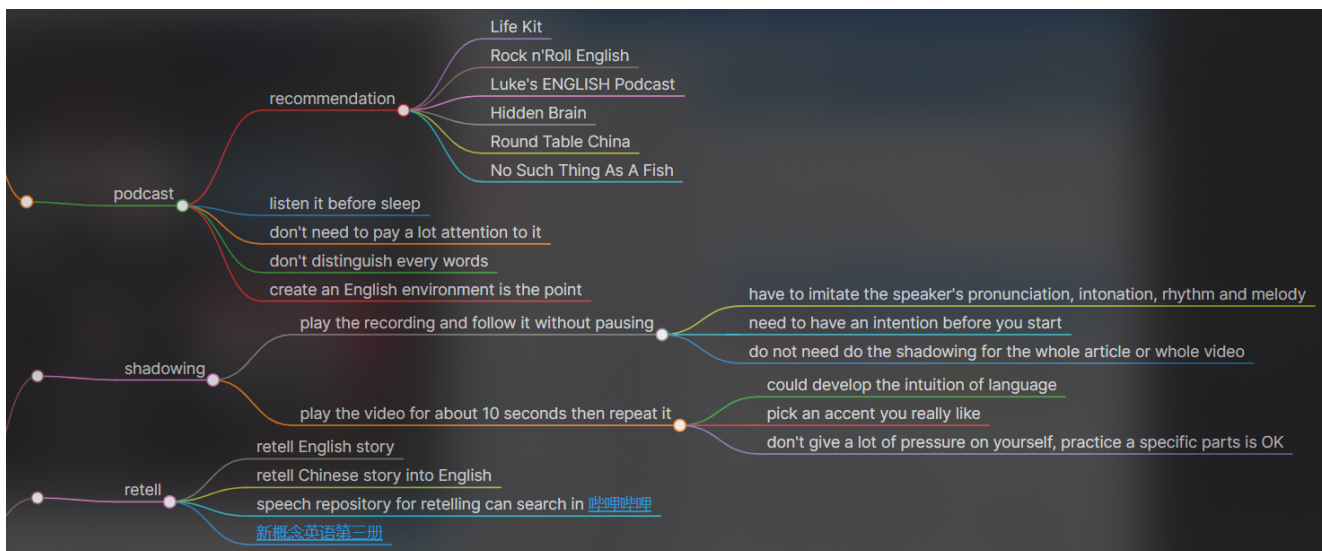
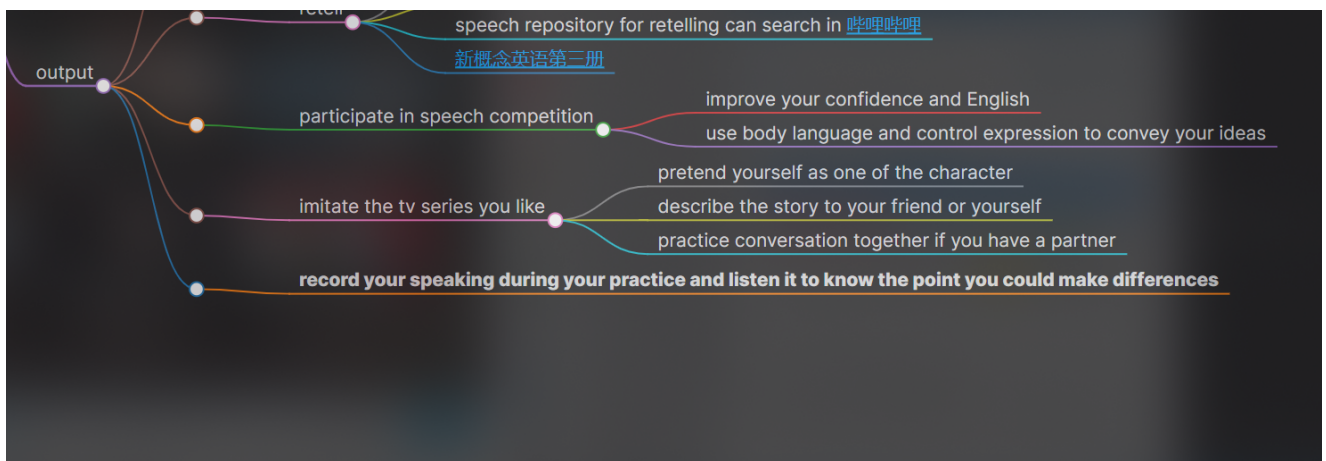


How to practice Oral English





input

- Internet resources
 - 独霸上海的妖怪
 - 每日双语经济学人
 - 经济学人双语精读
 - TeacherGwen
 - LearnAndRecord
 - Sixth Tone
 - 时光暖流
- some recommended apps
 - 经济学人 商论
 - 每日英语听力
 - 可可英语
 - Reader's Digest
- use metaphor and similar
- use audio of economist articles as morning reading material
- podcast
 - recommendation
 - Life Kit
 - Rock n'Roll English
 - Luke's ENGLISH Podcast
 - Hidden Brain
 - Round Table China

- No Such Thing As A Fish
- listen it before sleep
- don't need to pay a lot attention to it
- don't distinguish every words
- create an English environment is the point

input is the foundation of output

output

- shadowing
 - play the recording and follow it without pausing
 - have to imitate the speaker's pronunciation, intonation, rhythm and melody
 - need to have an intention before you start
 - do not need do the shadowing for the whole article or whole video
 - play the video for about 10 seconds then repeat it
 - could develop the intuition of language
 - pick an accent you really like
 - don't give a lot of pressure on yourself, practice a specific parts is OK
- retell
 - retell English story
 - retell Chinese story into English
 - speech repository for retelling can search in [哔哩哔哩](#)
 - [新概念英语第三册](#)
- participate in speech competition
 - improve your confidence and English
 - use body language and control expression to convey your ideas
- imitate the tv series you like
 - pretend yourself as one of the character
 - describe the story to your friend or yourself
 - practice conversation together if you have a partner

- **record your speaking during your practice and listen it to know the point you could make differences**