

# Lecture 5. Membrane transport of ions and small molecules

## Outline

- I. Overview of transmembrane transport
- II. channels
- III. Transporters
- IV. ATP-pumps
- V. Membrane potential

# Ions are distributed differently inside and outside a cell

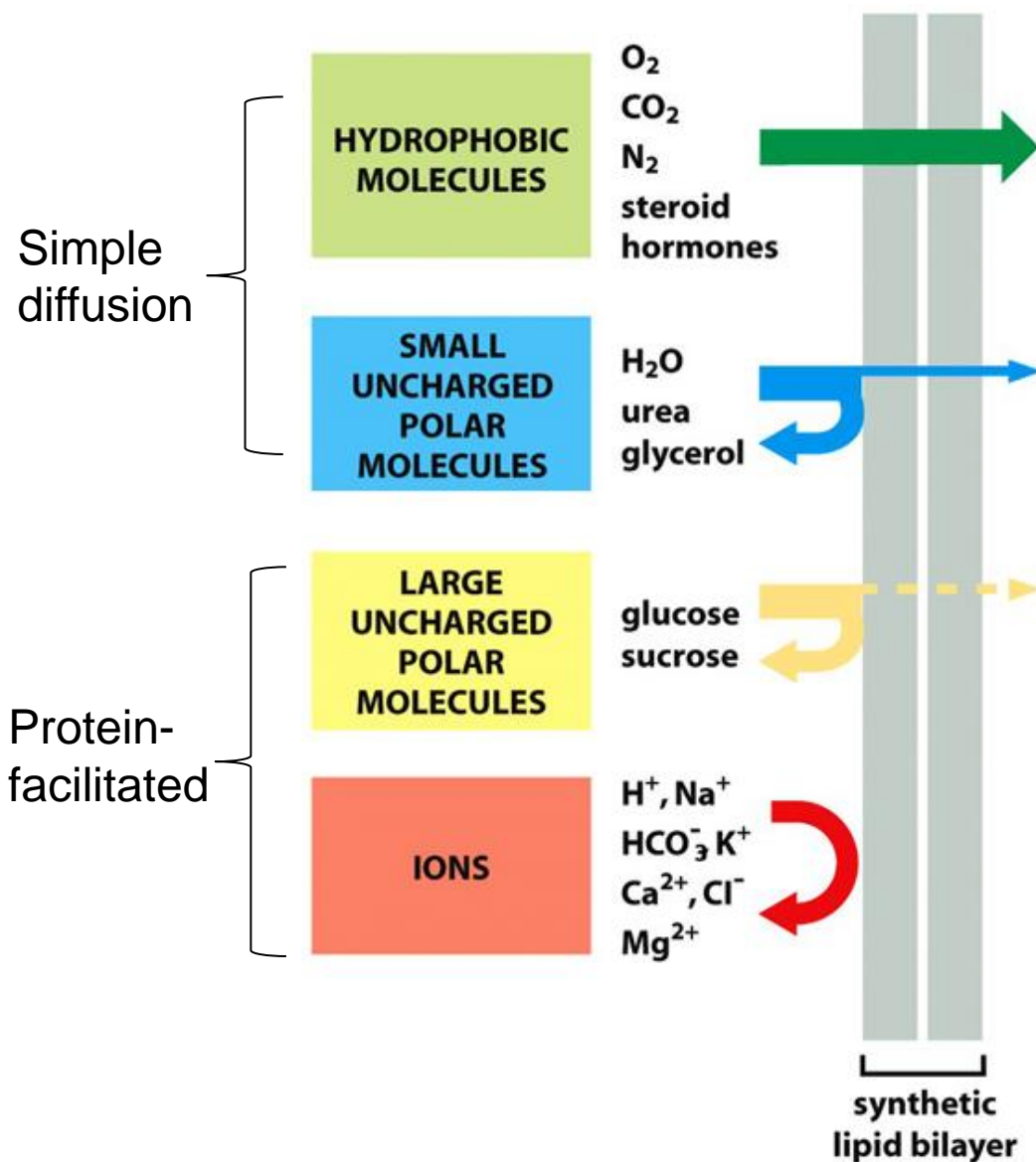
**Table 11–1 A Comparison of Ion Concentrations Inside and Outside a Typical Mammalian Cell**

COMPONENT	INTRACELLULAR CONCENTRATION (mM)	EXTRACELLULAR CONCENTRATION (mM)
<b>Cations</b>		
Na <sup>+</sup>	5–15	145
K <sup>+</sup>	140	5
Mg <sup>2+</sup>	0.5	1–2
Ca <sup>2+</sup>	10 <sup>-4</sup>	1–2
H <sup>+</sup>	7 × 10 <sup>-5</sup> (10 <sup>-7.2</sup> M or pH 7.2)	4 × 10 <sup>-5</sup> (10 <sup>-7.4</sup> M or pH 7.4)
<b>Anions*</b>		
Cl <sup>-</sup>	5–15	110

\*The cell must contain equal quantities of positive and negative charges (that is, it must be electrically neutral). Thus, in addition to Cl<sup>-</sup>, the cell contains many other anions not listed in this table; in fact, most cell constituents are negatively charged (HCO<sub>3</sub><sup>-</sup>, PO<sub>4</sub><sup>3-</sup>, proteins, nucleic acids, metabolites carrying phosphate and carboxyl groups, etc.). The concentrations of Ca<sup>2+</sup> and Mg<sup>2+</sup> given are for the free ions. There is a total of about 20 mM Mg<sup>2+</sup> and 1–2 mM Ca<sup>2+</sup> in cells, but both are mostly bound to proteins and other substances and, for Ca<sup>2+</sup>, stored within various organelles.

Inside the cells, higher K<sup>+</sup>, but lower Na<sup>+</sup> and Cl<sup>-</sup> as compared to outside of a cell

# Lipid bilayer only is impermeable to ions



Lipid bilayer, due to its strong hydrophobicity, only allow hydrophobic molecules, and some small uncharged polar molecules, to pass freely.

Some small molecules like water Can be channeled, too, to increase its diffusion rate.

# Simple diffusion

1. No membrane protein facilitated.
2. Relatively slow.
3. Apply to gases, small uncharged molecules. e.g., O<sub>2</sub>, CO<sub>2</sub>, urea, ethanol

Three factors influence diffusion rate:

- (1). The concentration gradient across the membrane.
- (2). Hydrophobicity
- (3). Size of molecules

Questions:

1. Diethylurea will diffuse more rapidly than urea?

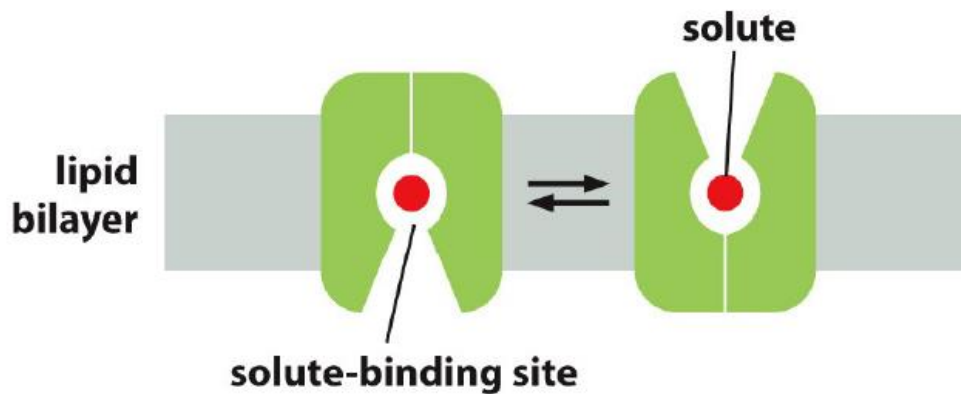
Partition coefficient (the ratio of concentration of a substance between oil and water) for:

diethylurea:  $K=0.01$

urea:  $K = 0.0002$

# There are two major classes of membrane transport proteins

- ◆ Transporter
- ◆ Channels



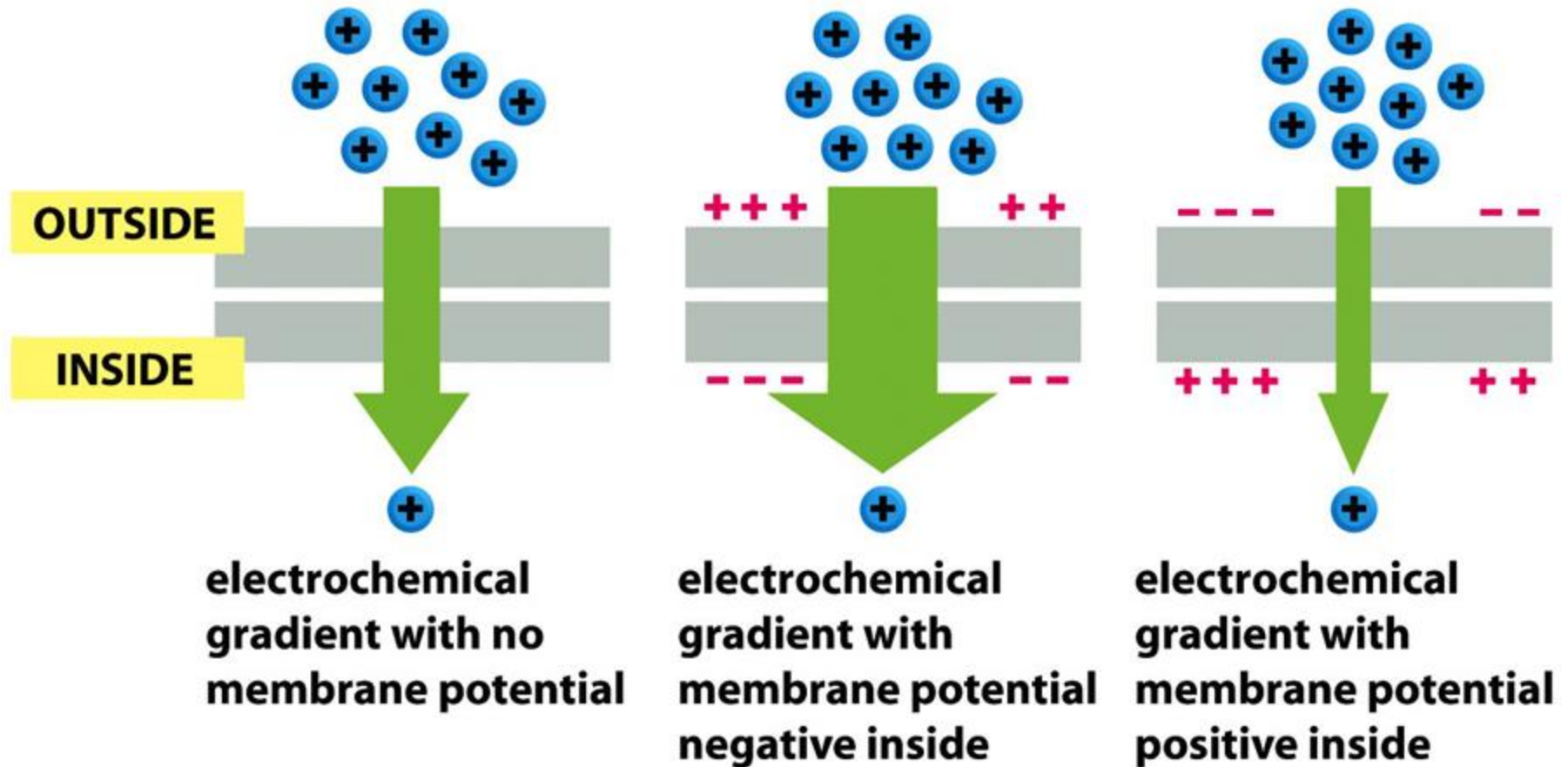
**(A) TRANSPORTER**



**(B) CHANNEL PROTEIN**

Figure 11-3 Molecular Biology of the Cell 6e (© Garland Science 2015)

# An important factor in molecule transport: electrochemical gradient



It consists of **molecule gradient** and **electric potential** between inside and outside Of membrane.

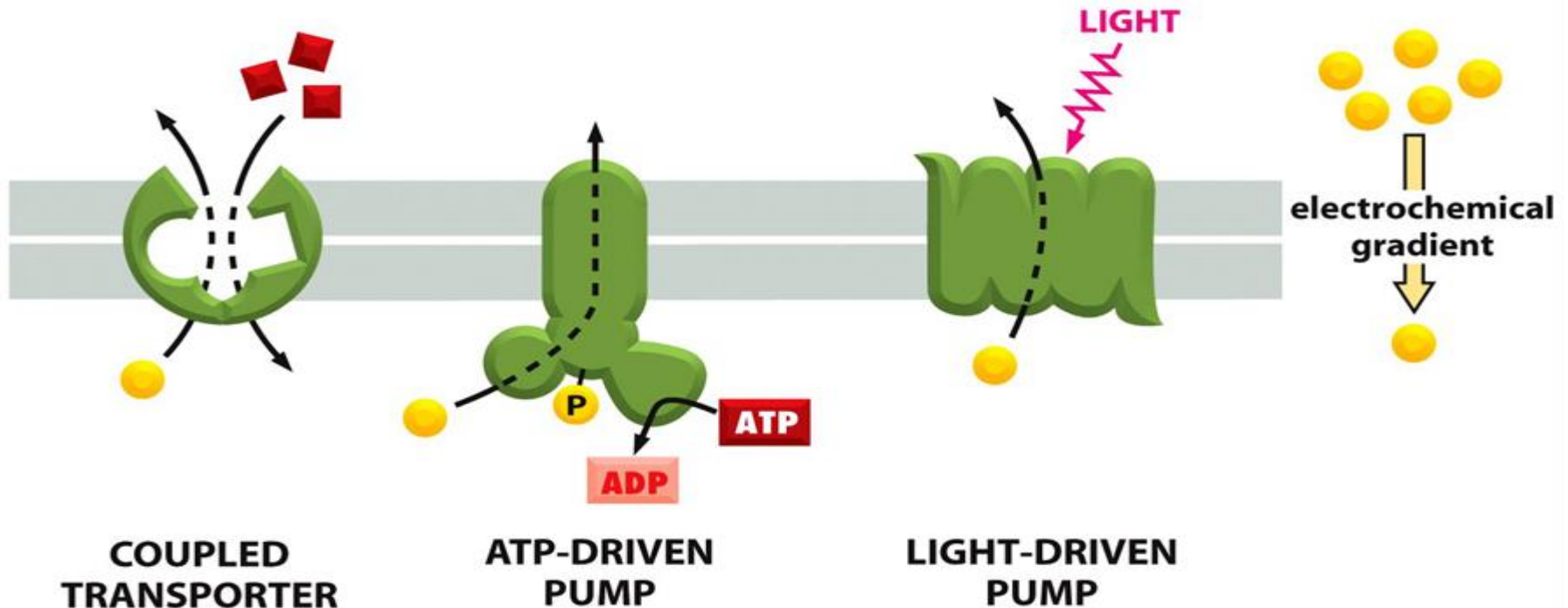
# Passive transport and active transport

Passive transport: solute crosses membrane **down** the electrochemical gradient.

Active transport: solute crosses membrane **against** the electrochemical gradient.



# Three ways of active transport



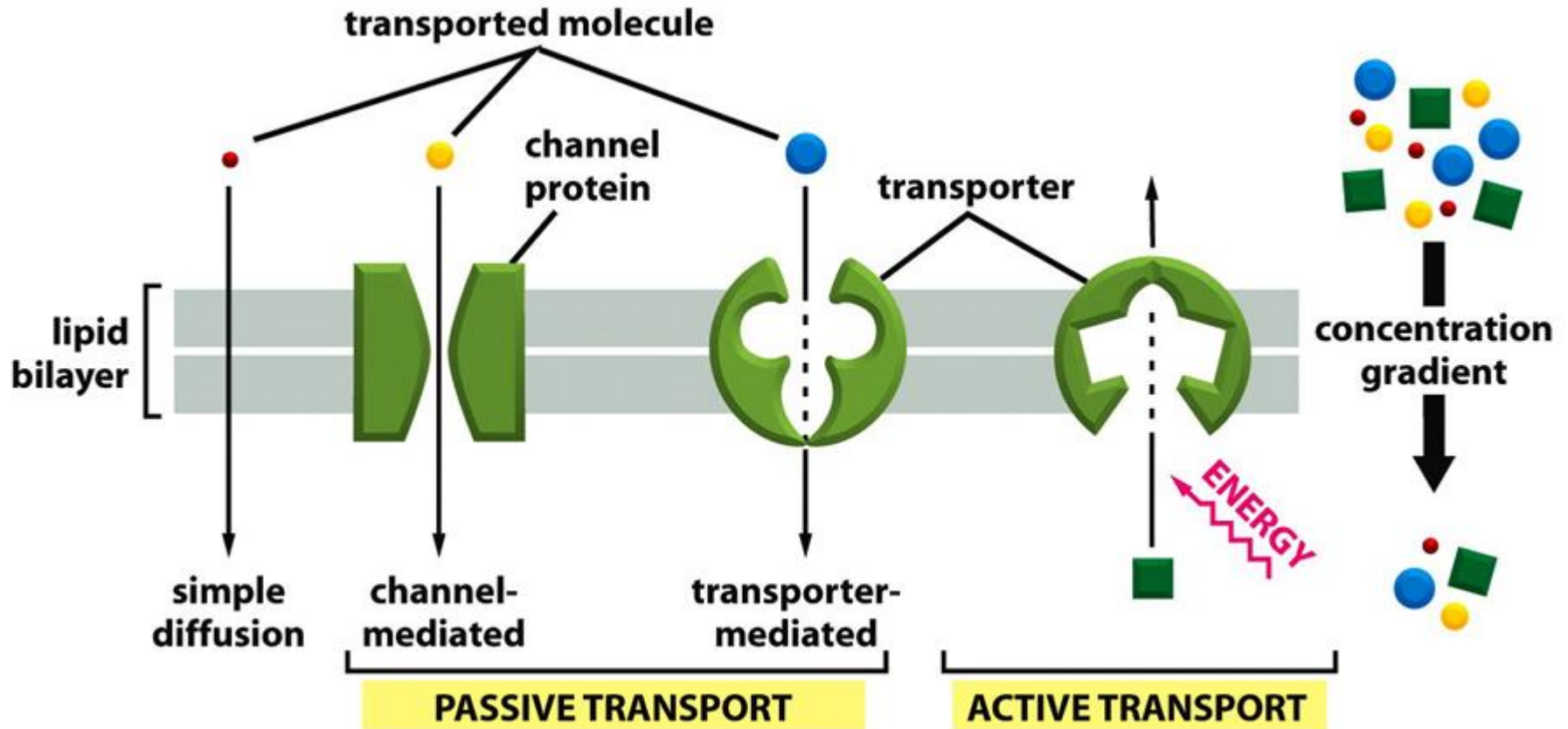
**COUPLED  
TRANSPORTER**

**ATP-DRIVEN  
PUMP**

**LIGHT-DRIVEN  
PUMP**

Coupling an energetically favorable transport to an energetically unfavorable transport

# Most molecules are transported facilitated by proteins in three types

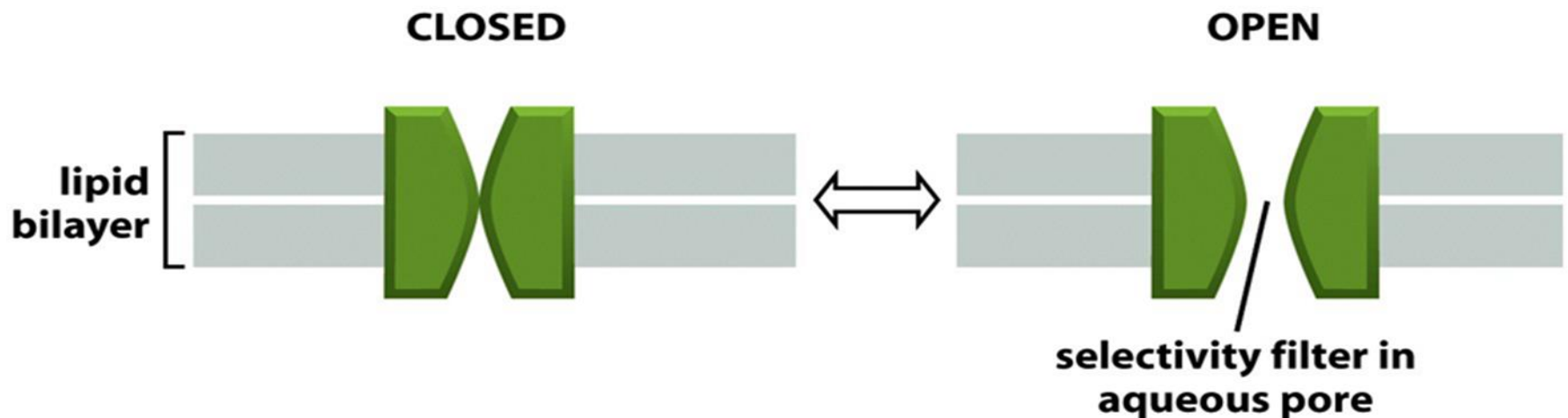


## A comparison for these three different transport ways

1. Channels: move molecules down its gradient, less binding affinity,  $10^7$ - $10^8$  ions/sec
2. Transporters: bind molecules tightly, undergo conformational changes,  $10^2$ - $10^4$  ions/sec.
3. Energy-driven pumps: move molecules against its gradient, **need energy (ATP or light)**,  $10^0$ - $10^3$  ions/sec.

