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Vision-and-Language Navigation (VLN) enables embodied agents to follow natural language instructions in complex, unstructured environments [1], [2]. It has become a mainstream paradigm in the field of embodied intelligence [3], [4]. However, the computational demands of VLN models fundamentally conflict with the real-time navigation requirements of practical robotic deployment [5].

Token caching has emerged as a highly promising training-free runtime optimization technique.

with negligible accuracy loss in fixed camera or static task scenarios [14], [19].

However, existing token caching methods are built on a static-view assumption: patches at the same image position are expected to remain similar across adjacent frames [14]. This assumption breaks in VLN, where the agent continuously translates and rotates during navigation [20]. As a result, physically static objects can shift substantially in image coordinates, making position-wise matching underestimate reusable tokens. In addition, navigation is instruction-conditioned and temporally staged. A landmark that is critical before a turn can quickly become irrelevant after the agent passes it, so semantic relevance changes even when appearance is stable. These two dynamics jointly limit the direct transfer of static-scene caching strategies to embodied navigation.

To quantify these effects, we analyze patch similarity under ego-motion and track language-vision attention on landmark regions along VLN trajectories. The first finding is a large group of pseudo-dynamic tokens: background regions that are physically unchanged but appear dissimilar due to viewpoint shifts. The second finding is temporally varying landmark relevance: attention rises when approaching a landmark and drops after passing it. Together, these observations suggest two requirements for reliable caching in VLN: viewpoint-aware matching for visual reuse and online semantic refresh for instruction-critical tokens.

Motivated by these findings, we propose *VLN-Cache*, a dual-aware token caching framework for VLN. For visual dynamics, we perform view-aware feature alignment before cross-frame matching, which recovers reusable tokens that would be missed by position-wise comparison. For semantic dynamics, we introduce instruction-guided saliency monitoring that refreshes cached tokens when their task relevance changes. To control the additional overhead, we further adopt an entropy-based layer-adaptive reuse schedule that allocates conservative reuse to sensitive layers and more aggressive reuse to stable layers. The resulting framework delivers practical acceleration while preserving navigation performance.

Our key contributions are as follows.

- We provide empirical evidence that static-scene caching assumptions fail in VLN due to viewpoint-induced mismatch and temporal semantic shift.
- We present *VLN-Cache*, a dual-aware framework that combines view-aware matching with instruction-guided semantic refresh, without architectural changes or re-training.
- We design an entropy-based layer-adaptive reuse strategy

# PLACEHOLDER (Double-column: 7 x 2.4 inch)

Fig. 1: Overview Placeholder for Observation and Motivation in VLN token caching.

to balance acceleration gain and computational overhead across transformer layers.

Experiments on multiple VLN benchmarks show substantial speedup while maintaining competitive success rates, supporting practical real-time embodied deployment.

## II. PRELIMINARY

### A. Vision-Language Navigation

Vision-and-Language Navigation (VLN) requires an embodied agent to execute an instruction  $L$  while moving in an unseen 3D environment [1], [2]. At navigation step  $t$ , the agent receives observation  $o_t$  and maintains trajectory history  $H_t$ . Action prediction can be written as:

$$a_t = \arg \max_a P(a \mid o_t, L, H_t; \theta), \quad (1)$$

where  $\theta$  denotes model parameters. In VLA-style VLN models, each observation is encoded as visual tokens  $\{v_t^{(i)}\}_{i=1}^M$  and fused with language features for autoregressive reasoning. The model output can be represented as low-level control or waypoint actions, depending on the navigation formulation.

### B. Token Caching

Token caching accelerates inference by reusing cross-frame states for redundant tokens [14]. Given adjacent observations, a static-paradigm decision rule is

$$\hat{K}_t^{(i)} = \begin{cases} K_{t-1}^{(i)}, & \text{if } \text{sim}(p_t^{(i)}, p_{t-1}^{(i)}) > \tau, \\ f_K(v_t^{(i)}), & \text{otherwise,} \end{cases} \quad (2)$$

where  $p_t^{(i)}$  is the feature of token  $i$ ,  $\tau$  is a reuse threshold, and  $f_K(\cdot)$  computes updated keys. The same reuse decision is applied to key-value states across transformer layers. Let  $\mathcal{C}_t^\ell$  be the reused token set at layer  $\ell$  and step  $t$ . Its reuse ratio is

$$r_t^\ell = \frac{|\mathcal{C}_t^\ell|}{M}, \quad (3)$$

with  $M$  visual tokens per step. This static formulation serves as the direct baseline transferred to VLN in our study.

## III. ANALYSIS OF VISUAL/SEMANTIC DYNAMICS

### A. Analysis of Visual Dynamics in VLN Inference

### B. Analysis of Semantic Dynamics in VLN Inference

## IV. VLN-CACHE FRAMEWORK

### A. Visual-Dynamic-Aware xxx

#### 1) View-Aware Feature Alignment:

#### 2) Cross-Frame Token Reusing:

### B. Semantic-Dynamic-Aware xxx

#### 1) Instruction-Guided Saliency Filtering:

#### 2) Layer-Adaptive Token Reusing:

## V. EXPERIMENTS

### A. Setup

### B. Main Results

### C. Ablation Study

### D. Discussion

## VI. CONCLUSION

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