

Database Project Topic

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Gym chain

The purpose of the database is to maintain the data of staff, members, fitness courses and individual health plans in a gym chain while making daily affairs more smoothly and effectively. It will be used by staff and members under different permissions.

Mission Objectives

- **To maintain (enter, update, and delete) data on gyms.**
- **To maintain (enter, update, and delete) data on staff.**
- **To maintain (enter, update, and delete) data on coaches.**
- **To maintain (enter, update, and delete) data on membership.**
- **To maintain (enter, update, and delete) data on members' health condition.**
- **To maintain (enter, update, and delete) data on fitness courses.**
- **To maintain (enter, update, and delete) data on individual health plans.**
- **To maintain (enter, update, and delete) data on Food Nutrition Chart.**
- **To maintain (enter, update, and delete) data on work-out supplement.**
- **To maintain (enter, update, and delete) data on the evaluation system.**
- **To maintain (enter, update, and delete) data on Equipment List.**
- **To maintain (enter, update, and delete) data on Expenses record.**

- **To perform searches on gyms.**
- **To perform searches on staff.**

- To perform searches on coaches.
- To perform searches on members.
- To perform searches on one member's fitness plan.
- To perform searches on fitness courses.
- To perform searches on individual's exercises and diet.
- To perform searches on Food Nutrition Chart.
- To perform searches on work-out supplements.
- To perform searches on Body fat Categorization.
- To perform searches on one's basal metabolic rate.
- To perform searches on specific food's calories per unit.
- To perform searches on specific fitness courses' calories burned.
- To perform searches on members' evaluations.

- To track the status of membership by members.
- To track the work-out supplement used per member.
- To track enrollment numbers per fitness course.
- To track evaluations per coach.

- To report on gyms.
- To report on staff.
- To report on coaches.
- To report on members.
- To report on fitness courses.
- To report on health plans.
- To report on evaluations.