# 1. Channels

1. Also called facilitated transport, a passive transport
2. Channels are selective to molecules to be transported.
3. No conformational change
4. Less binding affinity
5. Move ions at a rate of  $10^7$ - $10^8$ /sec
6. Can be divided into two types:
  - A. nongated channels: open most of the time
  - B. gated channels: open and close in response to signals



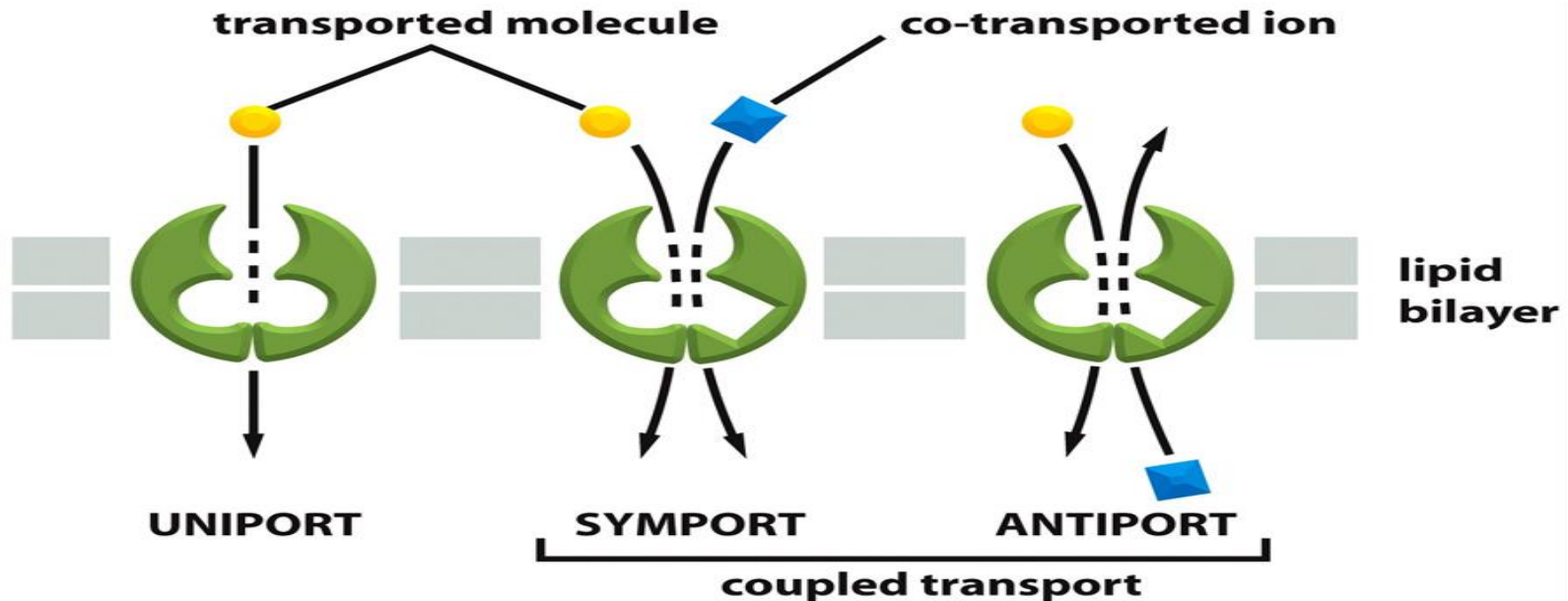
## 2. Transporters

1. Undergo conformational changes
2. Bind molecules more tightly
3. Pump molecules at a rate of  $10^2$ - $10^4$ /sec
4. Further divided into 3 types:

**Uniport:** transport a single type of molecule **down** its gradient.

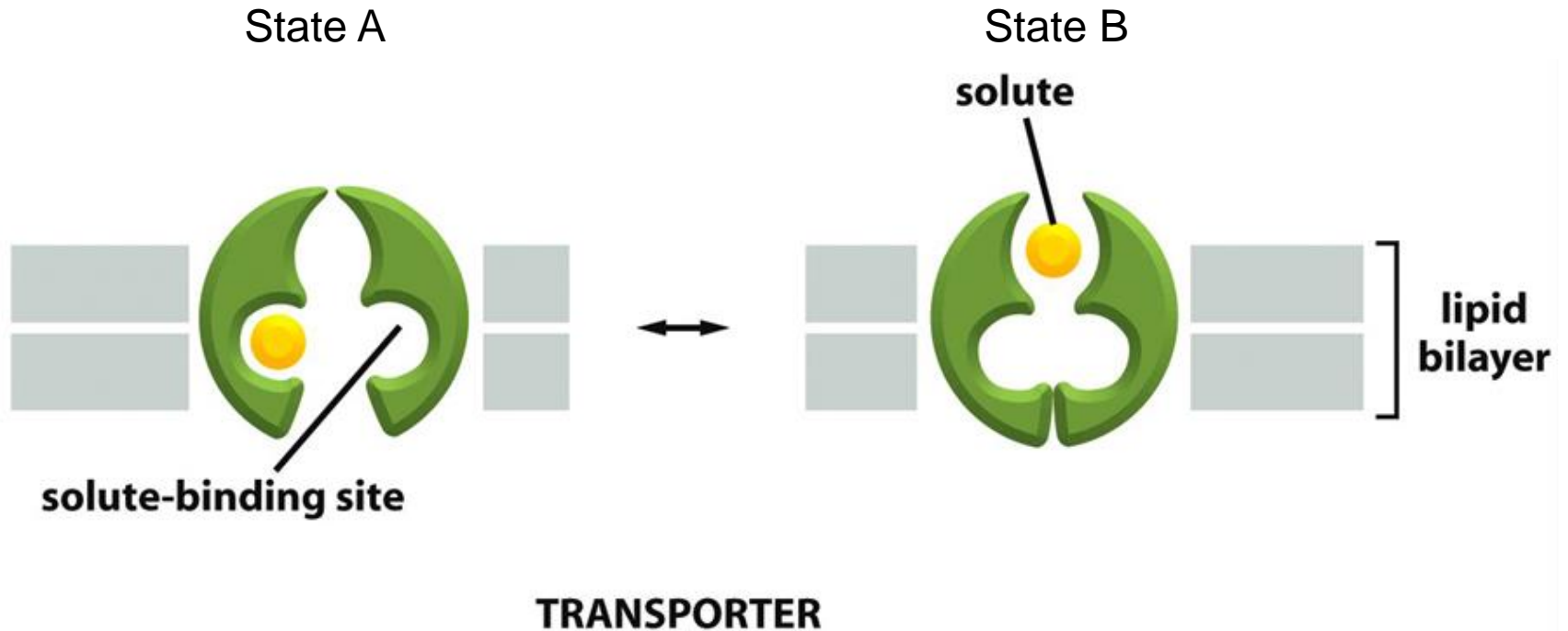
**Symport:** couple the movement of one type of molecule **against** its gradient in the same direction

**Antiport:** couple the movement of one type of molecule **against** its gradient in the opposite direction



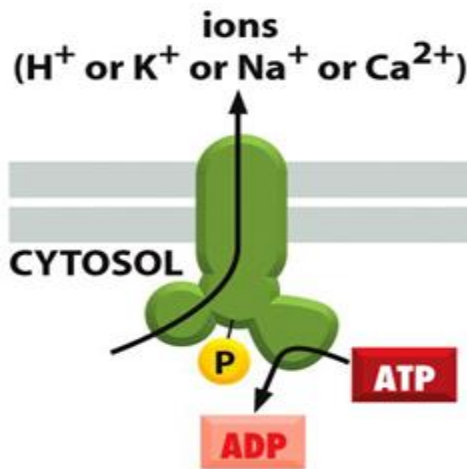
Symport and antiport are also called “co-transport”

# Transporters have conformational changes

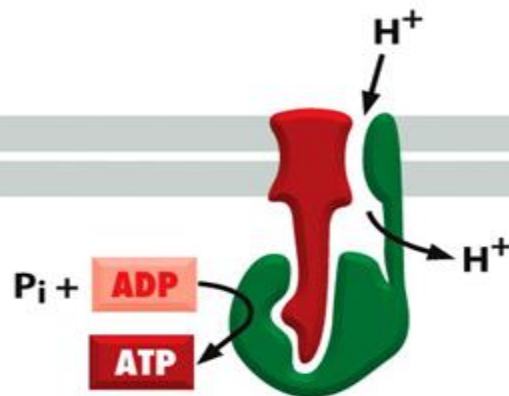


### 3. ATP-pumps

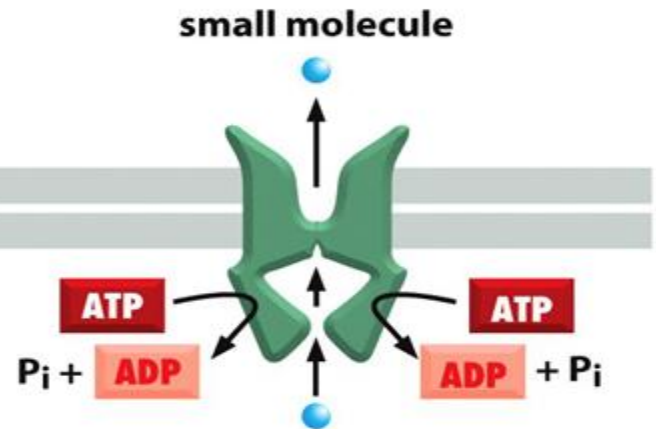
- ♠ One of the active transporters
- ♠ Has ATPase activity
- ♠ Couple ATP hydrolysis with transport
- ♠ Can be divided into 3 types:
  - P-type
  - F-type
  - ABC transporter



P-type pump



F-type (and V-type)  
proton pump



ABC transporter

## II. Channels

- ♠ unlike transporters, channel proteins form hydrophilic pores across membranes
- ♠ gap junctions are found in virtually all animals forms
- ♠ ion channels are ion-selective and fluctuate between open and closed states
- ♠ channels are not be coupled to an energy source

1. channels- aquaporin
2. ion channel (K<sup>+</sup> channel)



# Cells must maintain appropriate solute concentration to avoid osmotic swelling

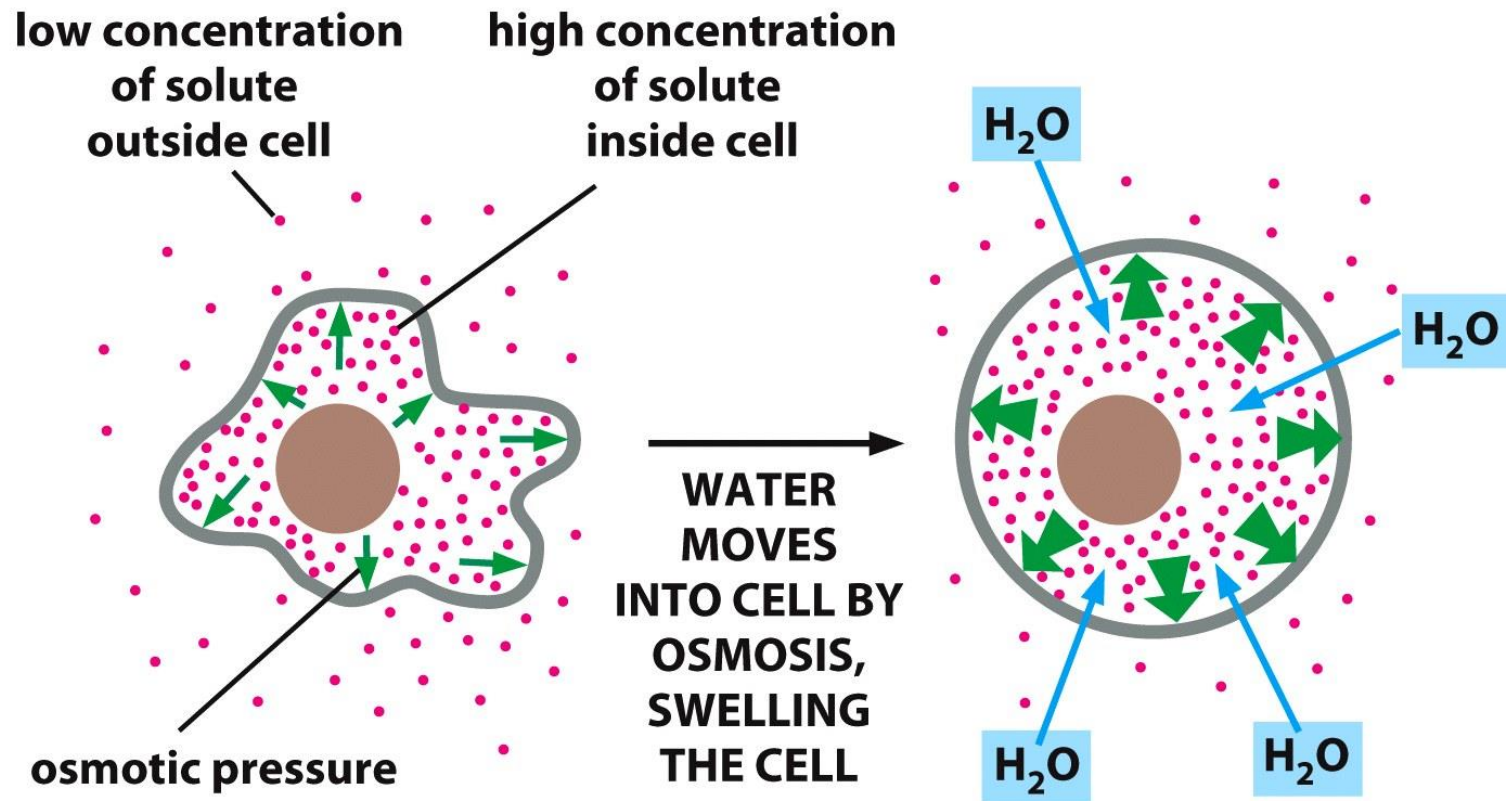
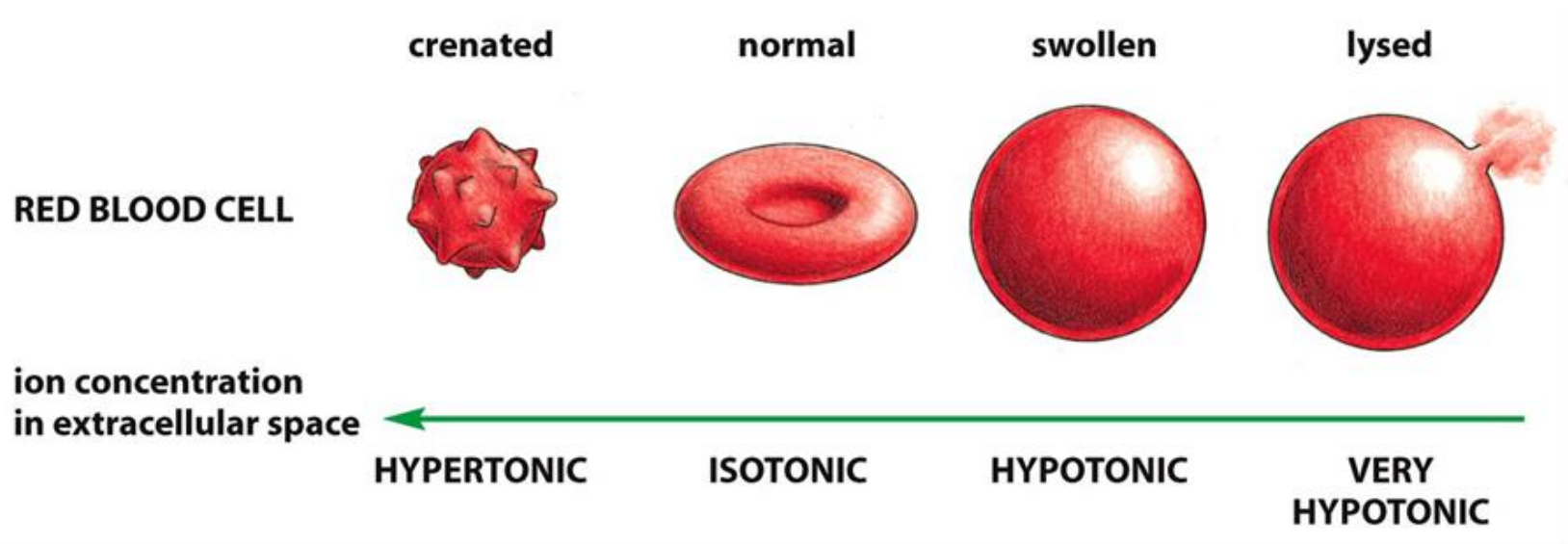


Figure 12-12 Essential Cell Biology 3/e (© Garland Science 2010)



Question: Why don't the cells of fresh-water animals burst in water?

# Cells have different ways to keep cell from osmotic swelling

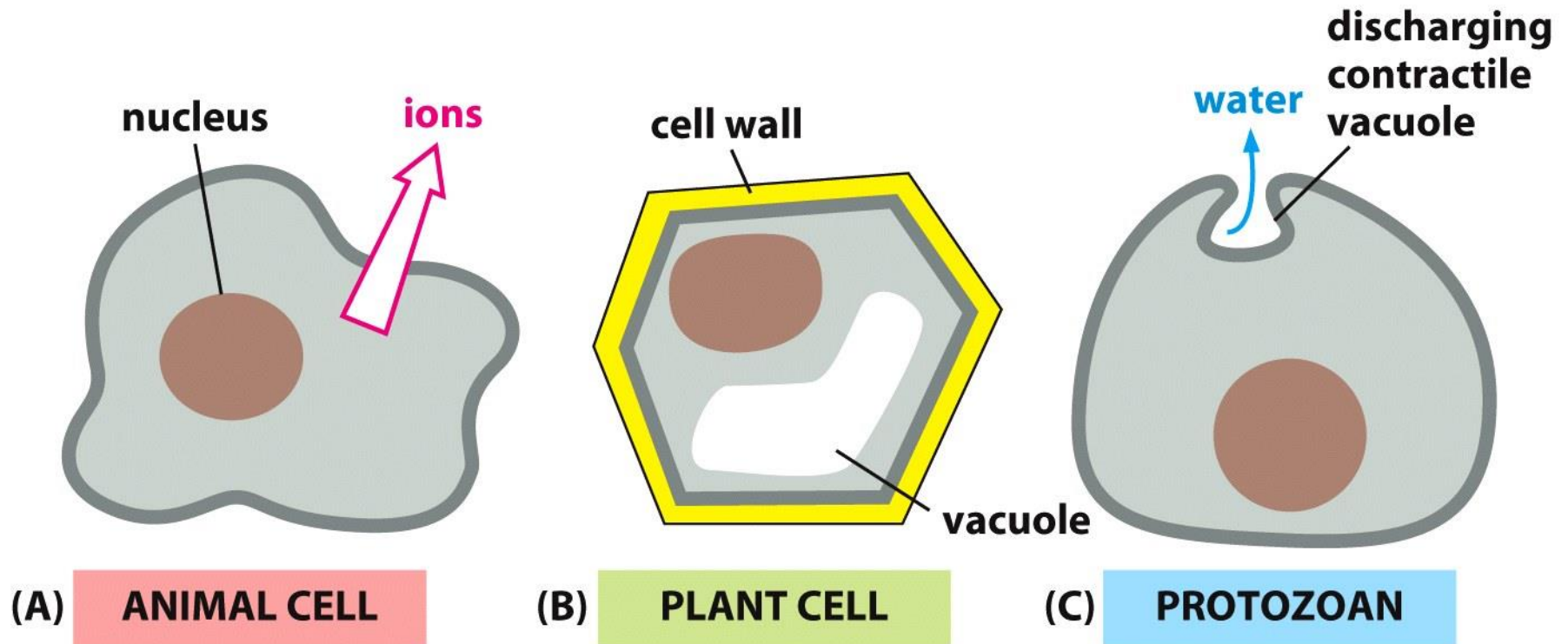
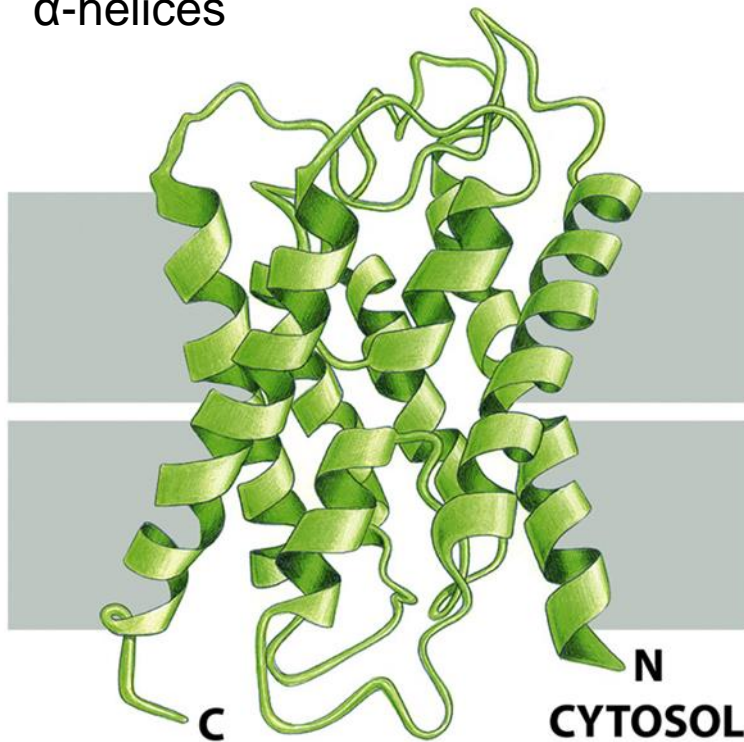


Figure 12-13 Essential Cell Biology 3/e (© Garland Science 2010)

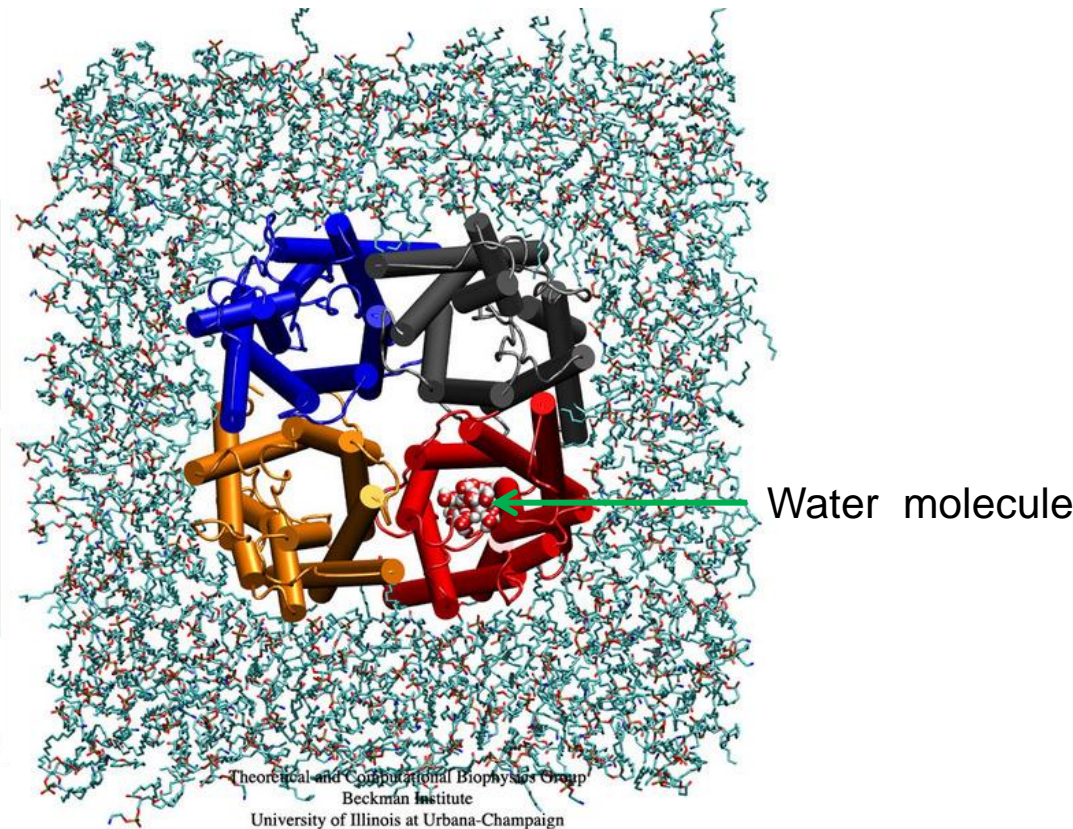
# 1. Aquaporins increase the water permeability of cell membranes

Abundant in cells that Transport water quickly, esp., kidney epithelial cells, and Erythrocytes.

