{(t)})^2].\end{aligned}$$

**Reduction-step:** Rescale  $(\sigma_e^{(t+1)})^2 = (\delta^{(t+1)})^2 (\sigma_e^{(t+1)})^2$  and reset  $\delta^{(t+1)} = 1$ .  
**until** the incomplete-data log-likelihood ( $ELBO^{(t)}$ ) stop increasing or maximum iteration reached

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$$\boldsymbol{\omega}^{(t)} = (\mathbf{Z}^T \boldsymbol{\Omega}^{(t)} \mathbf{Z})^{-1} \mathbf{Z}^T (\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{y}. \quad (7)$$

The update of  $\boldsymbol{\theta}$  given  $\boldsymbol{\omega}$  depends on two minorizations. First,

$$-(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T (\boldsymbol{\Omega}^{(t)})^{-1} \left( \frac{(\sigma_\beta^{(t)})^4}{\sigma_\beta^2} \mathbf{K} + \frac{(\sigma_e^{(t)})^4}{\sigma_e^2} \right) (\boldsymbol{\Omega}^{(t)})^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}) \leq -\frac{1}{2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T \boldsymbol{\Omega} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}), \quad (8)$$

which separates the variance components in the quadratic term of the likelihood (5). Second, the convexity of function  $-\log |\boldsymbol{\Omega}|$  implies that

$$-\log |\boldsymbol{\Omega}^{(t)}| - \text{tr}((\boldsymbol{\Omega}^{(t)})^{-1} (\boldsymbol{\Omega} - \boldsymbol{\Omega}^{(t)})) \leq -\frac{1}{2} \log |\boldsymbol{\Omega}|, \quad (9)$$

which separates the variance components in the log determinant of the likelihood (5). Combining (7) and (8), the overall minorization is given as

$$\begin{aligned} \mathcal{G}(\boldsymbol{\theta} | \boldsymbol{\theta}_{old}) &= -\log |\boldsymbol{\Omega}^{(t)}| - \frac{1}{2} \text{tr}((\boldsymbol{\Omega}^{(t)})^{-1} \boldsymbol{\Omega}) - \frac{1}{2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-1} \left( \frac{(\sigma_\beta^{(t)})^4}{\sigma_\beta^2} \mathbf{K} + \frac{(\sigma_e^{(t)})^4}{\sigma_e^2} \right) (\boldsymbol{\Omega}^{(t)})^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)}) \\ &= -\log |\boldsymbol{\Omega}^{(t)}| - \frac{\sigma_\beta^2}{2} \text{tr}((\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K}) - \frac{1}{2} \frac{(\sigma_\beta^{(t)})^4}{\sigma_\beta^2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K} (\boldsymbol{\Omega}^{(t)})^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)}) \\ &\quad - \frac{\sigma_e^2}{2} \text{tr}((\boldsymbol{\Omega}^{(t)})^{-1}) - \frac{1}{2} \frac{(\sigma_e^{(t)})^4}{\sigma_e^2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)}). \end{aligned} \quad (10)$$

By setting the derivative of  $\mathcal{G}$ -function to be zero, the resulting updates are given as follows:

$$\begin{aligned} (\sigma_\beta^{(t+1)})^2 &= (\sigma_\beta^{(t)})^2 \sqrt{\frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K} (\boldsymbol{\Omega}^{(t)})^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})}{\text{tr}((\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K})}} \\ (\sigma_e^{(t+1)})^2 &= (\sigma_e^{(t)})^2 \sqrt{\frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})}{\text{tr}((\boldsymbol{\Omega}^{(t)})^{-1})}}. \end{aligned}$$

The convergence of MM algorithm is checked by evaluating the log-likelihood at each iteration. The resulting algorithm is summarized in Algorithm 4.

To avoid frequently inverting  $\boldsymbol{\Omega}$  in the iterations, we can conduct eigen-decomposition on  $\mathbf{K} = \mathbf{U}\mathbf{D}\mathbf{U}^T$  before the algorithm, where  $\mathbf{D} \in \mathbb{R}^{n \times n}$  is a diagonal matrix of eigenvalues  $d_i$  and  $\mathbf{U} \in \mathbb{R}^{n \times n}$  is a matrix whose columns are corresponding eigenvectors of  $d_i$ . The resulting procedure is summarized in Algorithm 5.

