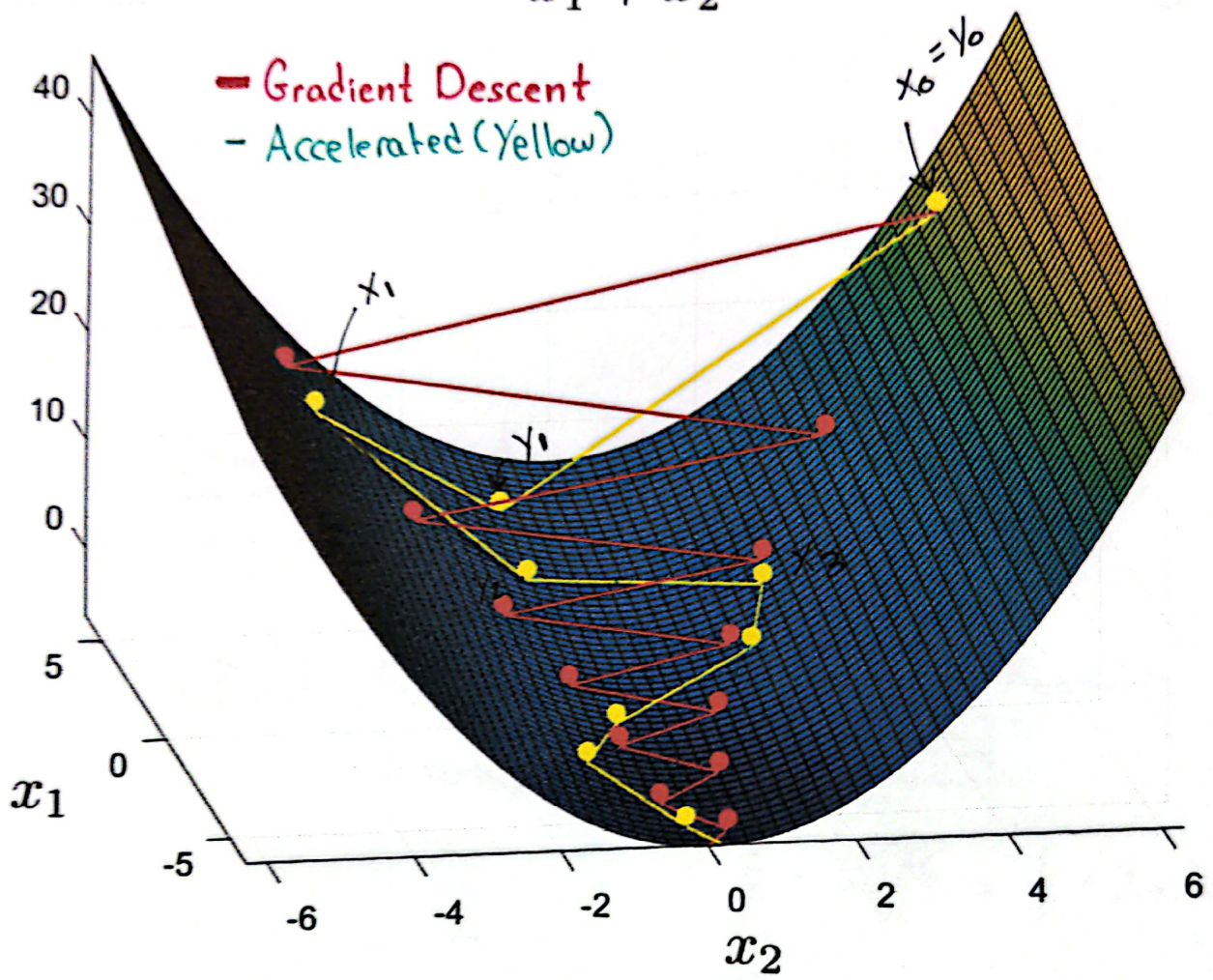




$$x_1 + x_2^2$$



Theorem Let f be **convex** with L -Lipschitz grad.
Then for any minimizer x^* ,

$$f(y_k) - f(x^*) \leq \frac{2L \|x_0 - x^*\|^2}{k^2}.$$


Starting 9/23

Proof. Lemma 1 The λ_k sequence has $\lambda_{k+1}^2 - \lambda_{k+1} = \lambda_k$
and for any $k \geq 1$, $\lambda_k \geq \frac{k+1}{2}$  


Proof. First statement by Quadratic Formula.

$$\begin{aligned} \text{Second, } \lambda_{k+1} &= \frac{1 + \sqrt{1 + 4\lambda_k^2}}{2} \\ &\geq \frac{1}{2} + \frac{\sqrt{4\lambda_k^2}}{2} = \frac{1}{2} + \lambda_k. \quad \square \end{aligned}$$

$$\text{Checking } \frac{\lambda_k - 1}{\lambda_{k+1}} \approx \frac{\frac{k+1}{2} - 1}{\frac{k+2}{2}} = \frac{k-1}{k+2} \approx \frac{k}{k+3} \quad \square$$

Lemma 2 For $u, v \in \mathbb{R}^d$, we have 

$$f(u - \frac{1}{2} \nabla f(u)) - f(v) \leq -\frac{1}{2L} \|\nabla f(u)\|_2^2 + \nabla f(u)^\top (u - v).$$

Proof. Use convexity and then Descent Lemma: 

$$\begin{aligned} f(u - \frac{1}{2} \nabla f(u)) - f(v) &\leq f(u - \frac{1}{2} \nabla f(u)) - (f(u) + \nabla f(u)^\top (v - u)) \\ &\leq -\frac{1}{2L} \|\nabla f(u)\|_2^2 + \nabla f(u)^\top (u - v). \end{aligned}$$



□

We want a recurrence on $\delta_k = f(y_k) - f(x^*)$
in terms $1/\lambda_k^2$.

