Computing 20 SR and SS

$$E = R \leq , R^{T}R = I , S = S^{T} \rightarrow SS = SS^{T}$$

$$\downarrow \qquad \qquad \downarrow \qquad \qquad \qquad \downarrow \qquad \qquad \qquad \downarrow \qquad \qquad \downarrow \qquad \qquad \qquad \downarrow \qquad \qquad \downarrow \qquad \qquad \downarrow \qquad$$

$$\mathbb{R}^{T} \mathbf{S} \mathbf{F} = \mathbb{R}^{T} \mathbf{S} \mathbb{R} \mathbf{S} + \mathbf{S} \mathbf{S} \tag{*}$$

Let
$$\mathbb{R}^{T} S E = \begin{bmatrix} a & b \\ c & d \end{bmatrix}, \quad S = S^{T} = \begin{bmatrix} e & f \\ f & g \end{bmatrix}, \quad S S = \begin{bmatrix} y & w \\ w & 2 \end{bmatrix},$$

then (x) becomes
$$\begin{bmatrix} a & b \\ c & d \end{bmatrix} = \begin{bmatrix} 0 & \pi \end{bmatrix} \begin{bmatrix} e & f \\ -x & o \end{bmatrix} \begin{bmatrix} e & f \\ f & g \end{bmatrix} + \begin{bmatrix} J & w \\ w & z \end{bmatrix}$$
, i.e.,

$$\begin{cases} \alpha = xf + y \\ b = xg + w \\ c = -xe + w \\ d = -xf + z \end{cases} = \begin{cases} f \mid 00 \mid x \\ f \mid 00 \mid x \\ -e \mid 00 \mid x$$

This system is solvable iff 8+e + 0

After getting x, x, z, w, we have

$$SR = R \begin{bmatrix} 0 & x \\ -x & 0 \end{bmatrix} = \begin{bmatrix} -x R_{12} & x R_{11} \\ -x R_{22} & x R_{21} \end{bmatrix}$$

$$8z = \begin{bmatrix} x & 5 \\ y & 0 \end{bmatrix}$$