## Standard errors of variance components for MLE methods

For MLE methods including MM and PX-EM, the covariance matrix of variance components estimates are calculated from inverse of Fisher Information Matrix (FIM).  $FIM = -\mathbb{E} \left[ \frac{\partial^2 \mathcal{L}}{\partial \boldsymbol{\theta}^2} \right] = -\mathbb{E} \left[ \frac{\partial^2}{\partial \boldsymbol{\theta}^2} - \frac{1}{2} \log |\boldsymbol{\Omega}| - \frac{1}{2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T \boldsymbol{\Omega}^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}) \right]$ . The first derivatives are:

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**Algorithm 4** MM algorithm for model (2)

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Initialization: Parameters are initialized by setting  $\boldsymbol{\omega} = (\mathbf{Z}^T \mathbf{Z})^{-1} \mathbf{Z}^T \mathbf{y}$ ,  $\sigma_e^2 = \sigma_\beta^2 = \text{Var}(y - \mathbf{Z}\boldsymbol{\omega})$ .  
**repeat**

$$\begin{aligned}\boldsymbol{\Omega}^{(t)} &= (\sigma_\beta^{(t)})^2 \mathbf{K} + (\sigma_e^{(t+1)})^2 \mathbf{I}_n, \\ \boldsymbol{\omega}^{(t)} &= (\mathbf{Z}^T \boldsymbol{\Omega}^{(t)} \mathbf{Z})^{-1} \mathbf{Z}^T (\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{y}, \\ \text{evaluate } \mathcal{L}^{(t)}(\boldsymbol{\Omega}^{(t)}, \boldsymbol{\omega}^{(t)}) &\text{ from Equation (6),} \\ (\sigma_\beta^{(t+1)})^2 &= (\sigma_\beta^{(t)})^2 \sqrt{\frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K} (\boldsymbol{\Omega}^{(t)})^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})}{\text{tr}((\boldsymbol{\Omega}^{(t)})^{-1} \mathbf{K})}}, \\ (\sigma_e^{(t+1)})^2 &= (\sigma_e^{(t)})^2 \sqrt{\frac{(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})^T (\boldsymbol{\Omega}^{(t)})^{-2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega}^{(t)})}{\text{tr}((\boldsymbol{\Omega}^{(t)})^{-1})}}.\end{aligned}$$

**until** the incomplete-data log-likelihood ( $\mathcal{L}^{(t)}$ ) stop increasing or maximum iteration reached

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**Algorithm 5** Efficient MM algorithm for model (2)

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Initialization:  $\mathbf{K} = \mathbf{U} \mathbf{D} \mathbf{U}^T$ ,  $\bar{\mathbf{Z}} = \mathbf{U}^T \mathbf{Z}$ ,  $\bar{\mathbf{y}} = \mathbf{U}^T \mathbf{y}$ ,  $\boldsymbol{\omega} = (\bar{\mathbf{Z}}^T \bar{\mathbf{Z}})^{-1} \bar{\mathbf{Z}}^T \bar{\mathbf{y}}$ ,  $\sigma_e^2 = \sigma_\beta^2 = \text{Var}(y - \mathbf{Z}\boldsymbol{\omega})$ .  
**repeat**

