

Name of Program- Disaster response, rescue operations and vulnerability analysis
Venue- Guptkashi, UK

Date- 25-12-2024

One day training program on 25 December 2024 was organized by the Mountain Forum Himalayas at Gupt Kashi of Rudra Prayag Distt- in Uttarakhand on a "Disaster response, rescue operations and vulnerability analysis". The program was attended by 34 members (women-25 men-09) of 10 villages of Guptkashi region. During the program, participants were informed about the causes of disasters as well as the emergency response to be made during the disaster.

During the program, DRR expert Hira Lal Thakur provided detailed information about disaster and disaster management, disaster risk, various types of hazards and their vulnerability.



Members were informed about the provisions made under the Disaster Management Act 2005, its need and importance. At the community level, which hazards

affect the most and how these converted in form of disasters by effecting the people and circumstances of vulnerable category. Members also came to know about techniques and methods to increase the capacity of the community to reduce the risk of disasters like earthquake, fire, landslides, floods. He said that if the capacity of the people of the vulnerable category and the circumstances increases, then the potential of risk of disaster can be reduced. During the program, members were also informed about how to use local resources more and more to reduce disaster risk.

Disaster Management and Search & Rescue Expert Beli Ram Negi along with Suresh Kumar gave detailed information about the techniques of first aid to the members. He told the participants the methods of casualty Carrying during the emergency and transfer the victims from one place to another.



Under this, techniques like firemen lift, two-hand seat, three hand seat, four hand seat etc. were told. He explained the methods of creating various types of improvised stretchers and its importance. He said that despite the lack of facilities in emergency, it is necessary to save the life of any unconscious person and such techniques can prove to be important for this. He provided tips to participants how with the help of poles, blankets, sacks, jackets etc.

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can make stretchers and how victims are safely carried on it. Participants also Practiced the different techniques of casualty Carrying. Apart from this, techniques of CPR were also practiced. Under which circumstances CPR should be given to patients, they were also informed about it. He also called upon

the members to disseminate such techniques to as many people as possible in the community. All the members appreciated the information provided during the program and thanked the MFH for organizing such a program.

