```
Call:
lm(formula = BODYFAT ~ ABDOMEN + WEIGHT + WRIST + BICEPS + AGE,
    data = data_body)

Residuals:
    Min      1Q  Median      3Q     Max
-9.4993 -2.6962 -0.2706  3.1972  8.7266

Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -23.71669    7.06737  -3.356 0.000918 ***
ABDOMEN       0.83796    0.06314  13.272  < 2e-16 ***
WEIGHT       -0.08539    0.03055  -2.795 0.005607 **
WRIST        -1.65891    0.45052  -3.682 0.000285 ***
BICEPS        0.27709    0.13981   1.982 0.048619 *
AGE           0.03881    0.02615   1.484 0.139047
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 3.95 on 243 degrees of freedom
Multiple R-squared: 0.7356,     Adjusted R-squared: 0.7301
F-statistic: 135.2 on 5 and 243 DF,  p-value: < 2.2e-16
```