$$\begin{aligned}\tilde{d}_i &= d_i / (\sigma_e^{(t)})^2 + 1 / (\sigma_\beta^{(t)})^2, \quad \text{diag}(\tilde{\mathbf{D}}) = \tilde{d} = [\tilde{d}_1, \dots, \tilde{d}_n] \\ \boldsymbol{\omega}^{(t)} &= (\bar{\mathbf{Z}}^T \tilde{\mathbf{D}} \bar{\mathbf{Z}})^{-1} \bar{\mathbf{Z}}^T (\bar{\mathbf{y}} \odot \tilde{d}), \\ \mathcal{L}^{(t)}(\boldsymbol{\Omega}^{(t)}, \boldsymbol{\omega}^{(t)}) &= -\frac{1}{2} \sum_i^n \log \tilde{d}_i - \frac{n}{2} \log \sigma_\beta^2 - \frac{n}{2} \log \sigma_e^2 - \frac{n}{2} \log 2\pi - \frac{1}{2} \sum_i^n [(\bar{\mathbf{y}}_i - \bar{\mathbf{Z}}_i^T \boldsymbol{\omega}^{(t)})^2 / \tilde{d}_i] \\ (\sigma_\beta^{(t+1)})^2 &= \frac{\sigma_\beta^{(t)}}{\sigma_e^{(t)}} \sqrt{\frac{\sum_i^n [(\bar{\mathbf{y}}_i - \bar{\mathbf{Z}}_i^T \boldsymbol{\omega}^{(t)})^2 d_i / \tilde{d}_i^2]}{\sum_i^n d_i / \tilde{d}_i}}, \\ (\sigma_e^{(t+1)})^2 &= \frac{\sigma_e^{(t)}}{\sigma_\beta^{(t)}} \sqrt{\frac{\sum_i^n [(\bar{\mathbf{y}}_i - \bar{\mathbf{Z}}_i^T \boldsymbol{\omega}^{(t)})^2 / \tilde{d}_i^2]}{\sum_i^n 1 / \tilde{d}_i}}.\end{aligned}$$

**until** the incomplete-data log-likelihood ( $\mathcal{L}^{(t)}$ ) stop increasing or maximum iteration reached

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$$\begin{aligned}
\frac{\partial \mathcal{L}}{\partial \sigma_g^2} &= \frac{1}{2} \text{tr} [-\mathbf{\Omega}^{-1} \mathbf{K} + (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T \mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})], \\
\frac{\partial \mathcal{L}}{\partial \sigma_e^2} &= \frac{1}{2} \text{tr} [-\mathbf{\Omega}^{-1} + (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T \mathbf{\Omega}^{-2} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})];
\end{aligned} \tag{11}$$

and the second derivatives are given as

$$\begin{aligned}
\frac{\partial^2 \mathcal{L}}{\partial (\sigma_g^2)^2} &= \frac{1}{2} \text{tr} [(\mathbf{\Omega}^{-1} \mathbf{K})^2 - 2(\mathbf{\Omega}^{-1} \mathbf{K})^2 \mathbf{\Omega}^{-1} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T], \\
\frac{\partial^2 \mathcal{L}}{\partial (\sigma_e^2)^2} &= \frac{1}{2} \text{tr} [\mathbf{\Omega}^{-2} - 2\mathbf{\Omega}^{-3} (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T], \\
\frac{\partial^2 \mathcal{L}}{\partial \sigma_g^2 \partial \sigma_e^2} &= \frac{1}{2} \text{tr} [\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1} - (\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-2} + \mathbf{\Omega}^{-2} \mathbf{K} \mathbf{\Omega}^{-1}) (\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T].
\end{aligned} \tag{12}$$

Since the only random variable is  $\mathbf{y}$ , and  $\mathbb{E}[(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})(\mathbf{y} - \mathbf{Z}\boldsymbol{\omega})^T] = \mathbf{\Omega}$ , the FIM is

$$FIM = -\frac{1}{2} \begin{bmatrix} \text{tr}[(\mathbf{\Omega}^{-1} \mathbf{K})^2] - 2\text{tr}[(\mathbf{\Omega}^{-1} \mathbf{K})^2] & \text{tr}(\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1}) - 2\text{tr}(\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1}) \\ \cdot & \text{tr}[\mathbf{\Omega}^{-2}] - 2\text{tr}[\mathbf{\Omega}^{-2}] \end{bmatrix} \tag{13}$$

$$= \frac{1}{2} \begin{bmatrix} \text{tr}[(\mathbf{\Omega}^{-1} \mathbf{K})^2] & \text{tr}(\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1}) \\ \cdot & \text{tr}[\mathbf{\Omega}^{-2}] \end{bmatrix}. \tag{14}$$

Inverting the FIM leads to the covariance matrix of  $\hat{\boldsymbol{\theta}}$ .