Monomer has 6 transmembrane  $\alpha$ -helices



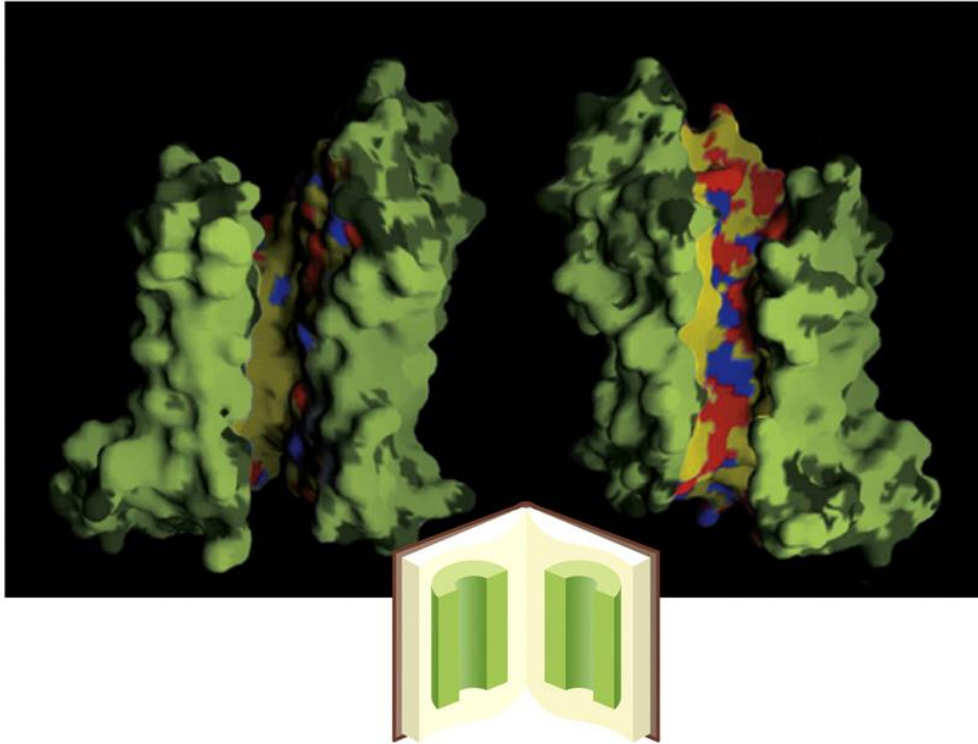
Aquaporin is tetrameric protein





# How does aquaporin transport water?

A view by cutting the monomer in two halves

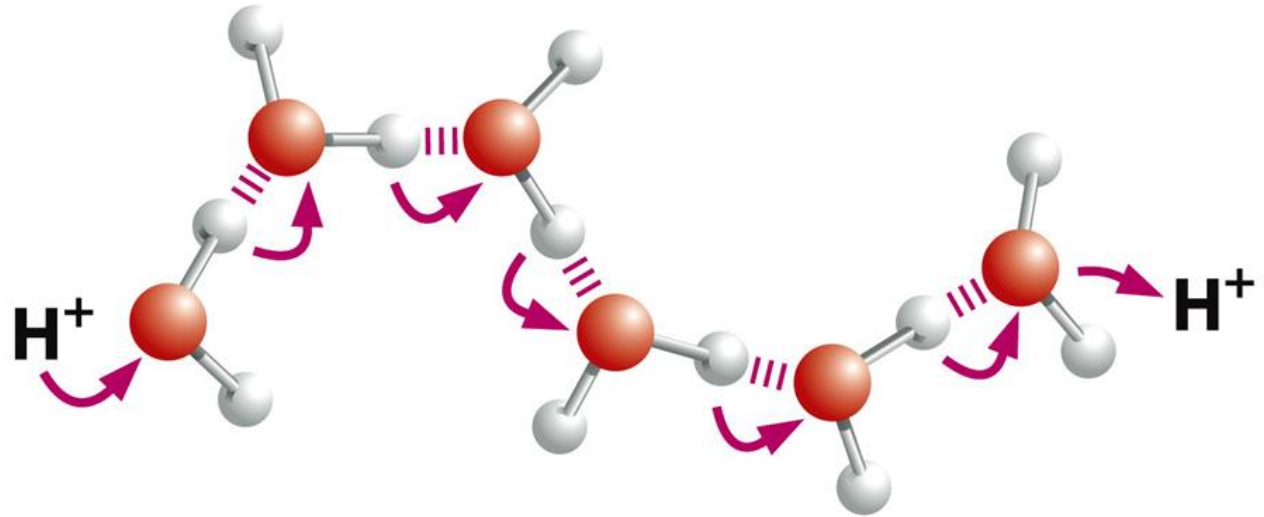


By aligning water through its  
Hydrophilic side by hydrogen-bonding,  
And prohibiting hydrogen-bonding in  
The other hydrophobic side,  
It can align the water in single file.

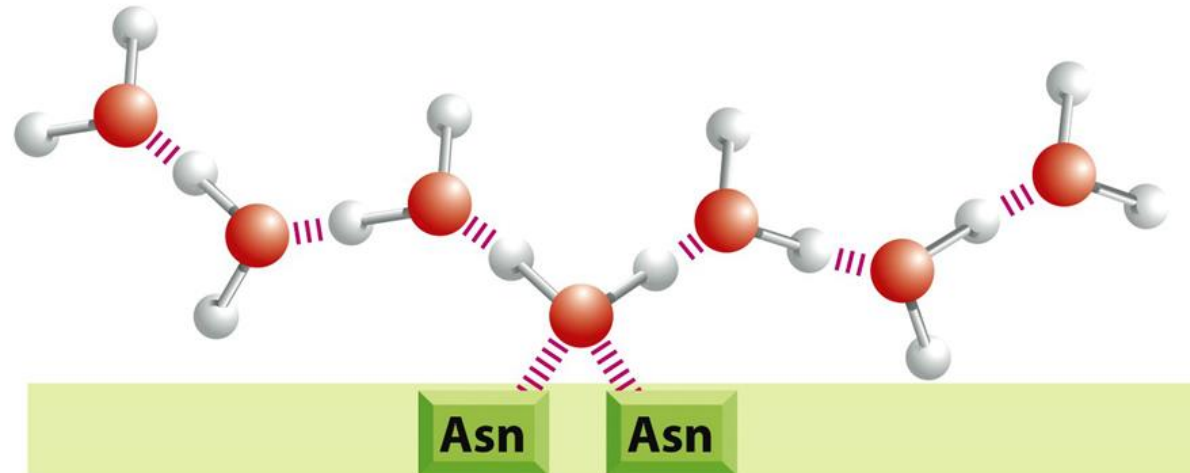
Blue and red : hydrophilic residues  
Yellow: hydrophobic residues  
Green: irrelevant to water channeling

# How does aquaporin prohibit $H^+$ to pass?

Normal proton relay



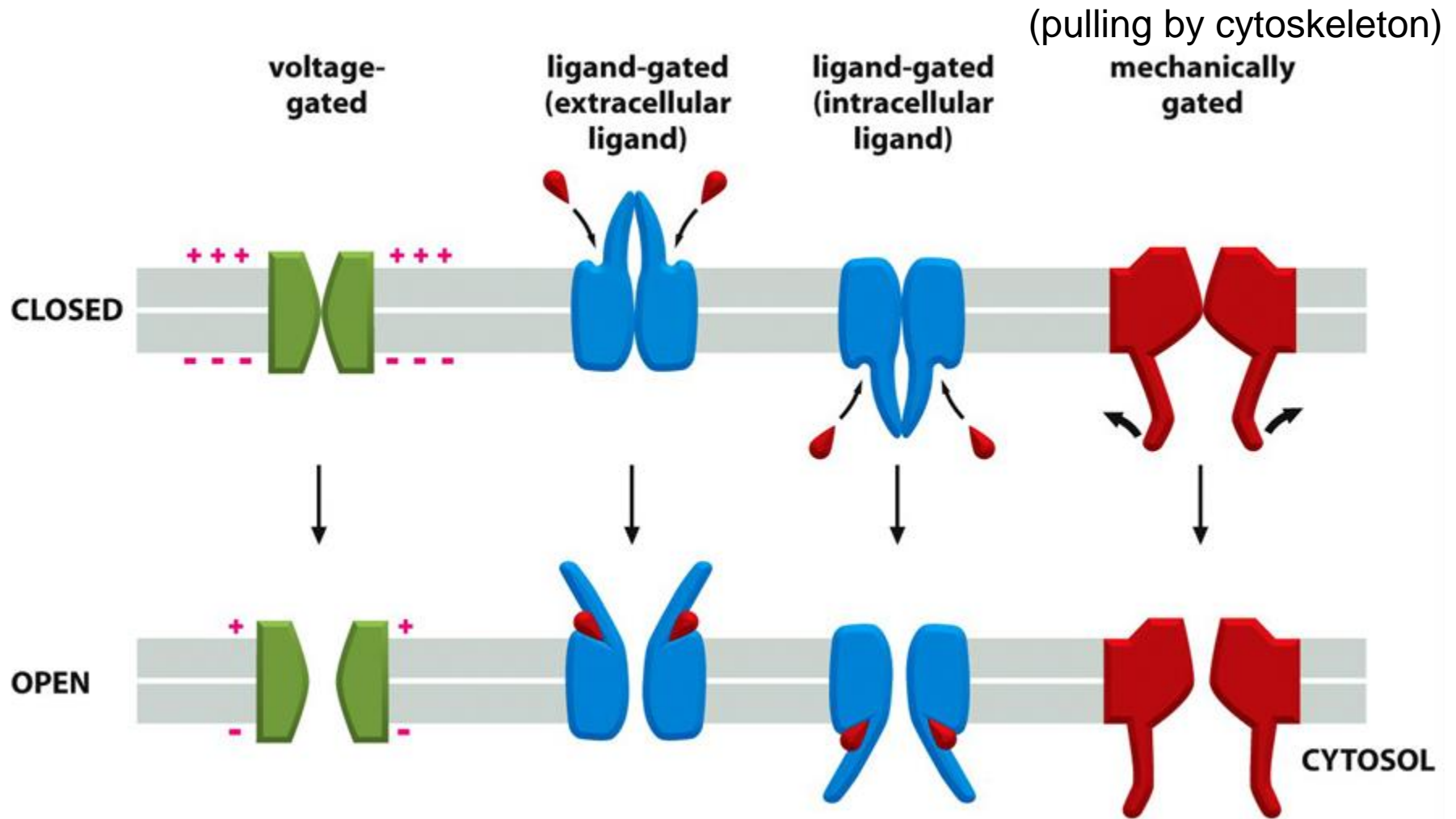
proton relay stops  
In aquaporins



## 2. Ion channels

1. Highly selective, >100 types have been described thus far
2. Transport ions down the gradient.
3. Tight control in its open and close forms.
4. Transport with a high efficiency.
5. Are important for muscle and nerve cell function

# The gating of ion channels





# Mechanical gated channel is found in the hair cell of the ear

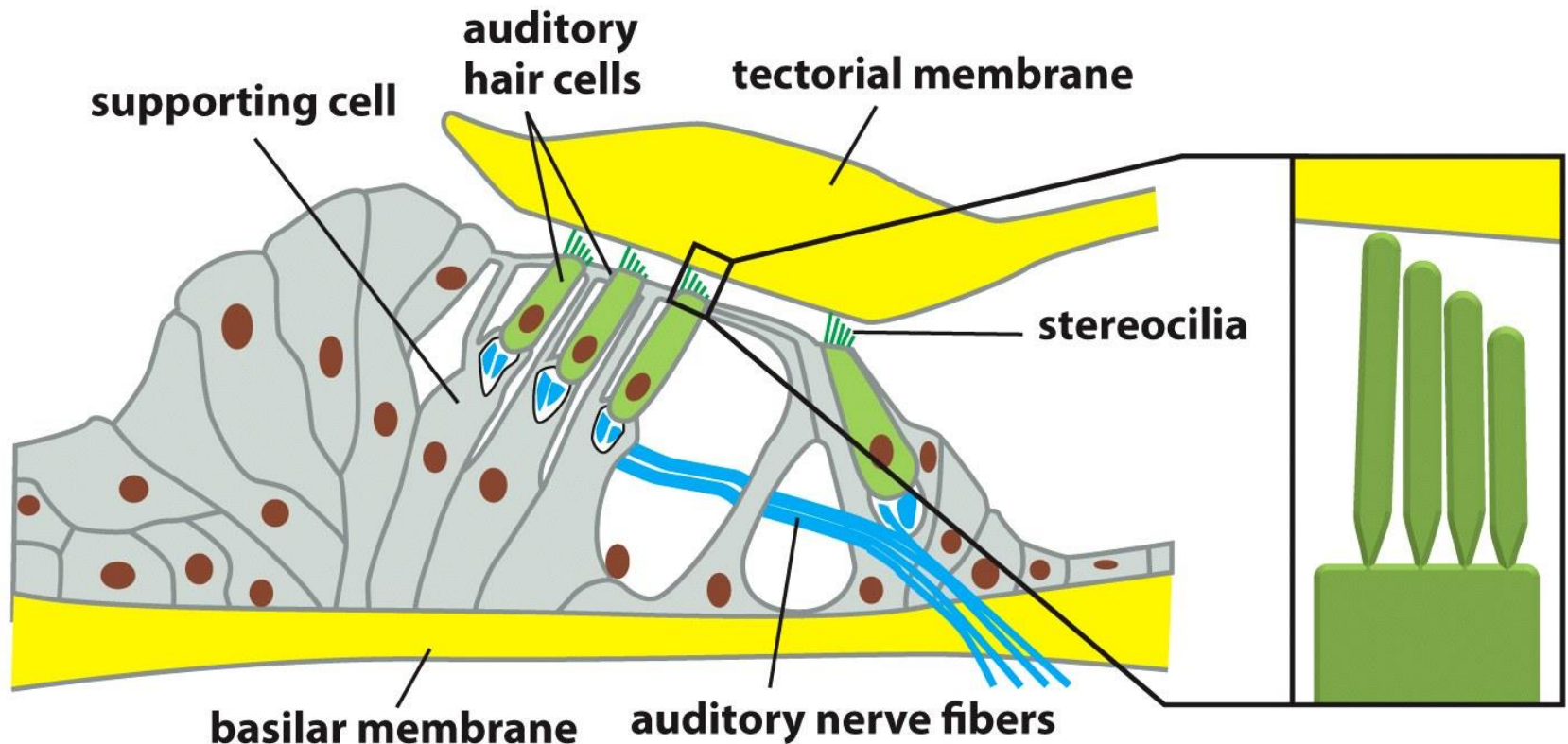
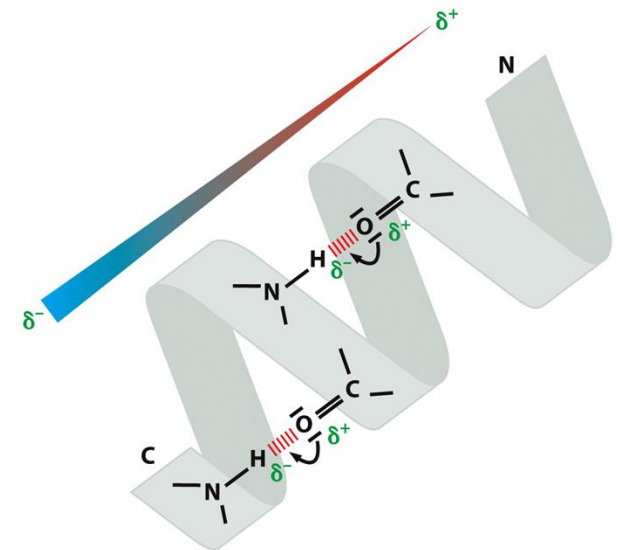
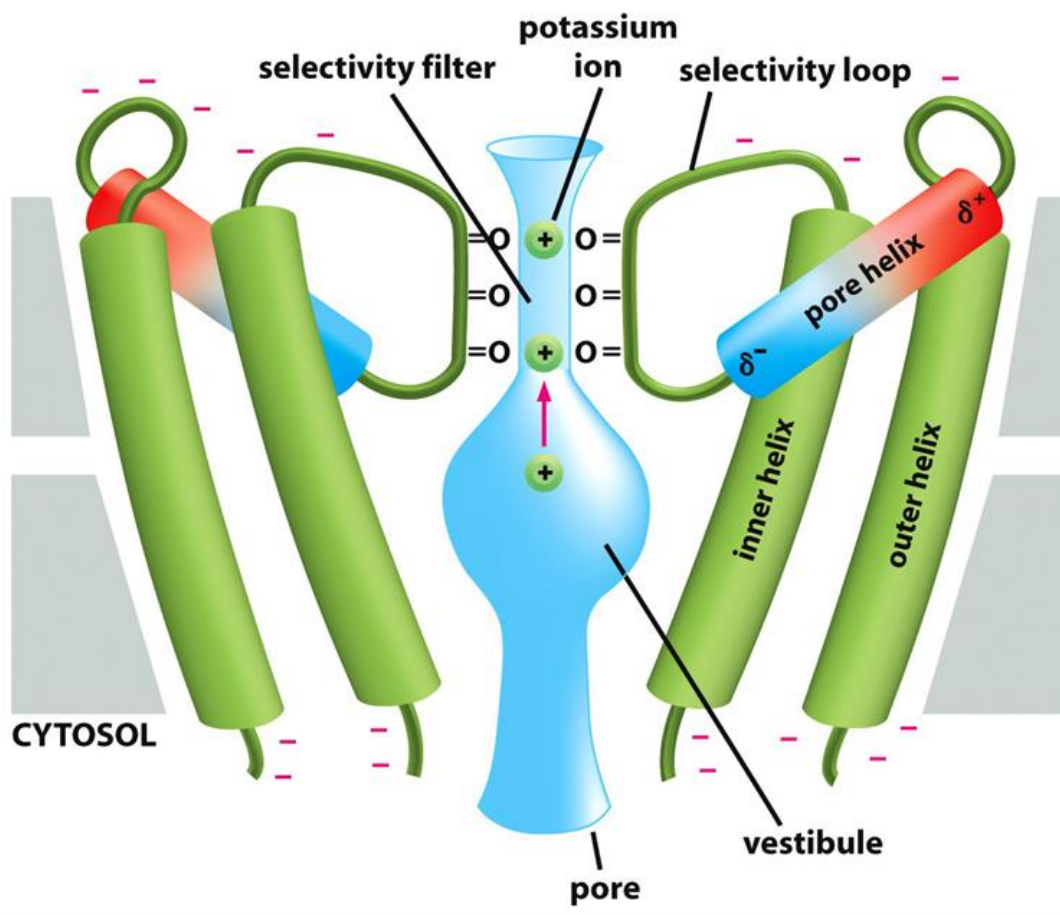


Figure 12-26a Essential Cell Biology 3/e (© Garland Science 2010)