Applying Lemma 2 with $u = x_k$, $v = y_k$ gives

$$\begin{aligned} \delta_{k+1} - \delta_k &= f(y_{k+1}) - f(y_k) \leq -\frac{1}{2L} \|\nabla f(x_k)\|_2^2 + \nabla f(x_k)^T (x_k - y_k) \\ &\quad \text{(using } \nabla f(x_k) = -L(y_{k+1} - x_k) \text{)} \\ &\quad \Leftrightarrow y_{k+1} = x_k - \frac{1}{L} \nabla f(x_k) \\ &= -\frac{L}{2} \|y_{k+1} - x_k\|_2^2 - L(y_{k+1} - x_k)^T (x_k - y_k) \end{aligned} \quad (1)$$

Applying Lemma 2 with $u = x_k$, $v = x^*$ gives

$$\begin{aligned} \delta_{k+1} = f(y_{k+1}) - f(x^*) &\leq -\frac{1}{2L} \|\nabla f(x_k)\|_2^2 + \nabla f(x_k)^T (x_k - x^*) \\ &= -\frac{L}{2} \|y_{k+1} - x_k\|_2^2 - L(y_{k+1} - x_k)^T (x_k - x^*). \end{aligned} \quad (2)$$

Summing $(\lambda_k - 1)(1) + (2)$ gives

$$\begin{aligned} \lambda_k \delta_{k+1} - (\lambda_k - 1) \delta_k &\leq -\frac{L\lambda_k}{2} \|y_{k+1} - x_k\|_2^2 \\ &\quad - L(y_{k+1} - x_k)^T (\lambda_k x_k - (\lambda_k - 1)y_k - x^*) \end{aligned}$$

Multiplying by λ_k gives

$$\lambda_k^2 \delta_{k+1} - \underbrace{(\lambda_k^2 - \lambda_k)}_{\lambda_{k-1}^2} \delta_k \leq -\frac{L}{2} \left(\underbrace{\|\lambda_k (y_{k+1} - x_k)\|_2^2}_{\lambda_k^2 \|y_{k+1} - x_k\|_2^2} + 2\lambda_k (y_{k+1} - x_k)^T (\lambda_k x_k - (\lambda_k - 1)y_k - x^*) \right)$$

"completing the square"

$$= -\frac{L}{2} \left(\|\lambda_k y_{k+1} - (\lambda_k - 1) x_k - x^*\|_2^2 - \|\lambda_k x_k - (\lambda_k - 1) y_k - x^*\|_2^2 \right)$$

(Note $x_{k+1} = y_{k+1} + \frac{\lambda_k - 1}{\lambda_{k+1}} (y_{k+1} - y_k) \Leftrightarrow \frac{\lambda_{k+1} x_{k+1} - (\lambda_{k+1} - 1) y_{k+1}}{\lambda_{k+1}} = \lambda_k y_{k+1} - (\lambda_k - 1) y_k$)

$$\left(\lambda_k^2 \delta_{k+1} - \lambda_{k-1}^2 \delta_k \leq \right) = -\frac{L}{2} \left(\underbrace{\|\lambda_{k+1} x_{k+1} - (\lambda_{k+1} - 1) y_{k+1} - x^*\|_2^2}_{=: U_{k+1}} - \underbrace{\|\lambda_k x_k - (\lambda_k - 1) y_k - x^*\|_2^2}_{=: U_k} \right)$$

Summing from $k=1, \dots, T$, gives

$$\lambda_{T-1}^2 \delta_T - \lambda_0^2 \delta_1 \leq -\frac{L}{2} \left(\|u_T\|_2^2 - \|u_1\|_2^2 \right)$$

$$\Rightarrow \lambda_{T-1}^2 \delta_T \leq + \frac{L}{2} \|\lambda_1 x_1 - (\lambda_1 - 1) y_1 - x^*\|_2^2$$

$$\frac{\kappa^2}{4} \delta_T \leq + \frac{L}{2} \|x_1 - x^*\|_2^2$$

$$\Rightarrow \delta_T \leq \frac{2L \|x_1 - x^*\|_2^2}{T^2}$$

□

How can we make a single smooth convex func that
is bad for every gradient method (under Assumption 1)?



WLOG, $x_0 = 0$ by shifting $\bar{f}(x) = f(x + x_0)$.

Lets design a function f_k s.t. x_k is all zeros after
the k^{th} coordinate.

The "worst - function in the world"

$$f_k(x) = \frac{L}{4} \left(\frac{1}{2} (x^{(1)})^2 + \sum_{i=1}^{k-1} \frac{1}{2} (x^{(i+1)} - x^{(i)})^2 + \frac{1}{2} (x^{(k)})^2 - x^{(1)} \right)$$

↑ 1st component
of the x vector

$$\nabla^2 f_k(x) = \frac{L}{4} A_k = \frac{L}{4} \left[\begin{array}{ccccccccc} 2 & -1 & & & & & & & 0 \\ -1 & 2 & -1 & & & & & & \\ & -1 & 2 & -1 & & & & & \\ & & -1 & 2 & -1 & & & & \\ 0 & & & -1 & 2 & -1 & & & \\ & & & & \ddots & \ddots & & & \\ & & & & -1 & 2 & -1 & & \\ & & & & & -1 & 2 & & \\ & & & & & & & 0_{d-k,k} & \\ & & & & & & & & 0_{d-k,d-k} \end{array} \right] \left\{ \begin{array}{l} k \text{ lines } 0_{k,d-k} \\ \\ 0_{d-k,d-k} \end{array} \right.$$

$$\nabla f_k(x) = \frac{L}{4} (A_k x - e_1)$$