When handling the FIM, we can again make use of the pre-calculated eigenvectors and eigenvalues to avoid inverting  $\mathbf{\Omega}$ . For MM algorithm and PX-EM algorithm with  $p \geq n$  case, we can evaluate  $\mathbf{\Omega}^{-1}$  using the identity  $\mathbf{\Omega}^{-1} = \mathbf{U} \tilde{\mathbf{D}} \mathbf{U}^T$  with  $\mathbf{U}$ ,  $\tilde{\mathbf{D}}$  from Algorithm 3 and 5. For PX-EM algorithm with  $n > p$ , we first define  $\mathbf{\Lambda}^{-1} = (\sigma_e^2 \mathbf{I}_p + \sigma_\beta^2 \mathbf{X}^T \mathbf{X})^{-1}$ . Then using the matrix inverse lemma, we have  $\mathbf{X}^T \mathbf{\Omega}^{-1} = \mathbf{\Lambda}^{-1} \mathbf{X}^T$ . Therefore, we can express the FIM using the dual form:

$$\text{tr}[(\mathbf{\Omega}^{-1} \mathbf{K})^2] = \text{tr}(\mathbf{\Omega}^{-1} \mathbf{X} \mathbf{X}^T \mathbf{\Omega}^{-1} \mathbf{X} \mathbf{X}^T) = \text{tr}(\mathbf{\Lambda}^{-1} \mathbf{X}^T \mathbf{X} \mathbf{\Lambda}^{-1} \mathbf{X}^T \mathbf{X}) \tag{15}$$

$$\text{tr}[\mathbf{\Omega}^{-1} \mathbf{K} \mathbf{\Omega}^{-1}] = \text{tr}[\mathbf{\Omega}^{-1} \mathbf{X} \mathbf{X}^T \mathbf{\Omega}^{-1}] = \text{tr}(\mathbf{\Lambda}^{-2} \mathbf{X}^T \mathbf{X}) \tag{16}$$

$$\text{tr}[\mathbf{\Omega}^{-2}] = n \left( \frac{1}{\sigma_e^2} \right)^2 - 2 \frac{\sigma_\beta^2}{(\sigma_e^2)^2} \text{tr}[\mathbf{\Lambda}^{-1} \mathbf{X}^T \mathbf{X}] + \left( \frac{\sigma_\beta^2}{\sigma_e^2} \right)^2 \text{tr}[\mathbf{\Lambda}^{-1} \mathbf{X}^T \mathbf{X} \mathbf{\Lambda}^{-1} \mathbf{X}^T \mathbf{X}], \tag{17}$$

where  $\mathbf{\Lambda}^{-1} = \mathbf{V} \tilde{\mathbf{Q}} \mathbf{V}^T$  with  $\mathbf{V}$  and  $\tilde{\mathbf{Q}}$  from Algorithm 2.

## Method of Moments

While the MM algorithm and PX-EM algorithm adopts the MLE, MoM estimator is obtained by first multiplying Equation (2) by the projection matrix  $\mathbf{M} = \mathbf{I}_n - \mathbf{Z}(\mathbf{Z}^T \mathbf{Z})^{-1} \mathbf{Z}^T$  and then solving the following ordinary least squares (OLS) problem [5]:

$$\text{argmin}_{\sigma_\beta^2, \sigma_e^2} \|(\mathbf{M}\mathbf{y})^T (\mathbf{M}\mathbf{y}) - (\sigma_\beta^2 \mathbf{M} \mathbf{K} \mathbf{M} + \sigma_e^2 \mathbf{M})\|_F^2, \tag{18}$$

. Using the fact that  $\|\mathbf{A}\|_F = \sqrt{\text{tr}(\mathbf{A} \mathbf{A}^T)}$ , the OLS problem in (10) can be re-written as



$$\operatorname{argmin}_{\sigma_\beta^2, \sigma_e^2} \operatorname{tr}[(\mathbf{M}\mathbf{y})^T(\mathbf{M}\mathbf{y}) - (\sigma_\beta^2 \mathbf{M}\mathbf{K}\mathbf{M} + \sigma_e^2 \mathbf{M})(\mathbf{M}\mathbf{y})^T(\mathbf{M}\mathbf{y}) - (\sigma_\beta^2 \mathbf{M}\mathbf{K}\mathbf{M} + \sigma_e^2 \mathbf{M})^T],$$