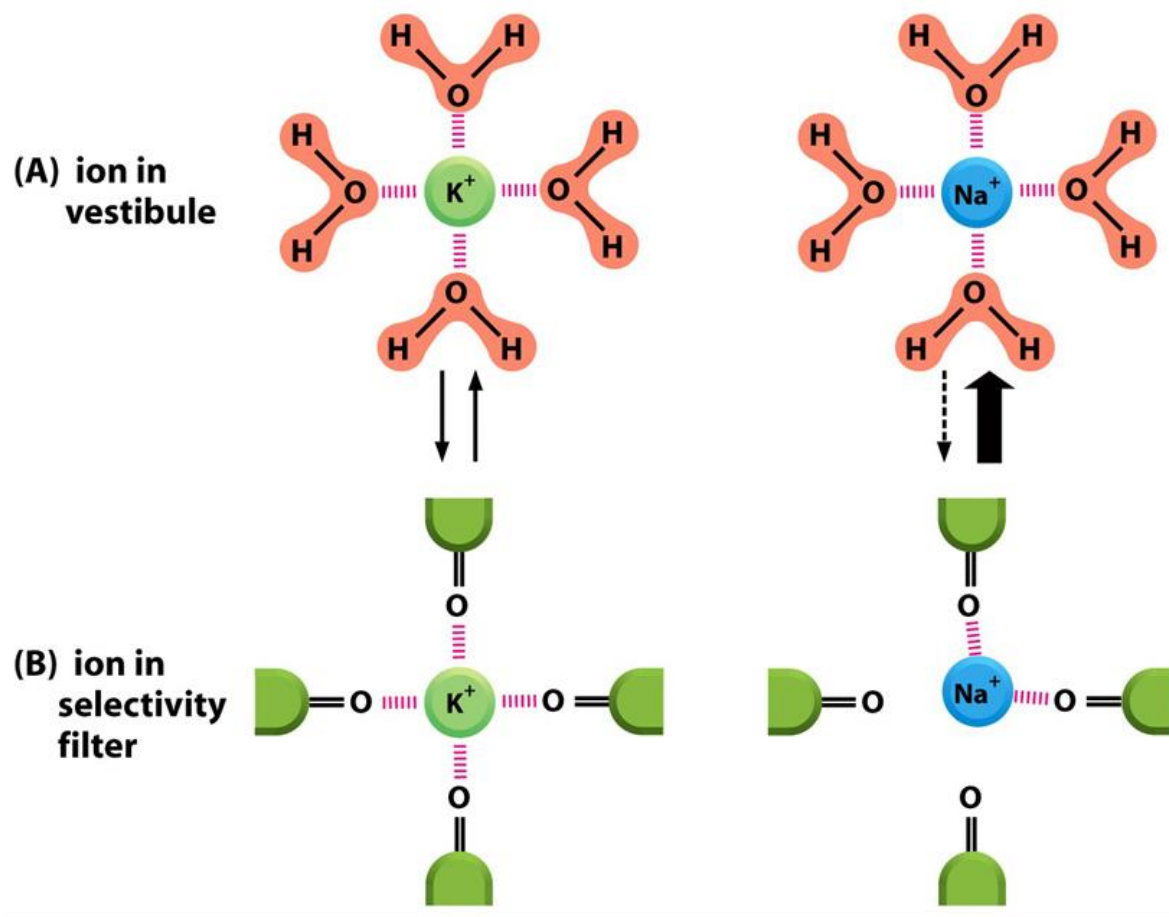
# Example: Bacterial K<sup>+</sup> channel

Conduct K<sup>+</sup> 10,000 fold better than Na<sup>+</sup>

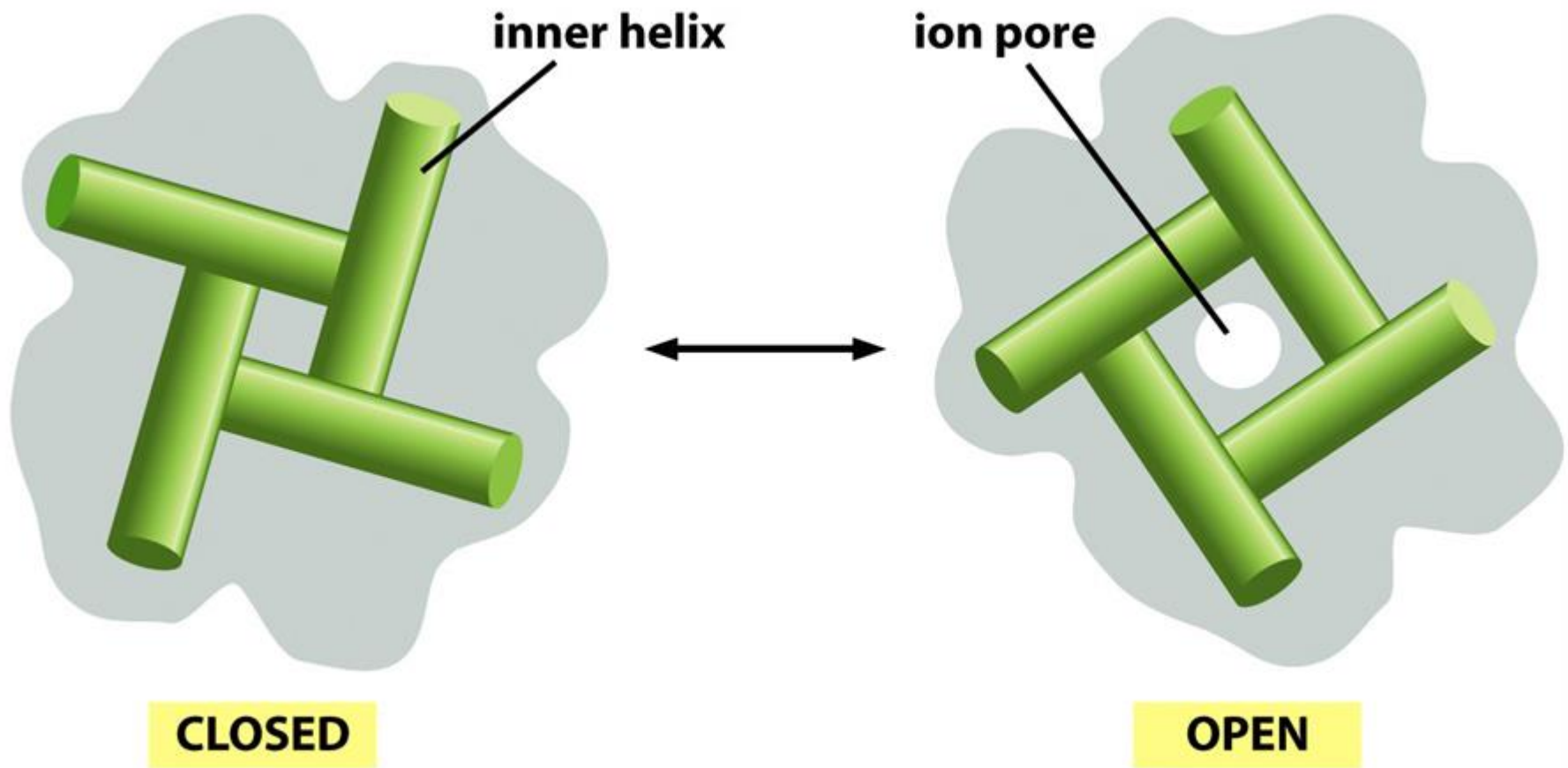


polarity in pore helix

# Specificity for $K^+$ due to the selectivity filter



## Model for gating of a bacterial K<sup>+</sup> channel



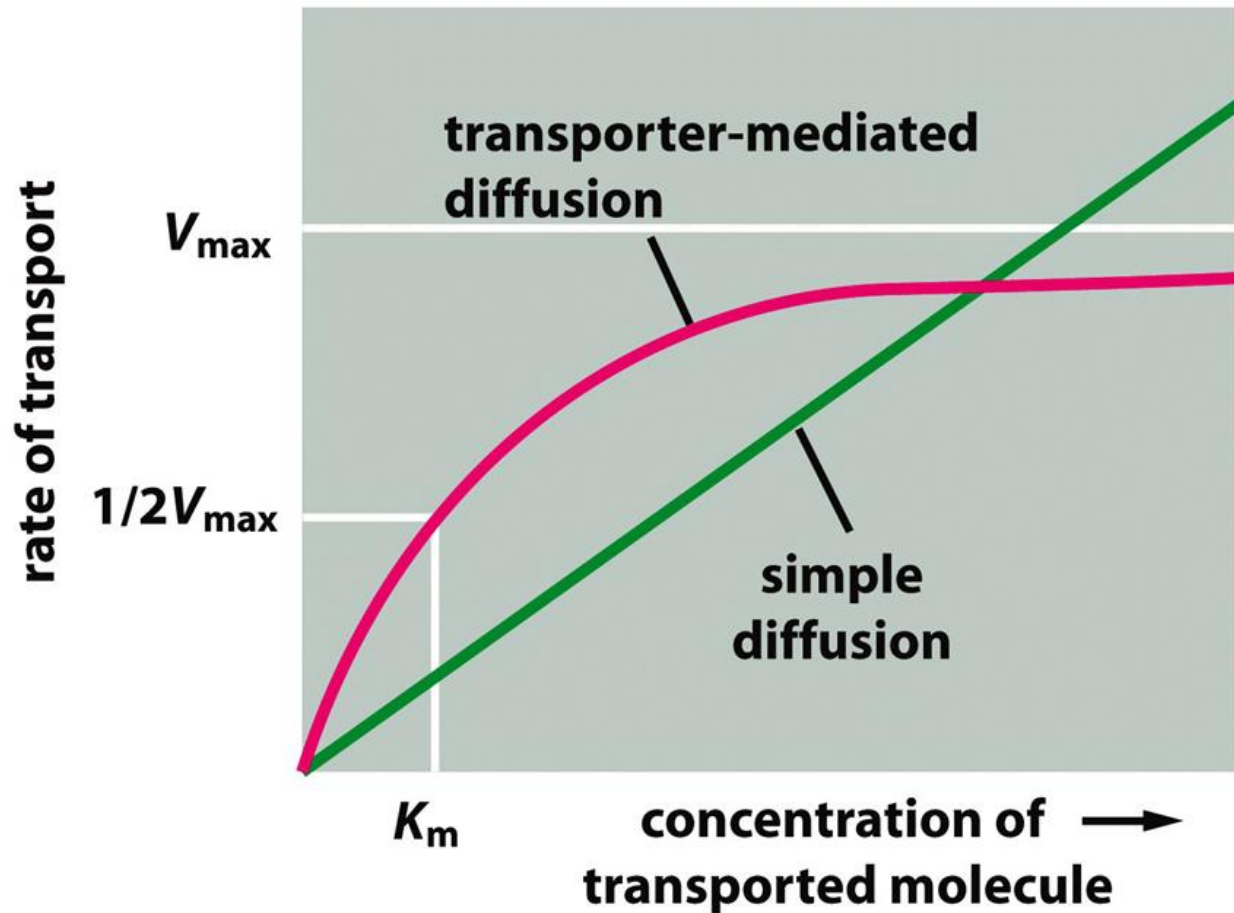
### III. Transporters

1. Uniporter – GLUT1
2. Symporter- lactose permease
3. Antiporter :
  - Na<sup>+</sup>/H<sup>+</sup> exchanger
  - Na<sup>+</sup> driven Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup>-exchanger
  - Na<sup>+</sup> independent Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup>- exchanger
4. Transcellular transport

## Features of transporters

1. There are limited number of transporter in cell membrane
2. Each transporter has one or more specific binding sites for its solute
3. Each transporter has a  $V_{max}$ , which is characteristic of a carrier
4. Each transporter has a characteristic affinity,  $K_m$
5. Binding and transport is reversible.
6. Binding can be competitively or non-competitively inhibited.
7. Transport is specific. Only one single or a group of closely related molecules will be transported.
8. Transport rate is higher than simple diffusion
9. Hydrophobicity of solutes does not matter.

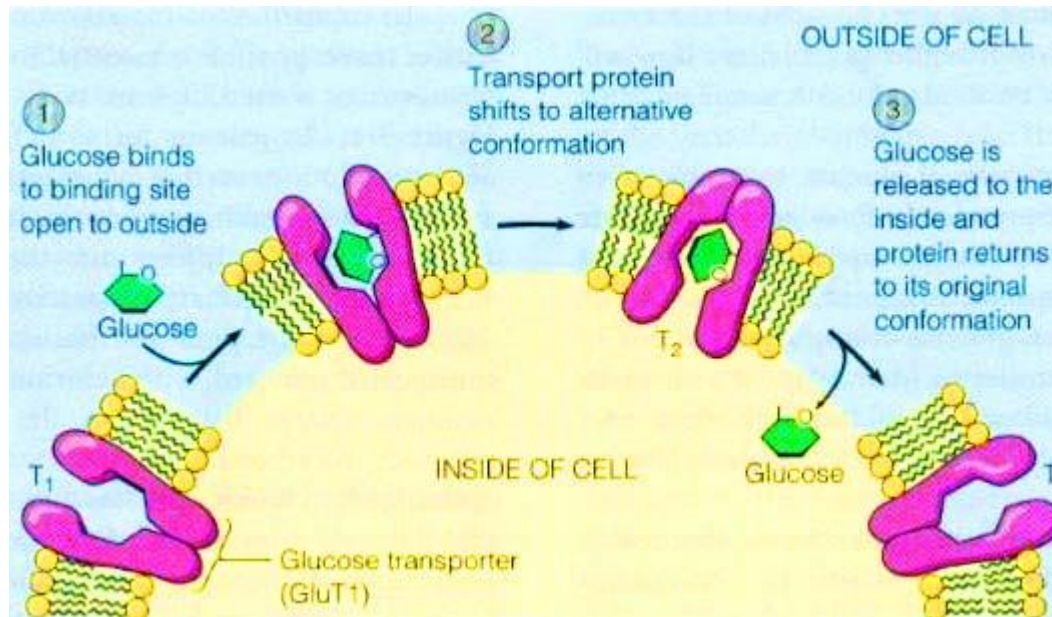
# Binding and transporting resembles enzyme kinetics





# 1. Uniporter- GLUT1

GLUT 1 is glucose transporter, transport glucose from extracellular space into cells

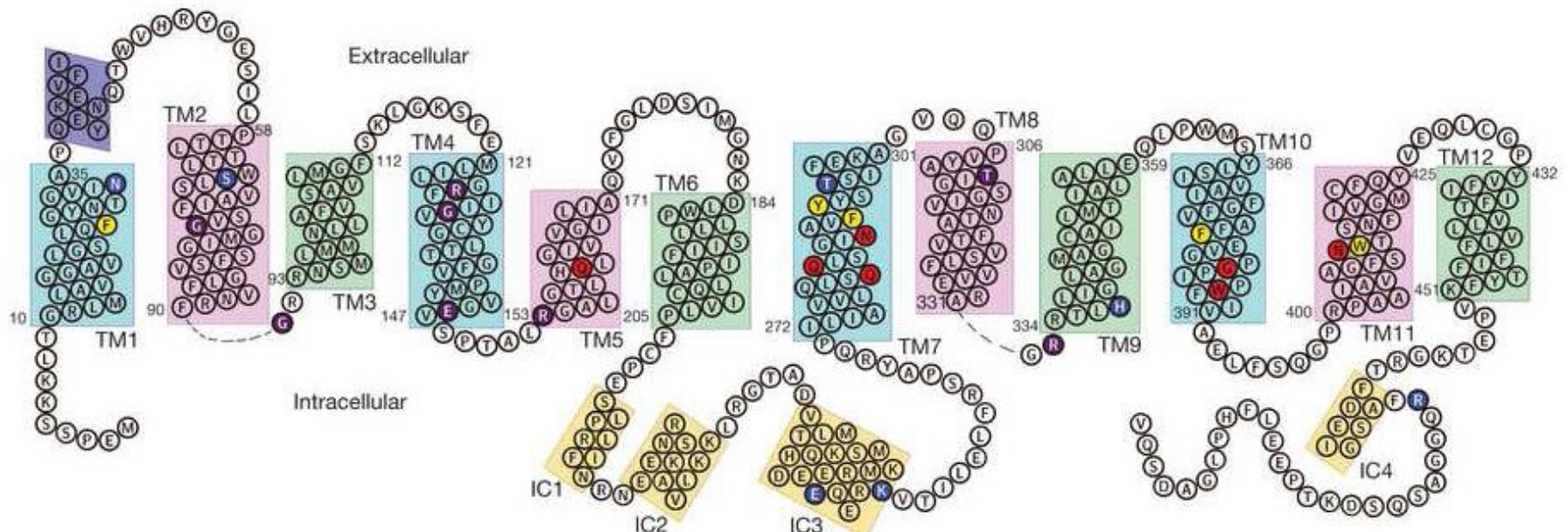


Undergoes conformational change

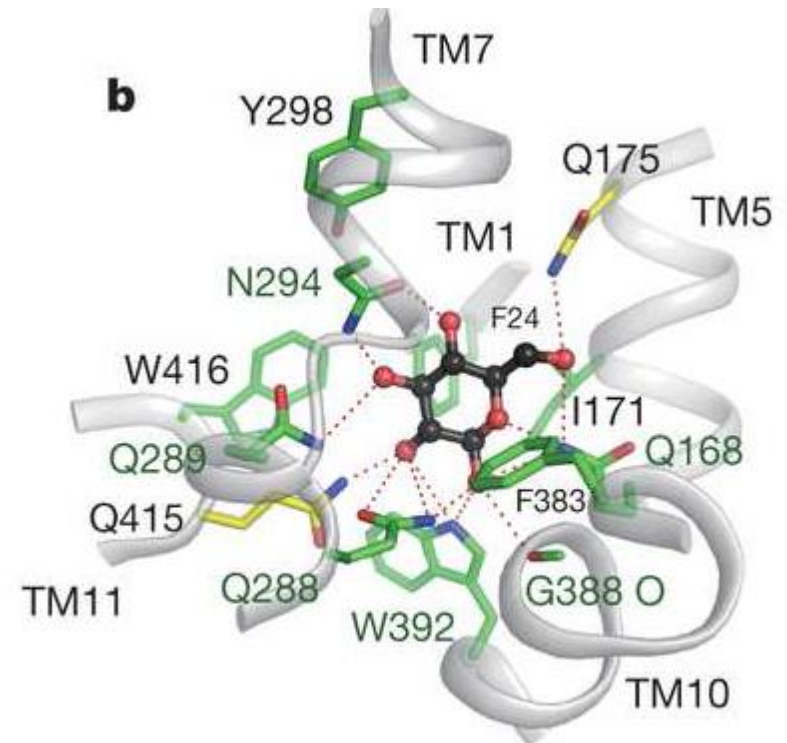
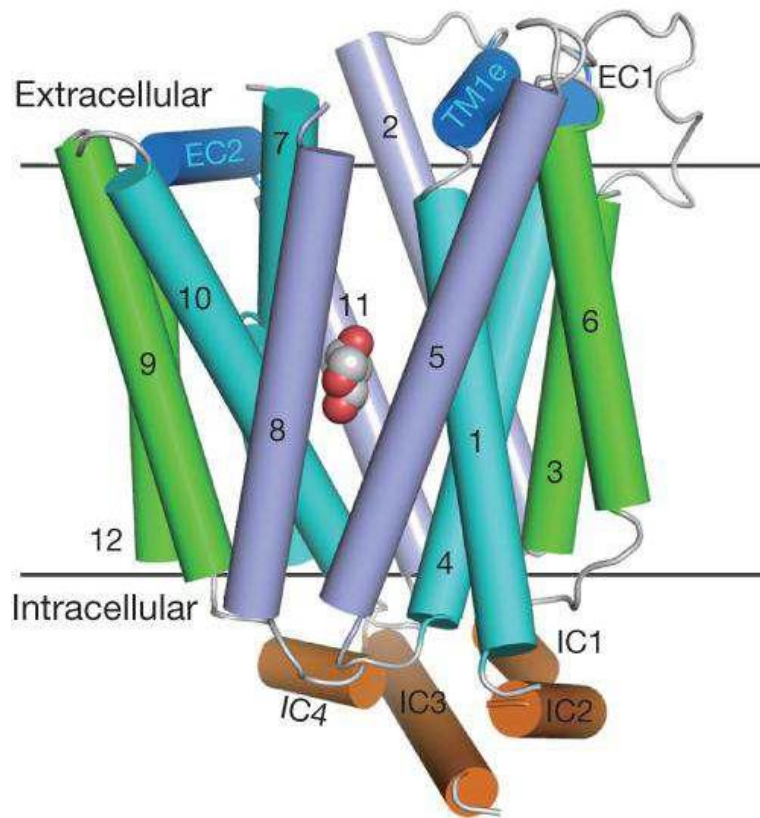


# GLUT1 transporter

1. Abundant in erythrocytes
2. Is quite specific for D- glucose ( $K_m$ -1.5mM) than for D-mannose ( $K_m$ -20mM)
3. And D-galactose ( $K_m$ -30mM)
4. Right after transport inside cells, Glucose is phosphorylated into Glu-6-P  
Maintaining a sufficient gradient for rapid transport of Glucose inside cells.
5. Has 14 homologs in human genome, differential tissue expression.



