

PERSONALITY ANALYZER

The section of the report is based on one of the widely used technique in the world, Myers-Briggs Type Indicator® (MBTI®). The essence of the MBTI theory is that much seemingly random variation in the behavior is actually quite orderly and consistent, being due to basic differences in the ways individuals prefer to use their perception and judgment.

"Perception involves all the ways of becoming aware of things, people, happenings, or ideas. Judgment involves all the ways of coming to conclusions about what has been perceived. If people differ systematically in what they perceive and in how they reach conclusions, then it is only reasonable for them to differ correspondingly in their interests, reactions, values, motivations, and skills."

The identification of basic preferences of each of the four dichotomies is specified or implicit in Jung's theory. These four dichotomies result in 16 distinctive personality types that result from the interactions among the preferences. Following are the details of the dichotomies:

Favorite world: Do you prefer to focus on the outer world or on your own inner world?
This is called Extraversion (E) or Introversion (I).

Information: Do you prefer to focus on the basic information you take in or do you prefer to interpret and add meaning?
This is called Sensing (S) or Intuition (N).

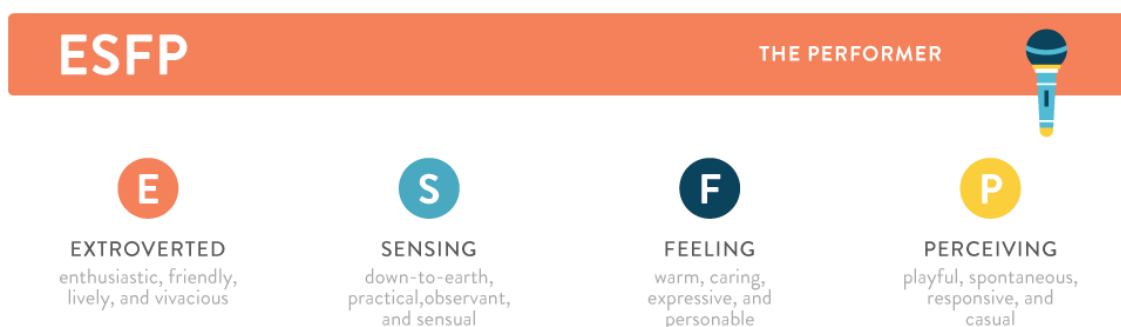
Decisions: When making decisions, do you prefer to first look at logic and consistency or first look at the people and special circumstances?
This is called Thinking (T) or Feeling (F).

Structure: In dealing with the outside world, do you prefer to get things decided or do you prefer to stay open to new information and options?
This is called Judging (J) or Perceiving (P).

Please note that all types are equal. The goal of knowing about personality type is to understand and appreciate differences between people. As all types are equal, there is no best type.

The MBTI instrument sorts for preferences and does not measure trait, ability, or character. The MBTI tool is different from many other psychological instruments and also different from other personality tests. Therefore, at My Career Buddy, we test your personality using various tools.

According to our assessment, ESFP (Extroverted – Sensing – Feeling – Perceiving) is your CODE



ESFP in a Nutshell

ESFPs are vivacious entertainers who charm and engage those around them. They are spontaneous, energetic, and fun-loving, and take pleasure in the things around them: food, clothes, nature, animals, and especially people.

ESFPs are typically warm and talkative and have a contagious enthusiasm for life. They like to be in the middle of the action and the center of attention. They have a playful, open sense of humor, and like to draw out other people and help them have a good time.

What motivates ESFP

ESFPs live in the moment, enjoying what life has to offer. They are especially tuned into their senses and take pleasure in the sights, sounds, smells, and textures around them. ESFPs like to keep busy, filling their lives with hobbies, sports, activities, and friends. Because they'd rather live spontaneously than plan ahead, they can become overextended when there are too many exciting things to do. An ESFP hates nothing more than missing out on the fun.

Although they are characteristically fun-loving, ESFPs are also typically practical and down-to-earth. They are grounded in reality and are usually keenly aware of the facts and details in their environment, especially as they pertain to people. They are observant of others and their needs, and responsive in offering assistance. ESFPs enjoy helping other people, especially in practical, tangible ways.

Recognizing an ESFP

ESFPs are often the life of the party, entertaining and engaging others with humor and enthusiasm. They notice whether other people are having fun, and do their best to create a good time for all. Typically at home in their physical environment, ESFPs may take the lead in getting everyone involved in some active diversion. ESFPs are generally friendly and likable, but can be hard to get close to; although they tend to be very open, they are reluctant to be serious or to talk about anything negative.

ESFPs are tuned into their senses, and often gravitate towards pleasing colors and textures in their environments. They often carefully choose fabrics and decorations with which to surround themselves. This attention also often translates into their appearance; ESFPs are often dressed in sensuous fabrics or bright, dazzling colors. They are often up on the latest trends, and like to excite the people around them with new environments and experiences.

Famous ESFPs

Famous ESFPs include Marilyn Monroe, Elizabeth Taylor, Judy Garland, Magic Johnson, Elvis Presley, Ronald Reagan, Paul McCartney, Bob Hope, and Goldie Hawn.

Popular Hobbies

Popular hobbies for ESFPs include socializing, team sports, home improvement projects, cooking, entertaining, games, and dance. ESFPs love big parties and gatherings and are quick to join any group or activity that sounds like fun.

What the Experts Say

"Among ESFPs are the students whose high school class voted them 'the friendliest' or 'the best sport.'" - Isabel Briggs Myers, *Gifts Differing*

"So much a part of the ESFP is this fun dynamic that when something unpleasant cannot be converted to fun, or cannot be avoided completely, then it is time to simply drop the subject and move on to something different." - Otto Kroeger, *Type Talk at Work*