which leads to the normal equation

$$\mathbf{S}\boldsymbol{\theta} = \mathbf{q}, \quad (19)$$

$$\text{with } \mathbf{S} = \begin{bmatrix} \operatorname{tr}(\mathbf{M}\mathbf{K}\mathbf{M}\mathbf{K}) & \operatorname{tr}(\mathbf{M}\mathbf{K}) \\ \operatorname{tr}(\mathbf{M}\mathbf{K}) & n - c \end{bmatrix}, \quad \boldsymbol{\theta} = \begin{bmatrix} \sigma_\beta^2 \\ \sigma_e^2 \end{bmatrix}, \quad \mathbf{q} = \begin{bmatrix} \mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y} \\ \mathbf{y}^T \mathbf{M}\mathbf{y} \end{bmatrix}.$$

The MoM estimates of  $\boldsymbol{\theta}$  is then given by  $\hat{\boldsymbol{\theta}} = \mathbf{S}^{-1}\mathbf{q}$ . The covariance matrix of MoM estimators are given by the sandwich estimator:  $\boldsymbol{\Sigma}_{\boldsymbol{\theta}} = \mathbb{E} \left[ \frac{\partial B}{\partial \boldsymbol{\theta}} \right]^{-1} \operatorname{Cov}(B) \mathbb{E} \left[ \frac{\partial B}{\partial \boldsymbol{\theta}} \right]^{-1}$ , where  $B$  is the normal equation  $\mathbf{q} - \mathbf{S}\boldsymbol{\theta}$ . Specifically,

$$\mathbb{E} \left[ \frac{\partial B}{\partial \boldsymbol{\theta}} \right]^{-1} = \mathbf{S}^{-1}, \quad (20)$$

and

$$\operatorname{Cov}(B) = \operatorname{Cov} \left( \begin{bmatrix} \mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y} \\ \mathbf{y}^T \mathbf{M}\mathbf{y} \end{bmatrix} \right) = \begin{bmatrix} \operatorname{Var}(\mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y}) & \operatorname{Cov}(\mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y}, \mathbf{y}^T \mathbf{M}\mathbf{y}) \\ \operatorname{Cov}(\mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y}, \mathbf{y}^T \mathbf{M}\mathbf{y}) & \operatorname{Var}(\mathbf{y}^T \mathbf{M}\mathbf{y}) \end{bmatrix}, \quad (21)$$

where the elements are calculated by  $\operatorname{Var}(\mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y}) = 2\operatorname{tr}([\mathbf{M}\mathbf{K}\mathbf{M}\boldsymbol{\Omega}]^2)$ ,  $\operatorname{Var}(\mathbf{y}^T \mathbf{M}\mathbf{y}) = 2\operatorname{tr}([\mathbf{M}\boldsymbol{\Omega}]^2)$ ,  $\operatorname{Cov}(\mathbf{y}^T \mathbf{M}\mathbf{K}\mathbf{M}\mathbf{y}, \mathbf{y}^T \mathbf{M}\mathbf{y}) = 2\operatorname{tr}(\mathbf{M}\mathbf{K}\mathbf{M}\boldsymbol{\Omega}\mathbf{M}\boldsymbol{\Omega})$ .

## Example

```
library(VCM)
n <- 1000
d <- 1000

sb2 <- 0.1
se2 <- 1
X <- matrix(rnorm(n*d), n, d)
X <- scale(X)/sqrt(d)

w <- c(rnorm(d, 0, sqrt(sb2)))
y0 <- X%*%w

y <- y0 + sqrt(se2)*rnorm(n)

fit_PXEM <- linRegPXEM(X=X, y=y, tol = 1e-6, maxIter = 500, verbose=F)
fit_MM <- linRegMM(X=X, y=y, tol=1e-6, maxIter = 500, verbose=F)
fit_MoM <- linReg_MoM(X=X, y=y)

c(fit_PXEM$se2, fit_PXEM$sb2)
c(fit_MM$se2, fit_MM$sb2)
c(fit_MoM$se2, fit_MoM$sb2)
```

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