# Structure of GLUT1



Sun, Nature, 2012

## 2. Symporter

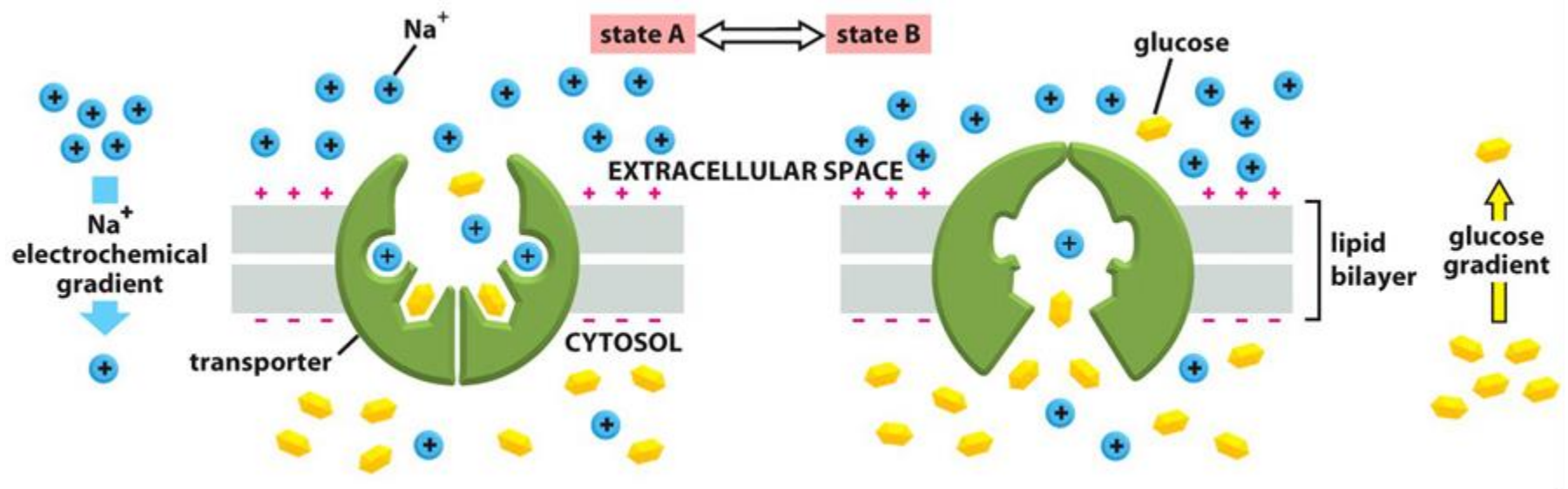
Energy stored in electrochemical gradients

Symporter couple the  $\text{Na}^+$  or  $\text{H}^+$  gradient in transport

1. Eukaryotic cells:  $\text{Na}^+$  as a primary co-transporting ion
2. Bacteria and yeast or animal cell subcellular organelles:  
 $\text{H}^+$  as a primary co-transporting ion

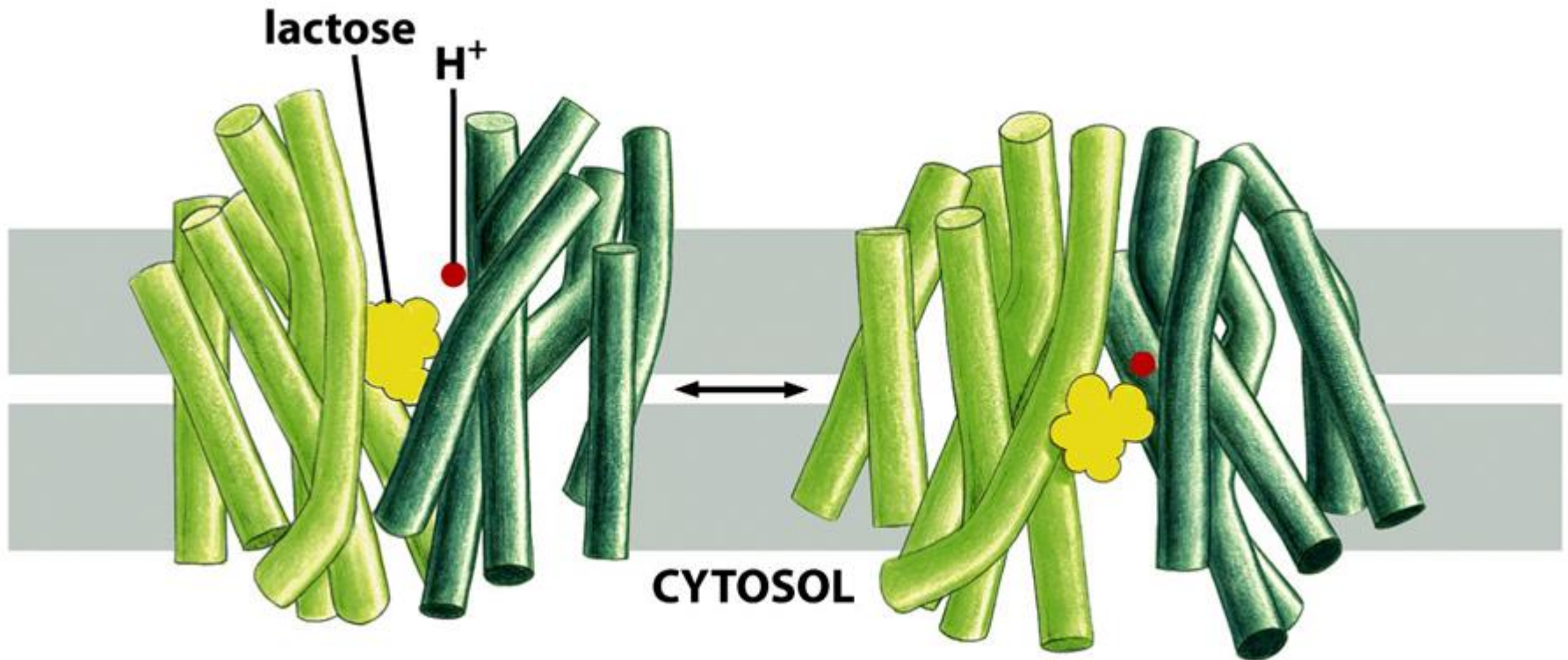
Example :

Glucose transport can be driven by  $\text{Na}^+$  gradient

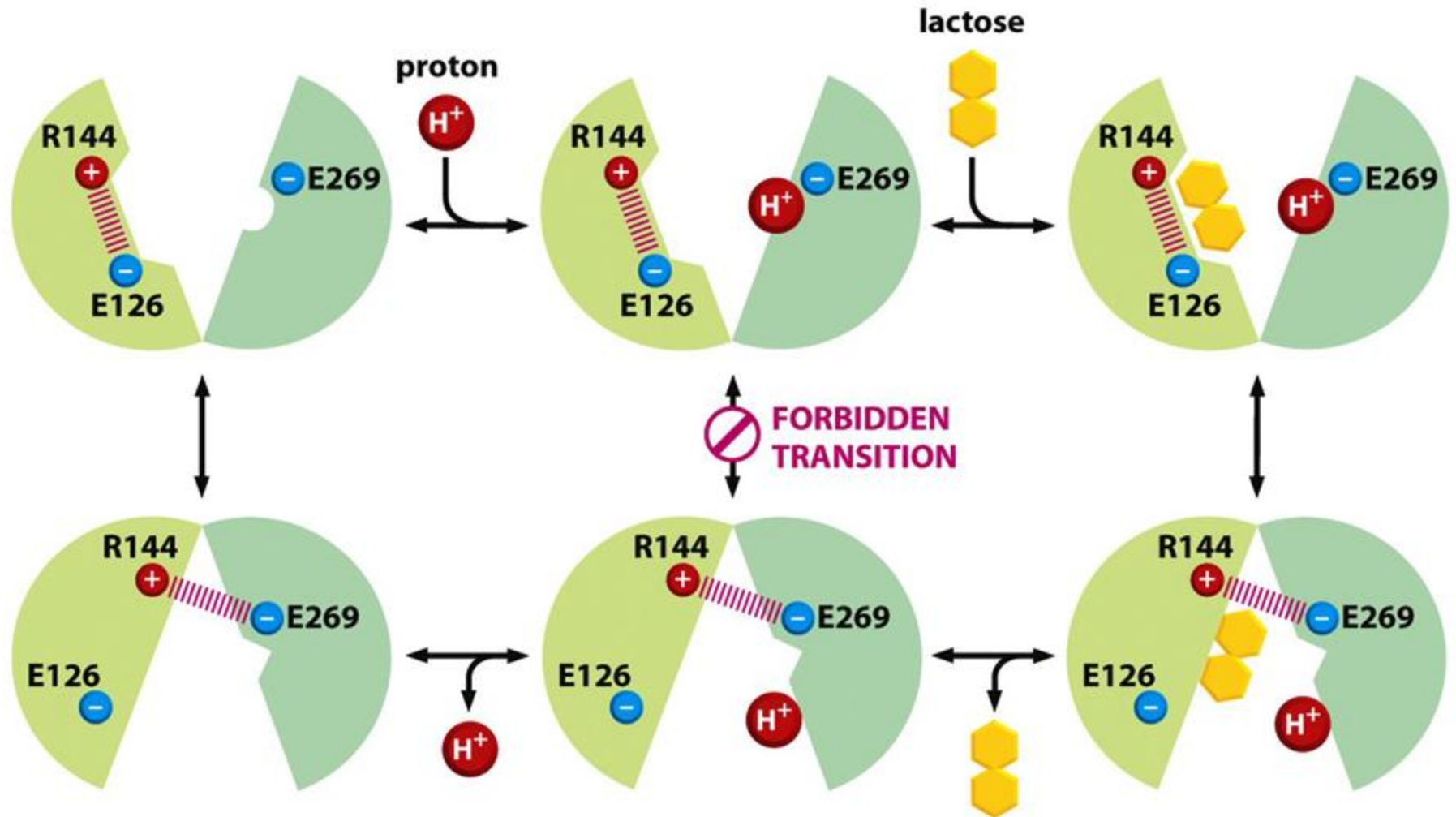




Lactose permease--- use  $H^+$  to symport in *E. coli*



# Lactose permease transport- at molecular level



### 3. Antiporter- a way for cells regulate pH

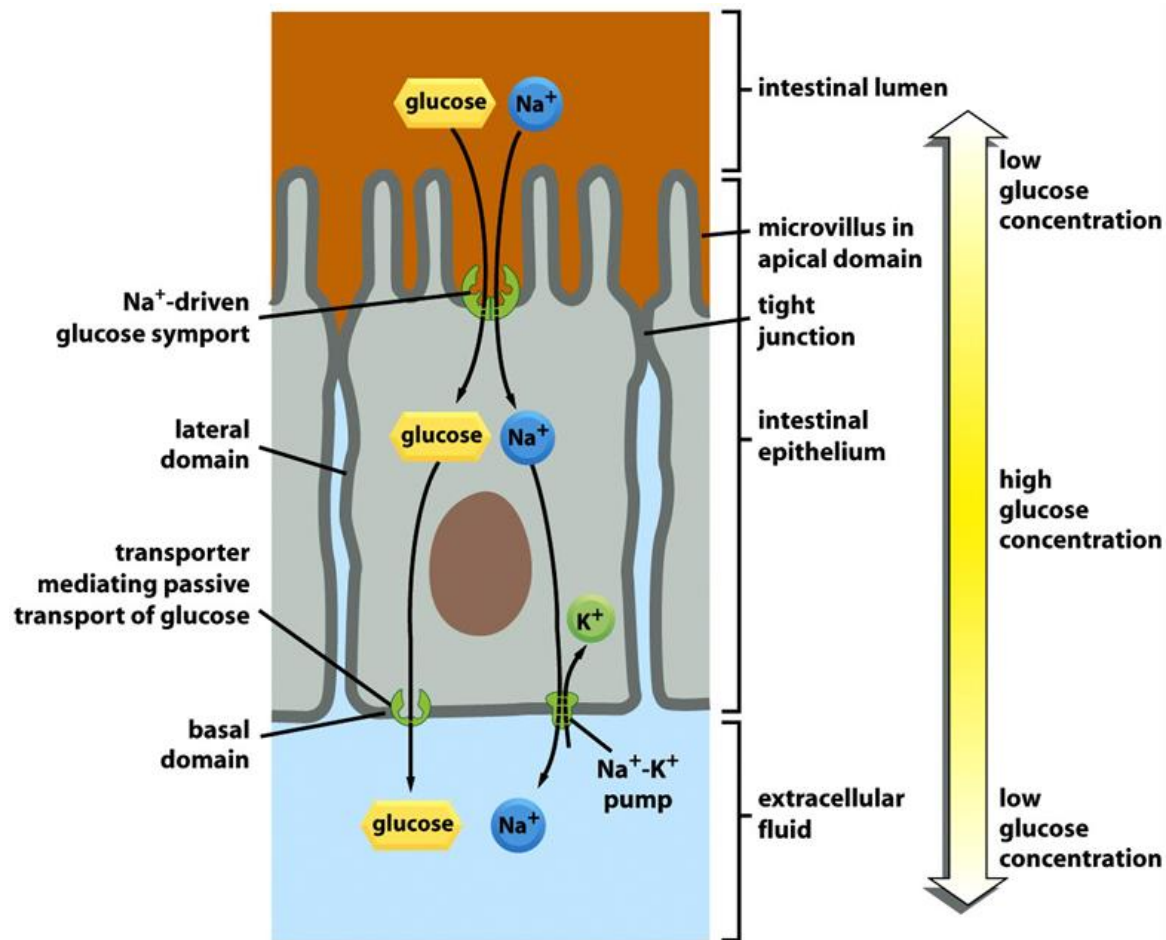
Cells has nice control in pH:

Cellular pH ~ 7.2;  
while lysosome pH~5.0

- (1). Na<sup>+</sup>/H<sup>+</sup> exchanger: Coupled influx of Na<sup>+</sup> and efflux of H<sup>+</sup>  
its activity is increased by cytosolic low pH
- (2). Na<sup>+</sup>-driven Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup> exchanger:  
2-fold effective than Na<sup>+</sup>/H<sup>+</sup>  
coupled influx of NaHCO<sub>3</sub> and efflux of HCl  
its activity is increased by cytosolic low pH
- (3). Na<sup>+</sup>-independent Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup> exchanger:  
coupled efflux of NaHCO<sub>3</sub> and influx of HCl  
its activity is increased by cytosolic high pH

## 4. Transcellular transport

Transcellular transport: solute is transferred from one cell to the other cell.  
Reason: Transporters are distributed nonuniformly in the plasma membrane





## IV. ATP pumps

One or more ATP binding sites on the **cytosolic portion** of these transporters

1. P-type:
  - Ca<sup>2+</sup> pump
  - Na<sup>+</sup>-K<sup>+</sup> pump
2. ATP-synthase (F-type)
3. V-type
4. ABC transporters

P-type, F-type and V-type transport ions, as do some AB transporters, but most ABC transporters transport small molecules such as :

- amino acids

- sugars

- peptides

- lipids

- drugs, etc.

# A diagram comparing different ATP pumps

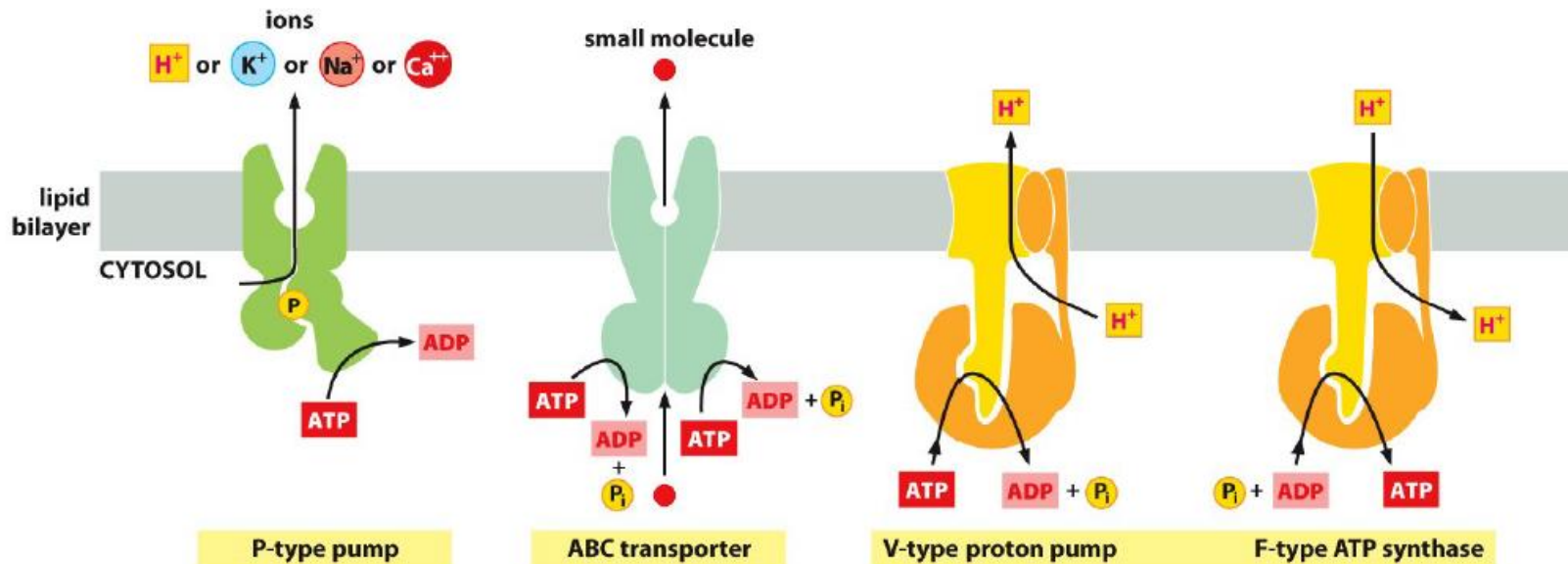


Figure 11-12 Molecular Biology of the Cell 6e (© Garland Science 2015)

# 1. P-type pumps

- (1). Structurally and functionally related multipass transmembrane protein
- (2). They **phosphorylate themselves** during the pumping cycle.
- (3). Many of them are responsible for setting up and maintaining gradients of  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{H}^+$  and  $\text{Ca}^{2+}$  across cell membranes, include:

$\text{H}^+$  pump in plants and fungi

$\text{Na}^+/\text{K}^+$  pump in higher organism

$\text{H}^+/\text{K}^+$  pump in stomach

$\text{Ca}^{2+}$  pump all eukaryotic cells

## Example 1. Ca<sup>2+</sup> pump or Ca<sup>2+</sup> ATPase

Ca<sup>2+</sup> is an important messenger in signal transduction,

What is the cytosolic concentration of Ca<sup>2+</sup>? How about extracellular?

1. Locate on endoplasmic reticulum of cells
2. Take up 90% of the membrane protein in sarcoplasmic reticulum of skeletal muscle cells
3. 10 transmembrane  $\alpha$ -helices

# Ca<sup>2+</sup> pump can be phosphorylated to induce conformational change

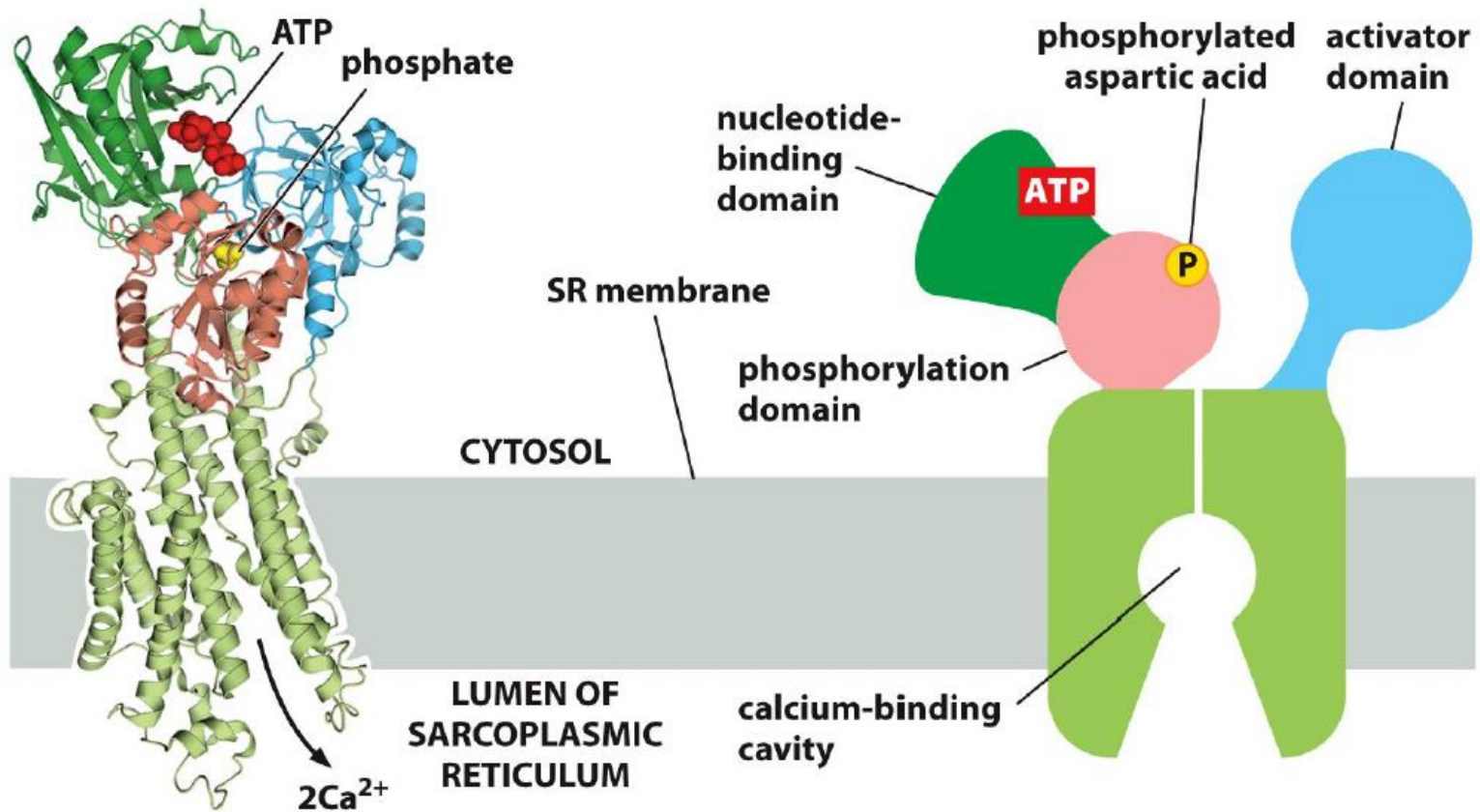


Figure 11-13 Molecular Biology of the Cell 6e (© Garland Science 2015)

# The pumping cycle of Calcium pump

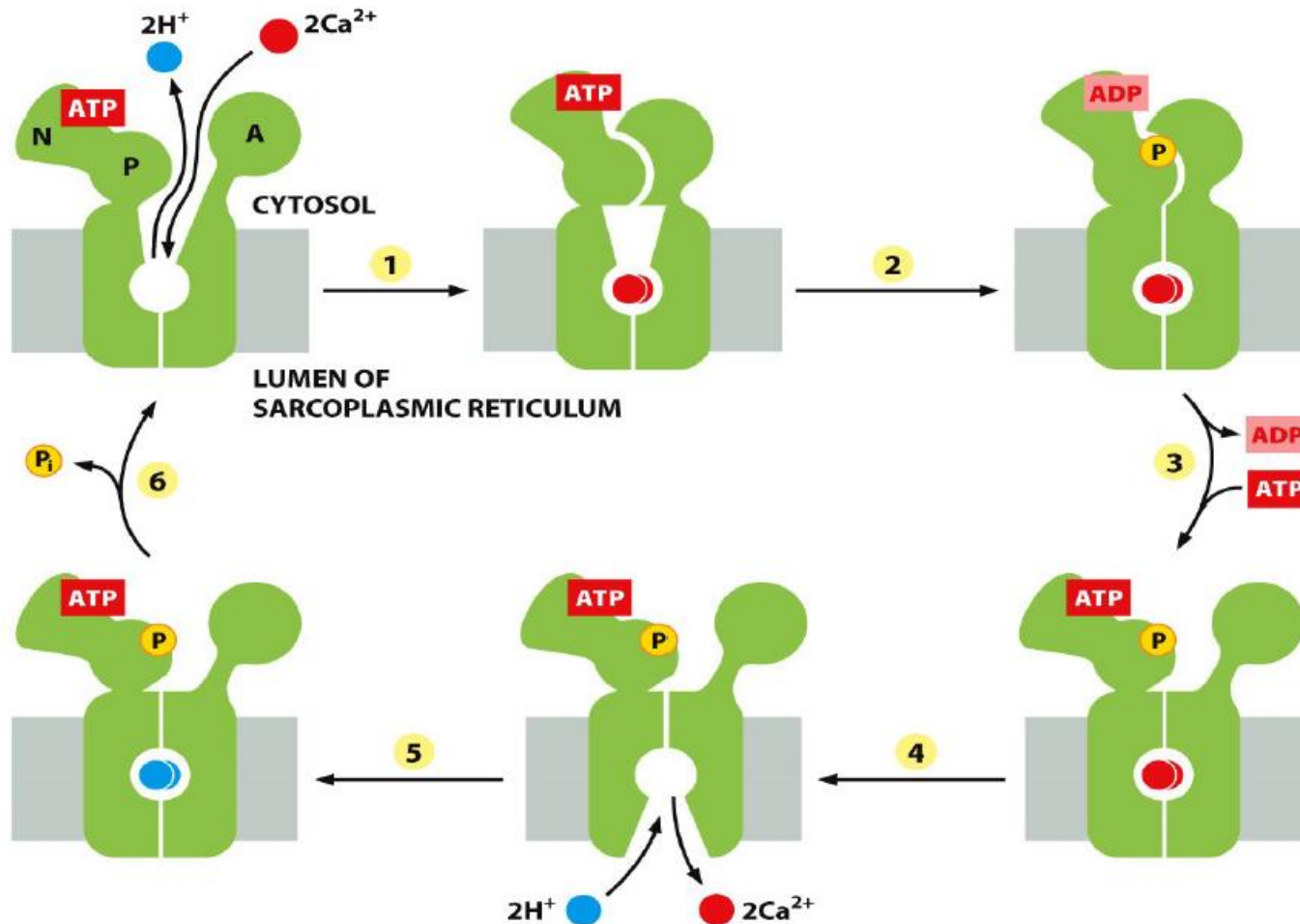


Figure 11-14 Molecular Biology of the Cell 6e (© Garland Science 2015)



## Example 2: $\text{Na}^+/\text{K}^+$ pump ( $\text{Na}^+/\text{K}^+$ ATPase)

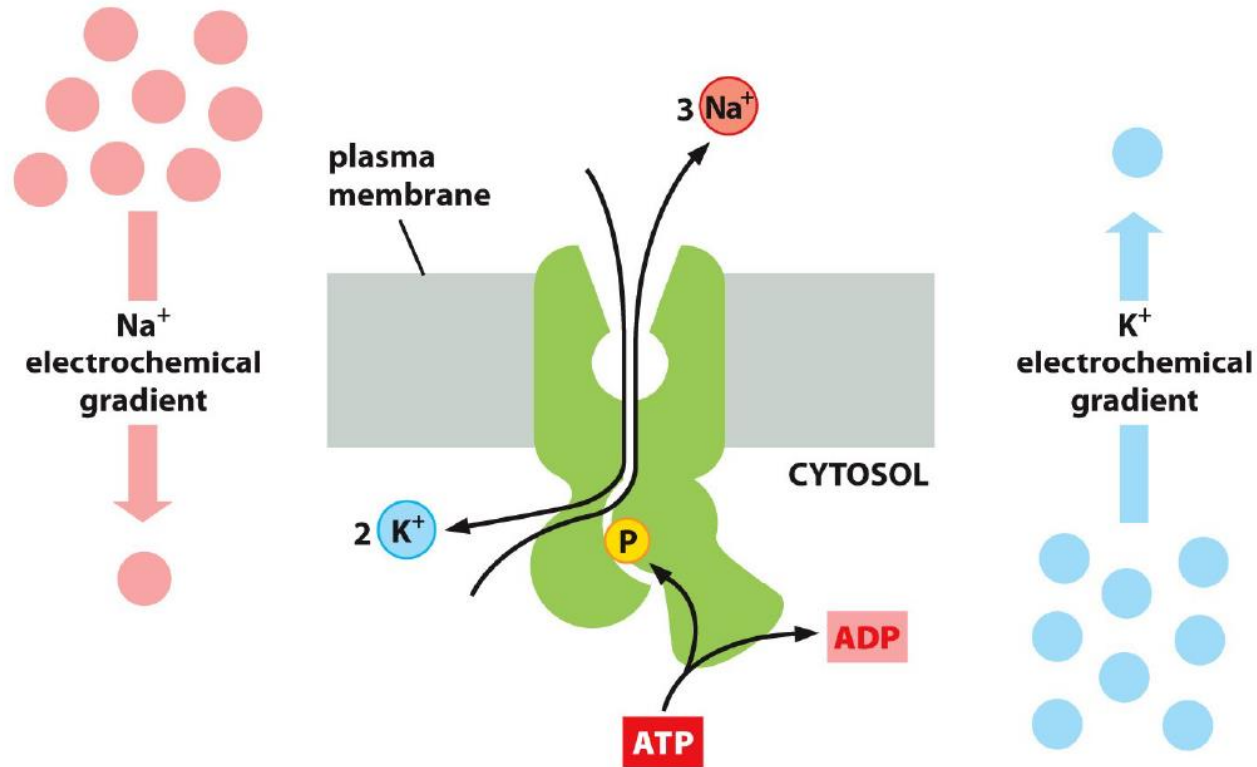
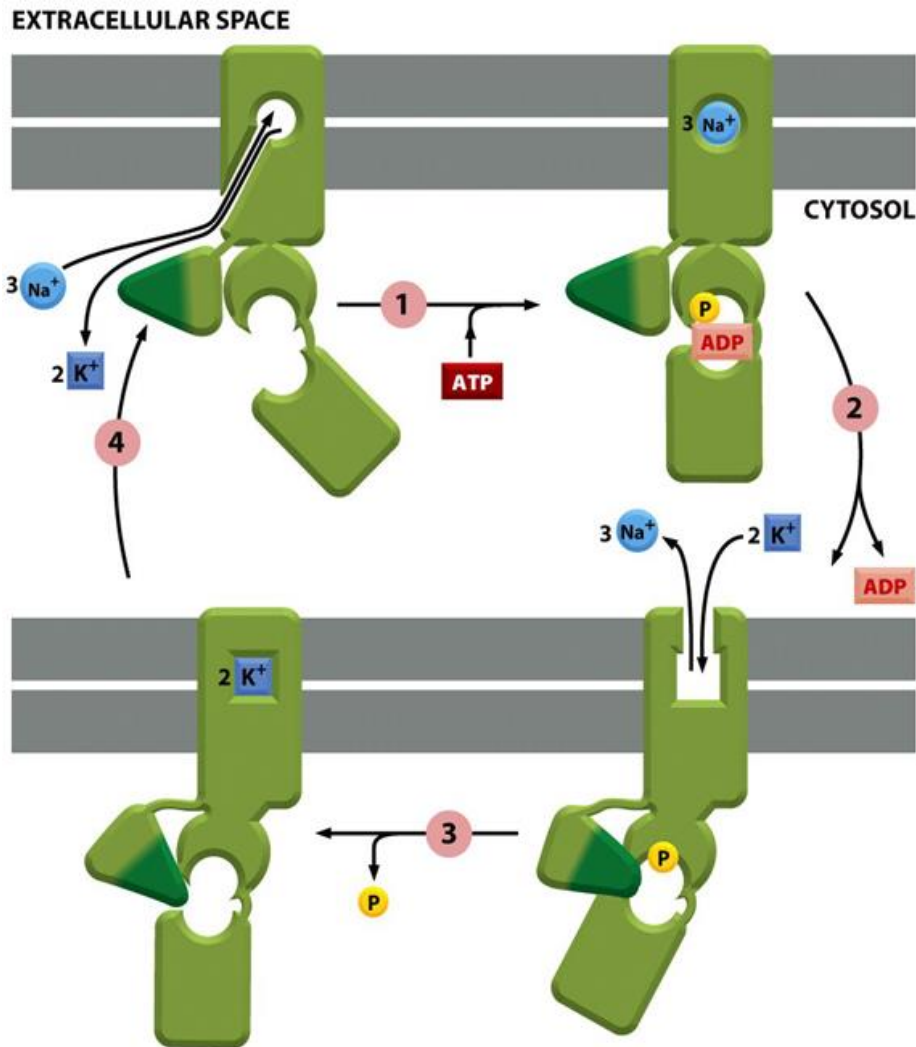


Figure 11-15 Molecular Biology of the Cell 6e (© Garland Science 2015)

## Na<sup>+</sup>/K<sup>+</sup> pump

1. It is a tetramer of subunit composition  $\alpha_2\beta_2$
2. For each ATP hydrolysis, 3 Na<sup>+</sup> ions are pumped outside and 2 K<sup>+</sup> ions are pumped inside, both against their gradients.
3. Structurally homologous to Ca<sup>2+</sup> pump,
4. It has the conserved Asp as phosphorylation site
5. Phosphorylation of Asp is Na<sup>+</sup> dependent.
6. Dephosphorylation of Asp is K<sup>+</sup>-dependent.

# Cycle of Na<sup>+</sup>/K<sup>+</sup> pump



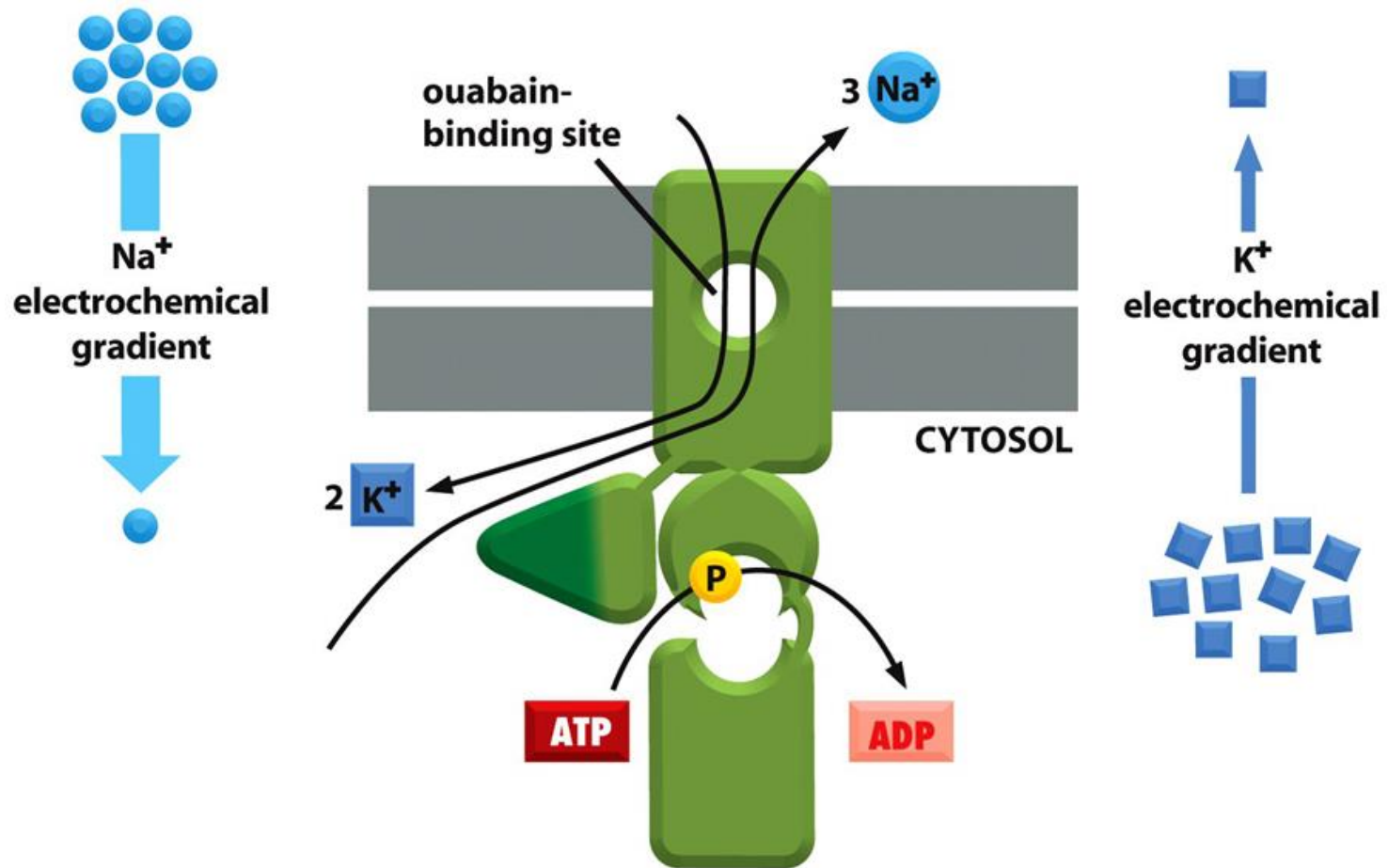
**First step:** in the cytosolic surface  
The transporter has high affinity for Na<sup>+</sup> ions and low affinity for K<sup>+</sup> ions

**Second step:** ATP binding and hydrolysis  
Cause conformational change and  
Release of 3 Na<sup>+</sup> ions outside.

**Third step:** Now phosphorylated transporter  
Has high affinity for K<sup>+</sup> and low affinity  
For Na<sup>+</sup> ions in the exoplasmic surface.

**Fourth step:** K<sup>+</sup>-dependent dephosphorylation  
causes conformational change and release of  
K<sup>+</sup> inside.

## Certain drugs target Na<sup>+</sup>/K<sup>+</sup> pump

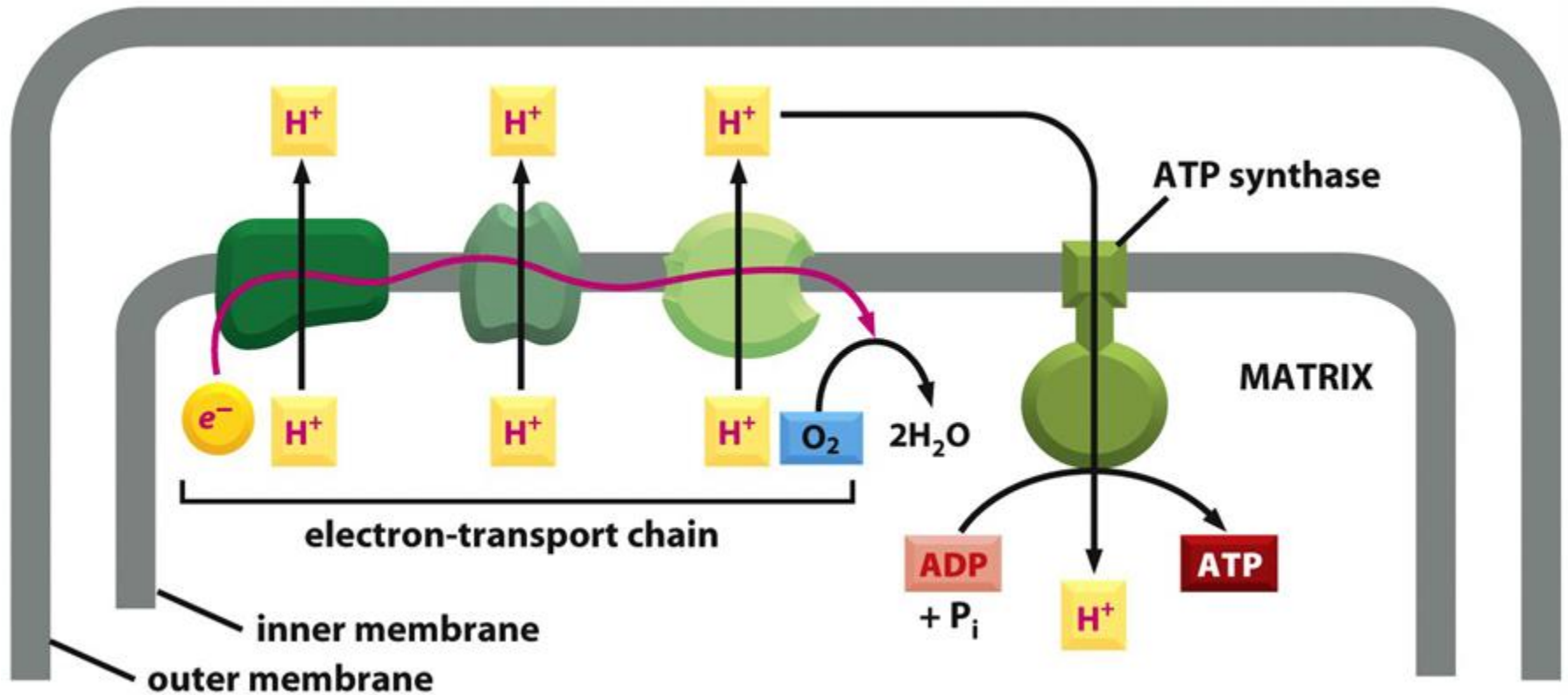


Ouabain and digoxin bind to exoplasmic domain and specifically inhibits ATPase activity.

## 2. F-type pumps-ATP synthase

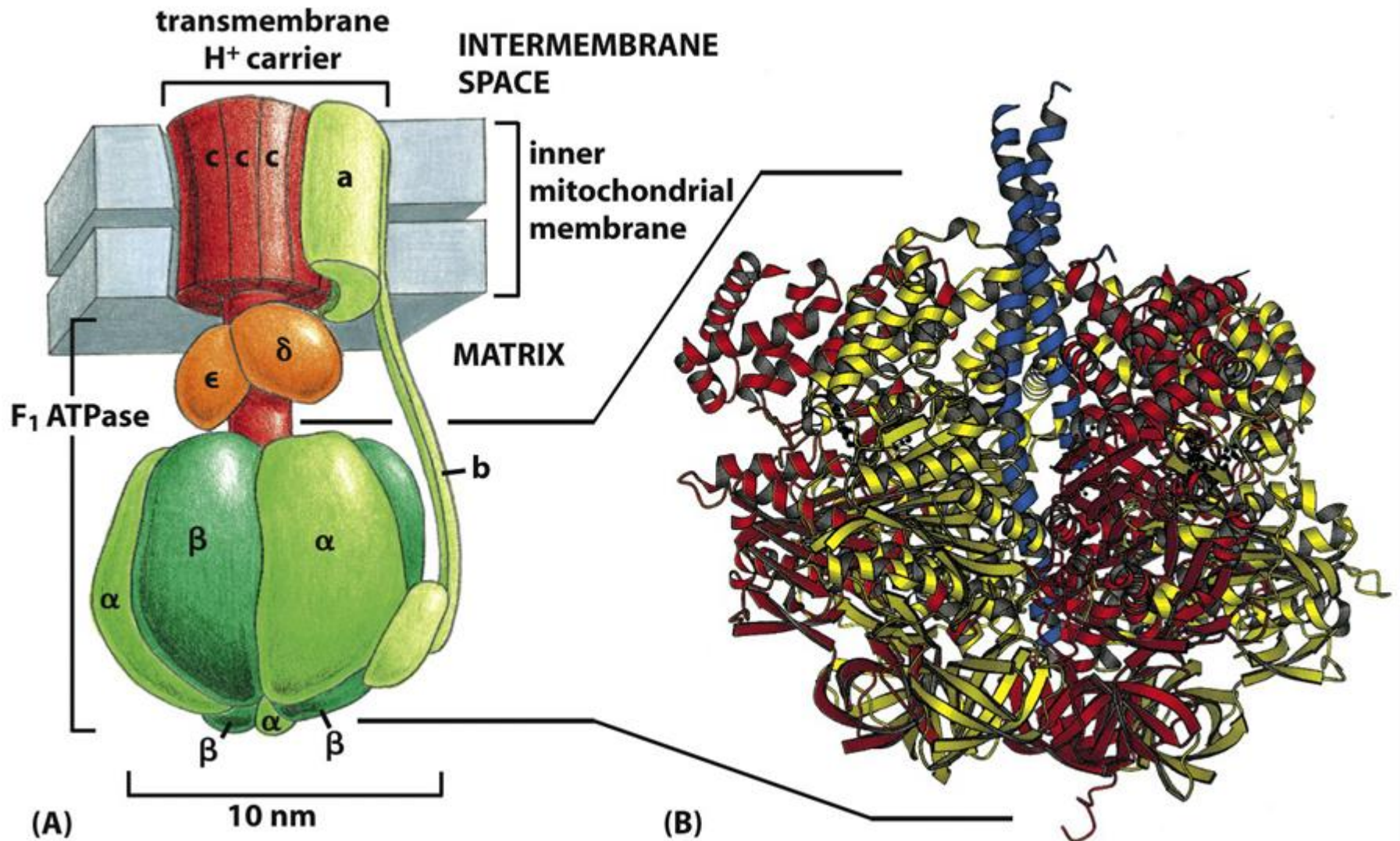
1. Turbine –like proteins, constructed from multiple different subunits.
2. Found in the plasma membrane of bacteria, the inner membrane of mitochondria, and the thylaloid membrane of chloroplast.
3. Called ATP synthase, they use the  $H^+$  gradient across the membrane to drive the synthesis of ATP from ADP.
4. NOT controlled by phosphorylation.

# Proton gradient drives ATP synthesis



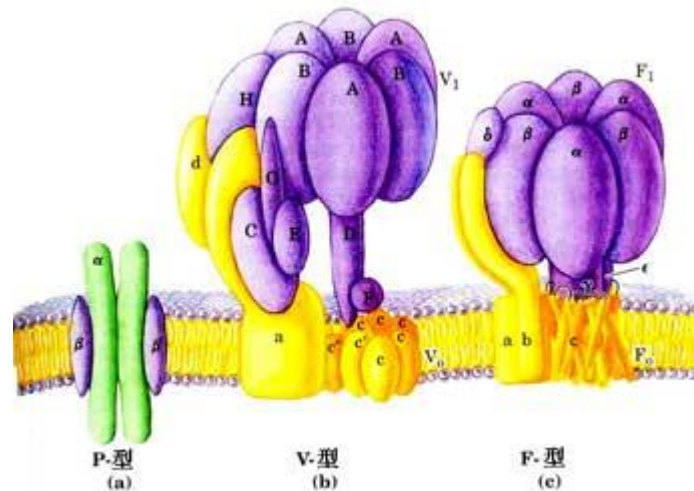


# Crystal structure of ATP synthase



# V- type transporter

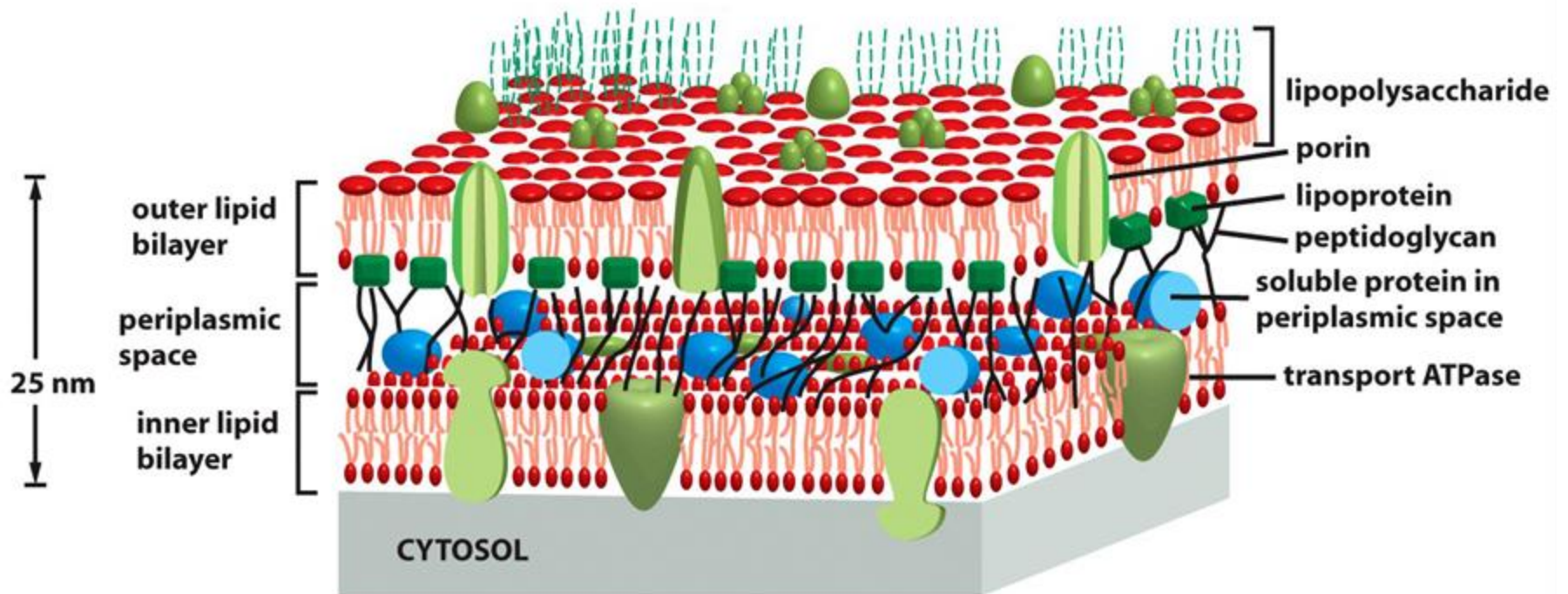
1. Transport only protons, but without ATP synthase
2. Present in lysosomes, endosomes, plant vacuoles.
3. Pump in protons in the organelle to maintain low pH.
4. Structurally similar to F-type transporters.



### 3. ABC transporters

1. Pump small molecules across cell membranes.
2. Contain two transmembrane domain and two cytosolic ATP binding domain (ATP-cassette)
3. ATP binding leads to dimerization of ATP–cassettes.
4. ATP hydrolysis leads to the dimer dissociation.
5. Conformational changes leads to transport of small molecules.
6. In *E. coli*, take up 5% of all bacteria genes
7. They are clinically important.

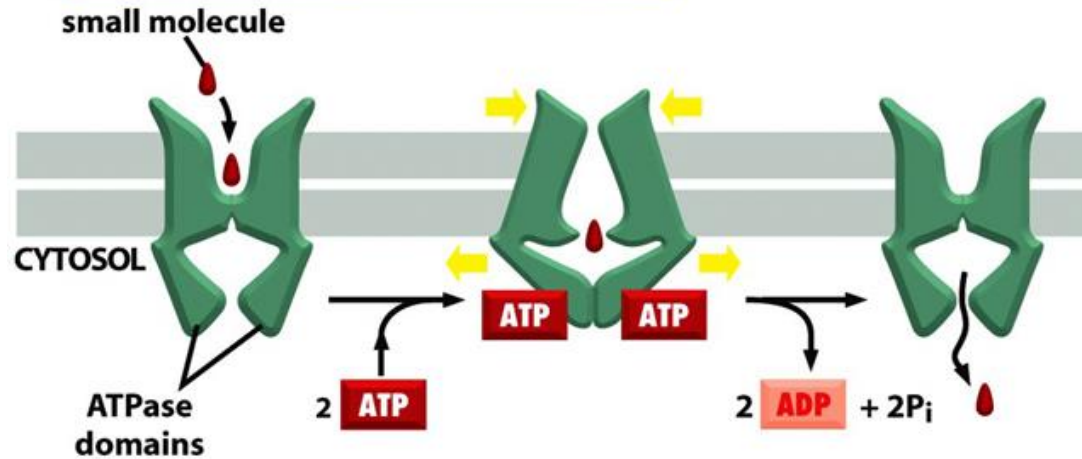
# ABC in E. coli



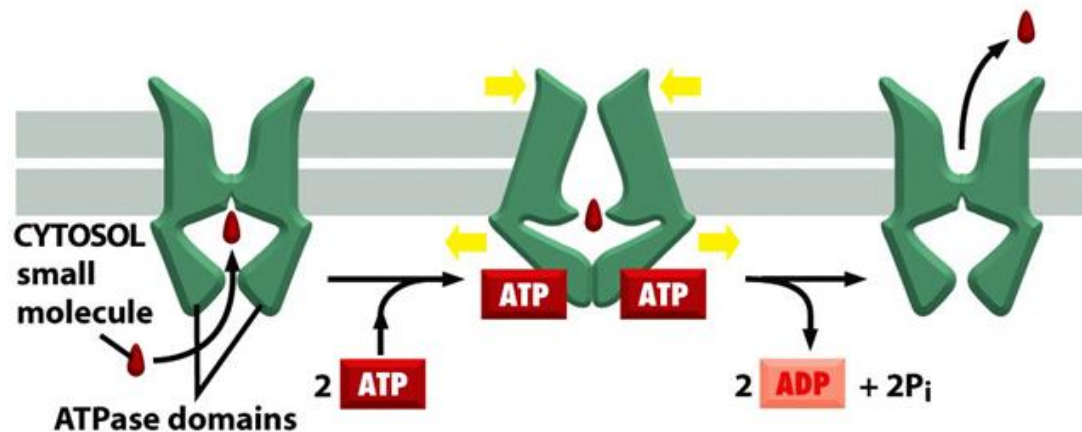


# Typical ABC transporters

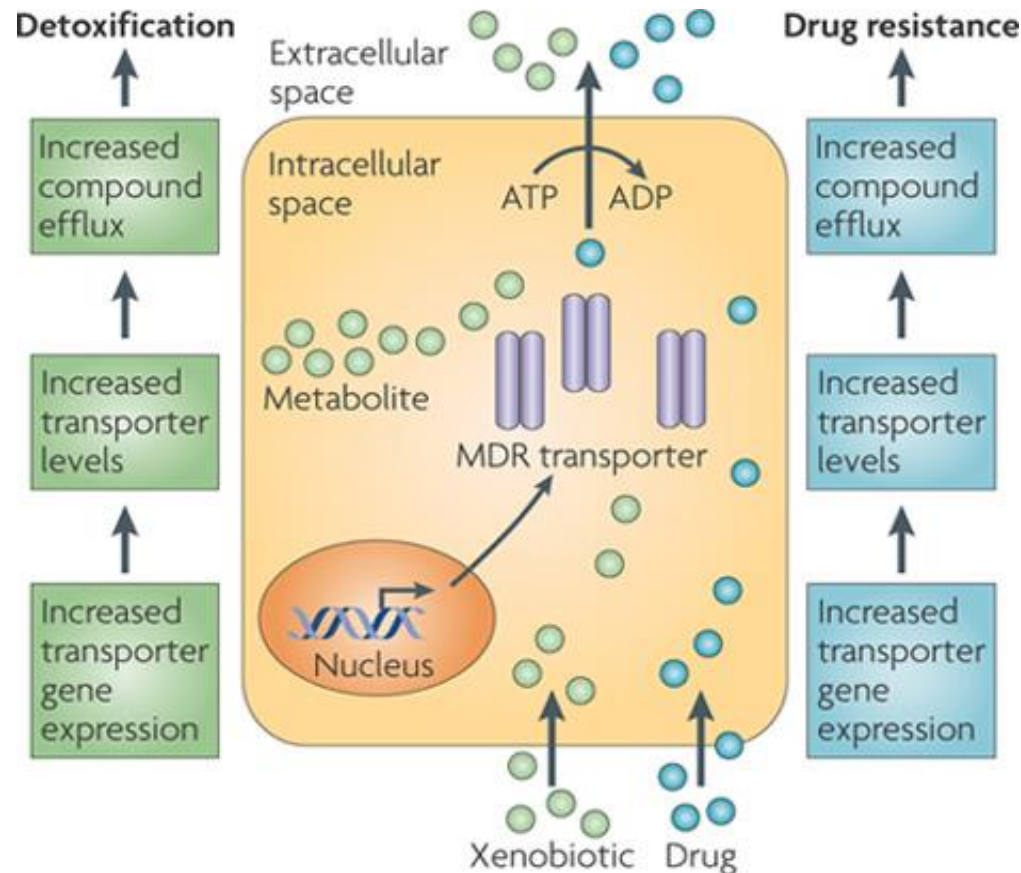
## (A) A BACTERIAL ABC TRANSPORTER



## (B) A EUKARYOTIC ABC TRANSPORTER



# Example 1: Multidrug resistance (MDR) protein --- the first eukaryotic ABC transporter identified



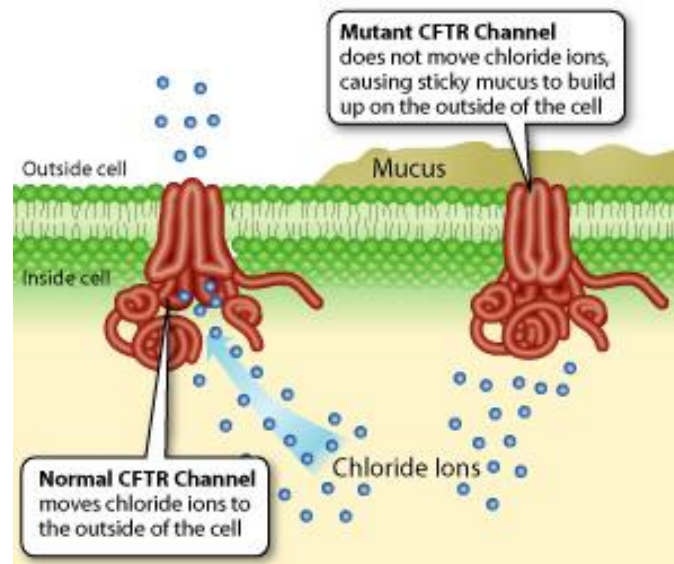
Nature Reviews | Cancer

Cancer cells with overexpression for MDR are resistant to cancer drugs



## Example 2: Cystic fibrosis transmembrane conductance regulator (CFTR)

CFTR is an ABC transporter  
CFTR regulates open and close of  $\text{Cl}^-$  channel  
Mutation in CFTR leads to cystic fibrosis



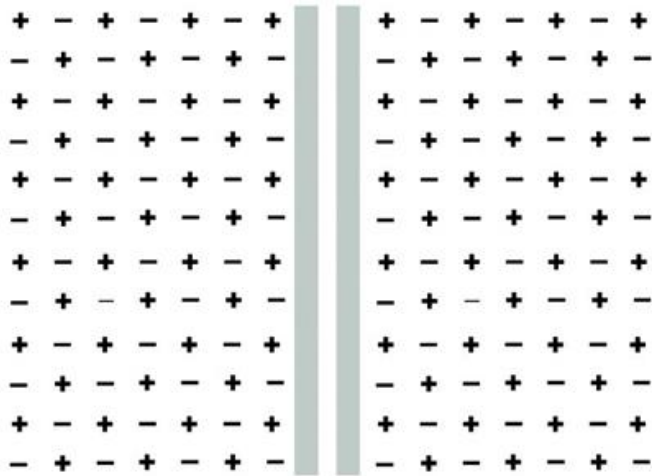
### Example 3: Chloroquine resistance in malaria-causing *Plasmodium falciparum*

The protozoa has enhanced level of chloroquine ABC transporters and therefore has resistance to chloroquine.

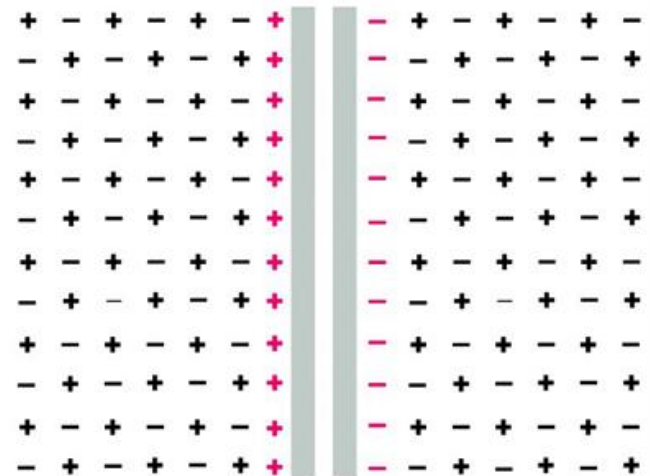
## V. Neuron electric potential

1. Membrane potential
2. K<sup>+</sup> channel and membrane potential
3. action potential
4. Transmitter-gated ion channels
5. Chemical synapses
6. Transmitter-gated ion channels as drug targets

# 1. Membrane potential



exact balance of charges on each side of the membrane; membrane potential = 0



a few of the positive ions (*red*) cross the membrane from right to left, leaving their negative counterions (*red*) behind; this sets up a nonzero membrane potential

## Membrane potential:

Difference in the electrical charge on the two side of the membrane

## Resting membrane potential:

Electric charge difference in the equilibrium conditions when there is no net flow of ions across the plasma membrane.  
usually between -20mV to -120mV

## 2. $K^+$ channel is an important factor in causing membrane potential

$Na^+/K^+$  pumps leaves a charge difference in and out of membrane  
With high  $K^+$  inside and low  $K^+$  outside

$K^+$  channels pump in and out to balance the difference.

Due to high  $K^+$  concentration inside the cell,  
each  $K^+$  that is pump out by  $K^+$  channel will leave a negative charge inside  
Which will result in a membrane potential.

### 3. Action potential---traveling wave of electrical excitation

a depolarization signal on the plasma membrane.



Voltage-gated Na<sup>+</sup> channels open, cause influx of Na<sup>+</sup>



Opening of more Na<sup>+</sup> channels, positive feedback

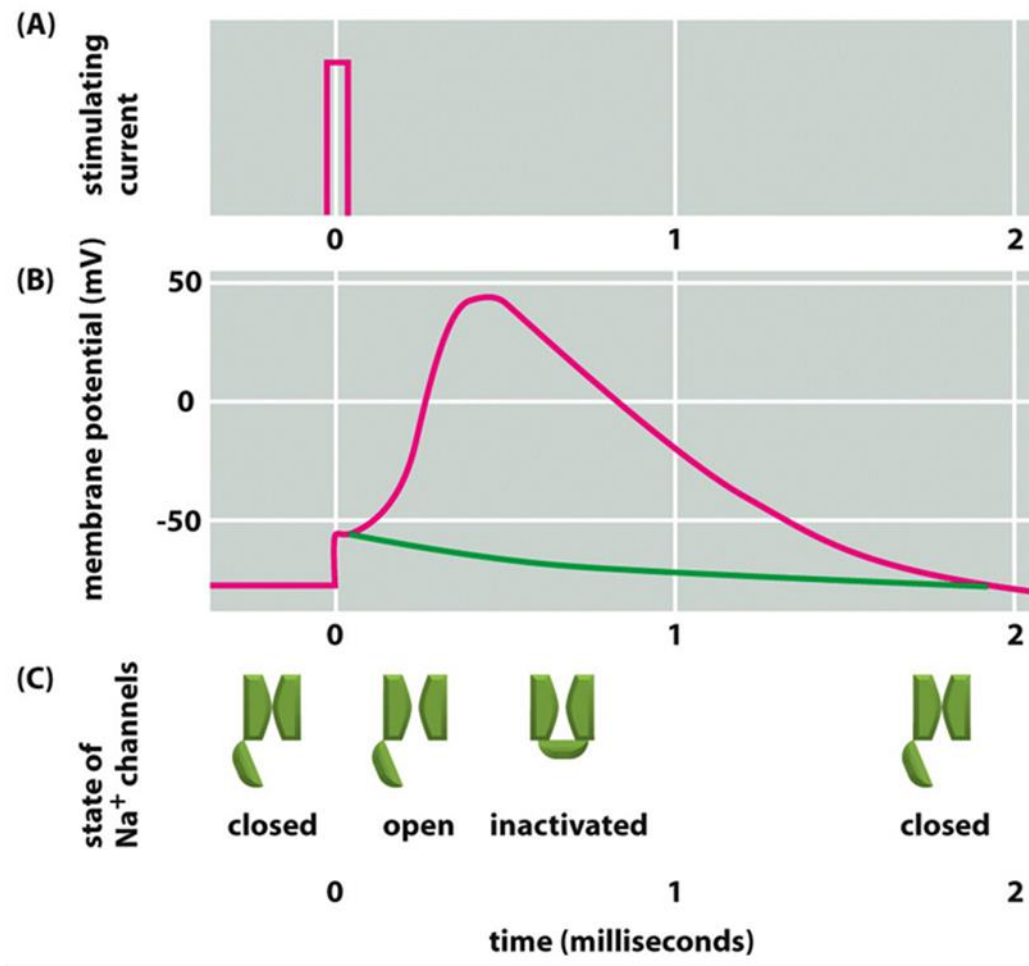


When electrochemical driving force is zero,  
Na<sup>+</sup> channels becomes inactivated, K<sup>+</sup> open



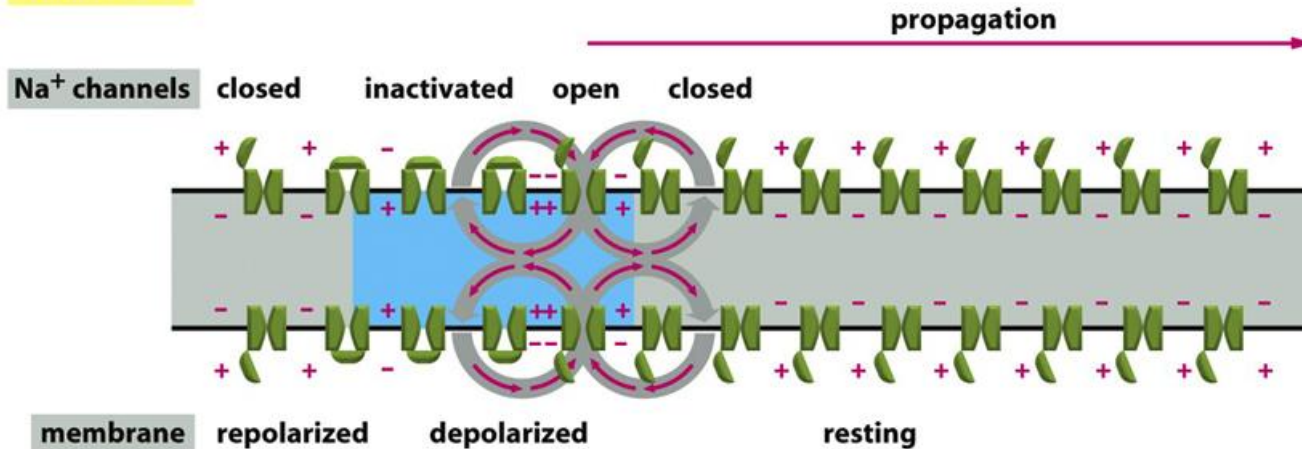
# Voltage-gated cation channels generate action potentials in electrically excitable cells

1. Nerve cells
2. Muscle cells

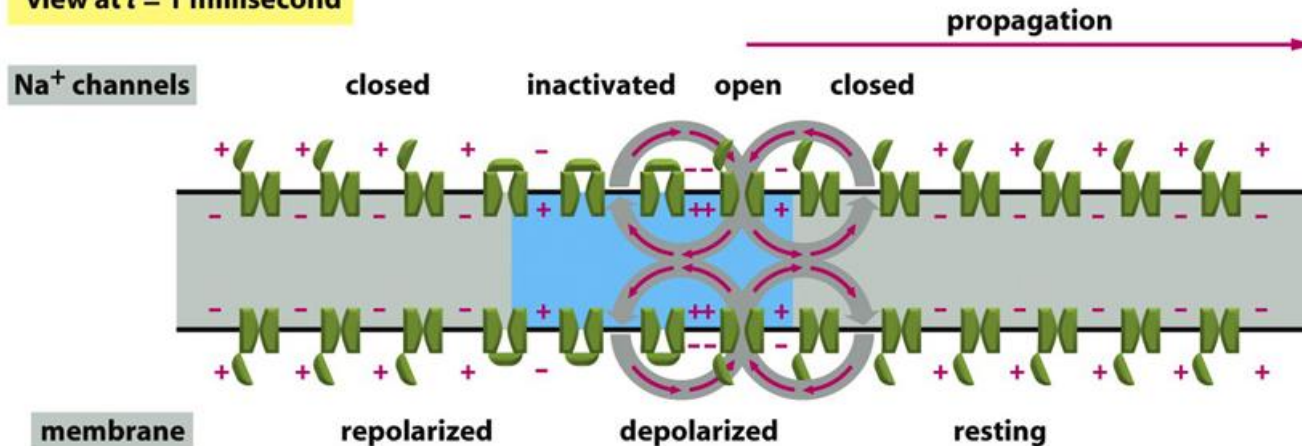


# The propagation of an action potential along an axon

view at  $t = 0$

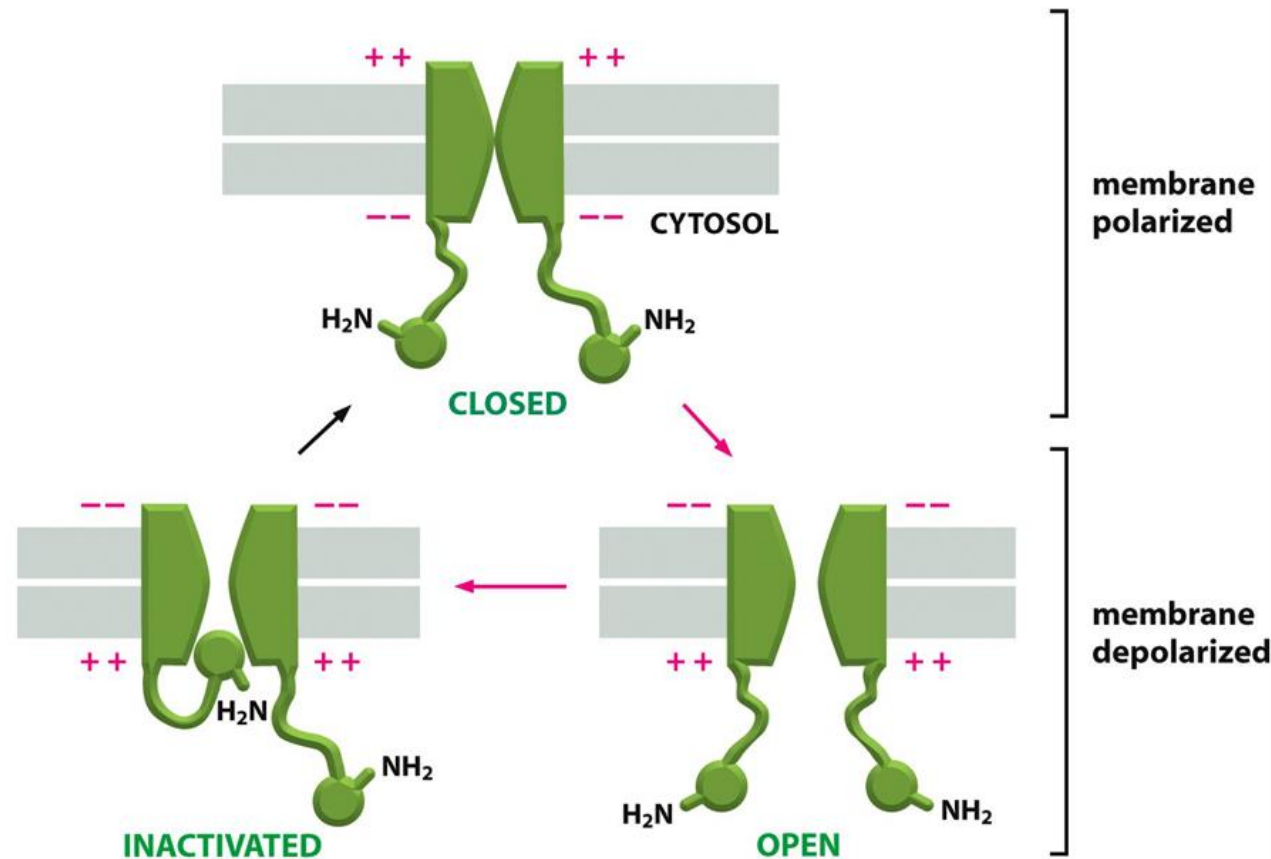


view at  $t = 1$  millisecond

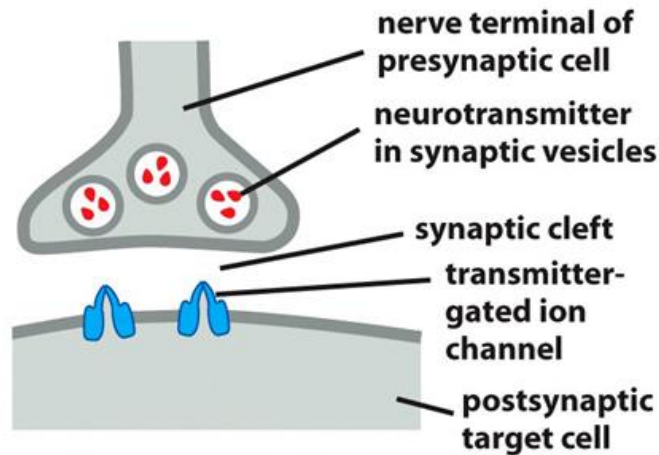


# Voltage gated K<sup>+</sup> channel brings back the membrane potential

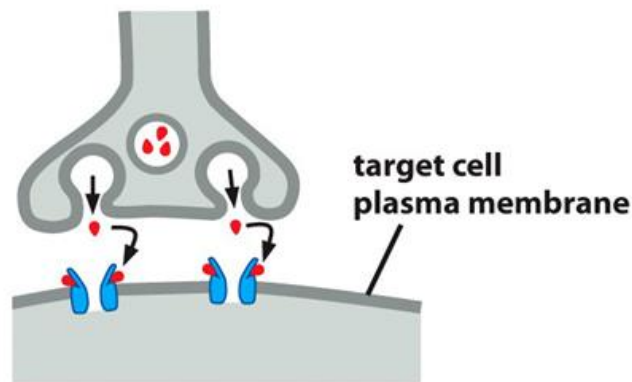
Slower kinetics  
Rapidly causes efflux of K<sup>+</sup> ions  
Has inactivated state



#### 4. Transmitter-gated ion channels convert chemical signals into electrical ones at chemical synapses



**RESTING CHEMICAL SYNAPSE**



**ACTIVE CHEMICAL SYNAPSE**

## 5. Types of chemical synapses

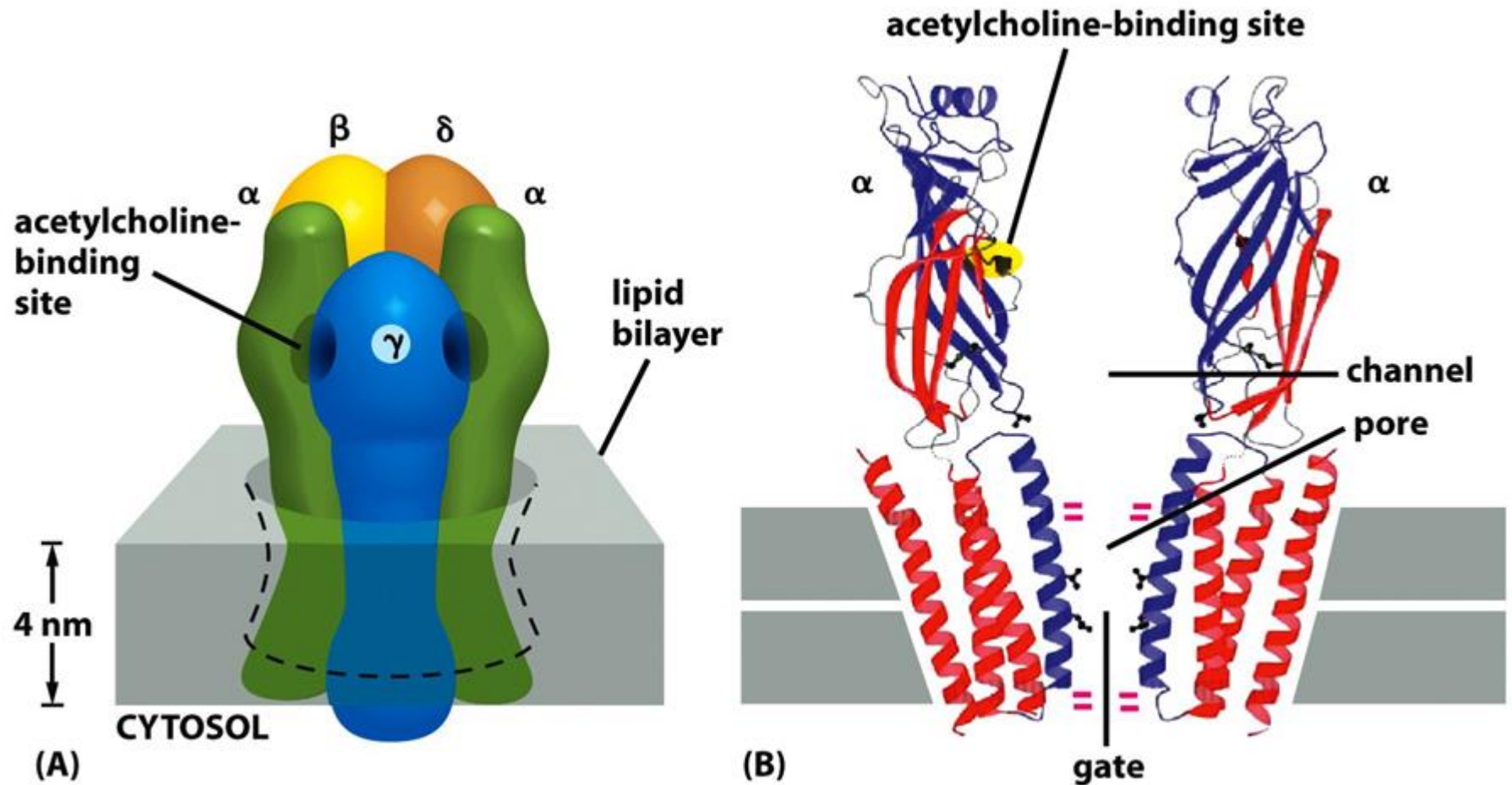
Excitatory neurotransmitters: open cation channels, causing influx of  $\text{Na}^+$  and firing of action potential

Inhibitory neurotransmitters: open  $\text{Cl}^-$  or  $\text{K}^+$  channels. Delays action potential.

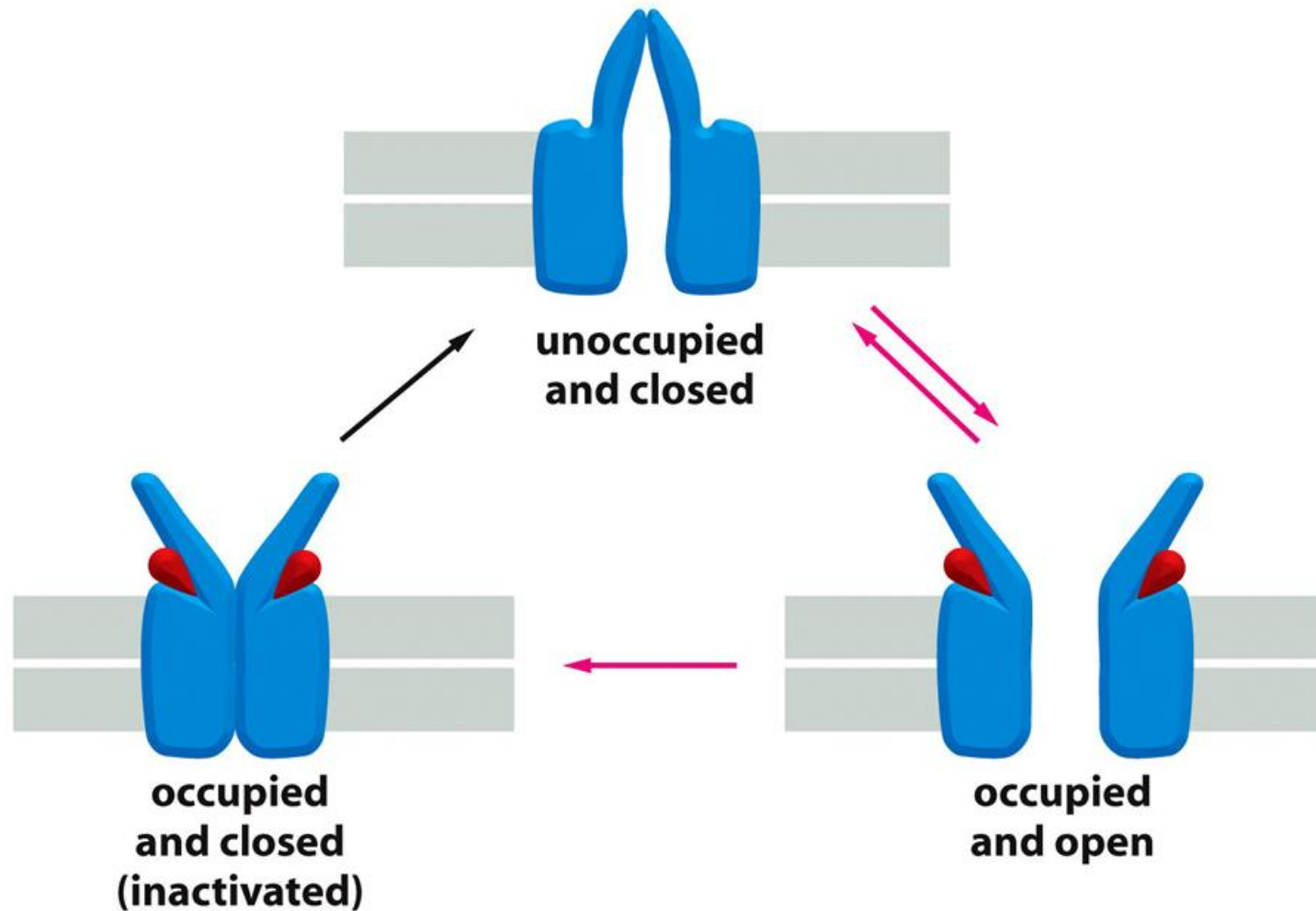
Usually : excitatory transmitters--- acetylcholine, glutamate, serotonin

inhibitory transmitters---  $\gamma$ -aminobutyric acid (GABA), glycine

# Acetylcholine receptor ---the first purified ion channel



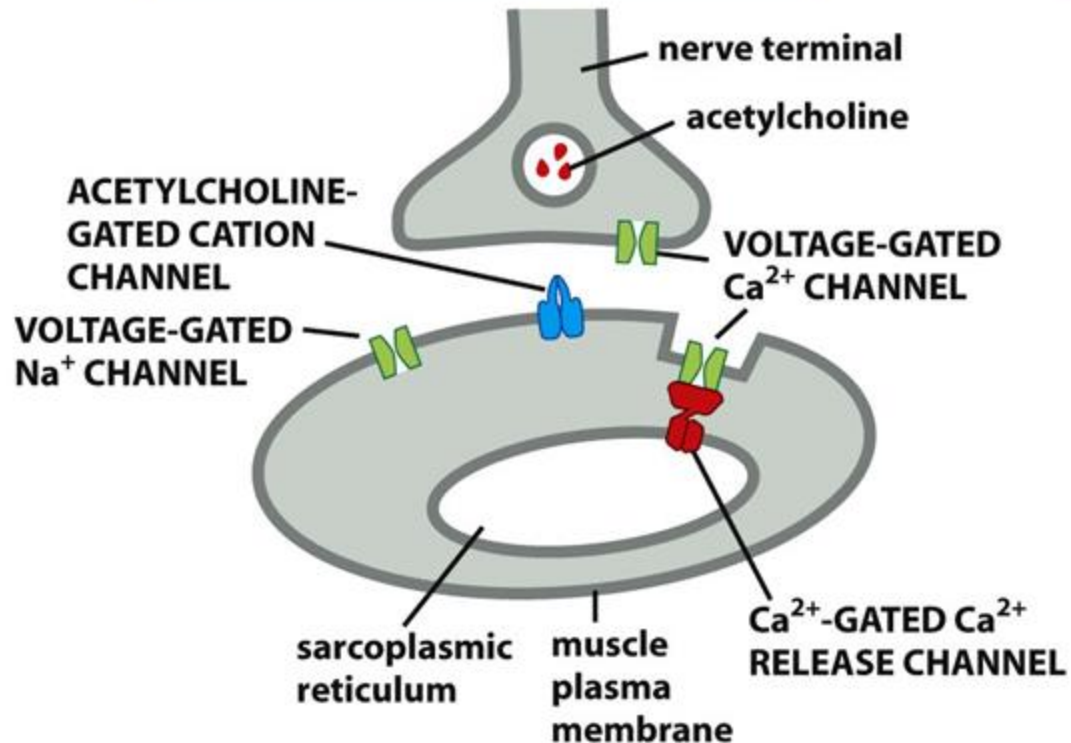
# Three states of acetylcholine receptor



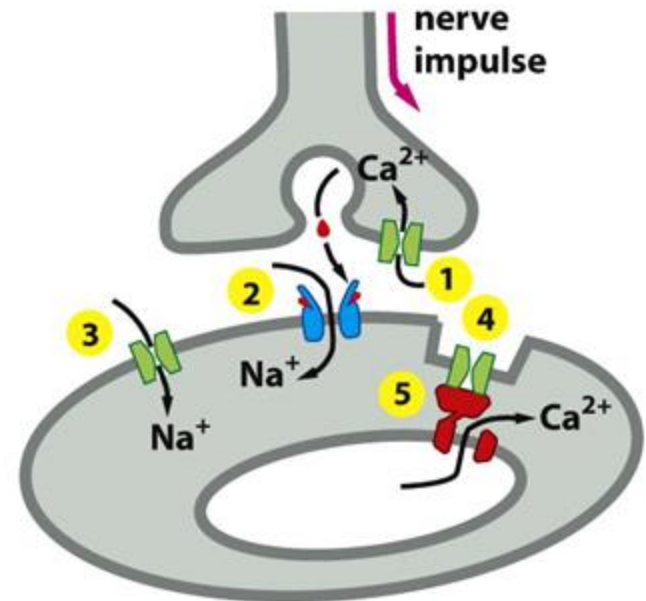


# Neuromuscular transmission

RESTING NEUROMUSCULAR JUNCTION



ACTIVATED NEUROMUSCULAR JUNCTION



## 6. Transmitter-gated ion channels as Drug targets

1. Snake toxin--- bind to acetylcholine receptor and inhibit it.
2. Curare- acetylcholine receptor
3. Barbiturates, tranquilizers such as valium, librium- bind to GABA receptors
4. Prozac- inhibit uptake of serotonin
5. Many drugs to treat insomnia, anxiety, depression, schizophrenia , etc.